



RowOn Masters Championship Regatta

Sunday July 10th, 2022



OFFICIAL REGATTA INFORMATION PACKAGE

Hosted at the Welland International Flatwater Centre (North Course)

Regatta Chair: Chris Marshall	Chief Umpire: Robb Blacquiere
Safety Advisor: Zach Campbell, City of Welland	First Aid/Medical Advisor: Erin Carl, City of Welland

REGATTA INFORMATION

The RowOn Masters Championships Regatta is a six-lane 1000m sprint race for Masters-age rowers (21+).

Row Ontario reserves the right to cancel the regatta if changes in COVID restrictions, no longer permit us to run a safe regatta. In this situation, refunds will be in full. The regatta may also be canceled or modified if the number of entries dictate such.

ORDER OF EVENTS (Same as 2019 Regatta)

- | | |
|---------------------|------------------------|
| 1. Women's 2- | 26. Men's C+ 8+ |
| 2. Men's 2- | 27. Men's AA-C 4x |
| 3. Men's H+ 1x | 28. Women's AA-B 4x |
| 4. Men's G 1x | 29. Mixed AA-C 2x |
| 5. Men's F 1x | 30. Mixed D+ 2X |
| 6. Women's E+ 1x | 31. Women's 59kg 2x |
| 7. Men's E 1x | 32. Men's 72.5kg 2x |
| 8. Women's D 1x | 33. Women's AA-A 4+ |
| 9. Men's D 1x | 34. Women's B 4+ |
| 10. Women's C 1x | 35. Women's AA-B 2x |
| 11. Men's C1x | 36. Men's AA-B 4+ |
| 12. Women's B 1x | 37. Men's C-D 4+ |
| 13. Women's AA-A 1x | 38. Men's E+ 4+ |
| 14. Men's AA-B 1x | 39. Women's C 4x |
| 15. Women's D+ 4x | 40. Men's C 2x |
| 16. Men's D+ 4x | 41. Men's D 2x |
| 17. Men's 72.5kg 1x | 42. Men's E 2x |
| 18. Women's 59kg 1x | 43. Men's F 2x |
| 19. Women's C 4+ | 44. Men's G+ 2x |
| 20. Women's D+ 4+ | 45. Women's AA-B 8+ |
| 21. Men's AA-B 2x | 46. Women's C+ 8+ |
| 22. Women's C 2x | 30-minute break |
| 23. Women's D 2x | 47. Mixed 4x |
| 24. Women's E+ 2x | 48. Mixed 8+ |
| 25. Men's AA-B 8+ | 49. Parent/Child 2x |

Events may vary slightly based on entries.



**RowOn Masters
Championship Regatta**

Sunday July 10th, 2022



DAY OF COMPETITION – SCHEDULE INFORMATION

- a) Coaches Meeting – Sunday July 10th 7:45AM at Control Commission.

ALL clubs are required to have at least 1 representative at the coaches meeting, for instructions from the Regatta Chair and Chief Umpire, as per Rule 8.6 of the 2022 RCA Rules of Racing.

As per Rule 8.6 in the Rowing Canada Rules of Racing, the Chief Umpire may penalize a club for failure to attend the coaches meeting, including not permitting the club to race. The Club representative in attendance is responsible for conveying all information from the coaches meeting to all participating athletes and coaches. All participants are expected to be familiar with the information conveyed at the coaches meeting.

Hardcopies of the draw will not be distributed. The draw, progressions and results will be available online in Regatta Central and through WhatsApp three [3] days in advance of the regatta.

- b) Race Times – The first race will start at 9:00am. Athletes will be permitted to launch or obtain their bow marker from Control Commission starting 8:15am.
- c) Minimum Race Intervals and Expected Launch Times – The minimum race interval will be 5 minutes. Athletes and crews will be permitted to get their bow number no earlier than 45 minutes prior to their posted start time and no later than 20 minutes prior to their posted start time. Wet launching is permitted.

A 30-minute window has been scheduled before the Mixed 4x event to allow for recovery and enable participation in the mixed large boat events.

