SCHOLASTIC ROWING ASSOCIATION of MICHIGAN CHAMPIONSHIP REGATTA RULES May 21, 2016

REGATTA:

1,500 meters sprint competition for high school aged women and men in junior, lightweight and senior categories.

The Championship regatta is to be held the third full weekend in May.

All races will be conducted under SRAM rules and the USRowing "Rules of Racing"

All participants MAY be asked to provide a school issued photo ID prior to racing.

DEFINITIONS/CLARIFICATIONS:

<u>Scholastic</u> - Scholastic entries must be comprised of students (grades 9-12) who attend the same school and row exclusively representing that school during the spring season.

Freshman - A competitor who is enrolled in grade 9 only.

<u>Junior</u> - a junior is a competitor who is enrolled in grades 9, 10 or 11.

Maximum race day age - 18 years old (student may not have reached their 19th birthday, unless retained in a grade prior to grade 9).

<u>Number of events a rower may enter</u> - A rower may be entered in no more than two events. No entry limit exists for coxswains.

Gender - only males may row in Boys events, only females may row in Girls events

<u>Coxswain</u> - may be of either gender, and of any skill or age classification (not withstanding the age maximum). There is no weight minimum for coxswains.

Weight Categories:

Boys Lightweight: 150 lbs. individual maximum, no averaging Girls Lightweight: 130 lbs. individual maximum, no averaging

PROGRAMS ELIGIBLE TO RACE:

The SRAM Championships are restricted to member, single high school (Scholastic) rowing programs in the State of Michigan as defined in the By-Laws of the Scholastic Rowing Association of Michigan (SRAM).

In addition, teams must have paid their SRAM and USRowing organizational membership and; submitted an annual information update to the Association, prior to the start of spring competition, no later than April 1. Schools that have never been a member of the Association must submit a statement regarding its status at the school (varsity team, recognized school club, etc.) on school letterhead in addition to the information update and dues, for consideration. The due date for submission is April 1.

ENTRIES:

Entries must be submitted through Regatta Central by midnight TUESDAY, MAY 13, 5:00pm.

- Rowers may be entered in at most two events in the boating line-up. Substitutions (up to one half of the rowers of the crew as well as the coxswain) may be submitted, in writing, at registration.
- Coxswains may enter more than two events.
- Eligibility/Team List certifying the students' attendance at a particular school, current grade level, number of semesters previously completed and date of birth. This form must be signed by the Athletic Director or Principal/Headmaster of the school and presented at registration the day of the event.
- The Eligibility/Team List must be typed and may be on a form sanctioned by the state, the form
 provided in your entry packet or on your High School letterhead. Handwritten Eligibility Lists or
 lists on plain paper are not acceptable.
- Checks for Entry Fees must accompany all entries.
- Release Waivers are required for all participants and possible substitutes.
- Each participating school may enter only one entry in each listed event. (Shown as an "A" entry in the registration system.)

MINIMUM ENTRIES TO CONSTITUTE A RACE

- The entry is to be received by the original posted entry deadline.
- Minimum of (4) entries must be received from different schools for an "official" race to be held and all awards and State Champion titles bestowed.
 - o If only (1) entry is received, no race, official or demonstration, will be rowed or competed.
 - o If (2) or (3) total entries from different schools are received, a final only "demonstration" race will be rowed. No awards or State Champion titles will be bestowed.
 - o In the instance where an official race is constituted by the minimum number of entries but falls short at actual race time by reason of a same day scratch or a crew not making weight, said race will be rowed as a "demonstration" race and no awards or State Champion titles bestowed.
 - o In the instance where a late entry is accepted under the entry rules and said entry brings the count up to or over (4) entries, the race will be considered official with all awards and State Champion titles bestowed. Please note that a team may not scratch or substitute athletes from a previous entry in another event in order to bring a previously declared unofficial event to official status.

ENTRY FEES (set by the Executive Committee):

- NO Team Maximum
- Eights \$70.00
- Fours: \$50.00
- Double/Pair/Single: \$50.00
- plus an Insurance Fee of \$50.00 AND a Membership Fee of \$50.00

<u>Note</u>: The income derived from all fees and concessions is used to offset the operational and general maintenance expenses of the Regatta and the race course.

