

COMMUNICABLE DISEASE RESPONSE PLAN HEAD OF THE NICOMEKL REGATTA SATURDAY, SEPTEMBER 25, 2021

BACKGROUND:

The Nicomekl Rowing Club (NRC) Local Organizing Committee has worked hard to implement a process for our club to hold the 2021 Head of the Nicomekl Regatta safely, and in line with provincial, federal and rowing association directives.

NRC has produced a document and processes to demonstrate measures to keep regatta rowers, coaches, umpires, volunteers, supporters, friends (collectively, the regatta participants) and our community safe.

The plan meets the requirements of Rowing BC and Rowing Canada Aviron for an Outdoor Event, COVID Safety Plan. Please see Appendix A.

The current Stage 3 Provincial Health Office guidelines and ViaSport Guidelines have been reviewed in compiling this plan. This plan may change subject to the British Columbia, Public Health Plan, Stage 4 being implemented, or if the Province of BC, Public Health Office returns to Stage 2.

The plan also complies with COVID-19 guidelines by the City of Surrey for the regatta venue.

As we progress, regatta participants will be notified of changes dependent on the direction given by Rowing BC, Rowing Canada, ViaSport and the B.C. Public Health Orders.

Prior to the start of the first race, in the event that any of the following determine that it is no longer appropriate to host a public regatta due to COVID-19, or for any other reason, the NRC recognizes that priority, and the event will not be held.

GOAL

To protect the health and safety of regatta participants and to protect the health of our community, by preventing the spread of COVID-19.

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REGATTA STAGING AREA

The Nicomekl Rowing Club regatta staging area is from the Control Center and Registration Tent to the beach in front of the parking lot at Blackie Spit Park, Crescent Beach.

The parking lots, beach, pier, walking trails, Blackie Spit, washrooms etc. are shared with the public and sailing club and are the property of the City of Surrey. This is a location that does not have controlled access. It is a public space and members of the public cannot be prevented from entering the site. Traffic cones will delineate the regatta staging area and regatta volunteers will direct members of the public and spectators away from the staging area and inform them that a regatta is taking place.

HEALTH PROTOCOLS

DAILY HEALTH CHECK

All regatta participants onsite during the event are required to complete a Daily Health Check and confirm their lack of COVID symptoms.

A NRC COVID Safety Officer will collect the Health Check data from individual rowing clubs and groups. The information must be provided by the clubs and groups to the registration desk. Contact information for the COVID-19 Safety Officer will be provided.

STAY AT HOME IF YOU ARE SICK

All regatta participants are responsible for watching for symptoms of COVID-19. These include, but are not limited to, cough, fever, shortness of breath, sore throat, stuffy nose, loss of sense of smell, headache and/or fatigue. (See <u>http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms</u> for complete list.) Symptoms can range from very mild to severe.

MASKS

It is recommended that regatta participants in high traffic areas, or who are in close proximity to others, wear a mask.

CONTACT TRACING

All regatta participants will complete and retain contact information on Appendix A: COVID Health Check and Contact Tracing.

See below for list of who is accountable/responsible for collecting and maintaining this information.

Type of participant	Who is responsible to ensure COVID Health Check and contact tracing is completed	Comment
Umpires/ officials	Chief Umpire	List of umpires, officials, associates or assistants & hours worked
Volunteers	NRC – Volunteer Coordinator	List of volunteers, assignment and hours worked
Rowers	Coach from each club	Maintain list of athletes, confirmed at commission control & regatta central
Coaches	Coach from each club	List of coaches from each club
Club friends/supporters	Coach from each club or designated member	Support to a club and interacting with participants
Spectators	Not feasible to track spectators on Blackie Spit/Crescent Beach as it is an open public area	n/a

This information is to be kept for 2 weeks by the NRC regatta Local Organizing Committee (LOC) for contact tracing, if required.

HYGIENE, CLEANING AND SANITIZING

Disinfectant spray will be available for equipment if required and will be kept at registration desk. Teams are encouraged to bring their own supply.

Hand sanitizer will be available at the registration desk, the control commission and the Portalets. Hand washing facilities, as required under the current health order, are available in the public washrooms in the parking lot.

FOOD AND WATER

No food will be provided by the regatta organization.

Regatta participants are encouraged to bring their own water/beverages. A small supply of bottled water will be provided by the regatta organization (available at registration tent).

LOCAL REQUIREMENTS

The City of Surrey does not have a capacity limit for Blackie Spit. This is not a seated event.

As this is a public area, directly attached to Crescent Beach, NRC is unable to regulate access.

A Communicable Disease Response Plan will be completed for volunteers and provided to the City of Surrey.

ACCESS TO BEACH LAUNCH AREA

Traffic flow will be clearly marked with cones and markers. The flow will be indicated on the site map. Volunteers will be present to guide participants and spectators with traffic flow.

Where possible spectators and the public will be informed by volunteers of the regatta restrictions and asked to not enter the regatta staging area.

Participant access will be controlled to the beach through the Control Commission.

It is recommended that physical distancing be maintained at the staging area and venue.

