



2016 Capital City Sprints

Heat Sheet for Saturday, Aug 20

	Time	Race	Lane 1	Lane 2	Lane 3
1a	08:00	Womens Masters 1x A-F Final		Grand Rapids (I. Johnson) [E/59/25.6]	
3a	08:06	Womens HS 4+ Final 1	Northville HS B (M. Pearson)	Wyandotte (M. Krohn)	Rockford (N. Chwalek)
3b	08:12	Womens HS 4+ Final 2	Northville HS A (J. Cole)	Ada Rowing Club (P. Wacławski)	
5a	08:18	Mens Masters 8+ Final 1	Wyandotte (m. Podsiad) [C/47/8.0]	Chicago Rowing Union A (M. Cruz) [A/31/0.3]	
5b	08:24	Mens Masters 8+ Final 2	Chicago Rowing Union B (S. Lobdell) [B/37/2.0]	Detroit (R. Reed) [D/54/14.6]	
6a	08:30	Mixed Rec 1x Final	Ada Rowing Club (L. Nyberg)	Glorious Gate (A. Oswald)	Glorious Gate (J. Hoham)
7a	08:36	Mixed Open 4x Final	Rockford (A. Houn)	Cincinnati RC (S. Kennelly)	Ada Rowing Club (J. Williams)
8a	08:42	Mens HS 1x Final 1	Unaff. (USA) (B. Durecki)	Ada Rowing Club (T. Greenwood)	Wyandotte (t. sicotti)
8b	08:48	Mens HS 1x Final 2	Glorious Gate (C. Hough)	Northville HS (F. Williams)	Wyandotte (J. Orman)
8c	08:54	Mens HS 1x Final 3	Wyandotte (P. Hickey)	Northville HS (J. Kerns)	Rockford (C. Neihoff)
8d	09:00	Mens HS 1x Final 4	Lansing (B. Gallagher)	Wyandotte (J. Trudell)	
9a	09:06	Womens HS 2x Final 1	Rockford A (H. powers)	Wyandotte A (K. Bradley)	Northville HS A (J. Cole)
9b	09:12	Womens HS 2x Final 2	Wyandotte B (S. Keller)	Rockford B (A. Featherston)	Northville HS B (S. Bennett)

	Time	Race	Lane 1	Lane 2	Lane 3
9c	09:18	Womens HS 2x Final 3	Glorious Gate (K. Harwood)	Bay City (S. Pennex)	Wyandotte C (L. Hsu)
10a	09:24	Mens Masters 2- Final 1	Cincinnati RC (S. Kennelly) [A/30/0.2]	Chicago Rowing Union (W. Moudry) [B/39/3.6]	
10b	09:30	Mens Masters 2- Final 2	Wyandotte (B. Norrix) [Under 21/20/0.0]	Rockford (D. Itter) [AA/21/0.0]	
11a	09:36	Womens Masters 2x Final	Cincinnati RC (M. Alonso) [E/58/20.8]	Grand Rapids (J. Trierweiler) [B/38/2.6]	Indianapolis RC (G. Vance) [F/62/26.5]
12a	09:42	Mixed Novice/Rec 8+ Final 1	Wyandotte A (P. Sutka)	Chicago Rowing Union (M. Miller)	Grand Rapids (D. Lemmenes)
12b	09:48	Mixed Novice/Rec 8+ Final 2	Ada Rowing Club (N. Hackerd)	Wyandotte B (D. Mitsch)	
12c	09:54	Mixed Novice/Rec 8+ Final 3	Rockford (B. Lassig)	Bay City (L. Foiles)	
	10:00	Break			
13a	10:10	Mens Open 1x Final 1	Unaff. (USA) (g. upshur)	Rockford (G. Hoffman)	Glorious Gate (M. Bobay)
13b	10:16	Mens Open 1x Final 2	Northville HS (C. Ulrich)	Wyandotte (R. Shockley)	
13c	10:22	Mens Open 1x Final 3	Cincinnati RC (S. Kennelly)	Wyandotte (A. Pappas)	
14a	10:28	Womens Open 1x Final	Rockford (A. Johandes)	Wyandotte (L. Hsu)	
15a	10:34	Mixed Masters 8+ Final	Grand Rapids (G. Momber) [B/40/3.4]	Detroit (D. Hagen) [E/55/15.7]	
16a	10:40	Womens Open 4+ Final		Rockford (N. Chwalek)	
17a	10:46	Mens Open 4+ Final	Wyandotte (A. Pappas)	Ada Rowing Club (J. Standerfer)	Rockford (T. Anderson)
18a	10:52	Mens Novice/Rec 4+ Final 1	Bay City (M. Lafferty)	Chicago Rowing Union A (M. Cruz)	

