



2018 RCA SPEED ORDER REGATTA

LIGHTWEIGHT WEIGH-IN PROCEDURE

Athletes and Coaches,

We have had several inquiries regarding weigh-ins for LW athletes this weekend. We are following FISA's Rule 3.1 which states in part the following:

Lightweight rowers shall be weighed wearing only their racing uniform on tested scales not less than one hour and not more than two hours before their first race of each lightweight event in which they are competing, each day of the competition.

It goes on to state:

Notwithstanding the foregoing,

1. If two rounds of the same event take place on the same day of competition and some rowers in the second round do not have to race in the first round of that day, *then these rowers in the second round shall be weighed at the same time as the rowers in the first round.*

The Organizing committee did ask and receive an exemption for weigh-ins to align with FISA rules.

Andrew Smith
Chief Umpire