

2023 OUA ROWING CHAMPIONSHIP  
CHAMPIONSHIP INFORMATION  
BULLETIN #1

---



# ROWING CHAMPIONSHIP

October 27<sup>th</sup> & 28<sup>th</sup>, 2023 | G2

HOST: Ontario Tech  
University & Row Ontario

---

Henley Rowing Course

---

ST. CATHARINES, ONTARIO

# ROWING CHAMPIONSHIP

October 27<sup>th</sup> & 28<sup>th</sup>, 2023 | G2



## Table of Contents

1.0 OUA and Host Contacts .....	3
2.0 Event Dates .....	3
3.0 Championship Facility Information.....	3
4.0 Entry Fees and Deadlines .....	4
5.0 Team Registration and Eligibility .....	5
6.0 Check-In & Coaches Meeting .....	5
7.0 Competition Schedule .....	6
8.0 Sport Specific Rules and Officials.....	7
9.0 Therapy/Medical Services .....	8
10.0 Site Amenities .....	8
11.0 Ticketing .....	9
12.0 Sports Information/Results .....	9
13.0 Awards Presentation .....	9
14.0 Accommodation .....	9
15.0 Equipment.....	9
16.0 OUA Sponsors.....	9
17.0 Volunteers .....	10
18.0 Additional Information .....	12

# ROWING CHAMPIONSHIP

October 27<sup>th</sup> & 28<sup>th</sup>, 2023 | G2



## 1.0 OUA and Host Contacts

Position	Name	Phone Number	Email
Manager of Sport	Kauri LaFontaine	905-635-5510 ext. 204	<a href="mailto:kauri.lafontaine@oua.ca">kauri.lafontaine@oua.ca</a>
Regatta Chair	Kate Savage	905-321-5025	<a href="mailto:kate@rowontario.ca">kate@rowontario.ca</a>
Administrative Hosts	Scott Barker	905-721-8668 ext. 2548	<a href="mailto:scott.barker@ontariotechu.ca">scott.barker@ontariotechu.ca</a>
	Rav Dhamrait	905-721-8668 ext. 2490	<a href="mailto:rav.dhamrait@ontariotechu.ca">rav.dhamrait@ontariotechu.ca</a>
Chief Umpire	Louise Hastings	416-930-8710	<a href="mailto:muskoka@sympatico.ca">muskoka@sympatico.ca</a>
Safety Officer	Andrew Backer	416-529-4659	<a href="mailto:andrew@rowontario.ca">andrew@rowontario.ca</a>

## 2.0 Event Dates

Friday, October 27<sup>th</sup> (9:00am to 5:30pm) & Saturday, October 28<sup>th</sup>, 2023 (8:30am to 1:30pm). Start and end times are approximate and subject to change, based on numbers of entries and depending on weather conditions.

## 3.0 Championship Facility Information

Address: Henley Island Dr, St. Catharines, ON L2N 4P5

Course Distance: 2,200 meters

Race Distance: 2,000 meters

Athletes drop off & parking: parking is available in the parking lot behind the boathouses for athletes, coaches, volunteers, umpires, and buses.

Tow vehicles are permitted to park with their trailer in the trailer area.

Site Access: The dock will only be permitted to athletes, coaches, and designated volunteers and staff. Spectators are not permitted on the dock. Please see [Regatta Central](#) for a course map. All athletes and crews will follow posted flow patterns.

# ROWING CHAMPIONSHIP

## October 27<sup>th</sup> & 28<sup>th</sup>, 2023 | G2



### 4.0 Entry Fees and Deadlines

---

The entry fees for the 2023 OUA Rowing Championships will be cost-shared by the attending institutions.

The entry fee for the 2023 OUA Rowing Championships is:

- Varsity entries: \$550 + HST / gender + applicable seat fees
- Development entries: \$400 + HST / gender + applicable seat fees

This fee covers equipment costs, facility rental, and umpires and regatta officials. Payment by credit card at time of entry is preferred, but Row Ontario can send an invoice pre-championship.

OUA Eligibility Deadline: October 15<sup>th</sup> 11:59PM

Entry Deadline: October 18<sup>th</sup> 11:59PM

All entries will be completed using [Regatta Central](#). An entry is only valid when all crew members are named.

A complete team roster of all athletes eligible to compete in the OUA rowing championships must be submitted to Rav Dhamrait ([rav.dhamrait@ontariotechu.ca](mailto:rav.dhamrait@ontariotechu.ca)) and Kate Savage ([kate@rowontario.ca](mailto:kate@rowontario.ca)) by October 18<sup>th</sup> at 11:59pm. Only athletes listed on the roster may compete or be used as a spare or substitute in any entry for any reason.

