



Lake Wendouree, Ballarat, Victoria
9-12 October 2014

2014 World Rowing Masters Regatta

Competitors Manual

WORLD ROWING PARTNERS



STRATEGIC PARTNERS



HOST CITY



P: +61 2 6214 7526 | E: info@wrmr2014.com | W: www.wrmr2014.com

2014 WORLD ROWING MASTERS REGATTA COMPETITORS MANUAL

1. World Rowing Masters Regatta Contact Details	3
2. General Programme	4
3. Training and Competition on the course	5
4. Team Facilities & Services	6
5. Other Rowing Opportunities	7
6. Functions and Special Events	8
7. Medical Facilities and services	9
8. Transport	10
9. Accreditation	10
10. Boat Hire	10
11. Media	11
12. Miscellaneous Services	12
13. Maps	12

1. 2014 WORLD ROWING MASTERS REGATTA

Contact Details

Telephone: +61 2 6214 7526

Email: info@wrmr2014.com

Event Project Board Members

Project Owner	Andrew Dee
Chairman	Marinus Van Onselen
Project Board Member	John Whiting
Project Board Member	Tom Wood
Project Board Member & Secretary	Jo Verden
Project Manager	Greg Longden

FISA Masters Commission

Chair	Tone Pahle, Norway
Member	Gary Bain, Great Britain
Member	Ronald Chen, USA
Member	Sebastian Franke, Germany
Member	Zdena Norkova, Czech Republic
Member	Daniel Rutenberg, Israel

Rowing Australia

Chairman	Colin Smith
Chief Executive Officer	Andrew Dee
General Manager – Events	Jo Verden
General Manager – Operations	Matthew Treglown
Finance Manager	Clare Phillips
Media & Communications Manager	Lucy Benjamin
Event Operations Manager	Amal Davis
Competition Manager – Events	Cameron Allen

Event Project Team Members

Technical Delegate	Michael Eastaughffe
Technology Manager	Chris Grummitt
Field of Play Coordinator	Eric Waller
Volunteer Coordinators	Kelly Steegstra and Barry Wright
Boat Hire Coordinators	David Graver and Paul Ferguson
Boat Park Coordinator	Tony Brown
Presentations Coordinator	Grace Blake
1956 Commemoration Coordinator	Paul McSweeney
Transport Coordinator	Richard Parker
President of the Jury	Victor Walter

A copy of the FISA Event Regulations for Masters Regattas (Appendix 12 to the FISA Rules of Racing) can be found here:

http://www.worldrowing.com/uploads/files/Appendix_12_Event_Regulations_Masters_Regattas_2013.pdf

2. GENERAL PROGRAM

Official Opening of the Regatta Venue

The Regatta Venue is officially open from 7.00am on Tuesday 7 October 2014. Racing commences on Thursday 9 October at 9.00am. Based on the provisional race schedule, training times on the course are as follows:

Tuesday 7	7.00am to 7.00pm
Wednesday 8	7.00am to 7.00pm
Thursday 9	7.00am to 8.30am; 5.00 pm to 7.00pm
Friday 10	7.00am to 8.30am; 5.00 pm to 7.00pm
Saturday 11	7.00am to 8.30am; 12.30 pm to 7.00pm
Sunday 12	7.00am to 8.30am

Pontoons will not be open outside of these times, and any boat entering the water outside of these times shall do so at their own risk. Only boats with bow numbers for up-coming races will be allowed to boat during competition times; no training will be allowed 30 minutes before the start of the first race.

Mixed Events

Mixed event entries will close at 6.00pm Friday 10 October. Entries must be made through Regatta Central as per standard entries until this time, along with payment.

World Rowing Masters Regatta Timetable

See the table below for more information on the Sydney International Rowing Regatta.

Event	Date	Time	Location
Course opens for training and Regatta Administration open	Tuesday 7 October	7.00am	All venue
Racing commences	Thursday 9 October	9.00am	All venue
Mixed Event Entries Close	Friday 10 October	6.00pm	Regatta Central

Please be aware that daylight savings in Victoria will commence on Sunday 5 October prior to the regatta starting.

