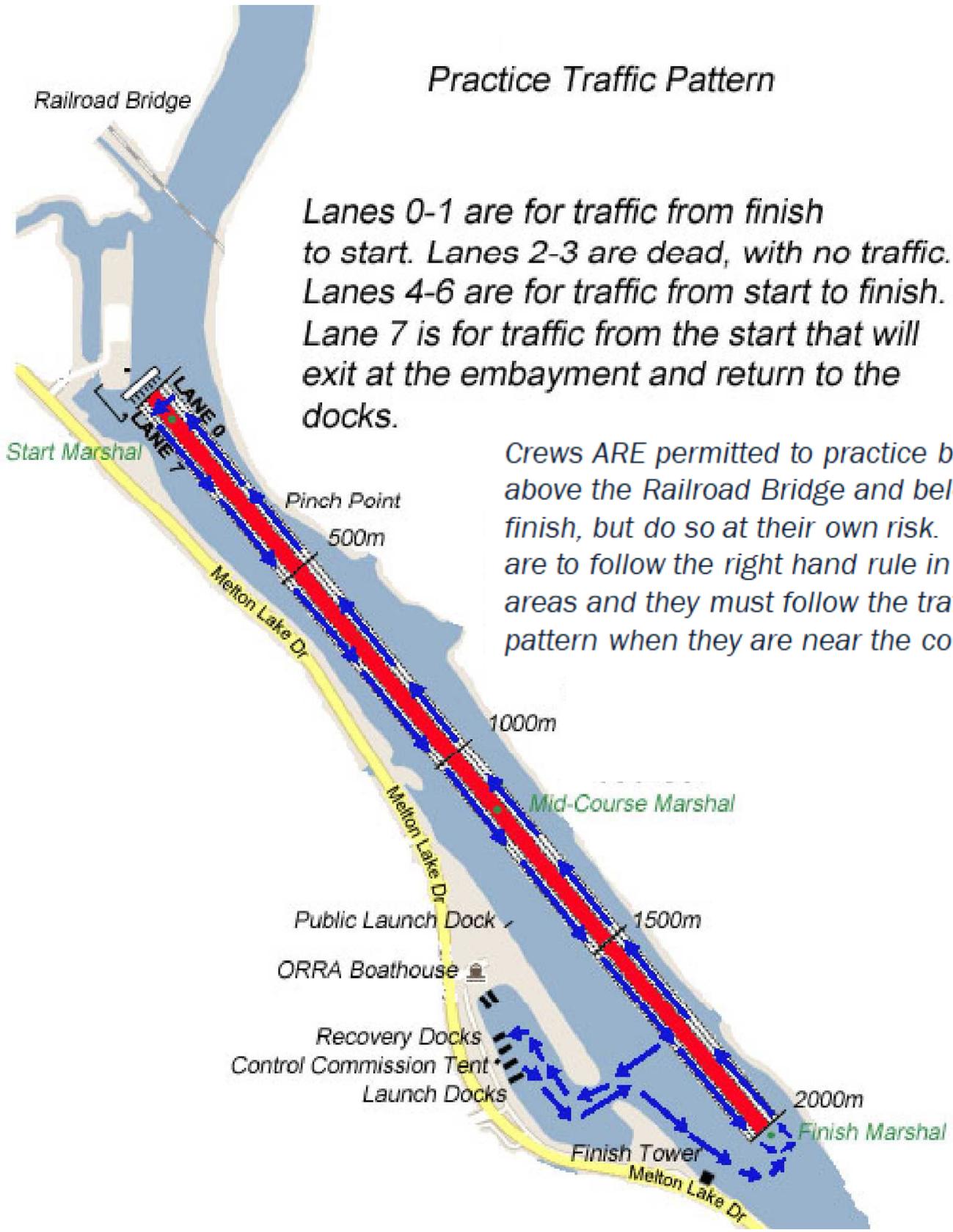


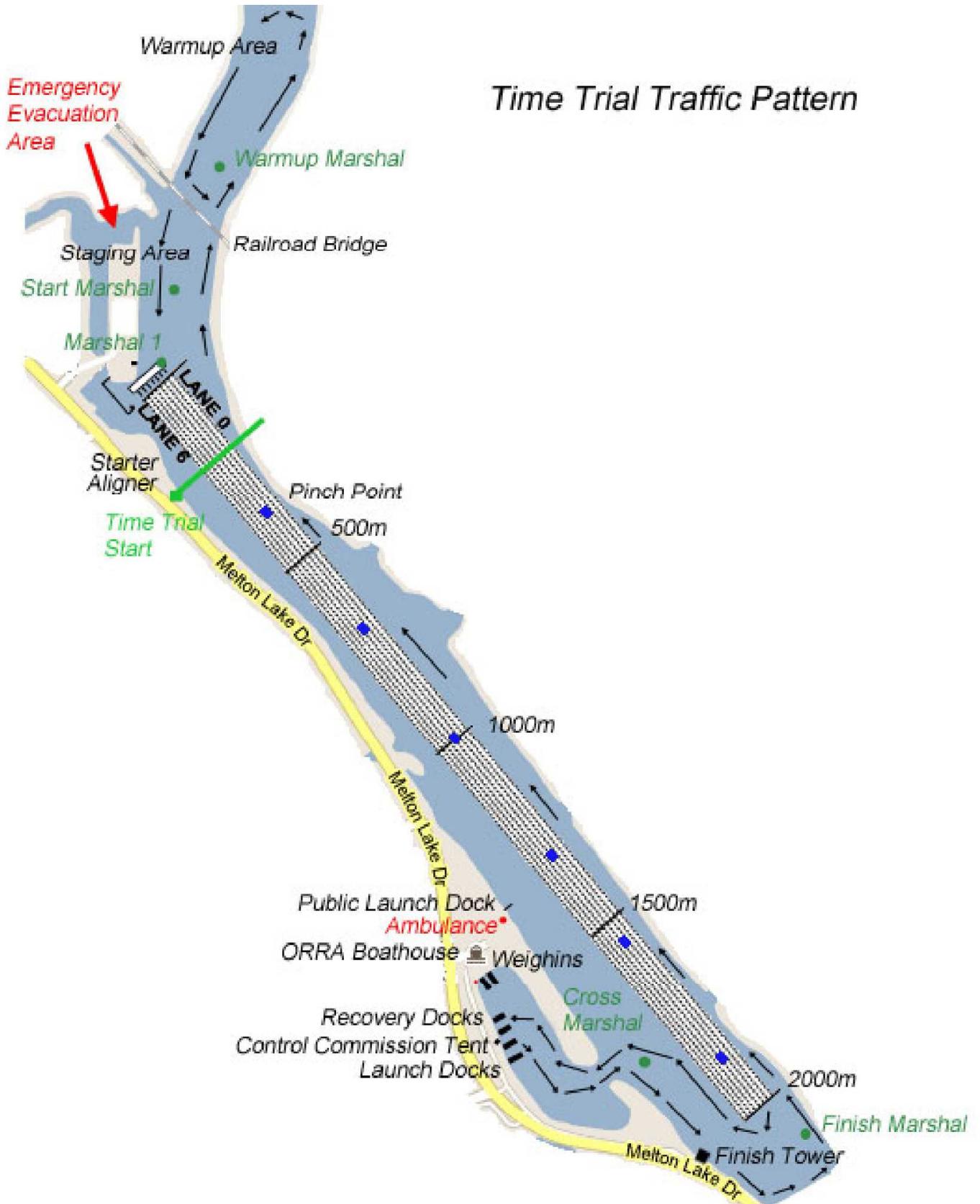
## Practice Traffic Pattern

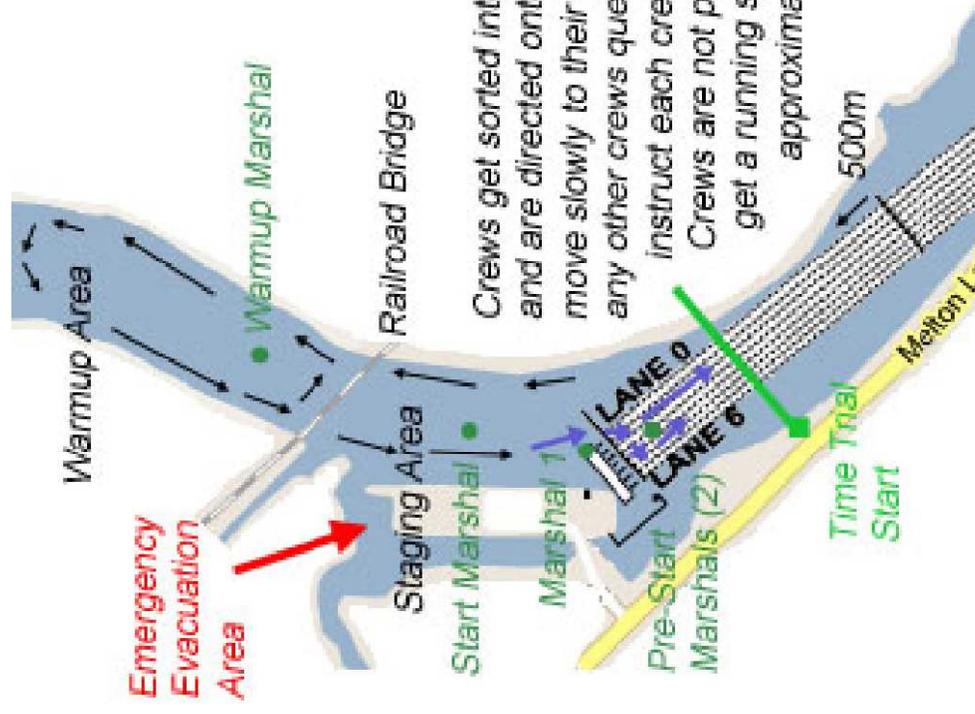
Lanes 0-1 are for traffic from finish to start. Lanes 2-3 are dead, with no traffic. Lanes 4-6 are for traffic from start to finish. Lane 7 is for traffic from the start that will exit at the embayment and return to the docks.

Crews ARE permitted to practice both above the Railroad Bridge and below the finish, but do so at their own risk. They are to follow the right hand rule in these areas and they must follow the traffic pattern when they are near the course.



# Time Trial Traffic Pattern





Crews get sorted into flights and bow number order by the Start Marshal and are directed onto the lanes at a paddle by Marshal 1. Crews are to move slowly to their lane (odd in lane 5, even in lane 2) and line up behind any other crews queued for the start. The Pre-Start Marshals (100m) will instruct each crew when it should start moving towards the start. Crews are not permitted to back into the stakeboat in their lane or to get a running start prior to the Pre-Start Marshals. The crews have approximately 100-150m to get to full speed before the start.

# RACING TRAFFIC PATTERN

