



# Tony Biernacki Sr. Memorial Regatta

Sunday, July 14<sup>th</sup>, 2024



## OFFICIAL REGATTA PACKAGE

Hosted at the Welland International Flatwater Centre (North Course)

<b>Regatta Chair:</b> Kate Savage, Row Ontario	<b>Chief Umpire:</b> Debbie Sage
<b>Safety Advisor:</b> Fraser Mowat, City of Welland	<b>First Aid/Medical Advisor:</b> Lily McGuire, Row Ontario

### REGATTA INFORMATION

Historically hosted by Brock Rowing Club, the 2024 Tony Biernacki Sr. Memorial Regatta will be hosted by Row Ontario for the third consecutive year. The Tony B Regatta is a Masters event, providing quality race opportunities for Masters athletes in a variety of boat classes.

### EVENT LIST & ORDER OF EVENTS

1. Men's AA+ 2-	19. Mixed Inclusion AA+ 2x
2. Women's E+ 1x	20. Men's E 1x
3. Mixed Para AA+ 1x	21. Men's G+ 1x
4. Men's 8+ D+	22. Women's AA-A-B 4x
5. Men's AA-A-B-C 4x	23. Women's C+ 4x
6. Women's C 2x	24. Mixed AA+ 2x
7. Women's D+ 2x	25. Men's D+ 4+
8. Men's 1x 73.5kg	26. Men's F 1x
9. Men's D 1x	27. Women's AA-A-B 2x
10. Women's 1x 60kg	28. Women's 8+
11. Women's AA-A-B 1x	29. Men's AA-A-B-C 1x
12. Women's C+ 4+	30. Men's D 2x
13. Men's D+ 4x	31. Men's AA-A-B-C 4+
14. Men's AA+ 8+	32. Men's E+ 2x
15. Women's AA-A-B 4+	33. Mixed AA+ 4x
16. Men's AA-A-B-C 2x	34. Mixed AA+ 8+
17. Women's C 1x	35. Women's AA+ 2-
18. Women's D 1x	
<i>Events may vary or be combined based on entries.</i>	

All events are straight finals. In events with more than 6 entries, the event will be split at the Regatta Chair's discretion, and each race will be considered a final.



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## **DAY OF COMPETITION – SCHEDULE INFORMATION**

- a) Coaches Meeting – Sunday, July 14<sup>th</sup> at 8am at Control Commission.

**ALL** clubs are required to have at least 1 representative at the coaches meeting, for instructions from the Regatta Chair and Chief Umpire, as per Rule 8.6 of the 2022 RCA Rules of Racing.

As per Rule 8.6 in the Rowing Canada Rules of Racing, the Chief Umpire may penalize a club for failure to attend the coaches meeting, including not permitting the club to race. The Club representative in attendance is responsible for conveying all information from the coaches meeting to all participating athletes and coaches. All participants are expected to be familiar with the information conveyed at the coaches meeting.

Hard copies of the draw will not be distributed. The draw and results will be available online in Regatta Central and through WhatsApp.

- b) Race Times – The regatta will start at 9:30am with the Men’s 2-. Race intervals will be 10 minutes, unless required to be reduced to a minimum of 5 minutes due to weather, entry numbers, etc. There will be a 30-minute break at 12:30pm for a shift change.
- c) Minimum Race Intervals and Expected Launch Times – The minimum race interval will be 5 minutes between finals. Athletes and crews will be permitted to launch no earlier than 45 minutes prior to their posted start time and no later than 20 minutes prior to their posted start time.
- d) Weigh-in Times – Weigh-ins will start one hour prior to the first race and be open for 60 minutes. Unless there is a schedule change that results in races starting earlier or later than currently planned (9:30am), weigh-ins will take place between 8:30am and 9:30am. A gauged test scale will be available., Coxswains are not required to weigh-in.
- e) Course practice times – The course will be available for practice on Sunday, July 14<sup>th</sup> from 7:00am-8:00am.
- f) Regatta Office Hours – Any issues, questions, or concerns can be addressed in-person at the Regatta Office, from 7:00am onward on regatta day, or by calling 905-321-5025. This number will be active from 12:00pm to 7:00pm on Saturday, July 13<sup>th</sup> and from 6:00am onward on regatta day.
- g) Dryland Warm-Up – Row Ontario recognizes that, physiologically, masters athletes typically need a longer warm-up prior to racing. However, the on-water race day pattern is not always conducive to this. We encourage clubs and/or athletes to bring their own equipment for land warm-ups (ie. Bikes, ergs, etc.). There is ample space in the trailer park and athlete area for this equipment to be set-up. If clubs don’t have a tent space, or if the weather doesn’t allow, for setting this equipment up outdoors, we will work with clubs to set-up sheltered/indoor spaces.