World Rowing Masters Regatta App

A WRMR app has been developed by Regatta Central, and is now available for download through the iTunes and Google Play app stores. The app is a great resource for checking clubs and crews, and will have readily accessible results once the regatta has commenced.

<https://itunes.apple.com/WebObjects/MZStore.woa/wa/viewSoftware?id=905329868&mt=8>

https://play.google.com/store/apps/details?id=com.regattacentral.regatta_wrmr

3. TRAINING AND COMPETITION ON THE COURSE

See MAPS for the following:

1. Traffic maps – Training
2. Traffic maps – Competition

Regatta Administration

The Regatta Administration is located in the western end of the Boat Park and west of the closest pontoon to the regatta course (see the map of the Venue) and will be open at all times that the Venue is officially open for training and competition. Please go to Regatta Administration with all crew change and crew withdrawals.

Control Commission

The Jury Control Commission members shall be located throughout the regatta venue. The Control Commission will be in operation during all competition days.

Boating

Please ensure that In and Out pontoons are used as signed. 'Hot-seating' shall be available on the boating pontoons, and hot-seating crews shall follow the same In and Out platform as standard boating. If hot-seating please ensure that the competitors getting in the boat are ready to get in the boat as soon as it arrives on the pontoon.

Crew Changes and Withdrawals

Crew changes and withdrawals can be made from 7.00am on Tuesday 7 October at Regatta Administration.

Crew Change Forms and Crew Withdrawal forms must be completed and submitted at the Regatta Administration no later than 2-hours prior to the start of the first race of the event. As per the FISA Rules of Racing for Masters Regattas (Rule 59), a substitute shall not be permitted if the age of the substituting rower would result in the lowering of the average age of the crew by more than one year or would change the age category of the crew.

No seat fee refunds are offered to crews who withdraw from the regatta, or for seat fees in events that are cancelled.

Orphan Rowers

An 'orphan rower' page can be found on the 2014 World Rowing Masters Regatta website - <http://www.wrmr2014.com/regatta/orphans/>. This is a list of people who have registered who are available as replacement crew members, or crews who may be looking for a replacement member. Please check here regularly as new posts are made constantly.

Bow Numbers

The bow numbers will be distributed from the marquee next to Regatta Administration in the Boat Park. Please ensure that all bow numbers are returned as soon as possible after racing. Any club that does not return a bow number shall be invoiced AUD \$20+GST.

Uniform

As per the FISA Rules of Racing for Masters Regattas, composite crews shall be required to wear a standard uniform across all members of the crew regardless of club, including coxswain. This rule shall not be enforced for Mixed Events.

Coxswain Weighing

Coxswains shall only be weighed at the specific request of the Jury. If required, scales shall be located in the Bow Numbers marquee.

Medal Presentations

Medals will be presented to the winning crew of each race. For multi-age events, winning crews in each category within the race shall be presented with medals. Once the race is completed the winning crew shall be directed to round the point and attend the medal presentation pontoon on the opposite side of the Eureka Marquee to the Finish line. Medals will be presented to winning crews in the boat after identification has been checked and confirmed, before returning to the boating pontoons.

Where there is dispute over identification of crews, medals will not be presented until the dispute has been resolved.

4. TEAM FACILITIES AND SERVICES

Boat Storage

There are no rack reservations for boats, other than in the Boat Hire compound. Please ensure that boats are only placed onto the appropriately marked rack size only. If using hire boats, please ensure that boats and equipment is returned to the rack it was taken from within the period specified when collecting the boat.

Trailers

Wendouree Parade will have a half-road closure from Dawson Avenue during all training and competition days for the event. Vehicles towing boat trailers will travel in a westbound direction along Wendouree Parade past Alfred Street North and Dawson Avenue in will be directed to pull into the closed lane closest to the boat park, facing west. Please see the Traffic map at the end of the Manual for details.