Substitutions: After entries close, and prior to racing beginning, a maximum of 50% of a crew or the single may be substituted from the original team roster. Name changes may be submitted via email, using the Name Change Form found on Regatta Central, to Kate Savage ([kate@rowontario.ca](mailto:kate@rowontario.ca)) by October 25<sup>th</sup> at 11:59PM. Any additional name changes, after this deadline, will need to be made in-person at the Regatta Office at least two hours prior to racing.

### 5.0 Eligibility

---

Please refer to the [2023 OUA Rowing Rules and Regulations](#) for specific information related to eligibility.

Weight-restricted events:

- Lightweight Women – 59kg maximum
- Lightweight Men – 72.5kg maximum

Coxswains: 55kg minimum

# ROWING CHAMPIONSHIP

October 27<sup>th</sup> & 28<sup>th</sup>, 2023 | G2



## 6.0 Check-in & Coaches Meeting

---

**Eligible Photo ID:** All competitors will be required to show photo ID at Control Commission prior to launching. A Student Identification card or a photo of same on a cell phone will be accepted, so long as it is clear and has no evidence of tampering.

**Regatta Coaches Technical Meeting:** Friday, October 27<sup>th</sup> at the Control Commission, one hour before the first race. If required, there will be a Regatta Finals Technical Meeting on Saturday, October 28<sup>th</sup>, one hour prior to the first final.

**ALL** clubs are required to have at least 1 representative at the coaches meeting, for instructions from the Regatta Chair and Chief Umpire, as per Rule 8.6 of the 2022 RCA Rules of Racing.

As per Rule 8.6 in the Rowing Canada Rules of Racing, the Chief Umpire may penalize a club for failure to attend the coaches meeting, including not permitting the club to race. The Club representative in attendance is responsible for conveying all information from the coaches meeting to all participating athletes and coaches. All participants are expected to be familiar with the information conveyed at the coaches meeting.

Hardcopies of the draw will not be distributed. The draw, progressions and results will be available online in Regatta Central and through WhatsApp four [4] days in advance of the regatta.

**Course Practice Time:** There is no official regatta training time. Coaches of crews wishing to train on Thursday can contact Mary Rao ([mrao@brocku.ca](mailto:mrao@brocku.ca)) at Brock University to make arrangements.

## 7.0 Competition Schedule

---

The order of the OUA Championship Events shall be as follows:

- |                                   |                                    |
|-----------------------------------|------------------------------------|
| 1. Varsity Women's 2-             | 11. Varsity Women's Lightweight 2x |
| 2. Varsity Men's 2-               | 12. Varsity Men's Lightweight 2x   |
| 3. Varsity Women's Lightweight 1x | 13. Varsity Women's 1x             |
| 4. Varsity Men's Lightweight 1x   | 14. Varsity Men's 1x               |
| 5. Varsity Women's 2x             | 15. Varsity Women's Lightweight 4+ |
| 6. Varsity Men's 2x               | 16. Varsity Men's Lightweight 4+   |
| 7. Varsity Women's Lightweight 8+ | 17. Varsity Women's 8+             |
| 8. Varsity Men's Lightweight 8+   | 18. Varsity Men's 8+               |
| 9. Varsity Women's 4+             | 19. Varsity Women's Lightweight 2- |
| 10. Varsity Men's 4+              | 20. Varsity Men's Lightweight 2-   |

Events will run in 15-minute intervals, with race intervals of no less than 6 minutes. This is subject to change, if entries dictate less time is required.

### **Friday, October 27<sup>th</sup> :**

Development events: 9:00am – approx. 1:30pm

- |                       |                     |
|-----------------------|---------------------|
| 21. JV Men's 2x       | 26. JV Women's 2x   |
| 22. JV Men's 4+       | 27. JV Women's 4+   |
| 23. Novice Women's 8+ | 28. Novice Men's 8+ |
| 24. Novice Women's 4+ | 29. Novice Men's 4+ |
| 25. Novice Women's 2x | 30. Novice Men's 2x |

*A Para event (or series of Para events) will be included in the schedule if entries warrant. Para rowers must meet the criteria set out in the FISA Para Rowing Classification Regulations but are not required to obtain classification prior to the event. Coaches should email [Kate Savage](#) before submitting a Para entry to discuss event designation, if applicable.*

Finals for Development events will take place immediately following completion of the last heat. Heats for Saturday's Championship event finals will take place on Friday afternoon, beginning immediately following the completion of the last Development race.

### **Saturday, October 28<sup>th</sup>:**

Finals for the Championship events will begin at 8:30am. Events will run in 15-minute intervals, with race intervals of no less than 6 minutes.

The official weigh-in for all lightweights and coxswains will be held starting 2 hours prior to the first lightweight race and shall remain open for 2.5 hours. Weigh-ins will take place in the Neil Campbell Centre. Lightweight competitors must weigh-in for weight restricted events that they are competing in, but they do not have to weigh-in as a crew. Coxswains in Championship events must weigh-in for coxed events that they are competing in, but they do not have to weigh-in with their crew. Coxswains in Development events do not need to weigh-in. There is a practice scale available between the boathouses on Henley Island.

