

## 2016 Sydney International Rowing Regatta Indicative Race Schedule

The following is the Indicative Race Schedule (IRS) for the 2016 Sydney International Rowing Regatta. Please note the following comments:

- The number of races and progression is based on an indicative high-average number of entries, and is subject to change based on final entry numbers.
- The IRS is based on an 8-lane progression system for all 2000m races, and 6-lane progression system for all 1000m and 500m races.
- For 2000m events with 8 or less entries there will be a non-compulsory heat (race for lanes) offered before a single Final.
- The new Club Eights events are offered at the end of the same racing sessions that will also contain the Club Doubles and Fours, to give time between the two and allow competitors the opportunity to race both if so desired.
- In the event that additional rounds of racing are required for an event, the additional rounds will be added consistent with neighbouring events
- All School events will commence heats on Thursday afternoon, followed by repechages on Friday afternoon. In the event that semi-finals are required they will be scheduled on the Saturday; if no semi-finals are required there will be no rounds of racing for that event on Saturday.
- A provisional race schedule will be released as soon as possible following the close of entries prior to the end of the Withdrawal Without Penalty period. After the WWP ends the final race schedule will be released.
- Entries close at 11.59pm AEDT, Monday 29 February 2016 – all entries through Regatta Central. **LATE ENTRIES WILL NOT BE ACCEPTED.**

For any questions regarding the Indicative Race Schedule please email Cameron Allen on [callen@rowingaustralia.com.au](mailto:callen@rowingaustralia.com.au).

HOSTED BY



STRATEGIC PARTNERS



Sydney International Rowing Regatta  
Monday, 14 March 2016

Indicative Race Schedule Only

Race	Time	Event	Distance
1	8:00 AM	101. Open Women's Single Scull	Heat 1 2000
2	8:04 AM		Heat 2 2000
3	8:08 AM		Heat 3 2000
4	8:12 AM	107. Open Men's Single Scull	Heat 1 2000
5	8:16 AM		Heat 2 2000
6	8:20 AM		Heat 3 2000
7	8:24 AM		Heat 4 2000
8	8:28 AM	122. Under 23 Women's Single Scull	Heat 1 2000
9	8:32 AM		Heat 2 2000
10	8:36 AM		Heat 3 2000
11	8:40 AM	128. Under 23 Men's Single Scull	Heat 1 2000
12	8:44 AM		Heat 2 2000
13	8:48 AM		Heat 3 2000
14	8:52 AM		Heat 4 2000
15	8:56 AM	141. Under 21 Women's Single Scull	Heat 1 2000
16	9:00 AM		Heat 2 2000
17	9:04 AM		Heat 3 2000
18	9:08 AM	146. Under 21 Men's Single Scull	Heat 1 2000
19	9:12 AM		Heat 2 2000
20	9:16 AM		Heat 3 2000
21	9:20 AM		Heat 4 2000
22	9:24 AM	149. Under 21 Men's Coxless Pair	Heat 1 2000
23	9:28 AM		Heat 2 2000
24	9:32 AM		Heat 3 2000
25	9:36 AM	153. Under 19 Women's Single Scull	Heat 1 2000
26	9:40 AM		Heat 2 2000
27	9:44 AM		Heat 3 2000
28	9:48 AM		Heat 4 2000
29	9:52 AM		Heat 5 2000
30	9:56 AM		Heat 6 2000
31	10:00 AM	159. Under 19 Men's Single Scull	Heat 1 2000
32	10:04 AM		Heat 2 2000
33	10:08 AM		Heat 3 2000
34	10:12 AM		Heat 4 2000
35	10:16 AM		Heat 5 2000
36	10:20 AM		Heat 6 2000
37	10:24 AM	166. Under 17 Women's Single Scull	Heat 1 2000
38	10:28 AM		Heat 2 2000
39	10:32 AM		Heat 3 2000
40	10:36 AM		Heat 4 2000
41	10:40 AM		Heat 5 2000
42	10:44 AM		Heat 6 2000
43	10:48 AM	169. Under 17 Men's Single Scull	Heat 1 2000
44	10:52 AM		Heat 2 2000
45	10:56 AM		Heat 3 2000
46	11:00 AM		Heat 4 2000
47	11:04 AM		Heat 5 2000
48	11:08 AM		Heat 6 2000
49	11:12 AM	156. Under 19 Women's Coxless Pair	Heat 1 2000
50	11:16 AM		Heat 2 2000
51	11:20 AM		Heat 3 2000
52	11:24 AM	113. Open Lightweight Women's Single Scull	Heat 1 2000
53	11:28 AM		Heat 2 2000

On-course training -  
6.40am to 7.45am  
5.25pm to 7.00pm

54	11:32 AM		Heat 3	2000
55	11:36 AM	116. Open Lightweight Men's Single Scull	Heat 1	2000
56	11:40 AM		Heat 2	2000
57	11:44 AM		Heat 3	2000
58	11:48 AM	134. Under 23 Lightweight Women's Single Scull	Heat 1	2000
59	11:52 AM		Heat 2	2000
60	11:56 AM		Heat 3	2000
61	12:00 PM	137. Under 23 Lightweight Men's Single Scull	Heat 1	2000
62	12:04 PM		Heat 2	2000
63	12:08 PM		Heat 3	2000
64	12:12 PM		Heat 4	2000
65	12:16 PM	151. Under 21 Lightweight Women's Single Scull	Heat 1	2000
66	12:20 PM		Heat 2	2000
67	12:24 PM		Heat 3	2000
68	12:28 PM	152. Under 21 Lightweight Men's Single Scull	Heat 1	2000
69	12:32 PM		Heat 2	2000
70	12:36 PM		Heat 3	2000
71	12:40 PM		Heat 4	2000