Permission to access the road closure for unloading/loading shall be granted on the following conditions:

1. The tow vehicle remains attached to the trailer while in the road closure.
2. Access will be only be given when there is sufficient manpower available from the boat owning Clubs for loading and unloading.
- 3. Boat trailers will not have access to the road closure prior to 3.00pm Monday 6/09/14.**
4. Boat deliveries and pick-up will only be allowed into the road closure between 9.00am and 4.00pm once competition has commenced, when Boat Park Marshalls are available. Outside of these times trailers will be left in the City Oval as shown on the Parking Map – entrance through Pleasant St North.

5. After unloading, trailers will be taken immediately to the City Oval for secure storage – entrance through Pleasant St North.

Ergometers

Ergometers for training and warming up, or cooling down, will be provided in a marquee at the back of the Boat Park.

Showers and Toilets

Toilets and hot showers shall be located on the road near the Eureka Marquee. Additional toilets shall be located in the Boat Park.

Team Tents

Only teams who have booked and paid for a tent site shall be able to erect a tent in the Boat Park, and these sites shall be marked and allocated. Tent sites can be booked through Regatta Central until Monday 22 September - <https://www.regattacentral.com/clubs/> (scroll down to the Rowing Australia logo).

All team tents must be securely pegged and/or weighted against strong wind.

The Draw and Results

The draw shall be published on Regatta Central from mid-September, and be posted around the venue.

Race results shall be posted as soon as possible after each event in the Eureka Marquee and at Regatta Administration. Live racing and all results and draws can also be found on Regatta Central.

Food and Drink - The Eureka Marquee

The Eureka Marquee located on the Finish Line opposite the Finish Tower, and will be the social hub of the regatta and will provide ample food and drinks options for breakfast, lunch and snacks.

The Eureka Marquee will be open at the following times from 7.00am daily from Tuesday 7 to Sunday 12 October:

Seating and heating will be provided in the marquee.

Public Bar - The Eureka Marquee

A public bar will operate 12noon daily from Thursday 9 October in the Eureka Marquee.

5. OTHER ROWING OPPORTUNITIES

Rowing Victoria Head Race

This event will be conducted as a lead-in event to the WRMR. It will be held on the Yarra River in Melbourne on Sunday 5th October starting at Herring Island and finishing at Princes Bridge. The Princes Bridge Clubs facilitate over 4,000 members of Rowing Victoria through school and club memberships. The Yarra River is iconic to Victoria and Australia, hosting the two biggest head races in the Southern Hemisphere (Melbourne Head and Head of the Yarra). For more information please see <http://home.rowingvictoria.asn.au/index.php/component/k2/rowing-victoria-melbourne-head-race-2014>.

Australian entries -

<http://www.rowingonline.com.au/Rowing/Regattas/RegattaView.aspx?id=485392a2-9500-4f5d-8226-69608ea145fb>.

International entries -

https://www.regattacentral.com/regatta/index.jsp?section=overview&job_id=3883.

Head of the Goulburn

Participants in the 2014 WRMR are invited to see another part of Victoria and enjoy a very different rowing experience on the beautiful, and sheltered, Goulburn River outside Nagambie (90 minutes from Melbourne CBD). The 7.2km time trial head race may well be the only regatta in the world that finishes at a winery!

Racing starts at historic Chinaman's Bridge near Nagambie's world class 2 km permanently buoyed rowing course, and meanders along the wide, picturesque Goulburn River to finish at Tahbilk Winery, established in 1860. While awaiting regatta results at the original Tahbilk Cellar Door, competitors and spectators enjoy the food stalls, live music from the popular Ben Rogers gypsy jazz band, and wine tasting/sales (for those over 18) from nearby Fowles and Mitchelton Wineries, as well as Tahbilk.

Friendly safety marshals are stationed along the River at every bend to ensure competitors are warned of any upcoming turns as they pass Gilgai horse farm (birthplace of famous Australian racehorse "Black Caviar"), view majestic white barked gum trees along the banks, and hear the calls of kookaburras and cockatoos.