EVENT POLICIES

Any regatta participants who do not follow the procedures will be asked to leave the regatta venue.

The Nicomekl Rowing Club COVID-19 Safety Officer will have the power to stop the regatta at any time if COVID-19 protocols are not being followed.

In the event that the COVID-19 Safety Officer has stopped the regatta, and the reasons for that cessation of activity have been addressed, the COVID-19 Safety Officer, the LOC Chair, the Chief Umpire and a representative of the Emergency Medical Services provider or volunteer must collectively agree to re-start the regatta.

Any competitor who has to cancel due to the provisions of this document will not be provided a partial refund. There will be a partial refund for any scratch.

The LOC Chair and the COVID-19 Safety Officer will work with the Chief Umpire to determine if there are specific compliance issues related to the regatta officials either generically, or on an individual basis.

Beach Marshalls will be present to assist rowers in being spaced out from each other in accordance with physical distancing limitation as stated by Rowing BC and Rowing Canada.

Appendix A: COVID-19 Health Check and Contact Tracing

Each club/group is to provide this fully completed information to the registration desk prior to any type of regatta participation.

"STAY HOME IF SICK"

CLUB/GROUP: _____

Completed by _____

Please verify for each of your club/group regatta participants onsite during the regatta, that a COVID-19 Health Check has been completed: COVID-19 Health Check:

- 1. Are you feeling unwell?
- 2. Are you experiencing any new or worsening COVID-19 symptoms?

Fever	Chills	Loss of appetite
Cough	Sore throat/painful swallowing	Muscle ache
Shortness of Breath	Loss of sense of smell and/or taste	Fatigue
Nausea and/or vomiting	Diarrhea	

- 3. Have you been in close contact with someone who has COVID-19 or symptoms in the past 14 days?
- 4. Have you been swabbed due to experiencing COVID-19 symptoms and have a pending result?
- 5. In the last 14 days, have you been advised to self-isolate or quarantine at home by Public Health?

If you answered YES to any of the above questions, please do not participate in this regatta or be on site.

CONTACT TRACING LIST

Name of participant (rowers, coaches, umpires, volunteers, supporters, friends.)	Type of participant (rowers, coaches, umpires, volunteers, supporters, friends)	Phone number (if needed for contact tracing)



Outdoor Event COVID-19 Safety Plans

In addition to appointing a COVID-19 Officer and having a completed RCA Risk Assessment and Mitigation Checklist Tool on record, member organizations are required to create Outdoor Event COVID-19 Safety Plans prior to hosting events. Outdoor Event COVID-19 Safety Plans may be stand-alone documents or included in Event Packages. Member organizations must also complete an assessment of the execution and associated outcomes of the Outdoor Event COVID-19 Safety Plan and include it in the post event report.

Many existing COVID-19 club protocols can be extended to event delivery and be included in the Outdoor Event COVID-19 Safety Plan. Event specific requirements that must be included in the Outdoor Event COVID-19 Safety Plans are as follows:

REQUIRED

• **Daily Health Check.** All individuals onsite (event staging area, field of play) during the event, including event organizing personnel, rowers, coaches, umpires, and volunteers are required to complete a Daily Health Check.

Spectators who enter the event staging area must complete a Daily Health Check prior to or during the time of entry.

Spectators who are in an *isolated, designated* area who will not enter the event staging area at any time must complete a Daily Health Check prior or at the time of entry.

An individual appointed by the event organizers is responsible for ensuring that all individuals required to complete a Daily Health Check has done so.

- **Contact Tracing.** Event organizers are required to ensure that contract tracing is completed for all individuals onsite, including those in the event staging area, field of play and spectator areas.
- Hygiene, Cleaning and Sanitizing
 - Event organizers should provide soap and hand sanitizer for common areas and have additional PPE available onsite.
 - Event organizers should provide PPE, soap and hand sanitizer for all volunteers and other event personnel.

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- Handwashing stations must be well-stocked, visible and easily accessible to all participants
- Event organizers should ensure cleaning and sanitizing supplies are available for equipment used to deliver the event, including Umpire Equipment
- Provincial/Local Specific Requirements. Any provincial/local event specific requirements as outlined in provincial/local public health orders/restrictions should be included. Contact your PRA to learn more about provincial specific event restrictions and your local authority to learn more about local event specific restrictions if applicable.

ADDITIONAL CONSIDERATIONS

- It is strongly recommended that individuals in high traffic areas or who are in close proximity to others should wear masks.
- Refund/scratch policies should be clearly communicated and include any COVID-19 specifics if applicable
- COVID-19 Officers should work closely with Chief Umpires and PRAs to ensure Umpire specific needs as outlined by RCA are addressed in the Outdoor Event COVID-19 Safety Plan.
- Participants may not be familiar with the event venue. Capacity limits in common areas and traffic flow must be clearly marked and any restrictions to certain groups (e.g. spectators) must be clearly communicated before the event.
- All protocols and expectations, in addition to any ramifications for any transgressions, should be well-communicated to all participants.

Event Organizers are required to meet with their PRA and RCA to review the Outdoor Event COVID-19 Safety Plan prior to being granted event sanction.