ERRORS ON ENTRIES: (entering a rower in more than two events, etc.)

Any team with an entry that contains an error will be notified by phone or e-mail and given 24 hours to correct the error. If the time limit passes without resolution satisfactory to the regatta committee, the crew's entry from that particular event will be dropped, and will become subject to the **Late Entry** rule, should the coach try to subsequently correct the error or re-enter the crew.

LATE ENTRIES:

Any entry made after the deadline posted by the Regatta Committee, will be accepted at the discretion of the Regatta Committee on a "lane available" basis and only with a \$25.00 per boat late fee. A Late Entry will not be accepted if it creates a heat or causes a race to be added if said race originally did not meet the minimum requirements to constitute a race.

SCRATCH FEES:

- Any team who scratches an entry after the date posted by the Regatta Committee will forfeit their entry fee. Those scratching after the start of the Regatta (including not showing-up to the start will forfeit their entry fee and be assessed a \$25.00 Scratch Fee, to be paid prior to competition by any other boat from that team, in subsequent races.
- Crews not making weight will not be assessed a scratch fee but WILL forfeit any entry fees paid or owed.

COURSE MANAGEMENT / PRACTICE:

Due to safety concerns, there will NO practice allowed on the race course or body of water in general on the Friday (all day) or Saturday morning before the regatta.

WEIGH-IN RULES:

- All lightweight competitors must "Weigh-In" on the day of the Regatta.
- All competitors will weigh in wearing the same uniform, identical in style, color and detail, including any insignia. No one will be weighed-in wearing more or less clothing.
- Crews must weigh-in together and be accompanied by a Coach or School Official.

- Crew members are to step on the scales in the order that they row in the boat (i.e. bow to stern).
- Clerk of the Scales or Registrar will communicate with the Coach or Designate, only.
- Competitors will be allowed (1) re-weigh if weight is not made on the first attempt. Only those not making weight on the first attempt will need to re-weigh (not the entire boat).
- Either the same person or (1) pre-registered substitute is eligible for the re-weigh if a competitor should not pass the initial weigh-in. Whichever athlete weighs-in on the second attempt, he or she must make weight or the entire boat will be scratched from the competition.
- Each crew must have completed the weigh-in process prior to the "first call" of the race preceding their event.
- Weigh-in scales will be open 2 hours before and close 2 hours after the first race of the day.
- No one will be allowed to "check their weight" on the official scale during the official weigh-in times.
- A "weigh-in" schedule will be posted so crews can be checked-in giving priority to earlier races.
- All verified and approved lightweight participants will be required to show the proper wrist band or other identification (provided at the weigh-in scales) at the launch dock prior to a boat being allowed to launch.

ELIMINATION HEATS: Progression system:

Events that require HEATS will be raced first, then all events that are not Finals-only will run Semi-Finals with those that raced Heats running their Semifinal in the event progression order.

| Up to 7 entries | Final only | | | |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------|----------|------|------|
| 8 - 14 entries | 2 semi-finals, with the top 3 finishers from each race advancing to the Final. | | | |
| | 3 heats, with the top 4 finishers from each heat advancing to a semi-final, with the top 3 from each semifinal advancing to the Final. | | | |
| 22 - 28 entries | This progression will be determined once the SRAM organization grows to a size where this number of entries is possible. | | | |
| Final seeding based of | on two semifinals for one | e final: | | |
| S1-3 S | S2-2 S1-1 | S2-1 | S1-2 | S2-3 |

| Semi-Final seeding based on three heats for two semi-finals: | |
|--------------------------------------------------------------|--|

| H3-4 | H2-2 | H1-1 | H3-1 | H1-3 | H2-4 |
|------|------|------|------|------|------|
| H3-3 | H1-2 | H2-1 | H3-2 | H2-3 | H1-4 |

AWARDS:

- Medals will be awarded as follows:.
 - Events with entries of (6) or more: First, Second and Third
 - Events with entries of (4 or 5): First and Second
- An event must contain at least four entries from different teams to constitute a race
- AWARD PLAQUES will be given to the winning team for each event designating them as "State Champion" in their event.
- Team Points Trophies for Men's Women's, and Combined Points Champions
- Points will be awarded according to the following schedule:

| Boat | 1 st | 2 nd | 3 rd |
|------|-----------------|-----------------|-----------------|
| 8+ | 9 | 4 | 2 |
| 4+ | 5 | 2 | 1 |
| 2-/x | 2 | 1 | 0.5 |
| 1x | 1 | 0.5 | 0 |

LISTING AND ORDER OF EVENTS of the SRAM CHAMPIONSHIP

| No. | Senior | Junior | Lightweight | Freshman |
|-----|---------------|--------------|---------------|----------|
| 1 | Girls Var 2X | | | |
| 2 | Boys Var 1X | | | |
| 3 | | | Girls Ltw. 4+ | |
| 4 | | | Boys Ltw. 4+ | |
| 5 | | Girls Jr. 8+ | | |
| 6 | | Boys Jr. 8+ | | |
| 7 | Girls Var. 4+ | | | |
| 8 | Boys Var. 4+ | | | |
| 9 | Girls Var. 2- | | | |
| 10 | Boys Var 2- | | | |
| 11 | | | | Girls 4+ |
| 12 | | | | Boys 4+ |
| 13 | | | Girls Ltw. 8+ | |
| 14 | | | Boys Ltw. 8+ | |
| 15 | | Girls Jr. 4+ | | |
| 16 | | Boys Jr. 4+ | | |
| 17 | Girls Var. 1X | | | |
| 18 | Boys Var. 2X | | | |
| 19 | Girls Var. 8+ | | | |
| 20 | Boys Var. 8+ | | | |

Race scheduling will be set to assure proper rest periods between races of like categories (i.e. Senior 4+ and Senior 8+) by utilizing open breaks where necessary.

HOT SEATING:

ALL HOT SEATING MUST BE APPROVED PRIOR TO THE EVENT BEING CALLED TO THE WATER. 3 EVENTS ARE REQUIRED BETWEEN RACES FOR HOT SEATING. THIS RULE WILL BE STRICTLY ENFORCED.

ADDITION AND DELETION OF EVENTS

- Member organizations may petition the SRAM Executive Committee for the inclusion of evens not listed above. A minimum of (4) four member organizations must sign the original petition and guarantee participation in the requested event by their organization.
 - As this is a "Championship" regatta, the inclusion of "Novice" category races is excluded from the petition process.
- All events are subject to review each year by the executive committee to determine viability of future consideration. Circumstances such as competitiveness and number of participants will be the major factors involved when determining continuation of events.

BOW MARKERS:

Each team is required to provide their own bow markers for their own boats for each race entered. (Lane numbers will be assigned as 0 through 7).

VOLUNTEER PARTICIPATION / OTHER REQUIREMENTS:

As the Championship Regatta is an event sponsored by the SRAM Organization, it is incumbent upon the Organizations member schools to provide adequate volunteers so that the Championship can successfully function to its potential. All participating schools may be asked to provide suitable volunteers and equipment as needed.

The SRAM Board may choose to accept the assistance of one or more member schools who offer to host the regatta and provide for the majority of volunteers and equipment needed. In this case, the Board may reimburse said schools the reasonable cost for use of equipment and services.

REGATTA SITE MANAGEMENT

- Teams are to use the defined tent and boat lay down areas as identified by the organizing committee.
- Designated team trailer and bus parking areas must be observed in order to facilitate site safety.
- Each team may be pre-assigned to a team tent area and a team boat lay-down area based on their size and participation levels. Areas may be assigned each year based on a teams finish in specified events or their active participation in volunteering. This assignment criterion is still under evaluation by the executive committee.

RULES OF RACING

- The general USRowing Rules of Racing will be followed
- In addition to the USRowing rules of racing, the following will apply:
 - The use of noise makers or amplifying devices of any kind (horns, bells, drums, whistles, megaphones etc) are forbidden at the start or within 500 meters of the finish line.