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## ELIGIBILITY

All events are open to participants from any Club in the world. Athletes and listed Coaches must be listed on their Club's Regatta Central roster.

a) Ontario Participants	<ul style="list-style-type: none"> <li>Registered and active member of a Row Ontario member club in the appropriate role (e.g. Athlete or Coach)</li> <li>Registrations must be activated in the RCA Web Registration System to be valid</li> </ul>														
b) Canadian Participants, outside Ontario	<ul style="list-style-type: none"> <li>Registered and active member of a member club in the appropriate role (e.g. Athlete or Coach)</li> <li>Registrations must be activated in the RCA Web Registration System to be valid</li> </ul>														
c) International Participants	<ul style="list-style-type: none"> <li>Registered with the appropriate National Rowing Federation</li> <li>Complete the online waiver in Regatta Central by Friday, June 16<sup>th</sup>.</li> </ul>														
d) Age Categories	<ul style="list-style-type: none"> <li>Age is calculated as of December 31<sup>st</sup>, 2024.</li> <li>Competitors (excluding coxswains) shall not be younger than 21 years of age as of December 31<sup>st</sup>, 2024.</li> <li>As per the 2022 RCA Rules of Racing, age categories are based on the crew average age (excluding coxswains):             <table border="0" style="margin-left: 20px;"> <tr> <td>• AA: 21-26</td> <td>• G: 65 or more</td> </tr> <tr> <td>• A: 27 or more</td> <td>• H: 70 or more</td> </tr> <tr> <td>• B: 36 or more</td> <td>• I: 75 or more</td> </tr> <tr> <td>• C: 43 or more</td> <td>• J: 80 or more</td> </tr> <tr> <td>• D: 50 or more</td> <td>• K: 83 or more</td> </tr> <tr> <td>• E: 55 or more</td> <td>• L: 86 or more</td> </tr> <tr> <td>• F: 60 or more</td> <td></td> </tr> </table> </li> </ul>	• AA: 21-26	• G: 65 or more	• A: 27 or more	• H: 70 or more	• B: 36 or more	• I: 75 or more	• C: 43 or more	• J: 80 or more	• D: 50 or more	• K: 83 or more	• E: 55 or more	• L: 86 or more	• F: 60 or more	
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e) Weight Restricted	<ul style="list-style-type: none"> <li>Men – 73.5kg maximum</li> <li>Women – 60kg maximum</li> </ul>														
f) Coxswains	<ul style="list-style-type: none"> <li>Coxswains must meet all eligibility criteria, except those related to age, and are not required to weigh-in.</li> </ul>														
g) Mixed	<ul style="list-style-type: none"> <li>Mixed events must include no more than 50% male-identifying athletes (excluding coxswains).</li> </ul>														
h) Para	<ul style="list-style-type: none"> <li>Para events are open to all rowers who meet RCA Rule 2.12, but are not required to have undergone classification prior to this regatta.</li> <li>In addition to the para-specific events, para athletes are invited to enter any other events (single or crew boats) in which they are age-eligible.</li> </ul>														
i) Inclusion 2x	<ul style="list-style-type: none"> <li>The new Mixed Inclusion 2x is open to crews in which at least one athlete fits the Para eligibility outlined above. The second athlete may be able-bodied (not Para-eligible).</li> <li>As this is a mixed event, the crew must also meet the eligibility criteria for a Mixed crew, as outlined above.</li> </ul>														



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**Masters Age Adjusted Time System**

The Henley Masters Age Adjusted Time System will be used. A copy of the Henley Masters Age Adjusted Time System is available on Regatta Central and in Appendix 9 of the 2022 RCA Rules of Racing.

**ACCEPTABLE FORMS OF PROOF OF AGE AND IDENTITY**

As per Rule 2.3, identification will only be accepted if it includes the athlete’s birthdate AND photo. If two pieces of identification are required to meet these requirements, competitors are required to show both to the Regatta Chair for verification, prior to presenting at Control Commission. A photo of identification on a cell phone will be accepted, so long as it is clear and has no evidence of tampering.

**ENTRY DEADLINES AND PAYMENT TERMS**

All entries and all payment of entry fees will be completed through Regatta Central, without exception. Entries, completed in full, must be submitted online by Sunday, July 7<sup>th</sup> at 11:59PM.

Entries will only be accepted with full payment. Any entries for which payment has not been received will be deleted after the deadline.

