



**Masters Championships  
Sunday, July 19th, 2015  
North Course of the Welland International Flatwater Centre  
Welland, Ontario, Canada**

**FIRST RACE WILL BE SCHEDULED TO START AT 9:00am.  
Minimum race interval will be 5 minutes**

**All updates will be posted on Regatta Central**

### **AGE CATEGORIES**

- Age calculated as of December 31<sup>st</sup>, 2015
- Competitors (excluding coxswains) may not be younger than 21 by December 31<sup>st</sup>, 2015
- Age categories based on crew average age:  
AA: 21-26; A: 27+, B: 36+, C: 43+, D: 50+, E: 55+, F: 60+, G: 65+, H: 70+, I 75+, J 80+

### **ADAPTIVE EVENTS**

Adaptive events are not subject to age categories.

### **LIGHTWEIGHTS & COXSWAIN WEIGH IN**

- Men 72.5kg maximum, Women 59kg maximum, Coxswains Women's Crew= 50kg or Men's Crew = 55kg as per rule 2.5.
- Weigh-ins for Lightweight Rowers will be scheduled in accordance with Rule 2.11.
- All coxies must weigh-in within the same time window as Lightweight Rowers.
- **All lightweight rowers and coxswains must present photo ID at the time of weighin.**
- There will be **NO** practice scales available during official weigh-in times.

### **COACHES MEETING**

- At the control commission area at 8:00 a.m. on Sunday morning.

### **REGATTA OFFICE HOURS**

The on-site regatta office will be open

Saturday: 4:00pm – 6:00pm

Sunday: 6:30 am – 30 minutes after the last race.

### **MEDALS**

- Gold, Silver and Bronze will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place crews in races with 4 or more entries.
- Gold and Silver will be awarded to the 1<sup>st</sup> and 2<sup>nd</sup> place crews in races with only 3 entries.
- Only a Gold will be awarded to the 1<sup>st</sup> place crew in races with only 2 entries.

## REGATTA COURSE

The 2015 Regatta will be on the North Course of the WIFC. Launch/Recover information will be posted on Regatta Central.

## PARKING

- Check the Regatta Central website for regatta parking plan and parking fees. Parking and vehicular traffic flow **WILL BE RESTRICTED** to designated areas at this regatta.)

## EXCEPTIONS to RCA Rules of Racing

This regatta will follow the Rowing Canada Aviron Rules of Racing, with the divergences (per section 1.6) below:

### 2.1 The Definition of a Competitor

- All athletes from Ontario clubs must be registered in the Competitive Fee Category with ROWONTARIO, through the RCA Web Registration by 11:59PM Eastern Time Tues. June 30. (All athletes and coaches must be activated in WRS by this deadline)
- **Athletes and coaches from clubs outside Ontario must be members of their national federation and must submit a signed waiver prior to the start of the regatta.**
- Crews consisting of members from multiple clubs may be entered. Such crews will be designated as 'composite'.

### 2.6 Weighing of Coxswains

- Coxswains shall weigh-in each day of racing within the same time window as lightweight rowers.
- Coxswains required to carry dead-weight to reach the coxswain minimum weight must carry dead-weight supplied by the regatta organizing committee. There will be a \$5.00 charge for each bag of deadweight issued to coxswains.

### 2.11 Weighing of Athletes in Weight Restricted Events

Calibrated test scales will NOT be provided by the organizing committee during all training and racing times. There will be **NO** practice scales available during official weigh-in times

### 2.8 Masters Handicap System

- The Garrett System will be used at the 2015 ROWONTARIO Masters Championships

### 7.6 Crew Substitutions

- Will be accepted between at the dates/times outlined in this regatta package.
- Substitutions for single scullers before the first heat will **not** be accepted after the entry deadline unless supported by an authorized medical certificate.

### 9.3 Events with 7 or more Entries

- Such events will be run as 2 finals, or more if required. Medals will be awarded as outlined above.

### 10.20 Appeals

- Appeals against a decision of the Board of the Jury shall be made to the ROWONTARIO Board of Directors.

## ENTRY AND PAYMENT TERMS

- Entries must be made online by 11:59pm Eastern Time on **Monday, July 13th**.
- Entry Fee \$70.00 (incl. HST) CAD per competitor, including coxswains. **All entry fees must be paid online by 11:59pm on Eastern Time, July 13<sup>th</sup>**.
- All entries and entry fees will be collected through Regatta Central.
- **Late Entries will be accepted on a first come, first paid basis, subject to lane availability at the regatta office on :**
  - **July 18<sup>th</sup> between 4:00pm and 6:00 pm and**
  - **July 19<sup>th</sup> - Late entry requests for races scheduled between 9:00am and 10:00 am must be made by 7:00am at the regatta office on July 19th. Late entry requests for races scheduled after 10:00am must be made at least 2 hours before race time.**

Late entry fee must be received at time of request for late entry to be drawn. Late entry fees may be made by cash, club cheque or credit card. ROWONTARIO cannot accept personal cheques.

Late entries will be subject to the following charges in addition to the per-participant entry fee.

Single	\$25.00 Incl HST
Four / Quad	\$45.00 Incl HST
Eight	\$60.00 Incl HST

All fees are CAD.

***LATE ENTRIES WILL BE ACCEPTED ONLY AT THE ON-SITE REGATTA OFFICE AS OUTLINED ABOVE. LATE ENTRY REQUESTS EMAILED OR TELEPHONED TO THE ROWONTARIO OFFICE WILL NOT BE ACKNOWLEDGED OR ACCEPTED.***

- Waivers – each participant from a non-Ontario club must sign a waiver. Waivers must be submitted to ROWONTARIO staff at the on-site regatta office prior to 7:45 am July 19<sup>th</sup>. Any participant from a non-Ontario club who does not sign a waiver will not be permitted to race.
- Crew substitutions may be made online without limitation until 11:59pm Eastern Time on **Monday, July 13th**.
- Thereafter, RCA Rule 7.6 (the 50% substitution rule) will be applied (note exception above). Crew substitution requests must be made at the regatta office
  - **July 18<sup>th</sup> between 4:00pm and 6:00 pm and**
  - **July 19<sup>th</sup> - Substitution requests for races scheduled between 9:00am and 10:00 am must be made by 7:00am at the regatta office on July 19th. Substitution requests for races scheduled after 10:00am must be made at least 2 hours before race time.**

**Note: a fee of \$5 will be assessed for every name changed from the original lineup. This fee will be waived for name changes supported by a medical certificate. (See below). Fee is payable at time of change.**

- **Crew substitutions after 11:59pm Monday July 13<sup>th</sup> resulting in age category change:** in such a case, the entry will be placed in the appropriate event if space permits. Otherwise, crews 'too young' (e.g. C crew racing in D event) will be scratched. Older crews (e.g. D crew racing in C event) may race but without a handicap.
- **Scratches:** a \$50 CDN fee will be assessed on all scratches after the entry deadline, including crews who miss their start. Scratch fees will be waived for medical reasons if a note from a qualified medical professional is presented to the ROWONTARIO office by 5:00pm Monday July 20<sup>th</sup>. (By email only)
- **Draw:** A Preliminary Draw will be posted by July 15<sup>th</sup>. The Final Draw will be distributed at the Coaches Meeting.

**Visit Regatta Central for regular updates.**

All questions should be directed to Derek Ventnor via email to [derek@rowontario.ca](mailto:derek@rowontario.ca)