Lunch Break

72	1:30 PM	102. Open Women's Double Scull	Heat 1	2000
73	1:34 PM		Heat 2	2000
74	1:38 PM	108. Open Men's Double Scull	Heat 1	2000
75	1:42 PM		Heat 2	2000
76	1:46 PM	105. Open Women's Coxless Four	Heat 1	2000
77	1:50 PM		Heat 2	2000
78	1:54 PM	111. Open Men's Coxless Four	Heat 1	2000
79	1:58 PM	123. Under 23 Women's Double Scull	Heat 1	2000
80	2:02 PM		Heat 2	2000
81	2:06 PM	129. Under 23 Men's Double Scull	Heat 1	2000
82	2:10 PM		Heat 2	2000
83	2:14 PM	142. Under 21 Women's Double Scull	Heat 1	2000
84	2:18 PM		Heat 2	2000
85	2:22 PM	147. Under 21 Men's Double Scull	Heat 1	2000
86	2:26 PM		Heat 2	2000
87	2:30 PM	126. Under 23 Women's Coxless Four	Heat 1	2000
88	2:34 PM		Heat 2	2000
89	2:38 PM	132. Under 23 Men's Coxless Four	Heat 1	2000
90	2:42 PM	145. Under 21 Women's Coxed Four	Heat 1	2000
91	2:46 PM	150. Under 21 Men's Coxed Four	Heat 1	2000
92	2:50 PM		Heat 2	2000
93	2:54 PM	154. Under 19 Women's Double Scull	Heat 1	2000
94	2:58 PM		Heat 2	2000
95	3:02 PM		Heat 3	2000
96	3:06 PM		Heat 4	2000
97	3:10 PM		Heat 5	2000
98	3:14 PM		Heat 6	2000
99	3:18 PM	160. Under 19 Men's Double Scull	Heat 1	2000
100	3:22 PM		Heat 2	2000
101	3:26 PM		Heat 3	2000
102	3:30 PM	167. Under 17 Women's Double Scull	Heat 1	2000
103	3:34 PM		Heat 2	2000
104	3:38 PM		Heat 3	2000
105	3:42 PM		Heat 4	2000
106	3:46 PM		Heat 5	2000

**Indicative Race Schedule Only**

107	3:50 PM		Heat 6	2000
108	3:54 PM	170. Under 17 Men's Double Scull	Heat 1	2000
109	3:58 PM		Heat 2	2000
110	4:02 PM		Heat 3	2000
111	4:06 PM		Heat 4	2000
112	4:10 PM	157. Under 19 Women's Coxless Four	Heat 1	2000
113	4:14 PM		Heat 2	2000
114	4:18 PM	163. Under 19 Men's Coxed Four	Heat 1	2000
115	4:22 PM		Heat 2	2000
116	4:26 PM	164. Under 19 Men's Coxless Four	Heat 1	2000
117	4:30 PM	114. Open Lightweight Women's Double Scull	Heat 1	2000
118	4:34 PM		Heat 2	2000
119	4:38 PM	117. Open Lightweight Men's Double Scull	Heat 1	2000
120	4:42 PM		Heat 2	2000
121	4:46 PM	120. Open Lightweight Men's Four	Heat 1	2000
122	4:50 PM	135. Under 23 Lightweight Women's Double Scull	Heat 1	2000
123	4:54 PM		Heat 2	2000
124	4:58 PM	138. Under 23 Lightweight Men's Double Scull	Heat 1	2000
125	5:02 PM		Heat 2	2000
126	5:06 PM	140. Under 23 Lightweight Men's Four	Heat 1	2000

Sydney International Rowing Regatta  
Tuesday, 15 March 2016

Indicative Race Schedule Only

Race	Time	Event		Distance
127	8:00 AM	101. Open Women's Single Scull	Repechage 1	2000
128	8:05 AM	107. Open Men's Single Scull	Repechage 1	2000
129	8:10 AM		Repechage 2	2000
130	8:15 AM	104. Open Women's Coxless Pair	Heat 1	2000
131	8:20 AM		Heat 2	2000
132	8:25 AM	110. Open Men's Coxless Pair	Heat 1	2000
133	8:30 AM		Heat 2	2000
134	8:35 AM	122. Under 23 Women's Single Scull	Repechage 1	2000
135	8:40 AM	128. Under 23 Men's Single Scull	Repechage 1	2000
136	8:45 AM		Repechage 2	2000
137	8:50 AM	141. Under 21 Women's Single Scull	Repechage 1	2000
138	8:55 AM		Repechage 2	2000
139	9:00 AM	146. Under 21 Men's Single Scull	Repechage 1	2000
140	9:05 AM		Repechage 2	2000
141	9:10 AM	125. Under 23 Women's Coxless Pair	Heat 1	2000
142	9:15 AM		Heat 2	2000
143	9:20 AM	131. Under 23 Men's Coxless Pair	Heat 1	2000
144	9:25 AM		Heat 2	2000
145	9:30 AM	144. Under 21 Women's Coxless Pair	Heat 1	2000
146	9:35 AM		Heat 2	2000
147	9:40 AM	149. Under 21 Men's Coxless Pair	Repechage 1	2000
148	9:45 AM	153. Under 19 Women's Single Scull	Repechage 1	2000
149	9:50 AM		Repechage 2	2000
150	9:55 AM		Repechage 3	2000
151	10:00 AM		Repechage 4	2000
152	10:05 AM		Repechage 5	2000
153	10:10 AM	159. Under 19 Men's Single Scull	Repechage 1	2000
154	10:15 AM		Repechage 2	2000
155	10:20 AM		Repechage 3	2000
156	10:25 AM		Repechage 4	2000
157	10:30 AM		Repechage 5	2000
158	10:35 AM	166. Under 17 Women's Single Scull	Repechage 1	2000
159	10:40 AM		Repechage 2	2000
160	10:45 AM		Repechage 3	2000
161	10:50 AM		Repechage 4	2000
162	10:55 AM		Repechage 5	2000
163	11:00 AM	169. Under 17 Men's Single Scull	Repechage 1	2000
164	11:05 AM		Repechage 2	2000
165	11:10 AM		Repechage 3	2000
166	11:15 AM		Repechage 4	2000
167	11:20 AM		Repechage 5	2000
168	11:25 AM	156. Under 19 Women's Coxless Pair	Repechage 1	2000
169	11:30 AM	162. Under 19 Men's Coxless Pair	Heat 1	2000
170	11:35 AM		Heat 2	2000
171	11:40 AM	113. Open Lightweight Women's Single Scull	Repechage 1	2000
172	11:45 AM	116. Open Lightweight Men's Single Scull	Repechage 1	2000
173	11:50 AM		Repechage 2	2000
174	11:55 AM	119. Open Lightweight Men's Coxless Pair	Heat 1	2000
175	12:00 PM	134. Under 23 Lightweight Women's Single Scull	Repechage 1	2000
176	12:05 PM	137. Under 23 Lightweight Men's Single Scull	Repechage 1	2000
177	12:10 PM		Repechage 2	2000
178	12:15 PM	151. Under 21 Lightweight Women's Single Scull	Repechage 1	2000
179	12:20 PM	152. Under 21 Lightweight Men's Single Scull	Repechage 1	2000