- d) Wet launch instructions – Athletes and crews who wish to wet launch, must check in with Control Commission to receive their bow number. Crews using their own bow numbers will be automatically issued a Red Card at the start and will not be permitted to race.

Regardless if a boat is wet launching or launching at Control Commission, all boats must undergo a safety check prior to launching for each race. Crews who wish to wet launch must have their boats checked by an Umpire prior to launching. Crews that arrive at start without be checked will be issued a Red Card and will not be permitted to race.

- e) Weigh-in Times – Weigh ins will start one hour prior to the first race and will open for 60 minutes. Test scale will be available. Coxswains are not required to weigh in.
- f) Course practice times – The course will be open for practice on Saturday July 9th from 4:00pm to 6:00pm. There will be a practice scale in the regatta office during the office hours.



RowOn Masters Championship Regatta



Sunday July 10th, 2022

There must be a minimum safety boat to crew ratio of 1:4 on the water during practice times. Safety boat drivers must be provided by the club. Safety boat drivers **and** crews must sign in at the Regatta Office **before** launching for practice. Any athletes or crews practicing without a designated safety boat will be issued a yellow card when they check into Control Commission for their first event. The course will only be open for practice if weather and water conditions permit, at the direction of the Regatta Chair and Chief Umpire.

g) Regatta Office Hours

- Saturday July 9th 4:00pm to 6:00pm
- Sunday July 10th 6:30am to 30minutes after the last race.

PROGRESSION FORMAT

All events are straight finals. In events with more than 6 entries, the event will be split at the Regatta Chair’s discretion and each race will be considered a final.

ELIGIBILITY

All events are open to participants from any Club in the world. Athletes and listed coaches must be listed on their Club’s Regatta Central roster.

a) Ontario Participants	<ul style="list-style-type: none"> • Registered and active member of a Row Ontario member club in the appropriate role (e.g., athlete or coach) • Registrations must be activated in the RCA Web Registration System to be valid 														
b) Canadian Participants, outside Ontario	<ul style="list-style-type: none"> • Registered and active member of a member club in the appropriate role (e.g., athlete or coach) • Registrations must be activated in the RCA Web Registration System to be valid 														
c) International Participants	<ul style="list-style-type: none"> • Registered with the appropriate National Rowing Federation • Complete the online waiver in Regatta Central by Friday July 9th 														
d) Age Categories	<ul style="list-style-type: none"> • Age is calculated as of December 31st, 2022 • Competitors (excluding coxswains) shall not be younger than 21 years of age as of December 31st, 2022 • As per the 2022 RCA Rules of Racing, age categories are based on the crew average age (excluding coxswains) <table style="margin-left: 20px; width: 100%;"> <tr> <td>• AA: 21-26</td> <td>• G: 65 and more</td> </tr> <tr> <td>• A: 27 and more</td> <td>• H: 70 and more</td> </tr> <tr> <td>• B: 36 and more</td> <td>• I: 75 and more</td> </tr> <tr> <td>• C: 43 and more</td> <td>• J: 80 and more</td> </tr> <tr> <td>• D: 50 and more</td> <td>• K: 83 and more</td> </tr> <tr> <td>• E: 55 and more</td> <td>• L: 86 and more</td> </tr> <tr> <td>• F: 60 and more</td> <td></td> </tr> </table> 	• AA: 21-26	• G: 65 and more	• A: 27 and more	• H: 70 and more	• B: 36 and more	• I: 75 and more	• C: 43 and more	• J: 80 and more	• D: 50 and more	• K: 83 and more	• E: 55 and more	• L: 86 and more	• F: 60 and more	
• AA: 21-26	• G: 65 and more														
• A: 27 and more	• H: 70 and more														
• B: 36 and more	• I: 75 and more														
• C: 43 and more	• J: 80 and more														
• D: 50 and more	• K: 83 and more														
• E: 55 and more	• L: 86 and more														
• F: 60 and more															



