

# Welcome to the 55th St. Catharines Rowing Club

## INVITATIONAL REGATTA

Saturday July 16, 2016

St. Catharines, Ontario, Canada

Issue date – June 13, 2016

### Contact information

Regatta Chairman – Brian Fisher [bfisher@pridemobility.com](mailto:bfisher@pridemobility.com)

Regatta entries – Regatta central [www.regattacentral.com](http://www.regattacentral.com)

### Dates

Entry deadline – July 9, 11:59pm

Payment – with your entry via Regatta Central, or bring cheque to Coaches' meeting July 16, 7 am.

### Entry fees

8+ = \$80

4+ = \$60

4-/4X = \$50

2-/2X = \$30

1X = \$25

Note:

13% HST will be applied to fee total

A \$25 administrative fee will be added to the second entry of each Club

### General Information

1. All fees are stated in Canadian funds.
2. First race will be scheduled for 8am. Minimum race interval will be 6 minutes.
3. A preliminary draw will be available by July 13. Final draw will be distributed at the coaches meeting. One representative from each participating Club must attend.
4. Late entries - will be accepted at the discretion of the Regatta Chairman, subject to a \$50 surcharge, in addition to the entry fee, and on a first come, first paid basis, subject to lane availability, at the coaches meeting.
5. Clubs with any previous outstanding Regatta fees must be fully reconciled prior to having your boats called to the water.
6. Scratches: a \$50 fee will be assessed on all scratches after July 9, including crews who miss their start. Fees will be waived for medical reasons, if a note from a qualified medical professional is presented to the Regatta Chair prior to 6pm the day of the event.
7. Races restricted to Club crews only. Any request for exception of this rule, must be made prior to race day, and will be made at the discretion of the Regatta Chairman.
8. Multiple entries per athlete allowed.
9. Competitors may compete in Masters or Senior events, not both.
10. All Ontario athletes named in the entries must be registered with Row Ontario by June 23, 2016. Those from outside Ontario must be registered with a Club recognized by their National Federation.
11. The course will be open for practice from 6-7:15am Saturday. All boats must be off the course no later than 7:15 am.
12. The fixed starting gates will be used for all races.
13. Anticipated regatta times are, 8 am – 4pm. Use for planning only, actual times will be issued upon completion of the draw.
14. The Grandstand will be closed. Spectators can view from Henley Island, Canal St, or Rennie Island.
15. Only gold medals will be awarded to the winners of each final at the Clerk's booth near the launch dock.
16. Athlete identification is not required.

## Listing of events

- ✓ 1 Masters Women 4X Indicate aa,a,b,c,d,e,f,g,h,i
- ✓ 2 Masters Men 1X Indicate aa,a,b,c,d,e,f,g,h,i
- ✓ 3 U17 Women 1X
- ✓ 4 Men 2- Indicate if U23, U23 Lwt, Sr, Sr Lwt
- ✓ 5 U19 Men 4X
- ✓ 6 U17 Women 4+
- ✓ 7 Women 2x Indicate if U23, U23 Lwt, Sr, Sr Lwt
- ✓ 8 U19 Men 8+
- ✓ 9 Men 1X Indicate if U23, U23 Lwt, Sr, Sr Lwt
- ✓ 10 U19 Women 2-
- ✓ 11 U17 Women 4X
- ✓ 12 Men 4- Indicate if U23, Sr, U23 Lwt, Sr Lwt
- ✓ 13 U19 Men 2X
- ✓ 14 U17 Women 8+
- ✓ 15 Masters Women 1X Indicate aa,a,b,c,d,e,f,g,h,i
- ✓ 16 Masters Men 2X Indicate aa,a,b,c,d,e,f,g,h,i
- ✓ 17 Para Women 1X
- ✓ 18 U19 Women 1X
- ✓ 19 Men 4X Indicate if U23, Sr, U23 Lwt, Sr Lwt
- ✓ 20 U19 Women 4+
- ✓ 21 U17 Women 2X
- ✓ 22 U17 Men 1X
- ✓ 23 Women 2- Indicate if U23, U23 Lwt, Sr, Sr Lwt
- ✓ 24 U19 Women 4X
- ✓ 25 U17 Men 4+
- ✓ 26 Men 2x Indicate if U23, U23 Lwt, Sr, Sr Lwt
- ✓ 27 U19 Women 8+
- ✓ 28 Women 1x Indicate if U23, U23 Lwt, Sr, Sr Lwt
- ✓ 29 U19 Men 2-
- ✓ 30 Masters Men 4X Indicate aa,a,b,c,d,e,f,g,h,i
- ✓ 31 Masters Women 2X Indicate aa,a,b,c,d,e,f,g,h,i
- ✓ 32 Para Men 1X
- ✓ 33 U17 Men 4X
- ✓ 34 Women 4- Indicate if U23, Sr, U23 Lwt, Sr Lwt
- ✓ 35 U19 Women 2X
- ✓ 36 U17 Men 8+
- ✓ 37 U19 Men 1X
- ✓ 38 Women 4X Indicate if U23, Sr, U23 Lwt, Sr Lwt
- ✓ 39 U19 Men 4+
- ✓ 40 U17 Men 2X
- ✓ 41 Women 8+ Indicate if U23, Sr, U23 Lwt, Sr Lwt
- ✓ 42 Men 8+ Indicate if U23, Sr, U23 Lwt, Sr Lwt

