

# Oak Ridge Rowing Association



## Atomic City Turn & Burn 2017 Regatta Packet

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## What is the Atomic City Turn & Burn?

The Oak Ridge Rowing Association is excited to announce the 1st Annual Atomic City Turn and Burn Regatta to be held on Saturday, March 25th 2017 at Melton Lake!

This is a unique invitational regatta which will combine both a 5k time trial in the morning and a 2k sprint in the afternoon. Crews from the morning 5k trials will be seeded into afternoon flights and medals will be awarded to the first place lowest combined 5k and 2k time in each event!

This first year regatta will be open to Juniors only, with the exception of a few masters events run in the 5k morning time trial as a scrimmage.

Oak Ridge Rowing Association is excited to add this unique regatta to our schedule this year and years to come!

# Schedule

	TIME	EVENT
<b>5k Race</b>	9:00 AM	Mens V8+
	9:10 AM	Mens 2V8+
	9:20 AM	Womens V8+
	9:30 AM	Womens 2V8+
	9:40 AM	Mens 4+
	9:50 AM	Womens 4+
	10:00 AM	Mens 4x
	10:10 AM	Womens 4x
	10:20 AM	Mens 2x
	10:30 AM	Womens 2x
	10:40 AM	Mens 1x
	10:50 AM	Womens 1x
	11:00 AM	Mens Novice 8+
	11:10 AM	Womens Novice 8+
	11:20 AM	Mens Novice 4+
	11:30 AM	Womens Novice 4+
	11:40 AM	Middle School 8+
	11:50 AM	Masters Mens 8+
		Masters Womens 8+
		Masters Mixed 8+
	12:00 PM	Mens 4+
		Womens 4+
	12:10 PM	Mens 4x
		Womens 4x
<b>2k</b>	1:00 PM	Mens V8+ Flight 1
	1:08 PM	Mens 2V8+ Flight 1
	1:16 PM	Womens V8+ Flight 1
	1:24 PM	Womens 2V8+ Flight 1
	1:32 PM	Mens 4+ Flight 1
	1:40 PM	Mens 2V4+ Flight 1
	1:48 PM	Womens 4+ Flight 1
	1:56 PM	Womens 2V4+ Flight 1
	2:04 PM	Mens 4x Flight 1
	2:12 PM	Womens 4x Flight 1
	2:20 PM	Mens 2x Flight 1
	2:28 PM	Womens 2x Flight 1
	2:36 PM	Mens 1x Flight 1
	2:44 PM	Womens 1x Flight 1
	2:52 PM	Mens Novice 8+ Flight 1
	3:00 PM	Womens Novice 8+ Flight 1
	3:08 PM	Mens Novice 4+ Flight 1
3:16 PM	Womens Novice 4+ Flight 1	
3:24 PM	Middle School Mixed 8+ Flight 1	

- The times corresponding with events will be rough times and may change due to entries and weather.
- After racing the 5000 meter race, teams will be seeded based on 5k times to compete in the 2000 meter race.
- Seeding will be based on fastest 5k time in the following lanes: Lane 3,4,2,5,1,6.
- Teams will be given a head race bow number per boat and will keep this bow number

# Rules & Regulations

## Entries

All entries will be taken on Regatta Central. Fees for events cancelled due to acts of nature are not refundable. No refunds will be given after regular registration is closed. If a team decides to no longer attend, fees will be refunded up to a week before the regatta.

## Practice

Any competitors practicing on the course before the day of the regatta do so at their own risk. The Atomic City Turn & Burn Regatta committee does not schedule supervised practices.

## Registration

Coaches are required to check in at registration in the boathouse erg room during the following times:

Friday, March 24<sup>th</sup>: 5:30pm-8:00pm

Saturday, March 25<sup>th</sup>: 6:00am-8:00am

Coaches will pick up all bow numbers for all registered boats and ensure that all payment is in. Teams will not be able to participate until payment is submitted.

## Coach&Cox Meeting

The C&C Meeting will take place in front of the boathouse at 7:30am on Saturday, March 25th.

## Safety Equipment

Every competing boat must be properly equipped with a bow ball. Every competing boat shall also be equipped with quick-release shoes. Control commission will check before boarding launching docks (per rule 3-109).

