



REGATTA FIRST AID PLAN TEMPLATE

First Aid/Medical Advisor

Megan Wurtle, McMaster University Rowing student trainer

Primary First Aid Location

The primary First Aid location will be at the designated Medical/First Aid tent at Bayfront Park.

The First Aid Location will be available to athletes, participants, coaches and spectators from the time boats are allowed on the water each day until 30 minutes after the last boat is off the water.

First Aid Equipment

At the Primary First Aid Location, the following equipment will be available:

- WSIB Standard Contents First Aid Kit
- Ice
- Table
- Blankets
- 2 Chairs
- Cell phone for external communication
- Radio for internal event communication
- Incident Reports

Supplementary First Aid Equipment is also located at Leander Boat Club.

Reporting

Every time someone attends the First Aid location for assistance of any kind, an incident report will be completed. Incident Reports will be submitted to the Regatta Chair at the end of each day of the event.

Victim Care

Whoever initiates initial contact with someone needing First Aid should remain in with the victim whenever possible. If the victim has been pulled out of the water, the safety boat team is responsible to ensure the victim receives First Aid care by either using a radio to call First Aid to meet you at dock or by escorting the victim to the Primary First Aid Location. Under no circumstances will the victim be left alone. If an individual brings themselves alone to the First Aid location every effort will be made to locate a coach, guardian or suitable adult to be with them.