## AGE CATEGORIES

### Under 17

A rower or coxswain shall be defined as an Under 17 competitor until the 31st of December of the year in which he or she reaches the age of 16. After that date, the rower shall be classified as a Junior rower.

### Under 19

A rower or coxswain who is no longer an Under 17 competitor shall be classified as a Junior competitor until the 31st of December of the year in which he or she reaches the age of 18. After that date the rower shall be classified as an Under 23 rower.

### Under 23

A rower or coxswain who is no longer an Under 19 shall be classified as Under 23 until the 31st of December of the Year in which he or she reaches the age of 22. After that date, the rower shall be classified as Senior.

### Senior

A rower or coxswain who is 23 years or older during the calendar year in which he or she is competing.

### Master

A rower may compete as a Master from the beginning of the year during which he or she attains the age of 21. Coxswains are excluded.

Masters Age categories based on crew average age: AA: 21+, A: 27+, B: 36+, C: 43+, D: 50+, E: 55+, F: 60+, G: 65+, H: 70+, I: 75+

## WEIGHT CLASS

- Men Lwt 75kg (165lb) max
- Women Lwt 61.4kg (135lb) max
  
- All coxies must weigh in with their weight class crew, and if required provide their own weights
- Coxswains Women's' crew minimum 50 kg (110 lb) or Men's' Crew minimum 55kg (121 lb)
  
- Weigh in times: Saturday 7 – 8:30am.

## RCA Rules of Racing Exceptions

This regatta will follow the RCA rules of racing with the divergence below:

### 2.1 The Definition of a Competitor

All Ontario athletes must be members of a Row Ontario Club, and registered in the Competitive fee Category with Row Ontario by June 23, 2016. If required, competitors must be able to validate their membership with the Club they are competing for.

Athletes and coaches from Clubs outside Ontario must be members in good standing of a Club recognized by their National Federation.

National or Provincial Team exhibition entries may be accepted at the discretion of the Regatta Chair.

## **2.6 Weighing of Coxswains**

Coxswains shall weigh-in.

## **2.11 Weighing of Athletes in Weight Restricted Events**

Calibrated test scales will NOT be provided during training and racing times. Multiple attempts will be allowed. There will be **NO** practice scales available during official weigh-in.

## **7.2 Entries**

RCA registration number is required.

Multiple entries per athlete.

Entries will be accepted from any rowing club in the world who meet the criteria outlined above.

## **7.6 Crew Substitutions**

Will be allowed. No name change forms are required

## **9.3 Events with 7 or more entries**

The draw progression will be heats direct to final.

## **10.2 Appeals**

Any appeal resulting out of a protest, will be resolved by the onsite Board of the Jury.

