



EMERGENCY ACTION PLAN & FIRST AID PLAN
Head of the Nicomekl Regatta, September 17, 2022

This event will abide by all safety rules outlined in the RCA Rules of Racing, and the Event Sanction Application associated with this regatta.

KEY CONTACTS

Regatta Organizing Committee Chair: Ruth Pattison [604-614-7475]

Chief Umpire: Malcolm Fletcher [604-562-0125]

As stated in the RCA Rules of Racing (Section 11.11), the Chief Umpire is responsible for the application of the Rules of Racing to a sanctioned regatta and shall uphold the principles of safety, fair competition, and good sportsmanship.

Safety Officer: Derek Pattison [778-823-2991]

As stated in the RCA Rules of Racing (Section 8.2), the focus of the Safety Advisor is to ensure that appropriate safety measures have been implemented for the safe running of the regatta and observe any breaches of safety practices during the regatta.

First Aid/Medical Officer: Tracey Corbett [778-838-1423]

Tracey has a First Aid Certificate that expires on Nov 18, 2023. Tracey will be responsible for arranging for First Responders and Search & Rescue boat to attend the regatta and obtain any incident reporting from them at the end of the regatta

As stated in the RCA Rules of Racing (Section 8.3), the Organizing Committee shall appoint a qualified person as the regatta Medical Advisor with specific responsibilities for ensuring that appropriate medical support and facilities are readily accessible to the regatta. First aid facilities on land at the regatta site and a rescue service on the water must be available at all times.

IN THE CASE OF AN EMERGENCY

Charge Person: The Chief Umpire, Malcolm Fletcher [604-562-0125] will assume the role of the charge person. This individual will take control of the situation and activate other components of the Emergency Action Plan.

Call Person: Derek Pattison [778-823-2991]

Dials 911 for emergency as directed by the Charge Person or Safety Officer

911 SCRIPT

- Follow the 911 dispatcher's prompts
- "My name is _____ Our regatta is at 3136 McBride Avenue, Blackie Spit, Crescent Beach, Surrey
- "The phone number I am calling from is: _____"
- Describe the nature of the emergency
- Request water rescue if appropriate
- DO NOT HANG UP!!
- Stay on the line and answer any questions asked by the dispatcher.
- Provide dispatch with an alternate phone number in case you're accidentally cut off.
- Minimize the use of walky-talkies and do not use them when passing confidential information.

For injuries

- "There is an injured person who needs an ambulance"
- "He/She is currently located _____ and is being provided first aid by _____"
- "We are sending _____ (name of person) to meet the ambulance at the entrance to Blackie Spit"
- Ask the dispatcher how long until the ambulance arrives and provide that information to the Charge Person as soon as possible.

Available safety equipment:

Safety boats will be along the raceway, the number required will be determined through conversations with the Chief Umpire. First Responders will be located at Blackie Spit near the registration tent. Umpires will use radios to communicate with each other. Communication between safety boats, umpires and First Responders will occur using cell phones.

Each safety boat will be equipped with the following:

- 4 lifejackets
- Heaving line
- Whistle – All of the umpires will have a mega horn
- Bailer or sponge to be used in the event of swamping or a rowing shell taking on a large amount of water.
- Blankets – silver or other
- Ladder (some boats have no ladder)
- Contact #'s of the chief umpire, safety officer, other safety boats, CSAR's boat, regatta chair
- Map of course with the position of other safety boats
- Paddle/s
- Toolkit

In the case of an on-water emergency, the following protocols will be followed:

For an on-water emergency, calm judgment must be used in assessing whether a situation is an emergency, or is likely to develop into an emergency.

SAFETY BOATS

- Getting an injured or unconscious person stabilized and ashore at a site accessible to emergency vehicles takes precedence over all else. Determine the quickest route to a suitable shore location
- Critical medical emergencies - **call 9-1-1** and follow the 911 dispatcher's prompts
- Have emergency crews meet at the nearest water access point from the list provided below
- If appropriate call the Royal Canadian Search and Rescue (RCSR) boat, as it will be the best boat in an emergency. (See phone list provided at the day of the regatta)
- If the injured or unconscious crew is in the water, make sure they have a PFD and are face-up. It may be necessary to assign another rower to enter the water to assist the injured or unconscious person. Determine and assign the person most qualified to help.
- First safety boat to call the nearest safety boat for assistance
- The second safety boat calls the Charge Person (Chief Umpire), Safety Officer, and/or Regatta Chair

Here are the safe landing spots that are vehicle accessible along the river:

Nico-Wynd Golf Course, 3601 Nico-Wynd Drive, Surrey 604 535 9511

Nicomekl Rowing Club, Elgin Heritage Park, Crescent Road, Surrey

Crescent Beach Marina, 12555 Crescent Road, Surrey 604 538 9666

Blackie Spit Park, 3136 McBride Avenue, Blackie Spit Park, Crescent Beach, Surrey

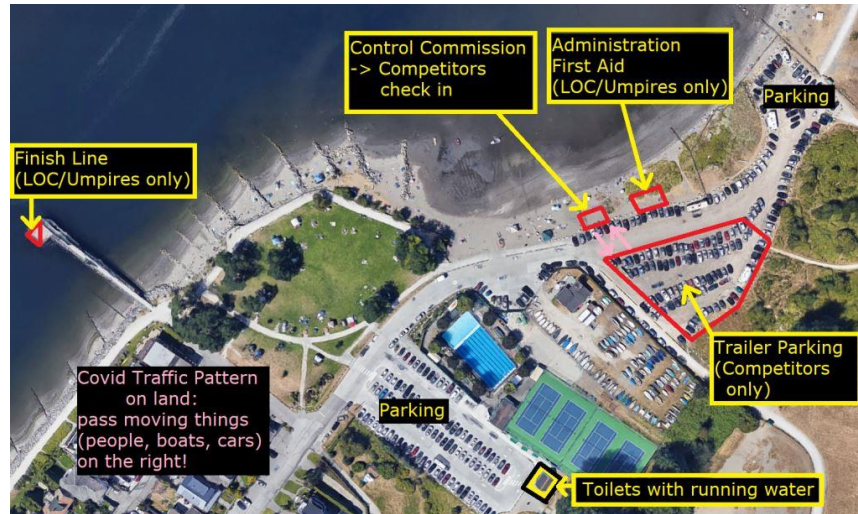
In the case of a medical emergency, the following protocols will be followed:

If an emergency occurs on land, the Regatta Chair or Safety Officer will contact the First Aid tent to obtain first aid at the site of the emergency or will assist with bringing the rower to the first aid tent. The Regatta Chair or Safety Officer will delegate a volunteer to locate the injured rower's coach and update the coach as needed.

First Aid Provider: First Responders will be available from 9am – 4pm

Location of First Aid:

The First Aid Tent is located in front of the beach and beside the Registration Tent. Certified first aid attendants from First Responders will be present for health emergencies.



Regatta Site: Blackie Spit Park, 3136 McBride Ave, Surrey, BC V4A 3E2

If the emergency requires emergency services, a guide will be sent to the paved parking area to direct the emergency personnel where to go.

Nearest Clinic:

Mercy Medical Clinic
2332 160th Street
Real Canadian Superstore
Saturday: Please call 778 358 5323 first

Nearest Pharmacy:

Safeway Pharmacy
12825 16th Avenue, Surrey
604 531 9694

Nearest Hospital:

Peace Arch Hospital 15521 Russell Avenue White Rock, V3V 1Z2 604 531 5512	Surrey Memorial Hospital 13750 96 Avenue Surrey, V4B 5M2 604 581 2211
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