

SAN DIEGO FALL CLASSIC

COVID-19 HEALTH AND SAFETY PROTOCOLS

Last Updated: October 18, 2021

In consultation with medical advisors, this COVID-19 health and safety guidance has been developed to facilitate a safe and successful regatta by incorporating optimal mitigation strategies against the spread of the SARS-CoV-2 virus (the causative virus of COVID-19). The San Diego Fall Classic (SDFC) hosted by the San Diego Rowing Club (SDRC) will adhere to the guidance of USRowing and to the public health regulations of the County of San Diego, the State of California, and the United States Centers for Disease Control. This guidance is also subject to change as scientific knowledge advances, based on changes in disease epidemiology and prevalence, and to conform to appropriate regulatory guidance.

General Guidance

Given an increasing understanding of COVID-19 transmission and in light of increasing vaccination prevalence, we believe that a safe and successful Regatta is well within reach. Importantly, transmission outdoors is understood to be much less likely than transmission in indoor spaces. Further, SDFC is held across a wide geographical area and over a long window of time such that direct and concentrated person-to-person exposures are uncommon. Nonetheless, as with an activity that involves gathering, even with multiple mitigation strategies, the risk of transmission cannot be eliminated. We encourage all participants to adhere to best practices to reduce the risk for all.

Signs requiring compliance with COVID-19 health and safety regulations will be posted at all official SDFC stations and at vendor tents. Signs will remind participants to isolate if symptoms develop, to mask if unvaccinated and indoors, and to maintain social distance as feasible.

Signage may include:

- If you are sick, have a fever, or are not feeling well, please stay home.
- Face masks are recommended, but not required.
- Wash your hands often with soap and water or with hand sanitizer.

Vaccination

SDRC strongly encourages all of its volunteers to be fully vaccinated against COVID-19. Fully vaccinated individuals are those who have received two doses of an mRNA vaccine series (Pfizer or Moderna) or a single dose of the Janssen/ Johnson & Johnson vaccine, with at least two weeks having elapsed since the final dose.

SDRC strongly encourages vaccination of all other participants, including athletes, sponsors, and spectators. Vaccination is not mandated for participation in the regatta.

Disclosure of vaccination status is optional, but appreciated. Vaccination status may be used in the event of a COVID-19 exposure at the Regatta.

All participants understand that there may be unvaccinated individuals at the Regatta and will consider their own behaviors accordingly.

Attestation

Athletes, staff, volunteers, and sponsors will be required to complete an attestation. The following components of the attestation will be included:

- Participants will attest to follow all COVID-19 health and safety protocols, including self-isolation if symptoms develop, and cooperation with all SDRC and Department of Public Health actions in the case of an exposure or other public health event.
- Attestation will confirm that the participant is not currently subject to quarantine or isolation due to COVID-19 exposure or illness (or if attestation is completed in advance, that the individual will notify SDRC and voluntarily withdraw participation if in quarantine or isolation at the time of the event).
- Attestation will confirm that the participant has not had symptoms compatible with COVID-19 in the 14 days prior to arrival. Any participant, regardless of vaccination status, with symptoms compatible with COVID-19 in the 14 days prior to the event should be tested for SARS-CoV-2 in order to participate in the event. Only those with recent symptoms with negative tests will be allowed to participate in the event.

Testing

SDFC will not require SARS-CoV-2 testing among asymptomatic participants. However, athletes, staff, sponsors, and volunteers will be required to follow all applicable U.S. and state testing and quarantine requirements related to travel, symptoms, and exposure.

For those that develop symptoms compatible with COVID-19 at the event, and for those who are identified as contacts of those with COVID-19, SDRC will identify local testing options for participants.

Social Distancing and Capacity management

SDRC will adhere to state and local regulations around capacity management. Per the guidelines released by the State of California on June 15th, 2021 and as amended on September 20, 2021, there are no restrictions for Outdoor events of less than 10,000 participants. The SDFC is expected to draw no more than 3,000 attendees. SDRC will encourage social distancing whenever possible but will not impose additional capacity limits in any of the venues. This is subject to change if pandemic conditions require or in the event of new State or national guidance.

Masking and Indoor Spaces

SDFC is an outdoor only event hosted on Mission Bay and Crown Point shores. Masks will not be required outdoors. Those that are unvaccinated and/or vaccinated but immunocompromised and still potentially vulnerable to infection, will be asked to wear masks outdoors, especially when distance cannot be maintained.