On-course training -  
6.40am to 7.45am  
4.20pm to 7.00pm

180	12:25 PM		Repechage 2	2000
181	12:30 PM	139. Under 23 Lightweight Men's Coxless Pair	Heat 1	2000
182	12:35 PM		Heat 2	2000

Lunch Break

183	1:30 PM	103. Open Women's Quadruple Scull	Heat 1	2000
184	1:35 PM	109. Open Men's Quadruple Scull	Heat 1	2000
185	1:40 PM	106. Open Women's Coxed Eight	Heat 1	2000
186	1:45 PM	112. Open Men's Coxed Four	Heat 1	2000
187	1:50 PM	124. Under 23 Women's Quadruple Scull	Heat 1	2000
188	1:55 PM		Heat 2	2000
189	2:00 PM	130. Under 23 Men's Quadruple Scull	Heat 1	2000
190	2:05 PM		Heat 2	2000
191	2:10 PM	127. Under 23 Women's Coxed Eight	Heat 1	2000
192	2:15 PM	133. Under 23 Men's Coxed Eight	Heat 1	2000
193	2:20 PM		Heat 2	2000
194	2:25 PM	143. Under 21 Women's Quadruple Scull	Heat 1	2000
195	2:30 PM	148. Under 21 Men's Quadruple Scull	Heat 1	2000
196	2:35 PM	155. Under 19 Women's Quadruple Scull	Heat 1	2000
197	2:40 PM		Heat 2	2000
198	2:45 PM	161. Under 19 Men's Quadruple Scull	Heat 1	2000
199	2:50 PM		Heat 2	2000
200	2:55 PM	168. Under 17 Women's Coxed Quadruple Scull	Heat 1	2000
201	3:00 PM		Heat 2	2000
202	3:05 PM		Heat 3	2000
203	3:10 PM		Heat 4	2000
204	3:15 PM	171. Under 17 Men's Coxed Quadruple Scull	Heat 1	2000
205	3:20 PM		Heat 2	2000
206	3:25 PM		Heat 3	2000
207	3:30 PM	158. Under 19 Women's Coxed Eight	Heat 1	2000
208	3:35 PM		Heat 2	2000
209	3:40 PM	165. Under 19 Men's Coxed Eight	Heat 1	2000
210	3:45 PM		Heat 2	2000
211	3:50 PM	115. Open Lightweight Women's Quadruple Scull	Heat 1	2000
212	3:55 PM	118. Open Lightweight Men's Quadruple Scull	Heat 1	2000
213	4:00 PM		Heat 2	2000
214	4:05 PM	136. Under 23 Lightweight Women's Quadruple Scull	Heat 1	2000

Sydney International Rowing Regatta  
Wednesday, 16 March 2016

Indicative Race Schedule Only

Race	Time	Event		Distance
215	8:00 AM	101. Open Women's Single Scull	Semi-Final 1	2000
216	8:05 AM		Semi-Final 2	2000
217	8:10 AM	107. Open Men's Single Scull	Semi-Final 1	2000
218	8:15 AM		Semi-Final 2	2000
219	8:20 AM	104. Open Women's Coxless Pair	Repechage 1	2000
220	8:25 AM	110. Open Men's Coxless Pair	Repechage 1	2000
221	8:30 AM		Repechage 2	2000
222	8:35 AM	122. Under 23 Women's Single Scull	Semi-Final 1	2000
223	8:40 AM		Semi-Final 2	2000
224	8:45 AM	128. Under 23 Men's Single Scull	Semi-Final 1	2000
225	8:50 AM		Semi-Final 2	2000
226	8:55 AM	141. Under 21 Women's Single Scull	Semi-Final 1	2000
227	9:00 AM		Semi-Final 2	2000
228	9:05 AM	146. Under 21 Men's Single Scull	Semi-Final 1	2000
229	9:10 AM		Semi-Final 2	2000
230	9:15 AM	125. Under 23 Women's Coxless Pair	Repechage 1	2000
231	9:20 AM	131. Under 23 Men's Coxless Pair	Repechage 1	2000
232	9:25 AM		Repechage 2	2000
233	9:30 AM	144. Under 21 Women's Coxless Pair	Repechage 1	2000
234	9:35 AM	149. Under 21 Men's Coxless Pair	Semi-Final 1	2000
235	9:40 AM		Semi-Final 2	2000
236	9:45 AM	153. Under 19 Women's Single Scull	Semi-Final 1	2000
237	9:50 AM		Semi-Final 2	2000
238	9:55 AM	159. Under 19 Men's Single Scull	Semi-Final 1	2000
239	10:00 AM		Semi-Final 2	2000
240	10:05 AM	166. Under 17 Women's Single Scull	Semi-Final 1	2000
241	10:10 AM		Semi-Final 2	2000
242	10:15 AM	169. Under 17 Men's Single Scull	Semi-Final 1	2000
243	10:20 AM		Semi-Final 2	2000
244	10:25 AM	156. Under 19 Women's Coxless Pair	Semi-Final 1	2000
245	10:30 AM		Semi-Final 2	2000
246	10:35 AM	162. Under 19 Men's Coxless Pair	Repechage 1	2000
247	10:40 AM	113. Open Lightweight Women's Single Scull	Semi-Final 1	2000
248	10:45 AM		Semi-Final 2	2000
249	10:50 AM	116. Open Lightweight Men's Single Scull	Semi-Final 1	2000
250	10:55 AM		Semi-Final 2	2000
251	11:00 AM	134. Under 23 Lightweight Women's Single Scull	Semi-Final 1	2000
252	11:05 AM		Semi-Final 2	2000
253	11:10 AM	137. Under 23 Lightweight Men's Single Scull	Semi-Final 1	2000
254	11:15 AM		Semi-Final 2	2000
255	11:20 AM	151. Under 21 Lightweight Women's Single Scull	Semi-Final 1	2000
256	11:25 AM		Semi-Final 2	2000
257	11:30 AM	152. Under 21 Lightweight Men's Single Scull	Semi-Final 1	2000
258	11:35 AM		Semi-Final 2	2000
259	11:40 AM	139. Under 23 Lightweight Men's Coxless Pair	Repechage 1	2000
260	11:50 PM	187. LTA Men's Single Scull	Heat 1	1000
261	12:00 PM		Heat 2	1000

