



# **Row Ontario Small Boat Regatta**

Saturday September 18<sup>th</sup>, 2021

Hosted by the Welland International Flatwater Centre (South Course)  
270 Colborne St. Welland, ON L3B 3M9

## **OFFICIAL REGATTA INFORMATION PACKAGE**

**Regatta Chair:** Andrew Backer  
**Chief Umpire:** Meredith Smith  
**COVID Officer:** Lisa Roddie

### **BACKGROUND INFORMATION**

After more than a year without racing the Row Ontario Small Boat Regatta is the ideal event for rowers of all ages and abilities to test themselves over 2000m.

### **REGATTA INFORMATION**

The Row Ontario Small Boat Regatta is a Time Trial, to Finals (A, B, C +) regatta for Singles (1x) and Doubles (2x)

Please see RegattaCentral for a course map. All athletes and crews **will follow the posted warm up, racing and cool down flow pattern.**

Row Ontario reserves the right to cancel the regatta if changes in COVID restrictions, no longer permit us to run a safe regatta. In this situation, refunds will be in full. The regatta may also be canceled or modified if the number of entries dictate such.

### **EVENT LIST**

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place medals will be awarded in the following categories.

U17	Women & Men
U19	Women & Men
U21	Women & Men
U23	Women & Men
Senior	Women & Men

For a gold, silver, and bronze medal to be awarded in a category, there will need to be a minimum of four boats that race in that category. If there are only three boats, only a Gold and Silver will be awarded. If just two boats, only the Gold will be awarded.

All 1x will race as one event, and all 2x will race as one event. All entries (1x & 2x) for time trials will be seeded at the discretion of and to the best ability of Row Ontario,

recognizing that there has been no racing for 2 years, the plan is for up to 1-minute intervals between boats in the Time Trials.

For each of a clubs' 1x entries and 2x entries, coaches are asked, to the best of their ability, to rank all their entries (per event 1x then 2x) A, B, C, D etc. regardless of age category to assist us in develop a rank order start list for the time trials.

## **PROGRESSION FORMAT**

Following time trials, Athletes and Crews will be seeded into Finals (A, B, C, etc.) by gender & boat class.

## **COMPETITION - SCHEDULE INFORMATION**

Athletes and coaches are required to complete the COVID screening tool and check in form and confirm completion when arriving on site. More information and required links are below under COVID Policies. All athletes will be required to show appropriate identification (see below) at time of check-in. ID will not be checked at Control Commission.

### **COACHES MEETING: Friday September 17<sup>th</sup> at 7pm via Zoom**

There will be no Coaches Meeting the day of the regatta.

ALL clubs are required to have at least 1 representative at the coaches meeting, for instructions from the Regatta Chair and Chief Umpire, as per Rule 8.6 of the 2018 RCA Rules of Racing.

The Zoom link for the meeting will be shared with all clubs no later than Wednesday September 15<sup>th</sup>.

Clubs that do not sign in at the coaches meeting will not be permitted to race. The Club representative in attendance is responsible for conveying all information from the coaches meeting to all participating athletes and coaches. All participants are expected to be familiar with the information conveyed at the coaches meeting.

Hardcopies of the draw will not be distributed. The draw, progressions and results will be available online in RegattaCentral and through WhatsApp.

The minimum interval in the Time Trial will be as per the Rules of Racing.

The minimum race interval in finals will be 6 minutes.

Athletes and crews will be permitted to launch no earlier than 60 minutes prior to their posted start time and no later than 40 minutes prior to their posted start time.

## Potential Draft Schedule

Start time	Event	Launch time
9:00am	1x Time Trials [Men/Women]	8:00am
11:30am	2x Time Trials [Men/Women]	10:30am
2:00pm	1x Finals followed by 2x Finals [finish with the A Final]	1:00pm

### *Regatta Office Hours*

There will be a small outdoor regatta office in the Pavilion on site. Any issues can be taken there or by calling (226) 926-9374.

### **Course Practice Times**

The course will NOT be available for practice at this regatta.

## **ELIGIBILITY**

All events are open to participants from any Row Ontario member club in good standing. Athletes and coaches must be listed on their Club's RegattaCentral roster.

