



Head of the Nicomekl September 21, 2024 Regatta Package

Rowing BC sanctions this Regatta and the Canadian Rules of Racing defined by Rowing Canada Aviron will govern races. RCA Head Race Rules apply

The Location

The Regatta will be held at Blackie Spit Park in Crescent Beach, Surrey, BC. Blackie Spit Park is named after the dramatic spit that extends into Mud Bay at the mouth of the Nicomekl River. This is the best vantage point for cheering on your club members as they round the spit and the finish line comes into view. The park is an environmentally protected area – please take care.

Boats should be offloaded and placed on stretchers at Blackie Spit Park.

The Coaches and Team Representative meeting will be at 9:30 AM. It is mandatory that at least one representative from each crew attend.

Composite Crews are welcome. They must be designated as Composite Crews at registration. No competitor may compete for more than one club at the same regatta.

Novice rowers are those who were new to rowing after January 2023.

Line Up

The Line Up will assign lower bow markers to crews that are expected to be faster based on boat size, gender, skill level and other factors.

The order will be: Open, Juniors, Masters

The Races

The Class Race has awards for the top Men's, Women's and Mixed crews in each boat class (1x, 2x, 4's, 4x and 8+). Trophies will be awarded to the top Novice, Junior, Para and Open sculler or crew. Classes may be combined if insufficient entries for any one class are not received.

The afternoon race is a Trophy Race with all crews handicapped by age, gender and boat type to determine the overall Head of the Nicomekl Regatta winner for 2024.

The Launch

All boats are to be wet launched at the designated beach in Blackie Spit Park. Boats not launching from Blackie Spit will not be considered as regatta participants. Exception: Para rowers may launch from the Nicomekl Rowing Club dock at Ward's Marina.

All boats must proceed past the Control Commission.

For the morning Class Race boats must be launched between 9:45 am and 10:30 am and ready at the staging area by the start line before 11:00 am.

For the Trophy Race boats must be launched between 1:30 and 2.15 pm and ready at the staging area before 2:45 pm.

Please follow instructions from the Beach Marshalls. No late launching will be allowed.

The Row to the Start

After launching, proceed up river to the start area. Please follow instructions from the Course Marshalls. Enjoy the river. Take note of the position of course marker buoys and of any hazards that will need to be avoided while racing back.

All boats must be upriver of the start area by 11:00 am for the Class Race and 2:45 pm for the Trophy Race.

The Start

The Start Line may change for the Class morning race depending on the volume of boats. The actual start location may be changed by the Start Team as they see fit in the morning depending on crew volumes.

This is a running start headrace. Start between the buoys placed just ahead of the start line. Follow starter's orders. Starts will be in sequence of your bow number. There will be approximately 15-second intervals between boats.

The Course

The Nicomekl is a tidal river with many turns, shallows and obstacles. Navigation to avoid obstacles and shallows is part of the headrace.

There will be three buoys in a row as you approach the trestle, all boats must keep these buoys on starboard. For safety reasons, there must be no overtaking from these buoys until you have cleared the end of the trestle bridge approach. If you are overlapped with another boat, the behind boat must fall back to follow the lead boat. A Course Umpire will be on hand to determine which boat is in the lead – if your bow number is called and you are requested to fall back, you **must** follow the instructions of the Course Umpire.

Rowing between the northern/concrete spans of the trestle bridge is prohibited, and subject to immediate exclusion from the event.

The Finish

The finish line is off the end of the pier at Wickson Road. Two buoys will be placed just behind the finish line. **Finish between these two buoys.**

After the Finish

After the finish turn to port - away from the finish line. Proceed back to the launch area. Keep clear of boats approaching the finish line staying well to the inside bank and close to Wickson Pier. **Please return your bow number!**

Results will be posted following the races. Awards will be presented after the Trophy Race at approximately 4:15 pm.

Boats Not Finishing

If you do not to complete the course for any reason, please advise the nearest safety boat.

Risk

Competitors and crews participate in the races entirely at their own risk. The decision to race is that of the competing crew alone. The organizers will not accept any liability for material damage, personal injury or death sustained in conjunction with, or prior to, or during or after the event.

**Be guided by the rules of good sportsmanship.
Your safety and the safety of other participants are paramount.**

Regatta Schedule

9:30 am Pre Race Meeting at Registration Tent

CLASS RACE

9:45– 10:30 Launch window (tide 12 ft)

10:30 Beach Closed – All Boats Must Be Launched

11:00 All Boats at the Start Area

11:15 Start of the Class Race (tide 11 ft.)

TROPHY RACE

1:30 - 2:15 Launch window (tide 9 ft.)

2:15 Beach Closed – All Boats Must Be Launched

2:45 All Boats at the Start Area

3:00 Start of the Trophy Race (tide 9 ft.)

Trophies and Handicaps

We use the best information available in applying a fair handicap that levels the field between male, female and mixed crews, older and younger so that crews can judge how well they rowed against a broad competitive spectrum.

The organizing committee seeks to create a rewarding and high-level competitive experience. In order to be awarded first, second or third, there must be at least four competitors in the race. This ensures that each award represents a well-earned result where the competitors fought it out for the top three positions.

EVENT 1 *The Class Race*

Times are corrected for age only (see handicap table below) to determine the top men's, women's and mixed 1x, 2x, 2-, 4x/4x+, 4-/4+ and 8+. Medals will be awarded for the 1st, 2nd and 3rd best adjusted time in each class.

Best Junior Crew Trophy

Open to all entrants under age 18 years. Times are corrected for boat type and gender (see handicap table below) to determine the Best Junior Crew 2024. The Head of the Nicomekl Junior Cup will be awarded for 1st place with Medals awarded to 1st, 2nd and 3rd place crews.

Best Novice Crew Trophy

Open to all entrants who began rowing after January 1st 2023. Times are corrected for age, gender and boat type (see handicap table) to determine the best overall novice crew. The Head of the Nicomekl Novice Cup is awarded for 1st place with Medals awarded for 1st, 2nd and 3rd place crews.

Best Para Rower Trophy

Open to all categories & classification of rowers. The Head of the Nicomekl Trophy will be awarded for 1st place with Medals awarded to 1st, 2nd and 3rd place crews.

Best Open Crew Trophy

Open to all. Times will be adjusted for boat type and gender to determine the Best Open Crew. The Head of the Nicomekl Trophy will be awarded for 1st place with Medals awarded to 1st, 2nd, and 3rd place crews.

EVENT 2 – *The Trophy Race*

Head of the Nicomekl 2024 Trophy

With times corrected for age, gender and boat type (see handicap table) the Head of the Nicomekl 2024 Trophy will be awarded for 1st place, with medals awarded to the 1st, 2nd and 3rd place crews.