

Dogwood Junior Championship Regatta

Rules and Eligibility

April 27-28, 2019

Oak Ridge Rowing Association would like to welcome you to the 2019 Dogwood Junior Championship Regatta. This regatta serves as a season ending event for some as well as final event to prepare for the USRowing Southeast District Championships. The Staff's hope is to provide quality competition while making a race that all can participate in.

Check-in: 5:00PM - 7:00 PM Friday or 6:00 AM - 7:00 AM Saturday

Coaches and Coxswains Meeting: TBD AM, Saturday, at the ORRA's Boathouse

At least one representative from each crew must attend. All crews will be responsible for the information delivered at the meeting, regardless of attendance

Regatta Trailer Parking

Security will be provided from 7:00 P.M. Friday to 5:00 A.M. Saturday, as well as 7:00 P.M. Saturday to 5:00 A.M Sunday.

Registration

Online Entry Window closes on Friday at midnight, the week before the event.

- Entries should be made on the Regatta Central web site: <http://www.regattacentral.com>
- Teams may only enter one boat for the 1V events, if there is an additional 2V event. If there is not a 2V event, teams may enter multiple boats in the first event. This same rule applies if there is a "3rd" in the respective event.
- A final schedule will not be made until all entries are added.
- Late entries will be subject to Regatta Director approval. A coach must have written confirmation from the Regatta Director for the addition of any entry. Late entries will be an additional \$10 per boat. Late entries will not be added if they change the progression system of the event.
- Absolutely **NO** exhibition entries or races will take place at The Dogwood Junior Championship no matter what the circumstance

Rules of Rowing

The Oak Ridge Rowing Association, Dogwood Junior Championship Regatta will be in accordance with the 2019 USRowing Rules of Rowing, unless otherwise noted.

Entry Fees

Entry Fees can be found on the overview page of Regatta Central.

- No team fee caps for this event.
- Refund of fees for events cancelled due to acts of God are not refundable. Once entries are closed, no refunds will be given for any scratches.
- If a scratch takes place after the entry period is closed, it will not be reimbursed. Events with only one entry may be scratched and then that boat will be reimbursed.

Waiver Requirements

Every competitor must complete an online USRowing Regatta Liability Waiver. Competitors under the age of 18 must sign and have a parent or legal guardian sign an individual minor's waiver. Paper waivers will be accepted, but teams should make every effort to clean up their USRowing roster online. Each team must check in with registration before being able to participate to ensure that all waivers are in.

Awards/ Medals

Top three places are awarded medals provided if at least three boats rowed in their event. Only A Finals will be awarded medals. Medals will be awarded once results are official. Any medals that are not picked up by the end of race day will not be shipped.

Practice

Practice is available starting at **9am** on **Friday, April 26th, 2019**. Any competitors practicing on the course before the day of the regatta do so at their own risk. The Dogwood Juniors Regatta Committee will not be supervising the race course prior to race day. All competitors must be off the course prior to 8pm. Competitors may NOT practice on the course once racing in concluded for the day. The course will be closed once racing has concluded. Practice is not allowed the morning of either race day.

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Weigh In - Coxswain and Ltwt :

USRowing rule 4-106: Weighing of Competitors

(a) Competitors shall be weighed in racing uniform without shoes or other footgear. The racing uniform shall cover the torso of the competitor.

(b) The weight of Rowers in lightweight Events as described in Rule 4-104.3 ("Lightweights") shall be determined once PER WEEKEND during either the Weigh-in Window or the Adjusted Weigh-in Window, but not both, that applies to the first applicable Race of the day.

(c) Lightweight Rowers who fail to weigh-in during either the Weigh-in Window or the Adjusted Weigh-in Window shall be deemed ineligible to race.

(d) The weight of Rowers in lightweight Events as described in Rule 4-104.3 ("Lightweights") shall be determined once PER WEEKEND during either the Weigh-in Window or the Adjusted Weigh-in Window, but not both, that applies to the first applicable Race of the day. Each Rower shall have only one (1) initial opportunity to weigh in. A Rower within one (1.0) pound or less of the weight standard is allowed one (1) re-weigh within the same window as their initial opportunity. A Rower whose initial weight is greater than one (1.0) pound above the weight standard will be ineligible to compete in the Event.

