

Southeast Youth Rowing Championship Regatta

May 14 – 15, 2011

*Hosted by Lake Lanier Rowing Club
at Clarks Bridge Park, Gainesville, Georgia
Site of the 1996 Olympic Rowing Regatta*



*This package contains information specific to regattas in Gainesville, Georgia, as well as the Southeast Youth Championship Regatta.. All participants should be familiar with the other documents for the regatta posted on the Regatta Central web site: <http://www.RegattaCentral.com/>, specifically in the “News” section of the left column. **Please complete the Team Information Form on the last page of this package.***

LOCATION and CONTACT: Lake Lanier Rowing Club and Clarks Bridge Park are located at 3105 Clarks Bridge Rd., Gainesville, GA 30506. Clarks Bridge Rd is also known as State Route 284. Directions can be found toward the end of this document. LLRC can be contacted by phone (770-287-0077) or by e-mail < <http://www.lakelanierrowing.org/contact-us> >. The club web site is located at: <http://www.LakeLanierRowing.org> .

COURSE LENGTH: All events shall be raced for a distance of two thousand (2000) meters or as close to this distance as the race venue safely allows.

REGISTRATION

The Southeast Youth Championship Regatta will conduct registration on <http://www.regattacentral.com>. The Competition Director and volunteers from Lake Lanier Rowing Club will be available for on-site sign-in. The registration window on RegattaCentral will be open from 3/1/2011 until 5/7/2011.

FEES: There is No Fee Cap for the 2011 regatta

Entry Fees: 8+ \$120, 4+/x \$80, 2-/x \$40, 1x \$20

There is no additional tent fee, insurance or athlete fee that will be assessed.

Additional parking fees (up to \$10 per car) may be required – see detailed information on parking below. Car pooling to the venue is encouraged.

Late Entries are subject to 20% increase on your total entry fee, and accepted only if it does not cause

an additional heat.

Make payment on-line through **RegattaCentral.com**, or send checks payable to:

Lake Lanier Rowing Club

3105 Clarks Bridge Rd Gainesville, GA 30506

See below for Course Map and Traffic patterns. Maps will be posted at the venue. All coaches, coxswains, captains, and scullers must read and familiarize themselves with the traffic rules before leaving the dock.

WAIVERS: Waivers are to be signed on-line; paper waivers are not required for this regatta. If your rower has not yet signed a waiver for the year, please have them do so online at the link given above. Waivers must be completed on-line at <http://www.regattacentral.com> as no “hard-copy” waivers will be utilized. **Waivers MUST be completed by May 3rd**

CREDENTIALS: WILL NOT BE REQUIRED FOR THE 2011 EVENT.

TEAM/ATHLETE CHECK-IN: Check-in Times: Friday, May13th 12:00p.m. 6:00p.m.

Registration and Information will be upstairs at the LLRC Boathouse.... All Organizations must have current USRA membership and all participants' waivers on file in order for coaches to pick up packets. A crew list can be forwarded to USRowing to check waiver status before the event.

Additional information on **Eligibility, Regatta Rules, Events, Entries, Seeding, Weigh-ins, Deadlines, Regatta Schedule, and Progression System** can be found on the Regatta Central site noted above.

COACH, COXSWAINS and SCULLERS MEETING: 7:00 pm upstairs at the boathouse. To be followed by the SE Region Youth Coaches meeting.

CONCESSIONS

Food concessions will be available during the regatta.

Regatta t-shirts will be sold during the event.

Any persons, teams, organizations, or businesses wishing to set up a concession for the sale of food, apparel or any other items must have the approval of the LLRC in advance of any sales. Contact the office at the address above or call 770-287-0087, e-mail to < llrc at mindspring dot com > for information on fees and completing a vendor agreement.

BOAT STORAGE

Boats can be stored in Clarks Bridge Park at the regatta site beginning Thursday evening before the regatta. Prior to parking trailers, please check-in at the Boathouse office or with a Parking Monitor for appropriate trailer spots. Shell trailers are to be set up in a marked area and tow vehicles are not permitted to park in the trailer parking area. (Tow vehicles may park in the lot across the street.) Shell trailers will have enough space on either side to allow for equipment storage and rigging. Please do not spread too far off your trailer as a courtesy to others. The LLRC is unable to provide boat slings. Security for the trailer parking area will be provided Friday and Saturday nights.

