



INAUGURAL SRAM COACHING CLINIC
 Saturday, January 20, 2018

9:00 am - 10:00 am	Registration & continental breakfast Provided by H2Row
10:10 am - 11:30 am	Bart Thompson Adrian College Strength & Flexibility
11:40 am - 1:00 pm	John Bancheri & Costas Ciungan Grand Valley State University Periodization of Technique
1:00 pm - 1:30 pm	Lunch Provided by Boathouse Sports
1:40 pm - 3:00 pm	Gregg Hartsuff University of Michigan Shifting Team Culture
3:10 pm - 4:30 pm	Kemp Savage Eastern Michigan University Drills
4:40 pm - 6:00 pm	Matt Weise Michigan State University Team Culture - Clarity Brings Quality
6:00 pm	Dinner Provided by Vespoli USA