	Time	Race	Lane 1	Lane 2	Lane 3
18b	10:58	Mens Novice/Rec 4+ Final 2	Chicago Rowing Union B (R. Olivares)	Wyandotte (m. Podsiad)	Grand Rapids (D. Morrison)
19a	11:04	Mixed Open 2x Final 1	Rockford B (A. Sundman)	Wyandotte A (A. Irving)	Rockford A (C. Neihoff)
19b	11:10	Mixed Open 2x Final 2	Rockford C (R. O'Grady)	Glorious Gate (C. Hough)	Wyandotte B (B. Norrix)
20a	11:16	Mens HS 4+ Final	Ada Rowing Club (L. Vredenburg)	Northville HS (B. Somerville)	Wyandotte (K. O'Connor)
21a	11:22	Womens Masters 2- Final	Glorious Gate (M. Byrd) [Under 21/18/0.0]	Cincinnati RC (M. Alonso) [E/58/24.0]	
24a	11:28	Womens Novice/Rec 4+ Final 1	Ada Rowing Club (M. Devroy)	Wyandotte (a. Cook)	
24b	11:34	Womens Novice/Rec 4+ Final 2	Chicago Rowing Union (M. Miller)	Grand Rapids (J. Schafer)	
25a	11:40	Mixed Open 4+ Final	Ada Rowing Club (J. Standerfer)	Lowell Crew Club (j. doyle)	
26a	11:46	Womens HS 1x Final 1	Wyandotte (L. Hsu)	Northville HS (J. Cole)	Glorious Gate (H. Graham)
26b	11:52	Womens HS 1x Final 2	Wyandotte (K. Bradley)	Wyandotte (M. Krohn)	
26c	11:58	Womens HS 1x Final 3	Northville HS (M. Sankaran)	Wyandotte (L. Longton)	
	12:04	Lunch			
27a	12:34	Mens HS 2x Final 1	Wyandotte A (t. sicotti)	Northville HS A (F. Williams)	
27b	12:40	Mens HS 2x Final 2	Lowell Crew Club (D. Siciliano)	Northville HS B (B. Somerville)	Wyandotte B (A. Harrison)
27c	12:46	Mens HS 2x Final 3	Wyandotte C (J. Trudell)	Ada Rowing Club (M. Miller)	
28a	12:52	Womens Masters 4+ Final	Detroit (S. Terrien) [D/51/12.4]	Grand Rapids (R. Lemmenes) [C/48/9.5]	

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29a	12:58	Mens Masters 4+ Final 1	Chicago Rowing Union A (P. Dennis SON) [A/34/1.1]	Grand Rapids (G. Momber) [A/33/0.8]	
29b	01:04	Mens Masters 4+ Final 2	Chicago Rowing Union B (M. Toutloff) [B/42/4.9]	Detroit (R. Reed) [E/56/18.2]	
30a	01:10	Womens Open 2x Final	Glorious Gate (M. Byrd)	Indianapolis RC (G. Vance)	Cincinnati RC (M. Alonso)
31a	01:16	Mens Open 2x Final 1	Wyandotte A (m. dolence)	Detroit (S. Lovett)	Rockford (R. O'Grady)
31b	01:22	Mens Open 2x Final 2	MSU - Crew (A. Lennard)	Wyandotte B (A. Leka)	Northville HS (C. Ulrich)
32a	01:28	Womens Masters 8+ Final		Grand Rapids (R. Lemmenes) [C/47/8.0]	
33a	01:34	Womens Novice/Rec 8+ Final	Bay City (A. Huffman)	Wyandotte (a. Cook)	Grand Rapids (J. Schafer)
34a	01:40	Womens Open 4x Final		Rockford (A. Johandes)	
35a	01:46	Mixed HS 8+ Final 1	Ada Rowing Club A (L. Vredenburg)	Wyandotte (P. Hickey)	
35	01:52	Mixed HS 8+ Final 2	Ada Rowing Club B (J. North)	Northville HS (B. Somerville)	
38a	01:58	Mens Open 8+ Final	Wyandotte (A. Pappas)	MSU - Crew (A. Vincent)	
39a	02:04	Mens Novice/Rec 8+ Final	Grand Rapids (D. Morrison)	Wyandotte (m. Podsiad)	