

# HEAT SHEET



## Womens Masters 40+ (1k)

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<b>W 40+</b>			
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Sarah Dole	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Kim Tetterton	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET



## Mens Masters 40+ (1k)

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<b>M 40+</b>			
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Ronnie Bronstein	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Sean Ells	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	John Oleck	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Steve Vines	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	John Yannucci	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Ed Harris	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Derek Bingman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Jorge Engelland	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Bill Palmer	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Dave Ugan	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET



## Womens U19

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Molly KarenDansby	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Kaya Wingerson	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Noelle Zinn	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Liza Bowen	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Audrey Seward	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Melanie Bower	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Riley Olivero	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Natalie Ells	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Glenys Aleman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Harper West	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	Norah Petty	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	Meghan Krumm	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	Chloe Smiles	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	Lauren Deal	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	Callie Bullard	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	Anna La Sala	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	Gabby Beechner	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	Kirra Kenton	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	Lane_21	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	Lane_22	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	Lane_23	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	Lane_24	____:____.____

& LTWT

# HEAT SHEET



## Men's U19

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Robert Barton	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Benjamin Marks	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Avi Schenkel	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Nicolas Villanueva	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Anastasios Papadatos	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Brian O'Leary	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Jackson Frazier	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Sammuel Gish	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Luke Wassung	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Benjamin Bronstein	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	John Crawford	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	Dennis Garcia	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	Max Coltrin	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	Jackson Beckner	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	Spencer Tobelmann	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	Ace Bowen	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	Braydon King	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	David Sizinski	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	Michael Stallings	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	Zachary Tiflati	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	Justice Bakke-Snowden	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	Alexander Gannon	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET

## Men's LTWT U19



SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Evans Casterline	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Chrostopher Kallas	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Zane Menendez	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Archie Vincent	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Beau Hurst	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Ryan Blosser	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Edward Calvo	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Aiden Mack	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Cole Lefka	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Jack Raskin	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET



## Womens U17

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Genevieve Alexander	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Britt Wotovich	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Shaely Wacker	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Julia Engelland	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Kaylinh Tetterton	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Kaitlyn Mikulaninec	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Micah Welker	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Brooke Thompson	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Parker Hurley	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Emily Baenen	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	Cara Simons-Tully	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	Silke Fridley	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	Ashley Shepherd	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	Reese Bettger	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	Beatrice Wermuth	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	Madison Hilton	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	Annika Peterson	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	Elizabeth Boyette	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	Lane_22	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	Lane_23	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	Lane_24	____:____.____

# HEAT SHEET



## Mens U17

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Jeremy Bronstein	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Mitchell McLain	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Issac Perry	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Joseph Passetti	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Luke Barber	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Benjamin Dison	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Athony Smith	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Anthony Diglio	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Charles Stacy	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Elias van der Lee	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	Bryce Lefka	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	Scott Steinberg	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	Nathan Long	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	Charles Cox	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET



## Womens HS Novice/Freshman

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Mia Dansby	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Siera Leete	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Alaysia Rogus	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Berlynn Bradley	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Natasha Farris	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Dylan Morris	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Randi Coleman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Audery May	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Alyssa May	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Paula Molina-Longoria	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	Alexis Cresho	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	Macey Lincon	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	Skylar Moyer	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	Kylie Lehman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	Alana Holloway	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	Kali Tryon	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	Avery Peterson	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	Tessa Kelly	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____



# HEAT SHEET



## Womens HS Novice/Freshman

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Ella Oleck	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Sylvia Stark	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Athena Santana	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Emma Bennett	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Olivia Coleman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Kenley Bingman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Lily Miller	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Alyssa Eaddy	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Sofia Sinco	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Ariel Montoya	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	Gabriella D'Elia	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	Steissy Garcia Fernandez	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	Ava Henneman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	Addison Kohler	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET



## Mens HS Novice/Freshman

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Hudson Woods	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Liam Beadle	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Myles Sampson	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Leo McCauley	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Aiden Avellanet	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Luke Krzeminski	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Caelan King	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Calvin Frazier	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Nick Richey	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	Tomer Shaked	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	Arlen Mack	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	Cadden Caden	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	Teagan Cronk	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	Diego Amador	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	Damien Holloway	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	Olyn Klein	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	Cole Kizelewicz	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	Connor Fay	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	Jacob Bejarano	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	Sebastian Papasakellariou	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	Reid Reid	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	Payton Frank	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET



## Womens 7-8th Grade (1k)

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Kallie Anderkin	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Bella Avery	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Ava Buhring	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Harlow Chase	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Camila Doque	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Adriana Joseph	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Brynn Pressimone	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Nariya Robertson	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET



## Mens 7-8th Grade (1k)

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Adam CHORAK	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	Antonio Banciella	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Charles Battaglia	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	Conor Christman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Desmond Fitzgerald	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	Dharik Meisuria	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	Dylan Nardelli	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	Fernando Chirinos	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	Gavin Christman	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	James Hollingsworth	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	Jase Ramos	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	Joseph Romano	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	Korben Craig	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	Luke Riga	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	Max Olivieri	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	Neli Lawley	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	Nicholas Marathas	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	Pierce Bonnewell	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	Reese Benke	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	Stephen Passetti	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	Thomas Brown	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	Zachary Tetrick	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____

# HEAT SHEET



## Boys & Girls 10-12 4 Minutes

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	1	Michaela Barthelmes	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	2	Mac Brown	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	3	Rebecca Bronstein	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	4	John Miller	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	5	Sophie Dong	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	6	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	7	Bailey Patterson	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	8	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	9	Indiana Walker	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	10	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	11	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	12	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	13	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	14	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	15	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	16	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	17	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	18	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	19	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	20	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	21	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	22	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	23	EMPTY-	_____
<input type="checkbox"/> LW <input type="checkbox"/> HW	24	EMPTY-	_____

# HEAT SHEET



## Youth Women Coxswain Sprint (500m)

SUMMARY

Power Up Erg Race 2022

On Erg	Lane	Name	Score
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>1</b>	Lily McLain	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>2</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>3</b>	Sabrina Vincent	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>4</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>5</b>	Sjaylyn Vines	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>6</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>7</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>8</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>9</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>10</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>11</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>12</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>13</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>14</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>15</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>16</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>17</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>18</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>19</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>20</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>21</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>22</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>23</b>	EMPTY-	____:____.____
<input type="checkbox"/> LW <input type="checkbox"/> HW	<b>24</b>	EMPTY-	____:____.____