## Hot Seating

Coaches must notify the Regatta Director of their intention to hot seat. Events will not be held up to accommodate hot seating crews. Hot Seating must be approved if it may create a delay. As seen on the mock schedule on the overview page of regatta central, there is not much down time between events. Crews must take this into consideration when submitting entries.

## 5000 Meter Race - Morning

Crews are expected to launch with enough time to start on their own. No announcements will be made. Crews will check in with the Dock Master at the Launch Dock. Right hand rule is applied when rowing out of the embayment. Crews will cross the 2000m course and row up along the county side of the river. Marshalls will direct crews up the river and into the warm up area before the start. Referees will call each crew in order to start.

## Warm up

Once boats are upstream of the starting line, they may use the part of the river above the starting chute and the large orange upstream buoy to warm up. Crews should be conscious of the fact that other boat traffic on the river will not be suspended during the morning head race. Traffic may be encountered.

## Staging

Approximately 10 minutes before the scheduled start of their event, boats should proceed to the staging area just upstream of the starting chute on the park side of the river and line up in numerical sequence of boat numbers. USRowing officials will assist in the staging area. The start chute will consist of the shore on the starboard side and a row of buoys on the port side

## Equipment Failure Prior to Start

If a competitor loses his/her bow marker or experiences equipment breakage prior to Start, he/she should notify Marshals as soon as possible upon entering the chute.

## The Start

The head race will begin upstream from the Melton Hill Marina at the Anderson County Gibbs Ferry Park on the Clinch River.

All boats must pass through the starting chute to begin the head race. The spacing between each boat in an event will be about 15-20 seconds (or 3-4 boat lengths). The starting marshal will direct each boat to begin rowing in the chute. The start official may direct a crew to stop rowing in the chute if the spacing is too small. There is **absolutely no passing** in the chute.

## The Race

During the race, boats should keep the large course buoys on their port side (coxswain's left) at all times. The yellow/orange buoys must always be on the port side. Hazards areas on the starboard shore will be marked with red buoys. Passing a course buoy with the buoy on the starboard side will result in a 30 second time penalty for each buoy violation, if seen. The only exception will be at the finish line, where double buoys mark the finish line gate. USRowing officials will be stationed along the course to monitor this as well as for safety.

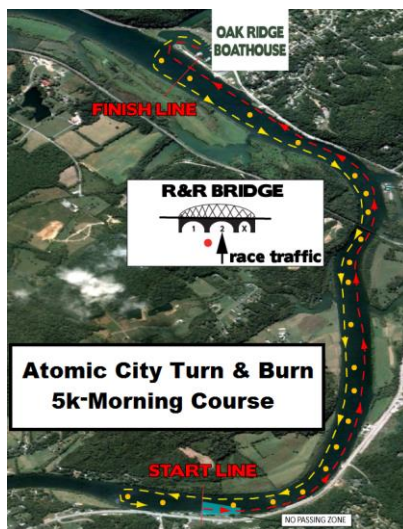
Please note the all lane buoys will be in the water for the 2000m course. As crews start to turn into the last straightaway, crews will need to travel in lanes 3,4,5 or 6, with 3 being the fastest lane. Crews will not be penalized if this does not happen, but it will be expected and the fastest course.

## Passing and Being Passed

Slower boats must give way to overtaking crews, allowing the overtaking crew the shortest course. Failure to give way may result in a **time penalty of 15 seconds**, if seen. Usually, the crew being overtaken should yield to the starboard.

## The Finish

The finish line is immediately in front of the 1500m line that is just upstream from the harbor entrance. Two large orange buoys will mark the finish line. All boats must cross the finish line between the buoys for your time to be recorded. Keep rowing after you cross the finish line. Do not stop on or near the finish line! Boats should turn toward the Oak Ridge bank and proceed in toward the harbor entering on the right side of the mouth of the harbor.



## 2000 Meter Sprint

Crews are expected to allow enough time on their own to get to the starting line prior to the start of the race. No announcements will be made.

## Coxswains

May be of either sex for any event. Any experience level. No weight restrictions apply. Coxswains are not required to weigh-in.

**Lane Assignments**

Lane Assignments will be seeded based on 5k times. Teams will be seeded fastest to slowest in this order: Lane 3,4,2,5,1 & 6. If an event has more than 7 crews, we will go to a second flight.

