



# 2017 Spring Sprints Invitational

## Heat Sheet for Sunday, Apr 9

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
43a	09:00 AM	Mixed Masters Novice 2x Flight 1		<b>Sammamish Rowing Association</b> (B. Rindahl) [B/38/2.6]	<b>Lake Union</b> (F. Saxon) [B/36/1.7]	<b>Vashon Island</b> (F. Miller) [F/63/28.0]		
45a	09:08 AM	Womens Masters 8+ Flight 1	<b>Mt. Baker A</b> (R. Hayoun) [D/54/14.6]	<b>Sammamish Rowing Association A</b> (T. Stevens) [E/55/15.7]	<b>Pocock</b> (M. Peterson) [A/33/0.7]	<b>Mt. Baker A</b> (B. Morcom) [D/54/14.6]	<b>Sammamish Rowing Association A</b> (C. Suzzarini) [B/39/2.9]	
45b	09:16 AM	Womens Masters 8+ Flight 2	<b>Conibear</b> (M. Coffren-Barton) [D/50/10.6]	<b>Lake Union A</b> (M. Hobart) [A/31/0.3]	<b>Lake Union B</b> (W. Sheehan) [C/44/5.8]	<b>Sammamish Rowing Association A</b> (L. Place) [E/57/18.0]	<b>Vashon Island</b> (K. Goforth) [E/56/16.8]	
46a	09:24 AM	Womens Masters Ltwt 1x Flight 1		<b>Sammamish Rowing Association</b> (J. Schelter) [E/57/22.5]	<b>North Cascades</b> (K. Runyon) [G/65/36.1]	<b>North Cascades</b> (J. Gross) [E/55/19.6]	<b>Conibear</b> (I. Baker) [F/62/30.6]	
46b	09:32 AM	Womens Masters Ltwt 1x Flight 2		<b>Vancouver</b> (M. Leight) [E/59/25.6]	<b>Vashon Island</b> (D. Jackson) [G/66/38.0]	<b>Vancouver</b> (F. Crowley) [G/67/40.0]	<b>College Club Seattle</b> (J. Gardner) [G/69/44.1]	
47a	09:40 AM	Mens Masters 2x Flight 1	<b>Lake Union E</b> (W. Russell) [B/38/2.6]	<b>Mt. Baker</b> (D. Peschel) [G/67/34.6]	<b>Vashon Island A</b> (M. Ripley) [D/54/15.7]	<b>Lake Stevens A</b> (J. Aylesworth) [D/54/15.7]	<b>Vashon Island A</b> (R. McMahon) [H/72/43.7]	<b>Pocock A</b> (K. Meyer) [D/51/12.4]
47b	09:48 AM	Mens Masters 2x Flight 2	<b>Delta Deas</b> (R. Stout) [F/63/28.0]	<b>Sammamish Rowing Association A</b> (M. Colburn) [D/52/13.5]	<b>Lake Stevens A</b> (A. Haynes) [Under 21/19/0.0]	<b>Lake Union B</b> (N. Guillaume) [A/29/0.1]	<b>Pocock B</b> (T. Cleland) [D/54/15.7]	<b>Vancouver A</b> (L. CROWLEY) [G/65/31.2]

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
47c	09:56 AM	Mens Masters 2x Flight 3	<b>Vancouver A</b> (C. Chan) [B/40/3.7]	<b>Lake Washington</b> (J. Tigani) [A/35/1.4]	<b>Vancouver A</b> (P. Steward) [D/51/12.4]	<b>Pocock C</b> (J. Laband) [E/59/22.1]	<b>Ancient Mariners</b> (G. Naden) [F/63/28.0]	<b>Vancouver A</b> (M. Uhlenbruck) [D/53/14.6]
47d	10:04 AM	Mens Masters 2x Flight 4	<b>Vancouver A</b> (K. Walsh) [A/32/0.5]	<b>College Club Seattle</b> (B. Johnson) [A/29/0.1]	<b>Lake Union A</b> (B. Williams) [C/48/9.5]	<b>Sammamish Rowing Association A</b> (M. McGinnis) [C/46/7.8]	<b>Lake Union D</b> (C. Goss) [C/45/7.0]	<b>Vashon Island A</b> (J. Hoyt) [F/62/26.5]
48a	10:12 AM	Womens Masters Novice 4x Flight			<b>North Cascades</b> (E. Urich) [C/43/5.1]	<b>Lake Union</b> (F. Lehmborg) [B/38/2.4]		
