

## **Dillon Lake Scholastic Sprints**

**Date:** 4/13/19

**Location:** Dillon Lake State Park, Nashport, OH

**Registration:** All entries must be submitted by April 7, 2019 @ 11:59 PM EDT

**A/B entries only - teams limited to 2 entries per event. 14 Entries per Event *except Men's and Women's V8+.***

***Athletes limited to 2 events except coxswains.***

**Waiver:** USRowing online waiver only. No paper waivers will be accepted.

**Check-in:** All teams should check in at the registration tent located across from the beach near the Control Center Camper. Registration will be open Friday, April 12, 2019 3pm to 5pm and Saturday, April 13, 2019 6:30am to 9:30am.

**Practice:** Course open Friday, April 12 2pm to 7pm, weather permitting. For safety concerns, no boat shall be permitted to launch until the docks are officially declared "OPEN" **Launching from the beach is prohibited.**

**Weigh-ins:** As the Dillon Invitational is a MSRA sponsored event, we will be following MSRA Championship Regatta Rules. Men's lightweight limit is 150lbs and Women's lightweight limit is 130lbs. Weigh-in will be held Saturday, April 13, from 6:30am until 9:30am. Entire boat must be present in uniform and lined-up in order from bow to stern.

There will be no test scales. Scales have been calibrated and a 25lb standard weight will be on site. Rowers that do not make weight on the first try will be excluded from all lightweight events for the entire regatta. Substitutes will weigh in with their boat mates. Weigh-ins will be conducted as a yes/no system without actual weight being announced.

Rowers making weight must attach the lightweight wristband to their "outside" hand before leaving the weigh-in area. Wristbands are to remain in place until the conclusion of rowing in the regatta. Problems with wristbands must be brought to the attention of the referee in charge of weigh-ins.

Rower health and safety remain paramount in the MSRA's mission. Any observed incident of unsafe, abusive, or aggressive weight loss practices (including but not limited to "garbage bag runs", sweat suit runs, or verbal references to unhealthy practices such as purging, laxative use, or sweat runs), either directly by or reported to a MSRA Board member, will result in the immediate exclusion of the athlete from any lightweight event.

**Coaches and Coxswains Meeting:** C&C meeting will be held at 7:00am near the metal shelter located at the top near the playground.

**LANE SELECTION:** Lane selection will be done using Regatta Workbench regatta software. This regatta management software collects the data from Regatta Central and automatically seeds crews randomly.

**LAUNCHING:** There will be two calls to launch prior to each event as scheduled. Launch officials at the launch docks will make every effort to launch boats on time. It is your responsibility to report to the starting line on time, regardless if you hear the race calls or not. Safety checks will be performed on every boat prior to event. Teams are responsible for their own bow numbers. Coaches and coxswains should be ready to launch 45 minutes prior to the scheduled time of their event.

**SCRATCH FEES:** Any team scratching after the start of the regatta (including not showing-up to the start) will forfeit their entry fee and be assessed a \$50.00 Scratch Fee **to be paid prior to competition by any other boat from that team, in subsequent races.**

**Conduct:** Unsportsmanlike conduct which includes but is not limited to foul, abusive or profane language WILL NOT be permitted at the Regatta Site before, during or after any racing by any Athlete or Coaching Staff.

**Awards:** Medals awarded for first, second and third place for all events over four boats.

**Protests:** All protests must be made at the Finish Line by the stroke or coxswain by raising their hand. \$50 along with a written statement is to be submitted to the regatta director within one hour after the race. Protest fee to be returned if the protest is upheld.

**Weather:** Delays should there be delays because of inclement weather the following sequence of schedule adjustments would be followed:

**Contingency A - Weather (late start, i.e. fog)**

- Run all Novice events as flights, cut all breaks. (time saved: approx. 1.5 hours)

**Contingency B – Weather (Wind/waves)**

- Cancel in order from most affected shells starting with:
  - 1x – (Events 3 & 4)
  - 2x – (Events 1 & 2)
  - N 4+ (Events 15 & 16)
  - All 4+ (Events 7,8,9,10,15,16,17,18)
  - N 8+ and F 8+
  - Only Varsity 8+'s (includes Ltwt 8+) row
  - Cancel ALL events

### **Contingency C – Sudden weather causing all shells to be removed from the water**

- Medal each heat as flights

### **Contingency D – (Darkness/Delayed)**

- Priority Order:
  - 8+'s in descending order (V, Ltwt, 2<sup>nd</sup>, JR, F, N)
  - 2x
  - 1x
  - 4+'s in descending order (V, Ltwt, JR, N)

### **BUSES:**

- Have buses move to the designated loading/unloading area upon arrival as shown on the Regatta Map.
- Place Contact Information Card (attached below) on the left side of windshield of the bus This will help us in case of an emergency.
- Obey the 5-mph speed limit in the areas of loading/unloading boats, chuck wagons and buses.
- **No buses are to park in the Camp Store Parking Lot.** Transportation will be available for drivers wishing to return to the regatta from the bus parking lot.

### **Tents and Chuckwagons:**

- Set up your tent site anywhere within the designated tent area. Please be mindful of your neighbors.
- Staking of tents is permitted.
- Park in the designated parking area provided for your Chuckwagon and vehicle.
- Keep your tent area clean. Any team neglecting to maintain their site(s) will be assessed a \$75.00 charge.
- Be aware that tent and food equipment will need to be carried to your site. Chuckwagon trailers are not permitted on the grass or lanes down to the beach area.
- Obey the 5-mph speed limit in the areas of loading/unloading boats, chuck wagons and buses.

### **Shells:**

- Store boats in designated shell areas only. Please be mindful of your neighbors.
- Teams have 30 minutes to unload and move shell trailer and tow vehicle from the shell area to the shell parking lot.
- Tow vehicles and trailers are not permitted on the lawns or beaches.
- Keep your boat area clean. Any team neglecting to maintain their site(s) will be assessed a \$75.00 charge.

**SCHOOL NAME:** \_\_\_\_\_

**BUS DRIVER:** \_\_\_\_\_

**EMERGENCY CONTACT NUMBER:** \_\_\_\_\_