Clubs with outstanding fees (including but not limited to Club Membership, athlete registration, entry fees, seat fees) not paid by 7:00am on Sunday September 12<sup>th</sup> will not be permitted to race in any event.

a) Participant Eligibility	<ul style="list-style-type: none"> <li>Registered and active member of a Row Ontario member club in the appropriate role (e.g., athlete or coach)</li> <li>Registrations must be activated in the RCA Web Registration System in order to be valid</li> </ul>
b) Under 17	<ul style="list-style-type: none"> <li>Open to eligible athletes born in 2005 or later</li> </ul>
c) Under 19	<ul style="list-style-type: none"> <li>Open to eligible athletes born in 2003 or later</li> </ul>
d) Under 21	<ul style="list-style-type: none"> <li>Open to eligible athletes born in 2001 or later</li> </ul>
e) Under 23	<ul style="list-style-type: none"> <li>Open to eligible athletes born in 1999 or later</li> </ul>
f) Senior	<ul style="list-style-type: none"> <li>Open to all eligible athletes</li> </ul>

## IMPORTANT: I.D. REQUIREMENTS

All competitors will be required to show proof of age and identity at the Athlete/Coach Check-in upon check-in by producing government-issued documentation with a photo. Identification will only be accepted if it includes the athlete's birthdate AND photo. If two pieces of identification are required to meet these requirements, competitors are required to show both at registration. A photo of identification on a cell phone will be accepted, so long as it is clear and has no evidence of tampering.

## ENTRY DEADLINES AND PAYMENT TERMS

All entries and all payment of entry fees will be completed through RegattaCentral, without exception. Entries, completed in full, must be submitted online by Monday September 13<sup>th</sup>, 2021, at 11:59PM.

Entries will only be accepted with full payment. Any entries for which payment has not been received after the deadline will be deleted.

A preliminary race draw will be posted on RegattaCentral on Wednesday September 15<sup>th</sup>, 2021. Any further updates will be published on RegattaCentral and Regatta Master.

### *Entry Fees*

Boat Class	Base Entry Fee	Row Ontario Seat Fee	RCA Seat Fee	Total Entry Fee	
1x	\$45+HST	\$50.85	\$2.00 +HST = \$2.26	\$3.50	\$56.61
2x	\$90+HST	\$101.70	\$4.00 +HST = \$4.52	\$7.00	\$113.22

### *Late Entries*

Late entries will NOT be accepted for this regatta. Only entries submitted by the deadline will be accepted.

## Substitutions

Rule 7.6 (Crew changes before the First Heat) will apply for 2x events. The substitute must meet all eligibility and entry requirements as listed above.

Substitution requests will be accepted during the following times:

September 14 <sup>th</sup> 9:00 am – September 17 <sup>th</sup> 4:00 pm	<a href="mailto:greta@rowontario.ca">greta@rowontario.ca</a>
September 18 <sup>th</sup> two hours before race time.	in-person at the Athlete/Coach Check-in

Substitutions will not be permitted for single scullers.

## **Scratches**

There will be no scratch fee for this regatta, however there will be no refunds for scratched entries after the entry deadline. With the requirement of COVID screening anyone who does not pass the screening and is unable to enter the regatta site will be considered a scratch.

## **RCA RULES OF RACING EXCEPTIONS**

This regatta will follow the 2018 Rowing Canada Aviron Rules of Racing, with the Exceptions (per Rule 1.6) below:

- 2.3 Categories of Rowers and Proof of Age and Identity  
Please see the description of and rationale for event categories above as well as the requirements for identification.
- 7.2 Draws  
Draws will be made available three days in advance of the regatta.
- 7.6 Crew changes before the First Heat  
There will be no substitutions permitted for single scullers.

Substitution requests must be approved at least 60 minutes before the start of the Time Trial.

## **RESULTS**

Results will be posted online using RegattaCentral and Regatta Master.

## **PARKING**

Parking will be in the City of Welland lot on Colborne Street, just north of the train bridge. This lot is reserved for athletes, coaches, and other club volunteers. There will NOT be any sort of shuttle service so everyone must plan to walk to the trailer area.

Parking at the boathouse is designated for volunteers, staff, and umpires.

## **SITE ACCESS**

Access to the trailer park at the boat house, and docks will only be permitted to athletes, coaches, and designated volunteers. **Spectators are not permitted.**

## **SITE AMENITIES**

Please note there will be no food vendors at this regatta. Competitors are encouraged to bring their own water; there is access to a water hose at the boat house and there will be bottles of water available in case of emergency at the Start, Finish, and Medical. The municipal water truck will not be present for this event.