49a	10:20 AM	Mens Masters Novice 1x Flight			<b>Lake Union</b> (P. Buchanan) [A/32/0.0]			
50a	10:28 AM	Womens Masters Novice 2x Flight	<b>Sammamish Rowing Association B</b> (A. Detwiler) [B/41/4.2]	<b>Vashon Island</b> (N. Martinsen) [D/54/15.7]	<b>Sammamish Rowing Association A</b> (C. Keller) [D/51/12.4]	<b>Seize The Oar</b> (Y. Davis) [D/53/14.6]	<b>Sammamish Rowing Association B</b> (T. Martin) [B/38/2.6]	<b>Lake Union</b> (E. Eldrenkamp) [AA/26/0.0]
51a	10:36 AM	Mens Masters Novice 2x Flight			<b>Vashon Island</b> (F. Miller) [G/69/0.0]			
52a	10:44 AM	Mens Masters 1x Flight 1	<b>Lake Union</b> (W. Hines) [D/53/16.9]	<b>Pocock</b> (J. Taylor) [A/30/0.2]	<b>College Club Seattle</b> (L. Yaffe) [F/61/28.9]	<b>Unaff. (USA)</b> (R. Heacox) [H/74/55.2]	<b>Lake Union</b> (B. Costello) [A/27/0.0]	<b>Pocock</b> (E. Nelson) [C/45/8.1]
52b	10:52 AM	Mens Masters 1x Flight 2	<b>Deep Cove</b> (C. Johns) [C/46/9.0]	<b>Lake Stevens</b> (J. Aylesworth) [C/49/12.1]	<b>Delta Deas</b> (r. Stout) [G/65/36.1]	<b>Olympic Peninsula</b> (S. Halberg) [C/43/6.4]	<b>Ancient Mariners</b> (G. Naden) [G/65/36.1]	
52c	11:00 AM	Mens Masters 1x Flight 3	<b>Sammamish Rowing Association</b> (P. Struyvenberg) [F/61/28.9]	<b>Vancouver Lake</b> (D. Venema) [G/67/40.0]	<b>Unaff. (USA)</b> (L. Colman) [G/69/44.1]	<b>Lake Washington</b> (C. Jenkins) [AA/26/0.0]	<b>Lake Union</b> (A. Day) [A/29/0.1]	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
53a	11:08 AM	Mixed Masters 4x Flight 1	<b>Delta Deas</b> (S. Macdonald) [F/62/24.5]	<b>Pocock A</b> (S. Chace) [B/42/4.5]	<b>Deep Cove</b> (N. Stewart) [D/50/10.6]	<b>Pocock B</b> (M. Peterson) [B/38/2.4]	<b>North Cascades</b> (B. McIsaac) [F/63/25.9]	
53b	11:16 AM	Mixed Masters 4x Flight 2	<b>Mt. Baker</b> (P. Luu) [F/61/23.1]	<b>Lake Union A</b> (J. Werner) [A/29/0.1]	<b>Vashon Island</b> (M. Shemeta) [D/53/13.5]		<b>Lake Union A</b> (D. Lucas) [B/42/4.5]	
54a	11:24 AM	Mens Masters 4x Flight 1	<b>Ancient Mariners</b> (L. Steele) [F/62/24.5]	<b>Delta Deas/Pocock</b> [Composite] (M. Bates) [F/64/27.4]	<b>Mt. Baker A</b> (d. baker) [F/62/24.5]	<b>Lake Union B</b> (B. Williams) [B/40/3.4]	<b>Vancouver A</b> (M. Uhlenbruck) [F/64/27.4]	
54b	11:32 AM	Mens Masters 4x Flight 2	<b>Vancouver A</b> (P. Steward) [C/45/6.5]	<b>Lake Union A</b> (A. Faulds) [B/39/2.9]		<b>Vashon Island</b> (J. Hoyt) [G/67/32.0]	<b>Vancouver A</b> (M. MACRET) [A/32/0.5]	
54c	11:40 AM	Mens Masters 4x Flight 3	<b>Deep Cove</b> (N. Stewart) [D/54/14.6]	<b>Mt. Baker B</b> (M. Riley) [E/57/18.0]	<b>Pocock A</b> (K. Meyer) [D/52/12.5]	<b>Sammamish Rowing Association</b> (J. Conlu) [C/44/5.8]	<b>Pocock B</b> (S. MacCormack) [C/46/7.2]	
55a	11:48 AM	Womens Masters Ltwt 4x Flight			<b>Vashon Island</b> (J. Peterson) [G/67/32.0]	<b>Sammamish Rowing Association</b> (A. Creighton) [F/62/24.5]		