Entries and more information -

<http://www.rowingonline.com.au/Rowing/Regattas/RegattaView.aspx?id=079473ce-715c-4522-b5f0-6337c7d4177b>

Flying Doctor Rowathon

Row part or all of 82K In A Day, and all for a good cause – The Royal Flying Doctor Service! Experience rowing on one of the great "Outback" rivers.

Saturday October 18th, on the mighty Murray and Darling Rivers – from Wentworth District Rowing Club in Wentworth, NSW, Australia.

Entries and more information - <http://www.murrayrowathon.com/>.

6. FUNCTIONS AND SPECIAL EVENTS

The Opening Ceremony – Thursday 9 October

The Opening Ceremony will take place from 5.00pm Thursday 9 October in the Eureka Marquee. Competitors and spectators are invited to attend. Food and drink will be available for purchase.

1956 Olympian Reunion – Friday 10 October

A ceremonial row-past and presentation of commemorative medallions to the 1956 Olympians will take place at 12.30pm on Friday 10 October in the Eureka Marquee.

Competitors and spectators are invited to attend. Food and drink will be available for purchase.

The Regatta Party – Saturday 11 October

All competitors and spectators are invited to join us for the Regatta Party, to be held in the Eureka Marquee from 6.30pm on Saturday evening 11 October.

Tickets are AUD \$50 and includes meal, one drink (after which bar prices apply) and music from Melbourne covers band Wildcard – a five piece band playing classic rock, pop, blues and ballads from 1960 – 2000. The Regatta Party will also include the official handover to Hazewinkel, Belgium – hosts of the 2015 World Rowing Masters Regatta.

Tickets are available through Regatta Central -

https://www.regattacentral.com/regatta/gala.jsp?job_id=2542&org_id=0.

7. MEDICAL FACILITIES AND SERVICES

Medical Centre

The Medical Centre will be situated around 50m to the east of the Eureka Marquee. The Medical Centre will be open at all times the course is open for training or competition.

Paramedics and the Regatta Doctor will be in attendance at the Medical Centre for emergencies during competition and official training periods.

On-water Rescue

A water safety service will also operate during competition and official training periods on the racing course. Any boat entering the water outside of these times shall do so at their own risk. A test rescue will take place prior to the regatta starting.

Emergency Medical Management Procedures

There are some diseases circulating overseas that require a public health response. The following diseases should be reported to the Medical Centre on diagnosis or suspicion in anyone in your team (that is, competitors, coaches and other support staff):

1. Measles (or report of cough, running nose or red eyes, and high fever and with a non-itching rash which may start on the face and spread to the rest of the body).
2. Gastroenteritis (or diarrhoea and/or vomiting which cannot be attributed to excessive exercise, alcohol or drug consumption, pregnancy or a pre-existing chronic condition).
3. Influenza (or respiratory symptoms associated with fever).
4. Swimmers itch (or insect bite-like spots that have a red circle of 1 to 1.5 cm diameter with a blistered centre which occurs when the person is in contact with water or up to about an hour after leaving the water).

If you need to send someone to the doctor or emergency department with conditions 1 to 3 please ring the doctor or emergency department first to advise them that the patient is being sent and is potentially infectious.

8. TRANSPORTATION AND PARKING SERVICES FOR TEAMS

Please refer to the traffic and parking map.

Wendouree Parade will have a half-road closure from Dawsons Avenue to Hamilton Avenue during all training and competition days, and all traffic in the area must travel in a westbound direction. There will be designated two-minute drop-off and pick-up zones in this area.

Hamilton Avenue next to Loreto College shall be a 'no-standing' zone at all times.

Accessible parking shall be available of Wendouree Parade to the north of Hamilton Avenue. VIP Parking shall be located in St Patrick's Point, opposite Dawsons Avenue. All other parking shall be as signed in the streets of Victoria Park, off Sturt Street.