On-course training -  
6.40am to 7.45am  
5.25pm to 7.00pm

Lunch Break

262	1:00 PM	102. Open Women's Double Scull	Repechage 1	2000
263	1:05 PM	108. Open Men's Double Scull	Repechage 1	2000

264	1:10 PM	105. Open Women's Coxless Four	Repechage 1	2000
265	1:15 PM	123. Under 23 Women's Double Scull	Repechage 1	2000
266	1:20 PM	129. Under 23 Men's Double Scull	Repechage 1	2000
267	1:25 PM	142. Under 21 Women's Double Scull	Repechage 1	2000
268	1:30 PM		Repechage 2	2000
269	1:35 PM	147. Under 21 Men's Double Scull	Repechage 1	2000
270	1:40 PM	126. Under 23 Women's Coxless Four	Repechage 1	2000
271	1:45 PM	150. Under 21 Men's Coxed Four	Repechage 1	2000
272	1:50 PM	154. Under 19 Women's Double Scull	Repechage 1	2000
273	1:55 PM		Repechage 2	2000
274	2:00 PM		Repechage 3	2000
275	2:05 PM		Repechage 4	2000
276	2:10 PM		Repechage 5	2000
277	2:15 PM	160. Under 19 Men's Double Scull	Repechage 1	2000
278	2:20 PM		Repechage 2	2000
279	2:25 PM	167. Under 17 Women's Double Scull	Repechage 1	2000
280	2:30 PM		Repechage 2	2000
281	2:35 PM		Repechage 3	2000
282	2:40 PM		Repechage 4	2000
283	2:45 PM		Repechage 5	2000
284	2:50 PM	170. Under 17 Men's Double Scull	Repechage 1	2000
285	2:55 PM		Repechage 2	2000
286	3:00 PM	157. Under 19 Women's Coxless Four	Repechage 1	2000
287	3:05 PM	163. Under 19 Men's Coxed Four	Repechage 1	2000
288	3:10 PM	114. Open Lightweight Women's Double Scull	Repechage 1	2000
289	3:15 PM	117. Open Lightweight Men's Double Scull	Repechage 1	2000
290	3:20 PM	135. Under 23 Lightweight Women's Double Scull	Repechage 1	2000
291	3:25 PM	138. Under 23 Lightweight Men's Double Scull	Repechage 1	2000
292	3:30 PM		Repechage 2	2000
293	3:45 PM	<b>187. LTA Men's Single Scull</b>	<b>Repechage 1</b>	<b>1000</b>
294	4:00 PM	124. Under 23 Women's Quadruple Scull	Repechage 1	2000
295	4:05 PM	130. Under 23 Men's Quadruple Scull	Repechage 1	2000
296	4:10 PM	133. Under 23 Men's Coxed Eight	Repechage 1	2000
297	4:15 PM	155. Under 19 Women's Quadruple Scull	Repechage 1	2000
298	4:20 PM		Repechage 2	2000
299	4:25 PM	161. Under 19 Men's Quadruple Scull	Repechage 1	2000
300	4:30 PM	168. Under 17 Women's Coxed Quadruple Scull	Repechage 1	2000
301	4:35 PM		Repechage 2	2000
302	4:40 PM		Repechage 3	2000
303	4:45 PM		Repechage 4	2000
304	4:50 PM	171. Under 17 Men's Coxed Quadruple Scull	Repechage 1	2000
305	4:55 PM	158. Under 19 Women's Coxed Eight	Repechage 1	2000
306	5:00 PM		Repechage 2	2000
307	5:05 PM	165. Under 19 Men's Coxed Eight	Repechage 1	2000
308	5:10 PM	118. Open Lightweight Men's Quadruple Scull	Repechage 1	2000