Athletes and crews will be permitted to launch no earlier than 60 minutes prior to their posted start time and no later than 40 minutes prior to their posted start time.

## **8.0 Sport Specific Rules and Officials**

---

The 2022 RCA Rules of Racing will be in effect at this regatta, with the following exceptions:

### **2.3 Categories of Rowers and Proof of Age and Identity**

The OUA Rowing Championships follows OUA eligibility requirements, not RCA categories. A valid student card will be accepted as identification at this regatta.

### **2.5 & 2.6 Weighing of Coxswains**

Coxswains competing in Development events will not be required to weigh-in.

# ROWING CHAMPIONSHIP

October 27<sup>th</sup> & 28<sup>th</sup>, 2023 | G2



## 2.11 Weighing of Athletes in Weight-Restricted Events

All athletes racing in weight-restricted events must weigh-in, but athletes will not be required to weigh-in as a crew.

## 3.1 Classes of Boats

PR3 1x entries will be accepted at this regatta.

## 9.6 Adverse Weather Conditions and Fairness Committee

The Chief Umpire will determine relevant changes to the program if action is required to ensure safety, in consultation with the Regatta Chair and two coaches (one selected by the host institution, and one selected at the Coaches' Meeting by a majority vote of all participating institutions).

## 10.17 Penalties

As well as the penalties outlined in the 2022 RCA Rules of Racing in relation to said rules, Section 6.4 in the [OUA Rowing Rules & Regulations](#) outlines additional penalties that may be applied at the discretion of the OUA Discipline Committee.

## 9.0 Medical Services

---

A clearly marked medical building, staffed with a certified first aid person, is located beside the boathouses. The first aid person will also have access to a coach boat to assist an athlete on the water with immediate need.

## 10.0 Site Amenities

---

Please note there will be no food vendors at this regatta. Competitors are encouraged to bring their own water; there is access to a water hose at the boat house and there will be bottles of water available in case of emergency at the Start, Finish, and Medical.

There is limited indoor shelter available at the regatta site. The regatta may be canceled or postponed in the event of seriously inclement weather. Clubs are recommended to bring their own tents in the event of rain/sun etc. Trailer sites will be large enough to accommodate trailers and a shelter structure.

## 11.0 Ticketing

---

N/A – No admission or parking fees.

## 12.0 Sports Information/Results & Communications

---

Results will be available online at [RegattaMaster.com](http://RegattaMaster.com), @ROWONTARIO on X, and on the OUA website.

# ROWING CHAMPIONSHIP

October 27<sup>th</sup> & 28<sup>th</sup>, 2023 | G2



Regatta communication will be distributed through WhatsApp. Please join the group using the link below.

<https://chat.whatsapp.com/Hr67HBBEK6bFA7zGNdGfv>

## 13.0 Awards Presentation

---

Gold, silver, and bronze medals will be awarded on Friday afternoon, for Development events. OUA gold, silver, and bronze medals for crew members and coxswains in Championship events, along with Team Championship banners, Athletes of the Year, and Coaches of the Year awards, will be presented at the Control Commission beginning one hour following the completion of the last race on Saturday.

## 14.0 Accommodation

---

Participating teams are responsible for their own accommodations.

## 15.0 Equipment

---

Participating teams are responsible for providing their own equipment. No equipment, including oars, shoes etc., will be permitted to be left at the dock area.

## 16.0 OUA Sponsors & Row Ontario Event Partners

---

- Milk2Go Sport
- InnVest Hotels
- Baron Championship Rings
- Nothers The Award Store
- Regatta Sport
- Sport Niagara
- Government of Ontario

## 17.0 Volunteers

---

Participating member institutions must supply volunteers to assist throughout the championship. A volunteer schedule will be sent to each school prior to the championship by the Host Convenor, and must be completed and sent back prior to the race schedule being released. The number of volunteers will be based upon the number of varsity entries each school submits, based on the following ratios:

- 1-4 entries: 1 volunteer
- 5-8 entries: 2 volunteers
- 9-12 entries: 3 volunteers



# ROWING CHAMPIONSHIP

October 27<sup>th</sup> & 28<sup>th</sup>, 2023 | G2



- 13-16 entries: 4 volunteers
- 17-20 entries: 5 volunteers

Duties will include boat holding, safety boat driving, helping with results and information posting, and other responsibilities yet to be determined. Information regarding volunteer sign-up will be distributed separately.

## 18.0 Additional Information

---

Please refer to Regatta Central for updates and more information:

[https://www.regattacentral.com/regatta/?section=overview&job\\_id=8723](https://www.regattacentral.com/regatta/?section=overview&job_id=8723)

All questions should be directed to Kate, Scott, or Rav.