MHRC to Start
- Rows to the #6 like normal, then to the water ski line, turn port on north side of water ski line, then to #2

Hobie Hill Beach to Start
- Rows to water ski line and then follow MHRC to #2

RMRC to Start
- Rows straight to #2

The course is the dam face/rocks to 110 meters off of the dam. Lane 6 is closest to the dam. Lane 1 is out away from the dam. Like the referee looks at the draw sheet to the finish!
Outside of the course will have the red triangular triathlon buoys. Finish line will be the two big YELLOW triathlon buoys ONE STROKE PAST THE BUOYS IS THE FIISH LINE!

MHRC to Dock
- Finish, around sand bar, back into the marina like normal. Do not catch your coaches wrath by rowing straight to the dock over the sand bar. I warned you here.

Hobie Hill Beach to Dock
- Finish, around sand bar, row to #6, back to your beach.

RMRC to Dock
- Finish, around sand bar, row to #6, turn and row to water ski line and then home.