

# Welcome to the 58th St. Catharines Rowing Club

## INVITATIONAL REGATTA

Saturday July 20, 2019

St. Catharines, Ontario, Canada

### Contact information

Regatta Chairman – Brian Fisher [bfisher@pridemobility.com](mailto:bfisher@pridemobility.com)

Regatta entries – Regatta central [www.regattacentral.com](http://www.regattacentral.com)

### Dates and times

Entry deadline – July 13, 11:59pm

Late entry deadline – July 15, 11:59pm (\$25 added to cost of entry)

Payment – with your entry via Regatta Central, or bring cheque to Coaches meeting

Coaches meeting – July 20, 7am

Weigh-in times – July 20, 7-9:30am

First race – July 20, 8am

Athlete identification is not required to gain entry to the launch dock

### Entry fees

8+ = \$80

4+ = \$60

4-/4X = \$50

2-/2X = \$30

1X = \$25

Please note:

- 13% HST will be applied to fee total
- **\* ROWING CANADA \$3.25 and ROWONTARIO \$2.25 seat fees, total \$5.50 will be added for each seat entered to your Regatta Central invoice.**
- A \$25 administrative fee will be added to the second entry of each Club

### General Information

1. All fees are stated in Canadian funds.
2. A preliminary draw will be available by July 17. Final draw will be distributed at the Coaches meeting. One representative from each participating Club must attend.
3. Clubs with any previous outstanding Regatta fees must be fully reconciled prior to having your boats called to the water.
4. Scratches: a \$50 fee will be assessed on all scratches after July 17, including crews who miss their start. Fees will be waived for medical reasons, if a note from a qualified medical professional is presented to the Regatta Chair prior to 6pm the day of the event.
5. Races restricted to Club crews only. Any request for exception of this rule, must be made prior to race day, and may be allowed at the discretion of the Regatta Chairman.
6. Multiple entries per athlete allowed.
7. Competitors may compete in Master's or Senior events, not both.

8. There will be no practice times available prior to the Regatta.
9. The fixed starting gates will be used for all races.

10. Anticipated regatta times are, 8 am – 2pm. Use for planning only, actual times will be issued upon completion of the draw.

11. The Grandstand will be closed. Spectators can view from Henley Island, Canal St, or Rennie Island.

12. Gold medals only will be awarded to the winners of each final at the Clerk's booth near the launch dock.

13. All lightweight competitors must weigh in.

1. The official weigh in periods will be from 7.00 am to 9.30 am on regatta day.
2. Weigh-ins will be on the second floor of the '86 shell house, (same as Henley and CSSRA)
3. Athletes must weigh in as a crew and be accompanied by a Coach or Club official.
4. In the case of any disputes, the umpire will communicate with the crew's coach or club official.
5. All lightweights will weigh in wearing the same club rowing uniforms. No one will be weighed in wearing more or less uniform.
6. A test scale is available next to Bay 11.
7. Re-weighs will not be permitted.
8. Crew changes will not be accepted in weigh-in room.
9. Coxswains will not be weighed, nor required to carry weight (if underweight).
10. An individual's maximum weight, +2kg allowance determines eligibility. There is no averaging of the athlete's weights in the weight class events. The stated weight is the maximum an individual may weigh.

## **WEIGH IN PROCEDURES**

1. When you reach the scales, please line your crew up from bow to stern.
2. Weigh ins will occur on a first come first served basis, based upon when you report with your crew to weigh in room.
3. Any verbal abuse of umpires will result in disciplinary action as outlined in the RCA Rules of Racing.

14. Events with 2-7 entries will be raced as final only. At the discretion of the Regatta Chair, those with 8 entries may race as final only. All others will progress to the final made up of heat winners, plus the next fastest crews to a maximum of 6.

## Listing of events

- ✓ 1 Masters Women 4X
- ✓ 2 Masters Men 1X
- ✓ 3 U17 Women 1X
- ✓ 4 Senior Lwt Men 2-\*
- ✓ 5 Senior Men 2- \*
- ✓ 6 U19 Men 4X
- ✓ 7 U17 Women 4+

- ✓ 8 Senior Women 2X \*
- ✓ 9 Senior Lwt Women 2X \*
- ✓ 10 U19 Men 8+
- ✓ 11 Senior Men 1X \*
- ✓ 12 Senior Lwt Men 1X \*
- ✓ 13 U19 Women 2-
- ✓ 14 U17 Women 4X
- ✓ 15 Senior Men 4-
- ✓ 16 Senior Lwt Men 4-
- ✓ 17 U19 Men 2X
- ✓ 18 U17 Women 8+
- ✓ 19 Masters Women 1X
- ✓ 20 Masters Men 2X
- ✓ 21 Para Women 1X
- ✓ 22 U19 Women 1X
- ✓ 23 Senior Men 4X
- ✓ 24 Senior Lwt Men 4X
- ✓ 25 U19 Women 4+
- ✓ 26 U17 Women 2X
- ✓ 27 U17 Men 1X
- ✓ 28 Senior Women 2- \*
- ✓ 29 Senior Lwt Women 2- \*
- ✓ 30 U19 Women 4X
- ✓ 31 U17 Men 4+
- ✓ 32 Senior Men 2X \*
- ✓ 33 Senior Lwt Men 2X \*
- ✓ 34 U19 Women 8+
- ✓ 35 Senior Women 1X \*
- ✓ 36 Senior Lwt Women 1X \*
- ✓ 37 U19 Men 2-
- ✓ 38 Masters Men 4X
- ✓ 39 Masters Women 2X
- ✓ 40 Para Men 1X
- ✓ 41 U17 Men 4X
- ✓ 42 Senior Women 4-
- ✓ 43 Senior Lwt Women 4-
- ✓ 44 U19 Women 2X
- ✓ 45 U17 Men 8+
- ✓ 46 U19 Men 1X
- ✓ 47 Senior Women 4X
- ✓ 48 Senior Lwt Women 4X
- ✓ 49 U19 Men 4+
- ✓ 50 U17 Men 2X
- ✓ 51 Senior Women 8+
- ✓ 52 Senior Men 8+

- \* If not enough entries, races will be combined, medal awarded to overall winner
- Masters categories, AA – L

## Requested exceptions from RCA Rules of Racing

### 2.10

There will be a 2kg allowance for all weight restricted events

### 2.5, 2.6

Coxswains will not be weighed, nor required to carry dead weight (if underweight)

### 4, 4.1, 4.2

Overhead markers @ 500m, 1000m, 1500m.

Depth of course is not the same throughout.

### 7.2

Preliminary draw will be released 3 days before the event

### 9.3

Progression to finals will be heat winners, plus next fastest times to a maximum of 6

### 10.19

Appeals – will be heard by the Board of the Jury. Their decision is final

### 11.16

A minimum of one umpire will follow each race