Sydney International Rowing Regatta

Thursday, 17 March 2016

Indicative Race Schedule Only

Race	Time	Event		Distance
309	8:05 AM	153. Under 19 Women's Single Scull	B Final	2000
310	8:10 AM		A Final	2000
311	8:15 AM	159. Under 19 Men's Single Scull	B Final	2000
312	8:20 AM		A Final	2000
313	8:25 AM	166. Under 17 Women's Single Scull	B Final	2000
314	8:30 AM		A Final	2000
315	8:35 AM	169. Under 17 Men's Single Scull	B Final	2000
316	8:40 AM		A Final	2000
317	8:45 AM	156. Under 19 Women's Coxless Pair	B Final	2000
318	8:50 AM		A Final	2000
319	8:55 AM	162. Under 19 Men's Coxless Pair	B Final	2000
320	9:00 AM		A Final	2000
321	9:05 AM	122. Under 23 Women's Single Scull	B Final	2000
322	9:10 AM		A Final	2000
323	9:15 AM	128. Under 23 Men's Single Scull	B Final	2000
324	9:20 AM		A Final	2000
325	9:25 AM	141. Under 21 Women's Single Scull	B Final	2000
326	9:30 AM		A Final	2000
327	9:35 AM	146. Under 21 Men's Single Scull	B Final	2000
328	9:40 AM		A Final	2000
329	9:45 AM	125. Under 23 Women's Coxless Pair	B Final	2000
330	9:50 AM		A Final	2000
331	9:55 AM	131. Under 23 Men's Coxless Pair	B Final	2000
332	10:00 AM		A Final	2000
333	10:05 AM	144. Under 21 Women's Coxless Pair	B Final	2000
334	10:10 AM		A Final	2000
335	10:15 AM	149. Under 21 Men's Coxless Pair	B Final	2000
336	10:20 AM		A Final	2000
337	10:25 AM	101. Open Women's Single Scull	B Final	2000
338	10:30 AM		A Final	2000
339	10:35 AM	107. Open Men's Single Scull	B Final	2000
340	10:40 AM		A Final	2000
341	10:45 AM	104. Open Women's Coxless Pair	B Final	2000
342	10:50 AM		A Final	2000
343	10:55 AM	110. Open Men's Coxless Pair	B Final	2000
344	11:00 AM		A Final	2000
345	11:05 AM	135. Under 23 Lightweight Women's Single Scull	B Final	2000
346	11:10 AM		A Final	2000
347	11:15 AM	138. Under 23 Lightweight Men's Single Scull	B Final	2000
348	11:20 AM		A Final	2000
349	11:25 AM	152. Under 21 Lightweight Women's Single Scull	B Final	2000
350	11:30 AM		A Final	2000
351	11:35 AM	153. Under 21 Lightweight Men's Single Scull	B Final	2000
352	11:40 AM		A Final	2000
353	11:45 AM	140. Under 23 Lightweight Men's Coxless Pair	B Final	2000
354	11:50 AM		A Final	2000
355	11:55 AM	113. Open Lightweight Women's Single Scull	B Final	2000
356	12:00 PM		A Final	2000
357	12:05 PM	116. Open Lightweight Men's Single Scull	B Final	2000
358	12:10 PM		A Final	2000
359	12:15 PM	119. Open Lightweight Men's Coxless Pair	Final	2000
360	12:20 PM	154. Under 19 Women's Double Scull	Semi-Final 1	2000
361	12:25 PM		Semi-Final 2	2000

On-course training -  
6.40am to 7.50am  
5.35pm to 7.00pm

362	12:30 AM	160. Under 19 Men's Double Scull	Semi-Final 1	2000
363	12:35 PM		Semi-Final 2	2000
364	12:40 AM	167. Under 17 Women's Double Scull	Semi-Final 1	2000
365	12:45 PM		Semi-Final 2	2000
366	12:50 AM	170. Under 17 Men's Double Scull	Semi-Final 1	2000
367	12:55 PM		Semi-Final 2	2000

Lunch Break

368	1:40 PM	182. Trunk and Arm's Women's Single Scull	Final	1000
369	1:50 PM	186. Trunk and Arm's Men's Single Scull	Final	1000
370	2:00 PM	183. LTA Women's Single Scull	Final	1000
371	2:10 PM	187. LTA Men's Single Scull	B Final	1000
372	2:20 PM		A Final	1000
373	2:30 PM	121. Open Lightweight Men's Coxed Eight	Heat 1	2000
374	2:35 PM	201. Schoolgirl's Single Scull	Heat 1	2000
375	2:39 PM		Heat 2	2000
376	2:43 PM		Heat 3	2000
377	2:47 PM		Heat 4	2000
378	2:51 PM		Heat 5	2000
379	2:55 PM		Heat 6	2000
380	2:59 PM	206. Schoolboy's Single Scull	Heat 1	2000
381	3:03 PM		Heat 2	2000
382	3:07 PM		Heat 3	2000
383	3:11 PM		Heat 4	2000
384	3:15 PM		Heat 5	2000
385	3:19 PM		Heat 6	2000
386	3:23 PM	203. Schoolgirl's Coxed Four	Heat 1	2000
387	3:27 PM		Heat 2	2000
388	3:31 PM		Heat 3	2000
389	3:35 PM		Heat 4	2000
390	3:39 PM	208. Schoolboy's Coxed Four	Heat 1	2000
391	3:43 PM		Heat 2	2000
392	3:47 PM		Heat 3	2000
393	3:51 PM		Heat 4	2000
394	3:55 PM	204. Under 17 Schoolgirl's Coxed Eight	Heat 1	2000
395	3:59 PM		Heat 2	2000
396	4:03 PM	209. Under 17 Schoolboy's Coxed Eight	Heat 1	2000
397	4:07 PM		Heat 2	2000
398	4:11 PM	202. Schoolgirl's Coxed Quadruple Scull	Heat 1	2000
399	4:15 PM		Heat 2	2000
400	4:19 PM		Heat 3	2000
401	4:23 PM		Heat 4	2000
402	4:27 PM	207. Schoolboy's Coxed Quadruple Scull	Heat 1	2000
403	4:31 PM		Heat 2	2000
404	4:35 PM		Heat 3	2000
405	4:39 PM	205. Schoolgirl's Coxed Eight	Heat 1	2000
406	4:43 PM		Heat 2	2000
407	4:47 PM		Heat 3	2000
408	4:51 PM	210. Schoolboy's Coxed Eight	Heat 1	2000
409	4:55 PM		Heat 2	2000
410	4:59 PM	172. Club Women's Double Scull	Heat 1	2000
411	5:03 PM		Heat 2	2000
412	5:07 PM		Heat 3	2000
413	5:11 PM	175. Club Men's Double Scull	Heat 1	2000
414	5:15 PM		Heat 2	2000
415	5:19 PM		Heat 3	2000