56a	11:56 AM	Mixed Masters 2x Flight 1	<b>Lake Washington B</b> (C. Roth) [E/57/19.4]	<b>Vancouver A</b> (F. Crowley) [G/66/32.9]	<b>Vashon Island/College Club Seattle</b> [Composite] A (J. O'Brien) [H/70/39.9]	<b>Lake Stevens A</b> (J. Francis) [C/48/9.5]	<b>Lake Union B</b> (S. Tucker) [A/29/0.1]	<b>College Club Seattle</b> (L. Yaffe) [G/65/31.2]
	12:00 PM	Lunch						
56b	01:00 PM	Mixed Masters 2x Flight 2	<b>Delta Deas A</b> (S. Gauvin) [F/62/26.5]	<b>Pocock</b> (T. Cleland) [D/54/15.7]	<b>Lake Washington A</b> (E. Pinder) [A/31/0.3]	<b>Vashon Island B</b> (J. Jannetty) [G/68/36.3]	<b>Sammamish Rowing Association A</b> (J. Perrin) [C/49/10.5]	<b>Delta Deas A</b> (S. Macdonald) [F/63/28.0]

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
56c	01:08 PM	Mixed Masters 2x Flight 3	<b>Vancouver A</b> (K. Walsh) [A/33/0.8]	<b>Lake Union A</b> (J. Naegeli) [B/36/1.7]	<b>Vancouver/Palo Alto [Composite] A</b> (J. Pendleton) [F/64/29.6]	<b>Lake Stevens B</b> (M. Wilson) [B/41/4.2]	<b>Sammamish Rowing Association A</b> (P. Struyvenberg) [C/47/8.6]	<b>Vancouver A</b> (C. Rouse) [C/47/8.6]
57a	01:16 PM	Womens Masters 4x Flight 1	<b>Renton</b> (A. Bryant) [D/52/12.5]	<b>Lake Union B</b> (J. Bishop) [A/33/0.7]	<b>Vancouver A</b> (K. Burnett) [C/46/7.2]	<b>Pocock C</b> (A. Mendlein) [A/32/0.5]		<b>Vashon Island</b> (M. Shemeta) [E/55/15.7]
57b	01:24 PM	Womens Masters 4x Flight 2	<b>Sammamish Rowing Association A</b> (S. Bidwell) [B/42/4.5]	<b>North Cascades B</b> (J. Gross) [E/57/18.0]	<b>Mt. Baker</b> (K. Boudreau) [C/48/8.8]	<b>Deep Cove</b> (K. Lucas) [D/53/13.5]	<b>North Cascades A</b> (J. Huffman) [C/43/5.1]	
57c	01:32 PM	Womens Masters 4x Flight 3	<b>Delta Deas</b> (K. McGillivray) [D/53/13.5]	<b>Sammamish Rowing Association A</b> (P. Mazzuca) [D/53/13.5]	<b>Nicomekl</b> (M. Tisdelle) [F/60/21.8]	<b>Lake Union A</b> (A. Sullivan) [A/29/0.1]	<b>Pocock B</b> (H. Brunner) [A/31/0.3]	
57d	01:40 PM	Womens Masters 4x Flight 4	<b>Sammamish Rowing Association A</b> (L. Moser) [C/44/5.8]	<b>Pocock A</b> (S. Greenberg) [B/42/4.5]	<b>Lake Union C</b> (K. Stout) [D/52/12.5]	<b>Conibear</b> (G. Schueler) [G/65/28.9]	<b>Martha's Moms</b> (A. Fortney) [D/54/14.6]	<b>Vancouver A</b> (C. Rowley) [D/53/13.5]
58a	01:48 PM	Mens Masters Ltwt 2x Flight		<b>Deep Cove</b> (K. Chow) [E/59/22.1]	<b>North Cascades</b> (B. McIsaac) [F/62/26.5]	<b>Lake Union</b> (S. Mitchell) [A/33/0.8]	<b>Pocock</b> (H. Koerner) [E/59/22.1]	
59a	01:56 PM	Combined Masters Novice & Mixed 8+ Flight			<b>Lake Union</b> (F. Lehmberg) [B/38/0.0]			
60a	02:04 PM	Womens Masters 1x Flight 1		<b>Martha's Moms</b> (E. Runde) [E/59/25.6]	<b>North Cascades</b> (J. Huffman) [C/47/10.0]	<b>Martha's Moms</b> (M. Heffernan) [D/50/13.2]	<b>North Cascades</b> (W. Clark) [C/45/8.1]	