(e) The weight of Coxswains as described in Rule 4-105.1 ("Coxswain's Weight") shall be determined once PER WEEKEND during either the Weigh-in Window or Adjusted Weigh-in Window but not both. In the event a Coxswain is weighed after the applicable Weigh-in Window or Adjusted Weigh-in Window but before the first Race in which the weight is relevant, the Coxswain may be subject to one of the penalties described in Rule 2-602 ("Types of Penalties"); the presumed penalty for such infraction is a Warning. Failure to weigh-in at any point in time prior to the first Race in which the weight is relevant shall constitute a violation of Rule 4-105.1 ("Coxswain's Weight") and result in the Coxswain being deemed ineligible to race.

(f) When an Adjusted Weigh-in Window is created due to a scheduling change, a Competitor may weigh-in during either the original Weigh-in Window or the Adjusted Weigh-in Window, but not both, provided the Competitor completes their weigh-in prior to the newly Scheduled Time of the Race and on the same day as the newly Scheduled Time of the Race.

USRowing rule 4-104.3 Lightweights

A lightweight Crew is one that complies with the requirements below.

(a) Youth Men's lightweight Crew, including a single Scull (1x), shall have no Rower that weighs more than 150 lbs.

(b) Youth Women's lightweight Crew, including a single Scull (1x), shall have no Rower who weighs more than 130 lbs.

USRowing rule 4-105.1 Coxswain's Weight

(a) All Competitors who are competing as a Coxswain must meet the following minimum weights and their weights shall be determined as provided in Rule 4-106 ("Weighing of Competitors").

(1) A Coxswain in an Event for men's Crews shall weigh at least 120 lbs. (2) A Coxswain in an Event for women's Crews shall weigh at least 110 lbs. (3) A Coxswain in an Event for mixed Crews shall weigh at least 120 lbs.

(b) Coxswains who do not comply with subsection (a) above shall carry deadweight in order to achieve the minimum weight. Any such deadweight shall be placed in the boat as close to the torso of the Coxswain as possible and such weight shall remain in the boat throughout the duration of the race.

(c) It is specifically forbidden to distribute deadweight throughout the boat.

(d) A Crew whose Coxswain does not to have their deadweight at the finish of the Race shall not be placed.

(e) At any time, before or immediately after the Race, the Referee, another Race Official, or a member of the Control Commission may require the weight of the deadweight to be checked.

(f) Excess clothing, Equipment, electronic systems, tools, or other utilitarian devices germane to competition, shall not be considered part of the Coxswain's weight and shall not be included as part of any deadweight required under subsection (b) above.

(g) Oak Ridge Rowing Association will provide up to **5 pounds of deadweight** (in the form of sand etc.) for a coxswain that does not make weight. Anything above 5 pounds, the team must provide.

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Dock Master

The Dock Master has absolute authority over the dock area. All competitors must return to these docks after their race. Each competitor is required to report in before boarding launching dock. Competitors not reporting in prior to last call will be scratched. This helps ensure the regatta stays on schedule.

Launching

Crews will launch from the input docks in the marina harbor. Docks will be marked with a colored flag (RED Closed, YELLOW Launch, and GREEN Recovery) to identify their accessibility during the event, this change is being done to allow the Dock Masters greater flexibility with dock management. There will be no time for equipment adjustment on the docks. Crews should plan to adjust foot stretchers and tie shoelaces after launching.

Hot Seating

Hot Seating is extremely discouraged. No special accommodations will be made for a crew to hot seat. See "reporting to the start" below.

Safety Equipment

Every competing boat must be properly equipped with a bow ball. Every competing boat shall also be equipped with quick-release shoes. Control commission will check before boarding launching docks (per rule 3-109).

Time Trial and Bow Numbers

Assigned Time Trial numbers for all boats will be distributed and provided by ORRA, either at the boathouse or when each crew launches for their event. Please return these to the dock master after your race. If bow numbers are not returned, the crew associated with the bow number will be charged \$10 per missing bow number. Any 7 - lane racing , bow numbers 1-7, will have to be provided by the visiting team.

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Rowing to the Starting Line

Traveling to the start, exit the embayment yielding to regatta traffic approaching on course. Cross the racecourse as directly as possible to far shore. Turn to port after clearing all course lanes. Marshalls will be along the course. DO NOT YIELD OR STOP INSIDE OF COURSE LANES. Crews can warm up with caution as they travel up the eastern shore toward the start. Maintain single file past the race course. Avoid doing practice starts until you pass the starting line. Boats must stop rowing when events on the course approach (150m). Please view the course maps for more info.

Warm up

Warm-up area Crews may proceed up stream past the railroad bridge and enter the warm up area (500m north of the bridge). Travel in a counter clockwise direction. Stay within site and audible distance of the start marshals. Check in with the start Marshal north of the bridge upon your arrival to the warm-up area.