9. ACCREDITATION

All competitors are required to carry with them a photocopy of their passport or other form of government-issued photo identification to prove correct identity if requested. These should be taken into the boat with the competitor as all winning crews shall be checked on the presentation pontoon. There shall be photocopy services available from the Accreditation Centre (just to the east of the Eureka Marquee), however to reduce delay competitors are encouraged to bring their own copies.

Competitors will be issued with a lanyard and plastic pouch for the photocopies. These will be available for collection on a whole-club basis from the Accreditation Centre.

The Accreditation Centre will be open from 9.00am on Tuesday 7 October.

FISA Masters Database

From 2015, all competitors entering in World Rowing Masters Regattas must be entered and verified into the FISA Masters database. If any competitor would like to be permanently verified in the database for entry in future WRMRs on a voluntary basis, this service will be available in the Accreditation Centre from 9.00am to 5.00pm Wednesday 8 October, and at further posted times during competition days.

To be verified into the FISA Masters database, competitors must present an original form of photo identification such as a valid passport or other form of government-issued photo identification to prove correct identity.

10. BOAT HIRE

The Boat Hire compound shall be located in the Boat Park adjacent to the third pontoon along from the Eureka Marquee. If hiring boats please ensure that you follow all volunteer staff directions, and return the boat and oars immediately to rack they were taken from post-race. Upon arrival at the Boat Hire compound a member of the crew shall be required to sign an equipment waiver form before taking the boat off the rack.

Rigging

Hirers are permitted to alter:

- Gate height with fitted C washers
- Foot stretcher length
- Seat runner position

Hirers are not permitted to alter:

- Alter rigger pitch
- Alter rigger span
- Change rudder wires which are set in the crossed position
- Change foot steering position which is set to the stroke seat
- Transfer any equipment from one boat to another
- Oar length
- Oar inboard/outboard ratio except by use of clams or by arrangement

General Boat Hire Rules

1. While the boat hire operator is mindful of boat supply consistency, hirers cannot expect to obtain the same boat for repeat hires.
2. Hirers that return damaged boats will be required to immediately notify the boat hire operator and submit a damage report
3. Hire boats in the 8+ and 4+ categories are fitted with standard loudspeaker arrangements; however cox boxes are not supplied.
4. Stroke coaches are not supplied with any boat.
5. Hirers must submit official hire documents or identification to collect their boats.
6. Hirers must return all boats and oars to their original racks
7. Hirers should bring oar clams in case quick inboard/outboard changes are desired
8. Rowers hiring a boat should inspect their boat before boating to ensure there are no issues.

Any Boat Hire enquires should be directed to boatrentals@wrmr2014.com.

11. MEDIA

Any event media enquiries should contact the RA Media and Communications Manager – lbenjamin@rowingaustralia.com.au.

12. MISCELLANEOUS SERVICES

Lost and Found

The lost and found service is provided in the Regatta Administration.

ATM

There will be no ATM at the regatta venue, however cash may be withdrawn through the regatta caterer in the Eureka Marquee. Fees may apply.

Bag Drop

Competitor bag drop will be available in the bow number tent.

