

Canada Games and Canada Cup Event Progression Format

1. Format assumes a maximum of 12 entries for Canada Games events and 5 entries for Canada Cup events. If 7 or more entries are received for the CC events, heats may be added to the schedule. This may result in the regatta extending past currently scheduled ending time.
2. The events are essentially 2,500 metres in length. Crews race 2000m and then race 500m.
3. In the Canada Games events the five fastest times from the two heats advance to the Final 'A' 500m event; the remainder advance to the Final 'B'. At the conclusion of the CG 2000m heats, crews row to the finish area dock to get new bow number for 500m final.
4. In the Canada Cup events, crews remain on the water after their 2000m race until their 500m race.
5. The 500m finals will start at the 1500m line with a 'floating start'.
6. A crew's 2000m time is added to the crew's 500m time. The crew with the lowest combined time is declared the winner.
7. Only gold medals will be awarded.

During 500 metre racing umpires will not follow crews; instead they will use "static" umpiring.