Staging

Staging Area Staging crews will happen south of the bridge along the west shore. The "Staging Marshal" will call the race to line up in reverse lane order to enter the course. Check in with marshal upon arrival to the staging area.

Reporting to the Start

Each Crew is responsible for being attached to its starting station and ready to race two minutes before the Scheduled Time of the Race, whether or not announcements have been made by the Starter. If racing is delayed, Crews shall be responsible for being within voice range of the Starter and in a position to respond to instructions. A Crew that is not attached to its starting station at least two minutes before the Scheduled Time of the Race may be assessed a warning per USRowing Rule 2-602(b), "Types of Penalties" by the Starter. A Crew that is not attached to its starting station by the Scheduled Time of the Race may be excluded by the Starter. If racing is delayed, the Starter may announce a new racing time, which shall have the same effect as the original Scheduled Time for purposes of this rule.

Equipment Failure Prior to Start

If a Crew suffers broken equipment after launching but prior to entering the Starting area, it shall stop rowing and immediately signal to the closest Race Official. The Race Official shall inspect the equipment for damage. If the Race Official determines that there is broken equipment, the Race Official shall communicate with both the Starter and Chief Referee to determine if the Crew will be able to race.

The Finish

Finish Area Crews should exit the finish area as soon as possible after the "Regatta Official" has raised the white flag signaling that the race is "Official". A warm down area will be provided beyond the course for 250m. Crews should not travel around the next river bend while warming down. Crews will exit the finish area between the course and the finish line tower, stay off the course while exiting the course. Do not stop on the finish line while leaving the course.

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Event Definitions

- Youth/Junior: A Youth is a Competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A Competitor thus ceases to be a Youth after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full-time student, whichever is later.
- U-17: A Competitor may compete in the U17 category until December 31 of the year of his or her 16th birthday.
- U-15: A Competitor may compete in the U15 category until December 31 of the year of his or her 14th birthday.
- Mixed: A Crew competing in a mixed Event must be 50% male and 50% female, not including the Coxswain
- Women's Division: Female rowers and scullers only.
- Men's Division: Male rowers and scullers only.

Progression

ENTRIES	Time Trial	Crews to Advance	HEATS	SEMI-FINALS	Crews to Advance
1 - 7					FINAL ONLY
8 - 14	-	-	2		3 +1 on time to FINAL
15 - 21	1	14 to Semi-Finals	-	2	3 +1 on time to FINAL
22+	1	21 to Semi-Finals	-	3	2 +1 on time to A FINAL, next 7 times to B FINAL

Order Of Events

The most current event schedule will be available via HereNow. Please note that the regatta schedule is tentative and subject to change based on the circumstances of the event. Teams are expected to check Regatta Central and HereNow timing to ensure proper launch times. If weather does become a problem, the Regatta Director and the Chief Referee will notify all participating crews on any potential changes. The Regatta Director retains the right and authority to alter the schedule.

The regatta is currently expected to start Saturday (April 27, 2019) at 8:00 A.M. with docks opening 45 minutes prior to the first scheduled event. Regatta progression will be as follows Time Trials (for events with more than 15 entries), followed by Heats (for events with 14 entries or less), Semi-Finals (as needed from Time Trials) then Finals ending by 4:00pm on Sunday;

1	Mens Jr 4+	23	Mens Jr Ltwt 8+
2	Mens Jr 1x	24	Womens Jr 2nd 4+
3	Mens U-17 1x	25	Womens Jr 3rd 4+
4	Womens Jr 4x	26	Mens Jr Ltwt 4+
5	Womens U-17 4x	27	Womens U-17 2x
6	Mens U-17 8+	28	Mens U-17 4+
8	Womens Jr 2nd 8+	30	Womens Jr 2x
9	Womens Jr 3rd 8+	31	Mens Jr Ltwt 2x
10	Mens Jr 2-	32	Mens Jr 8+
11	Womens Jr 2-	33	Womens Jr 8+
12	Mixed U-15 8+	34	Womens Jr Ltwt 2x
13	Mens Jr 2nd 8+	35	Mens Jr 2x
14	Mens Jr 3rd 8+	36	Womens U-17 4+
15	Womens U-17 8+	38	Mens U-17 2x
17	Mens Jr 4x	39	Womens Jr Ltwt 4+
18	Mens U-17 4x	40	Mens Jr 2nd 4+
19	Womens Jr 1x	41	Mens Jr 3rd 4+
20	Womens U-17 1x	42	Mens U-15 8+
21	Womens Jr 4+	43	Womens U-15 8+
22	Womens Jr Ltwt 8+		