All participants (including athletes, coaches, event staff, sponsors, volunteers, and spectators) will be required to wear masks while indoors, consistent with current public health guidance. When required, masks should be multi-layer cloth or surgical masks, and securely cover the nose and mouth.

Hand Hygiene

We encourage all participants to wash or sanitize their hands regularly. Hand sanitizer stations will be available at official SDFC sites and will be required in all sponsor tents.

Symptomatic Participants

All participants should abide by state and local public health guidance surrounding SARS-CoV-2 isolation and quarantine. Lack of cooperation with public health guidance will be grounds for removal from the event.

Any participant, regardless of vaccination status, with symptoms compatible with COVID-19 in the 14 days prior to the event should be tested for SARS-CoV-2 in order to participate. Only those symptomatic participants with negative tests will be allowed to participate in the event. Participants will be asked to attest to this at registration.

Any participant who develops symptoms compatible with COVID-19 while at the Regatta should immediately self-isolate. SDRC will have information available on local test sites. Those who test positive will be required to inform SDRC so that the appropriate public health agents can be notified.

Exposures and Contact Tracing

In the event of an exposure that occurs at the Regatta, SDFC will cooperate with local and state public health authorities. SDFC will expect all participants and attendees who are notified by either SDFC or public health authorities to cooperate with contact tracing and/or quarantine as appropriate.

Competition

Coaches & Coxswains

The Coaches & Coxswains meeting will be held outdoors at Crown Point at 6:15am on Sunday November 14, 2021. Coaches & Coxswains are urged to maintain appropriate social distance and if such distance cannot be maintained, they may wish to wear a mask. All competitors and coaches are responsible for any information given at this meeting

Safety Checks

Safety checks will be performed visually and the Beachmaster or other official may request the crew demonstrate safety equipment operation if a question arises.

Launches

Drivers are strongly encouraged to be fully vaccinated and there should be no more than three persons per launch.

Start & Finish Line

All volunteers at the start and finish line are strongly encouraged to be fully vaccinated. Disinfectant wipes will be provided and equipment will be cleaned should there be personnel changes.

Other Information

Information and Awards Station

Volunteers stationed at the information and awards tables are required to be fully vaccinated. Participants should send a limited number of representatives to retrieve awards earned during the regatta. Results will be available electronically and by cell phone and will not be posted elsewhere.

Bathrooms/Portable Toilets

SDRC has increased the number of portable facilities in order to maintain social distance protocols and service a potentially larger number of participants. Hand sanitizer and or hand-washing facilities will be provided.

Team Tents

Athletes, coaches and other accredited team personnel should gather and eat in their respective tents.

Athletes and coaches (domestic and international)

All participants are required to follow CDC as well State of California, County of San Diego, regulations regarding arrival testing/quarantine protocols that are in place at the time of the Regatta. These may change from the time of initial registration and it is the responsibility of the participant to know the rules related to their location of origin.

SDRC will not be responsible for providing quarantine accommodations if they are required and will not reimburse any expenses related to travel or quarantine should an individual or team not be allowed to participate due to COVID-19.

All participants are urged to be fully vaccinated at least 2 weeks prior to the event.

Volunteers

Volunteers are strongly encouraged to be fully vaccinated.

Volunteers may not work if they have any symptoms that might be COVID-19, regardless of vaccination status.

Sponsors & Vendors

Sponsors should encourage anyone invited to their area to be vaccinated.

Sponsors must abide by state and local capacity limits at the time of the Regatta and are responsible for ensuring their sponsorship location does not exceed the allowed capacity. Sponsors are expected to maintain at least one open end to any tent to ensure adequate air flow.

Will be allowed to serve food and drinks if permitted by State guidelines at the time of the Regatta.

Will assist in contact tracing should an outbreak occur that has proximity to their sponsorship location.

Sponsors are free to impose additional restrictions if approved by SDRC.

Spectators

SDRC expects all spectators will follow all applicable state and local regulations.

All spectators are encouraged to be vaccinated and if not vaccinated then advised to follow current guidance regarding mask usage. Even when outdoors, unvaccinated persons should still wear masks in crowded settings in which distance cannot be maintained and when in proximity to any athletes, coaches, volunteers, and event staff.

Any individual with symptoms that could be COVID-19 should not attend and should seek medical care.