RowOn Masters Championship Regatta

Sunday July 10th, 2022



e) Weight Restricted	<ul style="list-style-type: none">• Men 72.5kg maximum• Women 59kg maximum
f) Coxswains	<ul style="list-style-type: none">• Coxswains must meet all eligibility criteria, except those related to age, and are not required to weigh-in
g) Mixed	<ul style="list-style-type: none">• Mixed events must include no more than 50% identified male athletes (excluding coxswains)
h) Composite	<ul style="list-style-type: none">• Composite crews must include athletes from at least two different Clubs, each of whom meet the eligibility requirements listed above
i) Parent-Child 2x	<ul style="list-style-type: none">• Parent-Child 2x must include a parent and child who both fulfill the eligibility criteria related to active registration but are not required to be registered members at the same rowing club.

Masters Age Adjusted Time System

The Henley Masters Age Adjusted Time System will be used. A copy of the Henley Masters Age Adjusted Time System is available on Regatta Central and in Appendix 9 of the 2022 RCA Rules of Racing.

PROOF OF AGE AND IDENTITY

As per Rule 2.3 the following photo identification will be accepted for this regatta;

- single piece of government issued photo identification,
- clear and legible photograph of government issued photo identification either photocopy or digital version
- two pieces of ID, one which is government issued, that together confirm date of birth and identity (photo)

ENTRY DEADLINES AND PAYMENT TERMS

All entries and all payment of entry fees will be completed through Regatta Central, without exception. Entries, completed in full, must be submitted online by Monday July 4th at 4:59PM.

Entries will only be accepted with full payment. Any entries for which payment has not been received will be deleted after the deadline.

Entries for the Parent-Child 2x event will be accepted at the Regatta Office until 1 hours prior to the posted race time. Late entry fees will not be applied in this event.

A preliminary race draw will be posted on Regatta Central on Wednesday July 6th. Any further updates will be published on Regatta Central and Regatta Master.

	<p>RowOn Masters Championship Regatta Sunday July 10th, 2022</p>	
---	---	---

a) Entry Fees

Boat Class	Base Entry Fee		Row Ontario Seat Fee	RCA Seat Fee	Total
1x	\$67.50 + HST	\$76.28	\$2.10 + HST = \$2.37	\$3.65	\$82.30
2x/2-	\$83.25 + HST	\$94.07	\$4.20 + HST = \$4.75	\$7.30	\$106.12
4x	\$104.00 + HST	\$117.52	\$8.40 + HST = \$9.49	\$14.60	\$141.61
4+	\$104.00 + HST	\$117.52	\$10.50 + HST = \$11.87	\$18.25	\$147.64
8+	\$125.00 + HST	\$141.25	\$18.90 + HST = \$21.36	\$32.85	\$195.46

b) Late Entries

Late entries will be accepted on a first come, first paid basis. Late entries are subject to lane availability. Late entries will be accepted during the following times.

Start	End	Where
Jul 6 th 9:00am	Jul 8 th 4:00pm	via Regatta Central
Jul 9 th 4:00pm	Jul 9 th 6:00pm	in-person at the Regatta Office
Jul 10 th 7:00am	1-hour prior to relevant race	in-person at the Regatta Office

c) Late Entry fees

The cost of a late entry will be 1.5x the cost of the base entry fee, plus seat fees. The late entry fee must accompany the late entry for the entry to be accepted, without exception. Late entry fees must be paid by credit card or club cheque. **CASH and PERSONAL CHEQUES WILL NOT BE ACCEPTED.**

d) Substitutions

Rule 7.6 - Crew Changes Before the First Heat, will apply to all crew substitutions. The substitution must meet all eligible and entry requirements as listed above.

A \$5.00 Name Change Fee will be assessed for all name changes unless a note from a qualified medical professional is emailed to chris@rowontario.ca by 5:00pm on Monday July 11th, 2022.

Substitution requested will be accepted at the following times.