PRACTICE

Teams may practice on the course beginning at 2:00 on Friday afternoon. Since there will be no officials on the course at this time, crews will be rowing at their own risk. Course crews may be

working on the course. For your safety, please stay clear of their work area and boats. Coxswains should listen for instruction from course volunteers to avoid damage to shells when passing. Be careful! Observe the right-hand rule; stay on the right (East) side of the course going to the start (see map below)! Practice on the course at speed is limited to the racing direction in **lanes 3, 4, 5, & 6 only!** All crews will be off the water by 6 p.m. ***Crews arriving at the facility earlier than Friday for practice will be charged \$2.00 per athlete per day payable to the LLRC.***

LAUNCH and RECOVERY

Out going boats will use one dock – to the right on the apron. Returning crews will use the dock to the left – in front of the equipment building. Large orange buoys will separate out-going and in-coming traffic. The dock captain will direct the returning crews to the appropriate docks.

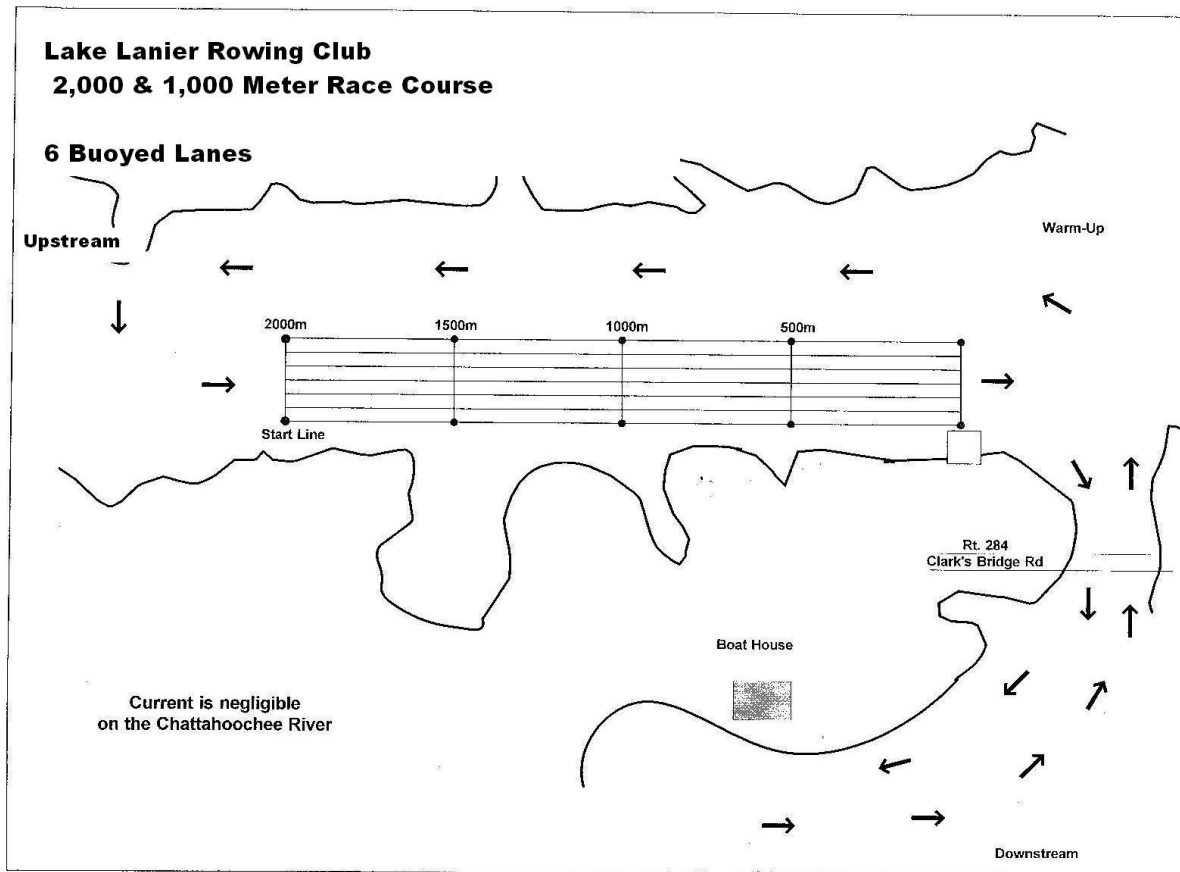
Control Commission, Safety & Dock Before launching all boats must pass through the Control Commission area for bow number verification and safety check (**quick-release shoe retainers, per rule 3-109, bow balls and coxswains opening**). After that they will move to the launch dock. The dock captain has absolute authority over the dock area.

Equipment Adjustments -- All equipment adjustments must be made in the shell storage area prior to launching.