60b	02:12 PM	Womens Masters 1x Flight 2		<b>Burnaby Lake</b> (N. Dhillon) [B/42/5.6]	<b>Sammamish Rowing Association</b> (J. Schelter) [E/57/22.5]	<b>Martha's Moms</b> (P. Casebolt) [G/66/38.0]	<b>Sammamish Rowing Association</b> (L. Hoffman) [D/51/14.4]	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
62a	02:20 PM	Womens Masters Novice 1x Flight			<b>Sammamish Rowing Association</b> (H. Peace) [A/35/1.6]	<b>Vashon Island</b> (L. Heffernan) [C/49/12.1]		
63a	02:28 PM	Mens Masters 8+ Flight 1		<b>Vancouver</b> (M. MACRET) [B/38/2.4]	<b>Sammamish Rowing Association</b> (M. Kennedy) [C/47/8.0]	<b>Pocock</b> (A. Molchany) [D/51/11.5]	<b>Mt. Baker A</b> (D. Peschel) [F/62/24.5]	
63b	02:36 PM	Mens Masters 8+ Flight 2		<b>Lake Union B</b> (S. Tucker) [A/34/1.0]	<b>Lake Union A</b> (A. Broucek) [B/36/1.6]	<b>Ancient Mariners</b> (C. Hurn) [F/63/25.9]	<b>Mt. Baker A</b> (M. Johnson) [E/55/15.7]	
64a	02:44 PM	Womens Masters 2x Flight 1	<b>Pocock C</b> (E. Sweeney) [F/60/23.5]	<b>Delta Deas A</b> (L. Jones) [E/56/18.2]	<b>Vashon Island A</b> (Z. Macomber) [E/57/19.4]	<b>Delta Deas B</b> (G. Hubbard) [F/64/29.6]	<b>Vancouver A</b> (C. Rowley) [D/51/12.4]	<b>Sammamish Rowing Association A</b> (C. Wolyniak) [A/30/0.2]
64b	02:52 PM	Womens Masters 2x Flight 2	<b>Nicomekl B</b> (H. Healey) [G/65/31.2]	<b>Martha's Moms C</b> (B. Smith) [I/77/54.0]	<b>Nicomekl A</b> (A. Kite) [E/56/18.2]	<b>Martha's Moms B</b> (E. Runde) [D/54/15.7]	<b>Sammamish Rowing Association A</b> (J. Schelter) [D/51/12.4]	
64c	03:00 PM	Womens Masters 2x Flight 3	<b>Vancouver A</b> (M. Leight) [D/52/13.5]	<b>North Cascades B</b> (E. Urich) [A/32/0.5]	<b>Deep Cove A</b> (A. Gussenhoven) [D/51/12.4]	<b>North Cascades A</b> (V. Posey) [F/63/28.0]	<b>Conibear</b> (G. Schueler) [G/65/31.2]	
64d	03:08 PM	Womens Masters 2x Flight 4	<b>Palo Alto/College Club Seattle</b> [Composite] (J. Pendleton) [G/66/32.9]	<b>Lake Stevens</b> (D. Baker) [E/55/16.9]	<b>College Club Seattle/Lake Washington</b> [Composite] (R. Alexander) [F/64/29.6]	<b>Lake Washington</b> (T. McGuire) [A/30/0.2]	<b>Delta Deas C</b> (K. McGillivray) [A/35/1.4]	
64e	03:16 PM	Womens Masters 2x Flight 5	<b>Sammamish Rowing Association A</b> (L. Moser) [C/44/6.2]	<b>Vashon Island A</b> (R. Henry) [E/59/22.1]	<b>Sammamish Rowing Association A</b> (S. Cameron) [E/55/16.9]	<b>Pocock B</b> (S. Greenberg) [A/29/0.1]	<b>Martha's Moms A</b> (C. Fletcher) [F/62/26.5]	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
64f	03:24 PM	Womens Masters 2x Flight 6	<b>Deep Cove A</b> (S. Lori) [E/56/18.2]	<b>Vancouver A</b> (K. Burnett) [A/30/0.2]	<b>Renton</b> (D. Tacionyte) [B/39/3.1]	<b>North Cascades A</b> (J. Huffman) [C/46/7.8]	<b>Pocock A</b> (R. Hoch) [D/51/12.4]	
65a	03:32 PM	Mens Masters Ltwt 1x Flight		<b>Pocock</b> (H. Koerner) [F/64/34.2]	<b>Lake Stevens</b> (R. Sternagel) [F/60/27.2]	<b>Pocock</b> (B. Hanson) [F/62/30.6]	<b>Mt. Baker</b> (P. Luu) [E/55/19.6]	