Sydney International Rowing Regatta  
Friday, 18 March 2016

Indicative Race Schedule Only

Race	Time	Event		Distance
416	8:00 AM	188. Legs, Trunk, Arms Mixed Double Scull	Heat 1	1000
417	8:10 AM		Heat 2	1000
418	8:20 AM	154. Under 19 Women's Double Scull	Final	2000
419	8:30 AM	160. Under 19 Men's Double Scull	Final	2000
420	8:40 AM	167. Under 17 Women's Double Scull	Final	2000
421	8:50 AM	170. Under 17 Men's Double Scull	Final	2000
422	9:00 AM	157. Under 19 Women's Coxless Four	Final	2000
423	9:10 AM	163. Under 19 Men's Coxed Four	Final	2000
424	9:20 AM	164. Under 19 Men's Coxless Four	Final	2000
425	9:30 AM	123. Under 23 Women's Double Scull	Final	2000
426	9:40 AM	129. Under 23 Men's Double Scull	Final	2000
427	9:50 AM	142. Under 21 Women's Double Scull	Final	2000
428	10:00 AM	147. Under 21 Men's Double Scull	Final	2000
429	10:10 AM	126. Under 23 Women's Coxless Four	Final	2000
430	10:20 AM	132. Under 23 Men's Coxless Four	Final	2000
431	10:30 AM	145. Under 21 Women's Coxed Four	Final	2000
432	10:40 AM	150. Under 21 Men's Coxed Four	Final	2000
433	10:50 AM	102. Open Women's Double Scull	Final	2000
434	11:00 AM	108. Open Men's Double Scull	Final	2000
435	11:10 AM	105. Open Women's Coxless Four	Final	2000
436	11:20 AM	111. Open Men's Coxless Four	Final	2000
437	11:30 AM	135. Under 23 Lightweight Women's Double Scull	Final	2000
438	11:40 AM	138. Under 23 Lightweight Men's Double Scull	Final	2000
439	11:50 AM	140. Under 23 Lightweight Men's Four	Final	2000
440	12:00 PM	114. Open Lightweight Women's Double Scull	Final	2000
441	12:10 PM	117. Open Lightweight Men's Double Scull	Final	2000
442	12:20 PM	120. Open Lightweight Men's Four	Final	2000
443	12:25 PM	168. Under 17 Women's Coxed Quadruple Scull	Semi-Final 1	2000
444	12:30 PM		Semi-Final 2	2000
445	12:35 PM	171. Under 17 Men's Coxed Quadruple Scull	Semi-Final 1	2000
446	12:40 PM		Semi-Final 2	2000
447	12:50 PM	189. LTA Mixed Coxed Four	Final	1000
448	1:00 PM	190. Trunk and Arms Mixed Double Scull	Final	1000
449	1:10 PM	181. AS Women's Single Scull	Final	1000
450	1:20 PM	185. AS Men's Single Scull	Final	1000

On-course training -  
6.40am to 7.45am  
5.25pm to 7.00pm

Lunch Break

451	2:00 PM	172. Club Women's Double Scull	Repechage 1	2000
452	2:05 PM	175. Club Men's Double Scull	Repechage 1	2000
453	2:10 PM	173. Club Women's Coxless Four	Heat 1	2000
454	2:15 PM		Heat 2	2000
455	2:20 PM	176. Club Men's Coxless Four	Heat 1	2000
456	2:25 PM		Heat 2	2000
457	2:30 PM	201. Schoolgirl's Single Scull	Repechage 1	2000
458	2:35 PM		Repechage 2	2000
459	2:40 PM		Repechage 3	2000
460	2:45 PM		Repechage 4	2000
461	2:50 PM		Repechage 5	2000
462	2:55 PM	206. Schoolboy's Single Scull	Repechage 1	2000
463	3:00 PM		Repechage 2	2000
464	3:05 PM		Repechage 3	2000

## Indicative Race Schedule Only

465	3:10 PM		Repechage 4	2000
466	3:15 PM		Repechage 5	2000
467	3:20 PM	203. Schoolgirl's Coxed Four	Repechage 1	2000
468	3:25 PM		Repechage 2	2000
469	3:30 PM	208. Schoolboy's Coxed Four	Repechage 1	2000
470	3:35 PM		Repechage 2	2000
471	3:40 PM	121. Open Lightweight Men's Coxed Eight	Final	2000
472	3:45 PM	204. Under 17 Schoolgirls's Coxed Eight	Repechage 1	2000
473	3:50 PM	209. Under 17 Schoolboy's Coxed Eight	Repechage 1	2000
474	3:55 PM	202. Schoolgirl's Coxed Quadruple Scull	Repechage 1	2000
475	4:00 PM		Repechage 2	2000
476	4:05 PM		Repechage 3	2000
477	4:10 PM		Repechage 4	2000
478	4:15 PM	207. Schoolboy's Coxed Quadruple Scull	Repechage 1	2000
479	4:20 PM		Repechage 2	2000
480	4:25 PM	205. Schoolgirl's Coxed Eight	Repechage 1	2000
481	4:30 PM		Repechage 2	2000
482	4:35 PM	210. Schoolboy's Coxed Eight	Repechage 1	2000
483	4:40 PM		Repechage 2	2000
484	4:45 PM	174. Club Women's Coxed Eight	Heat 1	2000
485	4:50 PM		Heat 2	2000
486	4:55 PM	177. Club Men's Coxed Eight	Heat 1	2000
487	5:00 PM		Heat 2	2000
488	5:10 PM	188. Legs, Trunk, Arms Mixed Double Scull	Repechage 1	1000