Bow Numbers -- Please provide your own bow numbers. Bow numbers may be available for a rental fee of \$5.00.

Getting to the Starting Line - It is the coxswain's responsibility to get the crew to the starting line on time. Allow about 45 minutes, the distance is 3 kilometers. Leaving the dock, stay to the starboard side of the large orange buoys. Go through arches 4 to 8 of the bridge (note arrows on the bridge). Go across the river and continue up river following the east side shoreline as shown in the diagram below.

Returning to the dock from the finish line – proceed through one of the first 3 arches of the bridge and approach the first dock. Carry the shell through the gate and into the trailer park.



AWARDS

Medals will be awarded as results are finalized. Medals awarded to first, second, and third place for all races. A crew must not necessarily beat another crew to be awarded medals. Trophies are presented to some of the winning crews.

TEAM TENTS: Tents may be placed with trailers in the park, or along the plaza at the top of the stands. On the Plaza ten feet of “frontage” will be allocated to each team, tents may be up to 20 feet deep. Tent space on the Plaza will be assigned based on a lottery. To enter the lottery you must provide a completed Team Information Form (at the end of this document). Since the Plaza is concrete it is not possible to put stakes in the ground to secure the tents. Other means of securing the tents may be necessary.

DIRECTIONS and PARKING:

From the South, East, or West: Interstates 20, 85, or 75 to I 285, Atlanta, north on I 85 then at Exit 113 (from left lane) onto I 985 to Exit 24. At the bottom of the exit ramp turn left, then at the third light turn right onto Limestone Parkway. At the second light turn right onto Clarks Bridge Rd. The park will be 2 miles on your left.

From the Northeast: south on I 85 to Exit 137, turn right onto US 129 toward Gainesville. Approaching the intersection with I 985 turn left onto the entrance ramp and travel north on 985 to exit 24, (2 miles). Follow instructions above to the park.

From the Northwest: south on I 75 to I 285 around Atlanta, then north on I 85. Follow instructions above to the park.

Tentative parking plans

At the park there will be 5 zones for parking.

Shell trailers and equipment will be in the park proper in designated lanes. Depending on the volume of trailers, we expect to be able to leave an empty space between each trailer.

Buses, vans, cars with handicap permits, vendors, and tow vehicles will be in East Lot adjacent to the stands and finish tower

Premium Parking will be in the West Lot between the boathouse and the road or in Whitmire's Yard (if it is available).

Overflow Parking will be in the area north of the boathouse behind the Whitmire property.

Accommodations

When booking rooms at any hotel in the Gainesville-Hall County area, please identify yourself as coming to town for a rowing event.

Gainesville: Hotels are approximately 5 miles from the boathouse.

Hampton Inn – 770-503-0300, 450 Jesse Jewel Parkway

Best Value Inn – 770-534-0303, 809 Jesse Jewel Parkway

Holiday Inn Gainesville Lanier Center – 770-531-0907, 400 E.E. Butler Parkway

Guesthouse Inn & Suites - Gainesville - 770-535-8100, 520 Queen City Parkway

Metro Extended Stay Hotel of Gainesville – 770-533-9433, 1115 Jesse Jewell Pkwy

Quality Inn and Suites - 770-536-4451, 726 Jesse Jewell Parkway

Ramada Limited Gainesville– 770-287-3205, 766 Jesse Jewel Parkway

Super 8 Motel – 770-533-9009, 541 Dorsey Street

Hilton Garden Inn – 770-532-3396 1735 Browns Bridge Rd.

Comfort Suites -- 678-971-4670 1755 Browns Bridge Rd.

Oakwood - All motels are approximately 12 miles from the regatta site.

Scottish Inns – 770-531-9929, 4500 Oakwood Drive

Comfort Inn – 770-287-1000, 3469 Mundy Mill Road

Country Inn Suites – 770-535-8080, 4535 Oakwood Road

Jameson Inn – 770-533-9400, 3780 Merchants Way

SEYRA/LLRC TEAM INFORMATION FORM

Please complete this form and return it to LLRC [U.S. Mail, fax (888-404-3519) - or electronic (cut and paste into the text of an e-mail). **To arrive by 5pm, May 9, 2011.**

Rowing Program: _____

Contact Person: _____

Phone #1: _____

Phone # 2: _____

E-mail: _____

Team size: _____

Approximate number of spectators that may also come: _____

Travel Information: Number of buses: _____

Number of vans: _____

Number of cars: _____

Approximate trailer arrival time: _____

Approximate team arrival time: _____

Tent request for Plaza (yes or no) _____

No request is needed to place tents in the park with the team trailer.