Start	End	Where
Jul 6 th 9:00am	Jul 8 th 4:00pm	Via email to chris@rowontario.ca , using the RowOn Name Change Form available on RC.
Jul 9 th 4:00pm	Jul 9 th 6:00pm	in-person at the Regatta Office
Jul 10 th 7:00am	1-hour prior to relevant race	in-person at the Regatta Office



RowOn Masters Championship Regatta

Sunday July 10th, 2022



e) Scratches

All scratches submitted after the entry deadline will be assessed a \$50.00 + HST Scratch fee. Crews who miss the start of their race for any reason their club will also be assessed a \$50.00 + HST Scratch fee. Scratch fees will be waived for medical reasons if a note from a qualified medical professional is emailed to chris@rowontario.ca by 5:00pm on Monday July 11th, 2022.

RCA RULES OF RACING EXCEPTIONS

This regatta will follow the 2022 Rowing Canada Aviron Rules of Racing, with the exceptions (per Rule 1.6) noted below.

2.1 The Definition of a Competitor

- National or Provincial Team exhibition entries may be accepted at the discretion of the Regatta Chair. Exhibition entries will not be eligible for medals.
- Composite entries composed of members from multiple clubs will be permitted if each individual member fulfills the eligible requirements listed in the regatta package.

2.6 Weighing of Coxswains

- Coxswains will not be weighed at this regatta

6.4 Cannabis, e-Cigarettes, Tobacco, and Liquor Products

- There will be a celebration garden with beer and wine, where there may be advertising of beer and wine products.

7.2 Entries

- The name of the crew coach must be included with each entry
- The preliminary draw will be released three days before the start of the regatta

9.3 Events with 7 or More Entries

- Events with 7 or more entries will be run as multiple finals, as outlined above.

RESULTS AND MEDALS

Results will be posted online using Regatta Central and Regatta Master.

In the 1st, 2nd, and 3rd place medals will be awarded. For a gold, silver, and bronze medal to be awarded in a category, there will need to be a minimum of four boats that race in that category. If there are only three boats, only a Gold and Silver will be awarded. If just two boats, only the Gold will be awarded.

Medals will be awarded at the RowOn tent near the Athlete Centre by a Row Ontario representative. Medal presentations are not scheduled; participants are invited to pick up their medals whenever convenient throughout the regatta and up to 60 minutes after the last race.



RowOn Masters Championship Regatta

Sunday July 10th, 2022



PARKING

The WIFC North Course is easily accessible and there is ample dedicated space for both participants and trailers.

ALL trailers must enter the facility using Shaw Street and park along the east side of Colborne Rd. **TRAILERS ARE NOT PERMITTED TO PARK IN THE PARKING LOT.**

Cars, including cartoppers are **REQUIRED** to park in the parking lot, allowing space for trailers to park on Colborne St.

PARKING AREAS ARE RESTRICTED AND WILL BE STRICTLY ENFORCED BY CITY BY-LAW OFFICERS.

SITE AMENITIES

Please note there will be no food vendors at this regatta. Competitors are encouraged to bring their own water; there is access to a water fountain in the athlete centre and there will be bottles of water available in case of emergency at the Start, Finish, and Medical. The municipal water truck will not be present for this event.

There will be ample washrooms on the regatta site for the use of athletes, coaches, and regatta volunteers.

COMMUNICATION

Regatta communication will be distributed through WhatsApp. Please join the group at this link.

<https://chat.whatsapp.com/Cg0dNtyVs582MQH16QLt3O>

COVID POLICIES

All attendees (athletes, coaches, volunteers, umpires etc.) are recommended to bring their own PPE (masks, gloves, Ziplock bags, hand sanitizer). Items provided by the regatta such as walkie-talkies will not be shared between volunteers/umpires. Food, drink, and other personal items (tools, clothing etc.,) should be kept in sealed containers while at the regatta site. Masks are recommended to be worn when individuals are likely to come within 2m of each other (trailer loading/unloading, docking/launching etc.) and when approaching Control Commission. Masks are recommended while indoors. Anyone feels ill with COVID symptoms shall not attend the event. If starting to feel ill during the event, individuals are asked to leave the event, and seek medical attention.

MEDICAL SERVICES

Medical services will be in front of the Athletes Centre. A secondary location for more serious cases will be in the basement of the Athlete Centre.

All questions should be addressed to Chris Marshall via email chris@rowontario.ca