**DO NOT YIELD OR STOP INSIDE OF COURSE LANES.** There should be large pink buoys to mark outer limits of racecourse. Crews can warm up with caution as they travel up the eastern shore toward the start. Maintain single file past the racecourse. Avoid doing practice starts until you pass the starting line. Boats must stop rowing when events on the course approach (150m).

**Warm-up area**

Crews may proceed up stream, above the railroad bridge. Travel in a counter clockwise direction. As your race time approaches, please return to the Staging area that begins between the start dock and the railroad bridge. Stay within site and audible distance of the start marshals.

**Staging Area**

Marshals will stage crews between the railroad bridge and start docks. Marshals will call the race to line up in reverse lane order to enter the course. Check in with marshal upon arrival to the staging area to ensure that you are slotted correctly at the start platform.

**Finish Area** - Crews should exit the finish area as soon as possible after the Regatta Official has raised the white flag signaling that the race is "official". A warm down area is provided beyond the course for 250m. Crews should not travel around the next river bend while warming down. Crews will exit the finish area between the course and the finish line tower, stay off the course while exiting the course (roadside/West). Do not stop on the finish line while leaving the course.

**Course**

Rowing will be northwest to southeast downstream from the start near Calhoun's Restaurant to the UT-Battelle Finish Tower. The distance markers are placed on the eastern shore and will count toward the finish (0000 | 0500 | 1000 | 1500 | 2000). The course will include six (6) buoyed lanes with lane markers hung from the starting bridge.

The lanes will be numbered from left to right (0 | 1 | 2 | 3 | 4 | 5 | 6). A "Starter's Tower" will also be utilized to aid in the teams viewing of the starter's flag.



## Results

Results for both the 5000 meter race and 2000 meter sprint will be posted separately and can be found on the Atomic City Turn & Burn Regatta Central Site and on Twitter (@OakRidgeRowing)

Once a boat completes both races, Oak Ridge Rowing Association will add both events together to find the sum and final time. Placings will be based on the fastest combined time of both events.

Oak Ridge Rowing Association will host a small awards ceremony on stage in the middle of the trailer area to present unique Atomic City Turn & Burn Medals to first place only, in each event.

## Payment

The following fee structure will be implemented for the Atomic City Turn & Burn 2017:

**Eights: \$90.00**

**Fours: \$60.00**

**Quads: \$60.00**

**Pairs: \$40.00**

**Doubles: \$40.00**

**Singles: \$30.00**

Crews are welcome to enter as many boats as they would like for this unique regatta. Fees will be capped at \$1000.00. No matter the number of entries, teams will not pay over the fee cap.

# Parking

- **NEW AS OF 2016! Oak Ridge Rowing Association is now offering premium parking to spectators! At a first come first serve basis, spectators will be able to purchase a limited number of parking passes for \$10 for continuous access to the boathouse parking lot.** Limited supply. If you do not have a parking pass, you will not be allowed in the boathouse parking lot. Volunteers will be on site to assist you. Parking passes will be sold at the entrance of the parking lot, the morning of the regatta.
- Boosters are required to purchase a parking pass to enter into the parking lot and set up their team tent for the Atomic City Turn & Burn.
- Parking at the Oak Ridge Rowing Venue is controlled. Volunteers will be on hand to assist you.
- As the regatta continues to grow in size parking for teams and spectators become limited. Please follow the posted signs to the appropriate parking areas.
- Trailers are to set up in marked area and tow vehicles are not permitted to park in trailer parking area. Check-in with ORRA Office prior to parking any shell trailer or unloading of equipment to Oak Ridge Rowing Venue.
- Buses will be allowed to drop off athletes in parking lot in front of boathouse. Buses will be required to park in a designated area off site.
- Spectator parking is allowed down both shoulders of Melton Lake Drive. PLEASE USE CAUTION WITH TRAFFIC.
- Handicap Parking will always be available in the boathouse parking lot.

## Masters

The 2017 Atomic City Turn & Burn is open to Juniors only. However, for 2017 ORRA is offering select masters teams to come and participate in the 5000 meter race section of the regatta.

Masters events are limited to the following events:

Men's/Women's/Mixed 8+

Men's/Women's 4+

Men's/Women's 4x

Masters fees will be included in the \$1000.00 cap, if they are racing under the same program.

Masters who come in first place in their select event will receive medals.

Masters are welcome to cookout after their 5000 meter race with the Atomic Masters, if interested. Cookout food will be provided. BYOB.