13. MAPS

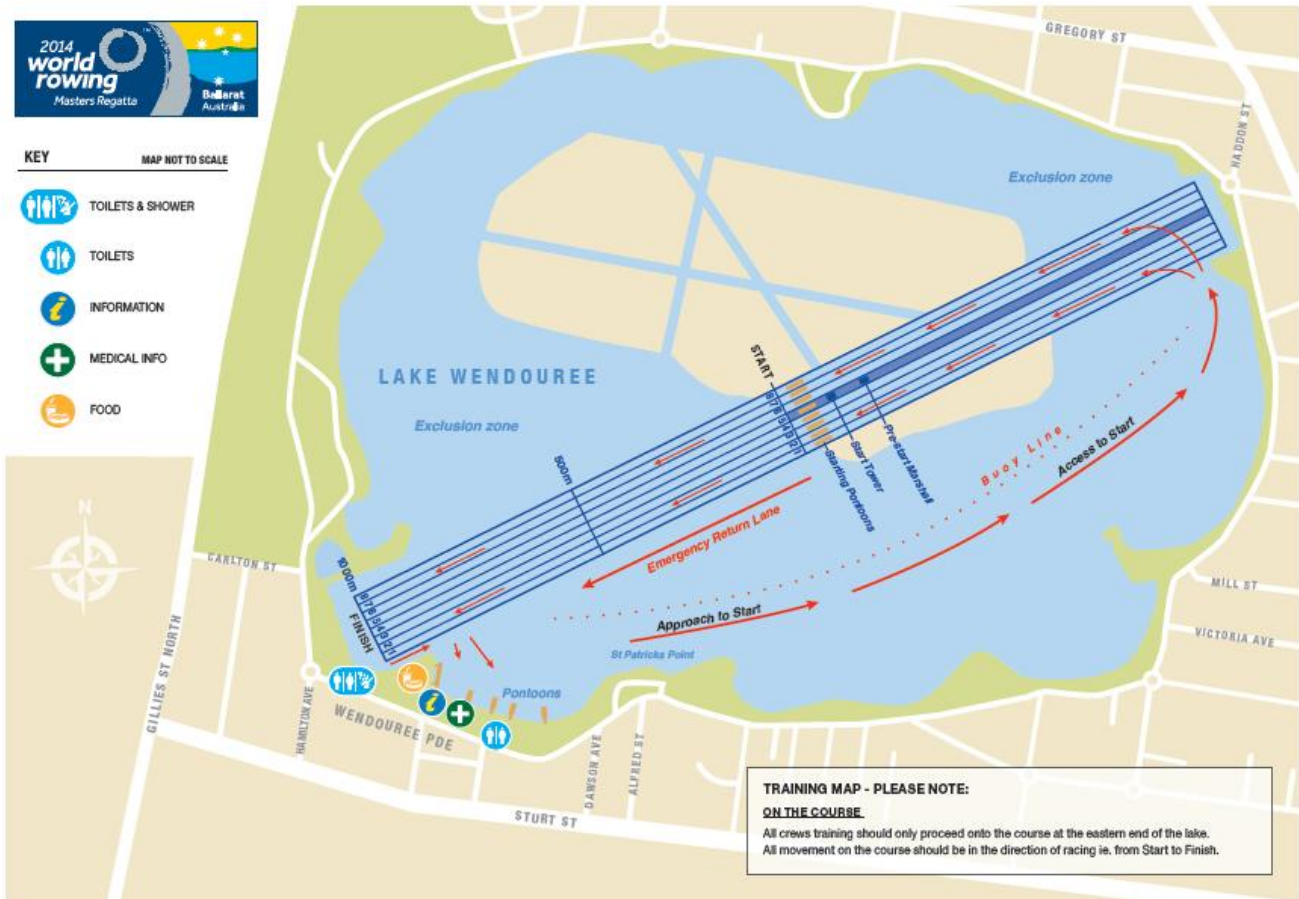
SITE MAP



TRAFFIC AND PARKING MAP



ON-WATER TRAINING MAP



ON-WATER COMPETITION MAP



KEY MAP NOT TO SCALE

- TOILETS & SHOWER
- TOILETS
- INFORMATION
- MEDICAL INFO
- FOOD



RACING MAP - PLEASE NOTE:
WHEN WARMING UP/BEFORE HOLD LINE
 Warm-up Circuit – when warming-up prior to the hold-line, crews should travel towards the Finish in lanes 3 and 4 and away from the Finish off the course.
 Lanes 1 & 2 within the warm-up circuit should be left clear at all times
 Lane 5 - should be kept clear at all times.
 Lanes 6-8 - When ready for proceed to Start, use lanes 6-8 to proceed to Hold Line.
AT THE HOLD LINE
 Crews will be directed to proceed to the Pre-start Marshall in their lanes then onto the Start Lane.