

2014 ROWONTARIO CHAMPIONSHIPS

FINAL UPDATE BULLETIN From Carol Purcer, Regatta Chair

Hi there,

The 2014 Ontario Championships are almost upon us and I look forward to seeing you this weekend. Please review the regatta package information available on Regatta Central. The following points are meant as a reminder to ensure an excellent experience for you and your athletes:

1. As noted in the Regatta package, all competitors will be required to show photo and age identification at the Control Commission for all races. Lightweight rowers and coxswains will also be expected to show photo and age identification at weigh ins. Student cards that show school year and grade, passports, Drivers Licenses with photo and Ontario Health Cards with photo are excellent forms of photo ID. Should an athlete on your crew not have appropriate ID, you must contact me, the Regatta Chair, prior to weigh ins or launching for a race. Bring any information that can help me connect the student name with a picture as well as ID reflecting birth date to try to solve the issue. Please address these concerns early enough so the athlete can focus on their race and not on this issue.

2. Ensure one representative from your club is present at the Coaches Meeting on Friday, July 25th at 7:00 p.m. at the shelter area (near launching docks).

3. **Hot Seat docks** - Please plan appropriately for hot seating at the regatta. This dock area is intended for quick changes for athletes in and out of boats. This is not an area for re-rigging boats and tying up the dock preventing others from moving through a change quickly. Thank you for your consideration of others.

4. Weigh-ins

- Weigh-ins will be held each day as follows:
 - \circ Saturday- Men and Coxies for Men's Crews 6:30am-8:00am
 - Saturday Women and Coxies for Women's Crews 6:48am 8:18am
 - Sunday- Men and Coxies for Men's Crews 6:42am-8:12am
- Saturday Women and Coxies for Women's Crews 7:00am 8:30am All lightweight rowers and all coxies (including coxies for open weight events) must

weigh-in each day they compete within these time windows.

- Coxswains are required to carry dead-weight to reach the coxswain minimum weight must carry dead-weight supplied by the regatta organizing committee. There will be a \$5.00 charge for each bag of dead-weight issued to coxswains.
- All lightweight rowers and coxswains must show photo ID at weigh-ins.
- Practice scales will be open Friday 6pm 7pm and Saturday 5:30pm 6:30pm. There will be no practice scales available at any other time.

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5. Parking – See Parking Map on Regatta Central

- Club Tow-Vehicle passes will be distributed at the Friday night coaches meeting in the club packages. This pass only allows the tow vehicle access to the trailer area. It DOES NOT give free parking access to tow vehicles at the finish.
- Car-Top Vehicles will receive the same pass as the club tow-vehicle pass with the same access rights. These passes will be issued on an individual basis by RO staff after visual confirmation the vehicle is car-topping a racing shell.
- Coaches may park for free in the East Canal Bank lot. Coach and supporter vehicles will NOT have access to the trailer lot or compound parking lot <u>FOR</u> <u>ANY REASON.</u>
- All athletes must be dropped off at the Colborne Street lot or East Canal Bank lot.
- All parents, athletes, club supporters and staff can park for free in the East Canal Bank lot or for \$5.00 at the Colborne Street lot or at the Finish Tower. A shuttle service from the Colborne street lot to the boathouse area and the finish tower will be running throughout the race day.
- Bus Parking will be at the end of the Colborne Street, in the gravel lot west of the club parking lot.

6. Club Packages – Club Packages will be distributed at the Friday evening coaches meeting and will include:

- Copy of each day's draw for each club coach (estimated based on number of entries per club)
- Water Traffic Pattern
- Parking Map
- Tow-Vehicle Passes

7. Water and Water Bottles

The Niagara Regional "Water Wagon" will be on site all weekend providing free water for participants to fill their personal water bottles

8. Name Changes, Scratches and Late Entries

Please refer to the regatta package posted on Regatta Central and the ROWONTARIO website for protocols, fees and Regatta Office hours.

9. Weather

Please ensure athletes, coaches and club supporters are will prepared for all possible conditions this weekend. In the event of weather disruptions, the ROWONTARIO Championships Weather Protocol will be followed. This document is available on the ROWONTARIO website and Regatta Central.

10. Waivers

Out of Province participants are reminded to download the waiver from Regatta Central and submit the signed waiver at the ROWONTARIO Regatta Office trailer upon your arrival in Welland.

11. Please refer to the information posted on Regatta Central for costs and time-windows for Late Entries, Name Changes and Scratches.

12. In an effort to promote comradery in rowing and take the opportunity to make new friends in our sport there will be **Coaches Social** on the Saturday night at the ROWONTARIO Championships Regatta. All coaches are welcome and encouraged to attend; the Blue Star Restaurants (676 King Street) back room, 8~10pm, July 27. This get-together will be a great opportunity to discuss the current state of coaching in Ontario and Mike Purcer, ROWONTARIO's new Technical Director will be on hand to discuss coaching development and explain the Coaches Forum Facebook site and how it can be accessed. There is no fee to attend and refreshments will be available. Please come out to meet your counterparts from other clubs for a night of friendship in rowing

We wish everyone safe travels to Welland and great racing this weekend.

Carol Purcer Regatta Chair 2014 ROWONTARIO Championships