There will be no indoor shelter available at the regatta site. The regatta will be canceled in the event of inclement weather. Clubs are recommended to bring their own tents in the event of rain/sun etc. Trailer sites will be large enough to accommodate trailers and a shelter structure. Athlete, coaches, and other club volunteers are recommended to remain around their team trailer site, unless racing, using the washroom or getting water.

There will be ample portable washrooms on the regatta site for the use of athletes, coaches, and regatta volunteers. Portable washrooms will be placed in different areas to avoid large gatherings waiting for a washroom. Please avoid congregating around the portable washroom areas.

## **COMMUNICATION**

Regatta communication will be distributed through WhatsApp, including progressions and draws for finals. Please join the group at this link.

<https://chat.whatsapp.com/KaTaaQsXjcqJlbttvLcgY4>

## **COVID POLICIES**

All athletes, coaches, volunteer, umpires, staff etc. attending the regatta must complete a COVID self-screening as well as complete a contact tracing check-in form.

The link to the self-screening tool, is:

<https://covid-19.ontario.ca/screening/customer/>

The link to the Contact Tracing Check-In form, is:

<https://forms.office.com/r/MxkvJX5Fux>

The QR code for the contact tracing check in form is:



**All persons will be asked to show verification that both the self-screening and the contact tracing check in form have been completed at the Check-in Desk, prior to entering the regatta site.**

For the self-screening tool, a picture or screen-capture of the green checkmark screen, showing validation date is required to be shown at the Check-in Desk. For the contact tracing check-in form, a screen-capture or copy of the confirmation email that you will receive is required to be shown at the Check-in Desk.

Please complete the forms not earlier than 4:00am on September 18<sup>th</sup> and prior to arriving at the venue. Please do not complete forms while driving.

Please plan for this process to take 5-10 minutes as you enter, so arrive early, and avoid crowding.

Any individual who does not receive a green screen and check mark after completing the self-screening tool, or does not have proof of completing the contact tracing check-in form will be denied entry to the regatta site.

All individuals entering the regatta site must be affiliated with either the organizing committee (staff, volunteer, umpire etc.) or a competing club (athlete, coach). Competing clubs are asked to ensure that all their attending members, including coaches, managers, and athletes, have reviewed the COVID safety information included in this package and in the Regatta COVID Safety Plan (Appendix A), have completed the COVID contact tracing check-in form and complete the COVID self-screening tool before regatta site entry.

All attendees (athletes, coaches, volunteers, umpires etc.) are asked to bring their own PPE (masks, gloves, Ziplock bags, hand sanitizer), but limited stock will also be available upon request.

Items provided by the regatta such as walkie-talkies will not be shared between volunteers/umpires. Clubs providing equipment to their athletes should either not share equipment or have cleaning supplies to use on equipment between uses.

Food, drink, and other personal items (tools, clothing etc.,) should be kept in sealed containers while at the regatta site. This includes bottled water which should be inside their own sealed bags.

Launch windows have been extended to 60 minutes before race time. This is to accommodate for slow launching off the docks and encourage distancing between athletes. Please plan to line up with 2m between crews while waiting for dock space.

When launching, all personal items (shoes, water bottles, etc.) must be taken in the boat or removed by a coach/volunteer. No items left on docks. Oars must be brought down with the shell, not in advance.

Masks are recommended to be always worn. Masks are required to be worn when individuals are likely to come within 2m of each other (trailer loading/unloading, docking/launching etc.) and when approaching Control Commission. Masks may be removed by athletes if they choose once they have pushed off the dock. Although no indoor space will be open at the regatta, if anyone should need to go indoors for any reason, a mask is always required indoors.

If you or anyone associated with your team feels ill with COVID symptoms at the event, they should contact the Regatta Office and proceed to the designated COVID isolation area unless they can simply leave directly from the site. Anyone providing care for the isolating individual can access PPE from the Regatta Office. Ziploc bags for disposal of soiled items can also be found at the Regatta Office. Anyone who travelled with the person reporting COVID symptoms should leave at the same time.

## **MEDICAL SERVICES**

A clearly marked medical tent, staffed with a certified City of Welland lifeguard, will be located at the finish line on the West shore (finish tower side), with access to a coach boat to assist an athlete on the water with immediate need.

A secondary medical tent, staffed with a certified City of Welland lifeguard, will be located at the boathouse for any medical needs in that area. All medical staff and regatta officials will have access to a phone to call 911 if required.

All questions should be addressed to Andrew Backer [andrew@rowontario.ca](mailto:andrew@rowontario.ca)