Sydney International Rowing Regatta  
Saturday, 19 March 2016

Indicative Race Schedule Only

Race	Time	Event	Distance
489	8:00 AM	188. Legs, Trunk, Arms Mixed Double Scull	Final 1000
490	8:10 AM	155. Under 19 Women's Quadruple Scull	Final 2000
491	8:20 AM	161. Under 19 Men's Quadruple Scull	Final 2000
492	8:30 AM	168. Under 17 Women's Coxed Quadruple Scull	Final 2000
493	8:40 AM	171. Under 17 Men's Coxed Quadruple Scull	Final 2000
494	8:50 AM	158. Under 19 Women's Coxed Eight	Final 2000
495	9:00 AM	165. Under 19 Men's Coxed Eight	Final 2000
496	9:10 AM	137. Under 23 Lightweight Women's Quadruple Scull	Final 2000
497	9:20 AM	115. Open Lightweight Women's Quadruple Scull	Final 2000
498	9:30 AM	118. Open Lightweight Men's Quadruple Scull	Final 2000
499	9:40 AM	143. Under 21 Women's Quadruple Scull	Final 2000
500	9:50 AM	148. Under 21 Men's Quadruple Scull	Final 2000
501	10:00 AM	124. Under 23 Women's Quadruple Scull	Final 2000
502	10:10 AM	130. Under 23 Men's Quadruple Scull	Final 2000
503	10:20 AM	127. Under 23 Women's Coxed Eight	Final 2000
504	10:30 AM	134. Under 23 Men's Coxed Eight	Final 2000
505	10:40 AM	103. Open Women's Quadruple Scull	Final 2000
506	10:50 AM	109. Open Men's Quadruple Scull	Final 2000
507	11:00 AM	106. Open Women's Coxed Eight	Final 2000
508	11:10 AM	112. Open Men's Coxed Four	Final 2000
509	11:30 AM	172. Club Women's Double Scull	Semi-Final 1 2000
510	11:35 AM		Semi-Final 2 2000
511	11:40 AM	175. Club Men's Double Scull	Semi-Final 1 2000
512	11:45 AM		Semi-Final 2 2000
513	11:50 AM	173. Club Women's Coxless Four	Repechage 1 2000
514	11:55 AM	176. Club Men's Coxless Four	Repechage 1 2000
515	12:00 PM	201. Schoolgirl's Single Scull	Semi-Final C/D 1 2000
516	12:05 PM		Semi-Final C/D 2 2000
517	12:10 PM		Semi-Final A/B 1 2000
518	12:15 PM		Semi-Final A/B 2 2000
519	12:20 PM	206. Schoolboy's Single Scull	Semi-Final C/D 1 2000
520	12:25 PM		Semi-Final C/D 2 2000
521	12:30 PM		Semi-Final A/B 1 2000
522	12:35 PM		Semi-Final A/B 2 2000
523	12:40 PM	203. Schoolgirl's Coxed Four	Semi-Final 1 2000
524	12:45 PM		Semi-Final 2 2000
525	12:50 PM	208. Schoolboy's Coxed Four	Semi-Final 1 2000
526	12:55 PM		Semi-Final 2 2000
527	1:00 PM	202. Schoolgirl's Coxed Quadruple Scull	Semi-Final 1 2000
528	1:05 PM		Semi-Final 2 2000
529	1:10 PM	207. Schoolboy's Coxed Quadruple Scull	Semi-Final 1 2000
530	1:15 PM		Semi-Final 2 2000
531	1:20 PM	205. Schoolgirl's Coxed Eight	Semi-Final 1 2000
532	1:25 PM		Semi-Final 2 2000
533	1:30 PM	174. Club Women's Coxed Eight	Repechage 1 2000
534	1:35 PM	177. Club Men's Coxed Eight	Repechage 1 2000
535	1:40 PM	190. 2000m Para Invitational Exhibition Race	Exhibition 2000

On-course training -  
6.40am to 7.45am  
5.45pm to 7.00pm

Lunch Break

536	2:30 PM	Masters Womens Quadruple Scull Sprint	Heat 1 500
537	2:33 PM		Heat 2 500

538	2:36 PM	Masters Mens Quadruple Scull Sprint	Heat 1	500
539	2:39 PM		Heat 2	500
540	2:42 PM	Masters Womens Coxed Eight Sprint	Heat 1	500
541	2:45 PM		Heat 2	500
542	2:48 PM	Masters Mens Eight Coxed Eight Sprint	Heat 1	500
543	2:51 PM		Heat 2	500
544	2:54 PM	University Womens Quadruple Scull Sprint	Heat 1	500
545	2:57 PM		Heat 2	500
546	3:00 PM	University Mens Quadruple Scull Sprint	Heat 1	500
547	3:03 PM		Heat 2	500
548	3:06 PM	University Womens Coxed Eight Sprint	Heat 1	500
549	3:09 PM		Heat 2	500
550	3:12 PM	University Mens Coxed Eight Sprint	Heat 1	500
551	3:15 PM		Heat 2	500
552	3:18 PM	Schoolgirls Coxed Quadruple Scull Sprint	Heat 1	500
553	3:21 PM		Heat 2	500
554	3:24 PM	Schoolboys Quadruple Scull Sprint	Heat 1	500
555	3:27 PM		Heat 2	500
556	3:30 PM	Schoolgirls Womens Coxed Eight Sprint	Heat 1	500
557	3:33 PM		Heat 2	500
558	3:36 PM	Schoolboys Coxed Eight Sprint	Heat 1	500
559	3:39 PM		Heat 2	500
560	3:42 PM	Open Womens Quadruple Scull Sprint	Heat 1	500
561	3:45 PM		Heat 2	500
562	3:48 PM	Open Mens Quadruple Scull Sprint	Heat 1	500
563	3:51 PM		Heat 2	500
564	3:54 PM	Open Womens Coxed Eight Sprint	Heat 1	500
565	3:57 PM		Heat 2	500
566	4:00 PM	Open Mens Coxed Eight Sprint	Heat 1	500
567	4:03 PM		Heat 2	500
568	4:15 PM	Masters Womens Quadruple Scull Sprint	Final	500
569	4:20 PM	Masters Mens Quadruple Scull Sprint	Final	500
570	4:25 PM	Masters Womens Coxed Eight Sprint	Final	500
571	4:30 PM	Masters Mens Eight Coxed Eight Sprint	Final	500
572	4:35 PM	University Womens Quadruple Scull Sprint	Final	500
573	4:40 PM	University Mens Quadruple Scull Sprint	Final	500
574	4:45 PM	University Womens Eight Sprint	Final	500
575	4:50 PM	University Mens Eight Sprint	Final	500
576	4:55 PM	Schoolgirls Coxed Quadruple Scull Sprint	Final	500
577	5:00 PM	Schoolboys Coxed Quadruple Scull Sprint	Final	500
578	5:05 PM	Schoolgirls Coxed Eight Sprint	Final	500
579	5:10 PM	Schoolboys Coxed Eight Sprint	Final	500
580	5:15 PM	Open Womens Quadruple Scull Sprint	Final	500
581	5:20 PM	Open Mens Quadruple Scull Sprint	Final	500
582	5:25 PM	Open Womens Coxed Eight Sprint	Final	500
583	5:30 PM	Open Mens Coxed Eight Sprint	Final	500

