



# RowOn Masters Championship Regatta

Sunday, July 16<sup>th</sup>, 2023



## REGATTA BULLETIN #1

### IMPORTANT UPDATES

**1) Para Rowing at the 2023 RowOn Masters Championships** – Row Ontario invites and encourages all masters-aged para rowers to participate in this regatta. We have added the Mixed Masters Para 1x, Event 29, specifically for para athletes. Para events are open to all rowers who meet RCA Rule 2.12, but are not required to have undergone classification prior to this regatta. In addition to this para-specific event, para athletes are invited to enter any other events (single or crew boats) in which they are age-eligible.

**2) Updated Event List** – The Event List below reflects the addition of the Mixed Masters Para 1x.

- |                     |                           |
|---------------------|---------------------------|
| 1. Women's 2-       | 27. Men's AA-C 4x         |
| 2. Men's 2-         | 28. Women's AA-B 4x       |
| 3. Men's H+ 1x      | 29. Mixed Masters Para 1x |
| 4. Men's G 1x       | 30. Mixed AA-C 2x         |
| 5. Men's F 1x       | 31. Mixed D+ 2X           |
| 6. Women's E+ 1x    | 32. Women's 59kg 2x       |
| 7. Men's E 1x       | 33. Men's 72.5kg 2x       |
| 8. Women's D 1x     | 34. Women's AA-A 4+       |
| 9. Men's D 1x       | 35. Women's B 4+          |
| 10. Women's C 1x    | 36. Women's AA-B 2x       |
| 11. Men's C 1x      | 37. Men's AA-B 4+         |
| 12. Women's B 1x    | 38. Men's C-D 4+          |
| 13. Women's AA-A 1x | 39. Men's E+ 4+           |
| 14. Men's AA-B 1x   | 40. Women's C 4x          |
| 15. Women's D+ 4x   | 41. Men's C 2x            |
| 16. Men's D+ 4x     | 42. Men's D 2x            |
| 17. Men's 72.5kg 1x | 43. Men's E 2x            |
| 18. Women's 59kg 1x | 44. Men's F 2x            |
| 19. Women's C+ 4+   | 45. Men's G+ 2x           |
| 20. Women's AA-B 4+ | 46. Women's AA-B 8+       |
| 21. Men's AA-B 2x   | 47. Women's C+ 8+         |
| 22. Women's C 2x    | <b>30-minute break</b>    |
| 23. Women's D 2x    | 48. Mixed 4x              |
| 24. Women's E+ 2x   | 49. Mixed 8+              |
| 25. Men's AA-B 8+   | 50. Mixed 8+              |
| 26. Men's C+ 8+     | 51. Parent/Child 2x       |

*Events may vary or be combined based on entries.*



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**3) Air Quality and Sport** – The unusual air quality throughout Ontario this spring has been a factor to consider for outdoor activities. As we prepare for the RowOn Masters Championships, we will continue to monitor the Air Quality Health Index closely. At this time, we don't anticipate having to cancel the regatta as a result of poor air quality. The trends and forecast suggest that the AQHI will remain in the low to moderate risk range. However, we recognize that poor air quality can have a large negative effect on human health and when wildfires are the cause, everyone is at risk regardless of age or underlying conditions. The Air Quality Index and Forecast can be found [HERE](#).

**If you have any questions, please contact Kate Savage by email ([kate@rowontario.ca](mailto:kate@rowontario.ca)) or phone (905-321-5025).**