

Regatta Race Package 2025

WELCOME to the Nelson Rowing Club Sprints Regatta!

DATE August 16th 2025

LOCATION The Nelson Sprints Regatta is held on Kootenay Lake at Lakeside Park, [1801 Lakeside Drive, in beautiful Nelson, BC.](#)

ENTRIES Entries will be accepted before 11:59 pm EDT on Wednesday August 13th. All entries can be made through Regatta Central <https://www.regattacentral.com/>

The Nelson Rowing Club requests that each coach / organizer submit a list of rowers and entries (including first and last names and ages) to the Regatta Chair, Paris Marshall Smith at light.paris@gmail.com by August 13, 2025

SCRATCHES Scratches will be available until 11:59 pm EDT on Friday August 15th, 2025

ELIGIBILITY All athletes must be currently registered with their provincial rowing association and Rowing Canada Aviron (RCA). All US entries must be registered with the US Rowing Association (USRA).

WEATHER If any races are canceled due to the decision of the Safety Advisor and Chief Umpire as a result of poor weather conditions, they will not be rescheduled.

COACHES MEETING The Coaches meeting will take place at 6:15 am at the NRC boathouse August 16th. All coaches must attend. Sheree Moffatt is the Head Umpire for this event and will be reviewing entries, safety, and procedures.

LAUNCHING All crews will launch from the Lakeside Park beach marked on the course map [here.](#)

ENTRY FEE \$75 This is a flat fee. The entry fee includes all RCA/ RBC seat fees and a ticket for the BBQ dinner and awards ceremony. If you are attending locally from Nelson area or if you have non-rowing guests who wish to attend the BBQ please email Paris Marshall Smith - light.paris@gmail.com

SAFETY All boats with flexible shoes **MUST** be fitted with heel tie-downs.

Please ensure your crews have checked heel ties and they are set at the regulation 7cm length **BEFORE** the boat check-in.

A PROPER BOW-BALL and HEEL TIE-DOWNS are required on ALL shells.

IMPORTANT: There is no time for fixing any problems (ie: heel tie downs or bow ball etc.) at the safety check-in as this will delay the launch of your boat and delay the entire regatta schedule! Thanks for being organized beforehand.

BOW MARKERS will be provided by the Dock Marshall at the Control Center tent. **ALL** shells must be fitted with bow clips.

BOAT CHECK A safety check will be performed on all boats by an umpire or delegated person prior to the boat being allowed to launch. The check is initiated when racers ask for their bow marker at the Control tent.

RISK Competitors and crews participate in the races entirely at their own risk. The decision to race is solely up to the individual(s) that make(s) up the competing crew. Neither the Nelson Rowing Club, the Regatta Committee, nor its affiliates assume any liability for material damage, personal injury or death sustained in conjunction with participating in the regatta.