A preliminary draw will be posted on Regatta Central on Wednesday, July 10<sup>th</sup>. Any further updates will be published on Regatta Central and Regatta Master, and shared via WhatsApp.

a) Entry Fees

Boat Class	Base Entry Fee		Row Ontario Seat Fee	RCA Seat Fee	Total
1x	\$67.50 + HST	\$76.28	\$2.35 + HST = \$2.66	\$4.00	\$82.94
2x/2-	\$83.25 + HST	\$94.07	\$4.70 + HST = \$5.31	\$8.00	\$107.38
4x	\$104.00 + HST	\$117.52	\$9.40 + HST = \$10.62	\$16.00	\$144.14
4+	\$104.00 + HST	\$117.52	\$11.75 + HST = \$13.28	\$20.00	\$150.80
8+	\$125.00 + HST	\$141.25	\$21.15 + HST = \$23.90	\$36.00	\$201.15

*All fees are stated in CAD funds.*

b) Late Entries – Applications for late entries may be submitted through Regatta Central until Saturday, July 13<sup>th</sup> at 4pm. Late entries are subject to approval by the Regatta Chair. The cost of a late entry will be 1.5x the cost of the base entry fee, plus seat fees. The late entry fee must accompany the late entry for the entry to be accepted, without exception.

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- c) Substitutions – Rule 7.6 (Crew Changes Before the First Heat) will apply for all events. The substitute must meet all eligibility and entry requirements as listed above. A \$5.00 Name Change Fee will be assessed for all name changes unless a note from a qualified medical professional is emailed to [kate@rowontario.ca](mailto:kate@rowontario.ca) by 5:00pm on Monday, July 15<sup>th</sup>, 2024.

Substitution requests will only be accepted until 2 hours before the posted start time, within the following windows:

Start	End	Where
July 8 <sup>th</sup> 8:00am	July 13 <sup>th</sup> 4:00pm	Via email to <a href="mailto:kate@rowontario.ca">kate@rowontario.ca</a> , using the RowOn Name Change Form available on Regatta Central.
July 14 <sup>th</sup> 7:00am	July 14 <sup>th</sup> , 2 hours prior to posted start time	In-person at the Regatta Office

d) Scratches

All scratches submitted after the entry deadline will be assessed a \$50.00 + HST Scratch fee. The Club whose crews miss the start of their race for any reason will also be assessed a \$50.00 + HST Scratch fee. Scratch fees will be waived for medical reasons if a note from a qualified medical professional is emailed to [kate@rowontario.ca](mailto:kate@rowontario.ca) by 5:00pm on Monday, July 15<sup>th</sup>, 2024.

**RCA RULES OF RACING EXCEPTIONS**

This regatta will follow the 2022 Rowing Canada Aviron Rules of Racing, with the exceptions (per Rule 1.6) noted below.

2.1 The Definition of a Competitor

- National or Provincial Team exhibition entries may be accepted at the discretion of the Regatta Chair, should the exhibition entry not affect the race schedule. Exhibition entries will not be eligible for medals.

2.5 & 2.6 Coxswains Weights & Weighing of Coxswains

- There will be no weighing of coxswains.

9.3 Events with 7 or More Entries

- In events that include multiple age categories (i.e. Women’s A-C 4+), if there are enough in each category, the event will be further divided into age categories, and the events will occur in sequence right after the published time. If unable to break into further event age categories, the Regatta Chair will determine the best division to make two or more finals.



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## **RESULTS AND MEDALS**

Results will be posted online using Regatta Central and Regatta Master, and shared via WhatsApp.

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place medals will be awarded in each of the categories listed in the Event List above. For a gold, silver, and bronze medal to be awarded in a category, there will need to be a minimum of four boats that race in that category. If there are only three boats, only a Gold and Silver will be awarded. If just two boats, only the Gold will be awarded.

## **PARKING & MOTOR TRAFFIC**

The WIFC North Course is easily accessible and there is ample dedicated space for both participants and trailers. ALL trailers must enter the facility using Shaw Street and park along the east side of Colborne Rd. **TRAILERS ARE NOT PERMITTED TO PARK IN THE PARKING LOT.**

Cars, including cartoppers are **REQUIRED** to park in the parking lot, allowing space for trailers to park on Colborne St.

PARKING AREAS ARE RESTRICTED AND WILL BE STRICTLY ENFORCED BY CITY BY-LAW OFFICERS.

## **SITE AMENITIES**

Please note there will be no food vendors at this regatta. Competitors are encouraged to bring their own water; the municipal water truck will be available for refilling water bottles, in addition to taps inside the Athlete Building. There will be bottles of water available in case of emergency at the Start, Finish, and Medical. There will be ample portable washrooms on the regatta site for the use of athletes, coaches, and regatta volunteers.

## **COMMUNICATION**

Regatta communication will be distributed through WhatsApp. Please join the group at this link.

<https://chat.whatsapp.com/FWyXDnOmuJKnfrKjl4XI>

## **MEDICAL SERVICES**

Medical services will be located on the east side of the Athletes Centre, outside of the boat bays. A secondary location, for more serious cases, will be in the basement of the Athlete Centre.

All questions should be addressed to Kate Savage via email at [kate@rowontario.ca](mailto:kate@rowontario.ca).