



MUSKINGUM RECREATION CENTER



Membership Includes:

- Eight-lane competition/lap pool use
- Warm water activity pool
- Fitness floor with new and enhanced equipment
- “Kids’ Corner” child care
- Locker rooms with steam room and sauna
- Access to gymnasium
- UNLIMITED Group Exercise Classes
- Must be 12 or older to be on the fitness floor

Some of the classes we offer:

- Boot Camp
- Indoor Cycling Experience (I.C.E.)
- Pilates
- HITT
- Cardio Pump
- Step
- Arthritis Aquatics
- Yoga
- Water Aerobics
- ZUMBA®
- Pound



Hours of Operation

Monday-Friday: 5:00am-9:00pm

Saturday-Sunday: 7:00am-7:00pm

Lap Pool Hours

Monday-Friday 5:00am-8:30pm

Saturday-Sunday 7:00am-6:30pm

Warm Water Activity Pool Hours

Monday-Friday 7:45am-8:30pm

*Wednesday 5:30 am-8:30pm

Saturday-Sunday 7:00am-6:30pm

Kids Corner Hours

Monday-Saturday 8:00am-1:00pm

Monday-Thursday 4:00pm-8:00pm

**There is a 2-hr time limit for Kids’ Corner while working out in the facility.*

Regatta Participants and Spectators

Day Pass Coupon

\$5 per person or \$25 cap per family per day

Need something to do while in town for the weekend? Come check us out!

Good for days of Regatta April 13, May 11-12, May 24-25, and Aug 3rd

1425 Newark Road Located on Ohio University Zanesville campus
Call (740) 454-4767 or visit www.muskrec.org for more details