**Sydney International Rowing Regatta**  
**Sunday, 20 March 2016**

Indicative Race Schedule Only

Race	Time	Event		Distance
584	8:00 AM	201. Schoolgirl's Single Scull	E Final	2000
585	8:05 AM	206. Schoolboy's Single Scull	E Final	2000
586	8:10 AM	201. Schoolgirl's Single Scull	D Final	2000
587	8:15 AM	206. Schoolboy's Single Scull	D Final	2000
588	8:20 AM	203. Schoolgirl's Coxed Four	D Final	2000
589	8:25 AM	202. Schoolgirl's Coxed Quadruple Scull	D Final	2000
590	8:30 AM	201. Schoolgirl's Single Scull	C Final	2000
591	8:35 AM	206. Schoolboy's Single Scull	C Final	2000
592	8:40 AM	203. Schoolgirl's Coxed Four	C Final	2000
593	8:45 AM	208. Schoolboy's Coxed Four	C Final	2000
594	8:50 AM	202. Schoolgirl's Coxed Quadruple Scull	C Final	2000
595	8:55 AM	207. Schoolboy's Coxed Quadruple Scull	C Final	2000
596	9:00 AM	205. Schoolgirl's Coxed Eight	C Final	2000
597	9:05 AM	201. Schoolgirl's Single Scull	B Final	2000
598	9:10 AM	206. Schoolboy's Single Scull	B Final	2000
599	9:15 AM	203. Schoolgirl's Coxed Four	B Final	2000
600	9:20 AM	208. Schoolboy's Coxed Four	B Final	2000
601	9:25 AM	204. Under 17 Schoolgirl's Coxed Eight	B Final	2000
602	9:30 AM	209. Under 17 Schoolboy's Coxed Eight	B Final	2000
603	9:35 AM	202. Schoolgirl's Coxed Quadruple Scull	B Final	2000
604	9:40 AM	207. Schoolboy's Coxed Quadruple Scull	B Final	2000
605	9:45 AM	205. Schoolgirl's Coxed Eight	B Final	2000
606	9:50 AM	210. Schoolboy's Coxed Eight	B Final	2000
607	10:00 AM	172. Club Women's Double Scull	Final	2000
608	10:10 AM	175. Club Men's Double Scull	Final	2000
609	10:20 AM	173. Club Women's Coxless Four	Final	2000
610	10:30 AM	176. Club Men's Coxless Four	Final	2000
611	10:40 AM	201. Schoolgirl's Single Scull	A Final	2000
612	10:50 AM	206. Schoolboy's Single Scull	A Final	2000
613	11:00 AM	203. Schoolgirl's Coxed Four	A Final	2000
614	11:10 AM	208. Schoolboy's Coxed Four	A Final	2000
615	11:20 AM	204. Under 17 Schoolgirl's Coxed Eight	A Final	2000
616	11:30 AM	209. Under 17 Schoolboy's Coxed Eight	A Final	2000
617	11:40 AM	202. Schoolgirl's Coxed Quadruple Scull	A Final	2000
618	11:50 AM	207. Schoolboy's Coxed Quadruple Scull	A Final	2000
619	12:00 PM	205. Schoolgirl's Coxed Eight	A Final	2000
620	12:10 PM	210. Schoolboy's Coxed Eight	A Final	2000
621	12:20 PM	174. Club Women's Coxed Eight	Final	2000
622	12:30 PM	177. Club Men's Coxed Eight	Final	2000

On-course training -  
6.40am to 7.45am

Lunch Break

623	1:15 PM	301. Interstate Women's LTA Single Scull	Final	1000
624	1:25 PM	302. Interstate Men's LTA Single Scull	Final	1000
625	1:40 PM	303. Interstate Women's Single Scull For The Nell Slater Trophy	Final	2000
626	1:55 PM	304. Interstate Men's Single Scull For The President's Cup	Final	2000
627	2:10 PM	305. Interstate Lightweight Women's Quad Scull For The Victoria Cup	Final	2000
628	2:25 PM	306. Interstate Lightweight Men's Coxless Four For The Penrith Cup	Final	2000
629	2:40 PM	307. Interstate Women's Youth Eight For The Bicentennial Trophy	Final	2000
630	2:55 PM	308. Interstate Men's Youth Eight For The Wilkinson Cup	Final	2000
631	3:10 PM	309. Interstate Women's Eight For The Queen's Cup	Final	2000
632	3:25 PM	310. Interstate Men's Eight For The King's Cup	Final	2000