66a	03:40 PM	Womens Masters 2- Flight		<b>Sammamish Rowing Association A</b> (C. Suzzarini) [A/30/0.2]	<b>Unaff. (USA)</b> (W. Madieros) [C/45/8.1]	<b>Sammamish Rowing Association A</b> (K. Neuman) [B/39/3.6]	<b>Vashon Island</b> (K. Goforth) [D/54/18.2]	
67a	03:48 PM	Mixed Masters 8+ Flight 1	<b>Pocock B</b> (T. Redd) [C/49/9.7]	<b>Lake Union A</b> (J. Naegeli) [A/35/1.3]	<b>Vashon Island</b> (Z. Macomber) [F/63/25.9]	<b>Pocock A</b> (S. MacCormack) [B/38/2.4]	<b>Sammamish Rowing Association A</b> (M. Kennedy) [C/47/8.0]	
67b	03:56 PM	Mixed Masters 8+ Flight 2		<b>Lake Union C</b> (J. Werner) [B/36/1.6]	<b>Sammamish Rowing Association A</b> (P. Colvin) [C/45/6.5]	<b>Mt. Baker</b> (K. Boudreau) [E/59/20.5]	<b>Lake Union B</b> (N. Guillaume) [A/33/0.7]	
68a	04:04 PM	Mens Masters 2- Flight	<b>Sammamish Rowing Association</b> (M. McGinnis) [C/46/9.0]	<b>Vancouver A</b> (H. Contreras) [A/34/1.2]	<b>Ancient Mariners</b> (G. Naden) [F/63/32.4]	<b>Vancouver A</b> (P. Steward) [D/51/14.4]	<b>Vashon Island</b> (M. Ripley) [D/54/18.2]	
69a	04:12 PM	Womens Masters 4+ Flight 1	<b>Lake Union A</b> (T. Schorsch) [A/30/0.2]	<b>Sammamish Rowing Association A</b> (J. Perrin) [D/50/11.4]	<b>Mt. Baker A</b> (B. Morcom) [E/56/18.2]	<b>Martha's Moms</b> (E. Runde) [G/67/34.6]	<b>Sammamish Rowing Association A</b> (L. Moser) [C/48/9.5]	
69b	04:20 PM	Womens Masters 4+ Flight 2		<b>Conibear A</b> (M. Coffren-Barton) [C/49/10.5]	<b>Lake Union B</b> (W. Sheehan) [B/39/3.1]	<b>Pocock</b> (H. Brunner) [A/31/0.3]	<b>Mt. Baker A</b> (R. Hayoun) [D/51/12.4]	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
69c	04:28 PM	Womens Masters 4+ Flight 3		<b>Vashon Island</b> (M. Hoeffel) [E/59/22.1]	<b>Conibear A</b> (r. newell) [C/48/9.5]	<b>Sammamish Rowing Association A</b> (M. Polis) [F/60/23.5]	<b>Lake Union C</b> (K. Stout) [C/49/10.5]	
70a	04:36 PM	Womens Masters Ltwt 2x Flight	<b>Conibear</b> (J. Oliver) [G/66/32.9]	<b>North Cascades</b> (J. Gross) [F/60/23.5]	<b>Vashon Island A</b> (C. Congdon) [F/64/29.6]	<b>Vancouver</b> (F. Crowley) [F/61/25.0]	<b>Vashon Island A</b> (J. Peterson) [H/70/39.9]	
71a	04:44 PM	Mens Masters 4+ Flight 1	<b>Lake Union B</b> (C. Goss) [C/43/5.5]	<b>Sammamish Rowing Association</b> (J. Conlu) [C/44/6.2]	<b>Vashon Island</b> (R. McMahon) [G/68/36.3]	<b>Mt. Baker A</b> (M. Johnson) [D/54/15.7]	<b>Pocock A</b> (A. Horner-Devine) [B/41/4.2]	
71b	04:52 PM	Mens Masters 4+ Flight 2	<b>Lake Union A</b> (A. Broucek) [A/34/1.1]	<b>Pocock A</b> (J. Buckmann) [A/33/0.8]	<b>Mt. Baker A</b> (S. Ellmann) [D/52/13.5]	<b>Pocock B</b> (B. Chase) [D/54/15.7]	<b>Ancient Mariners</b> (C. Hurn) [G/67/34.6]	
72a	05:00 PM	Combined Masters Novice & Mixed 4+ Flight	<b>Pocock A</b> (S. MacCormack) [B/40/3.7]	<b>Sammamish Rowing Association</b> (C. Keller) [C/48/9.5]	<b>Lake Union</b> (S. Tucker) [A/33/0.8]	<b>Pocock A</b> (S. Telfer) [B/36/1.7]	<b>Vashon Island</b> (K. Goforth) [F/62/26.5]	