



ST. MARY'S CREW CLASSIC

Rules & Regulations / Handbook

Spring 2012



TABLE OF CONTENTS

<u>Introduction</u>	Page 3
<u>Contacts</u>	Page 3
<u>Regatta:</u>	Page 4
• General Information	
• Weigh-Ins	
• Regatta Rules	
• Point Trophy	
<u>Directions / Parking</u>	Page 8
<u>Course Map</u>	Page 10



Introduction

The SMCC Regatta Committee welcomes you to the St. Mary's Crew Classic held at St. Mary's Preparatory in the Village of Orchard Lake. We hope for clear skies and calm water on Orchard Lake. The event promises to be exciting for athletes and spectators. SMCC will award a Men's and Women's point trophy and individual race medals.

This package contains information you may find useful. Our Regatta Committee has made every effort to make the day enjoyable for your team and fans. Should you have any recommendations; we welcome them. We will have directions for parking, areas marked for boat trailers, lay-down yard, and your hospitality tents. Should you need assistance; please do not hesitate to contact one of the Regatta Committee Chairs.

We ask that you do not bring pets to this regatta. St. Mary's Preparatory is a SMOKE FREE campus.

Good luck to you and your team.

Contacts

St. Mary's Head Coach; Chris Czarnecki.....	248.505.3733
Grounds Chairman; R. Duenas.....	248.421.5010
Co-Chair; J. Blazevic.....	248.830.7577
Regatta Chair; Dan Whalen.....	586.215.6711



General Information & Definitions

COACHES AND COXSWAIN MEETING: St. Mary's Preparatory Crew house per schedule.

COMPETITOR AGE: Rowers in this event must not have reached their 19th birthday.

GENDER: Only males may row in Men's events. Only females may row in Women's event.

COXSWAINS: Coxswains may be of either gender, and of any skill or age classification (not withstanding the age maximum). There is no weight minimum for coxswains.

EVENT LIMIT: There is a 3-event limit for all rowers. Coxswains are exempt from this limit.

SCHOLASTIC: Entries must be comprised of students in grades 9 through 12 and row representing that school or club during the spring season (March-June).

NOVICE: A novice rower began rowing after the Midwest Scholastic Championships of the prior year.

FRESHMAN: An athlete currently enrolled in grade 9.

JUNIOR: An athlete currently enrolled in grades 9, 10, or 11.

VARSITY: Open event for athletes complying with gender, age, and scholastic requirements.

LIGHTWEIGHT: A lightweight crew is one that complies with the requirements below.

Men: The lightweight crew shall have no rower who weighs more than 160 lbs.

Women: The lightweight crew shall have no rower who weighs more than 130 lb.

REGATTA RACE POINTS:

	1 st Place	2 nd place	3 rd Place
8+	30	25	20
4+	20	15	10
2-	10	8	6

A team may earn points once per race, with the 2nd boat blocking. Ex. If a team wins 1st and 2nd place; points will be awarded for 1st place only. No team will win the 2nd place points.



Weigh-in will be by challenge only.

Challenges must be within 30 minutes of race conclusion by notifying a race official. Should a challenge be made, both boats (boat posting the challenge and challenged boat) are subject to the weigh-in rules. Rowers from both boats must meet the following requirements:

- All crew lightweight competitors must weigh in
- Crewmembers must weigh in wearing their crew uniform, identical in color and style to others on the crew.
- Members of each crew must weigh in together and be accompanied by their coach or a club official.
- Crewmembers are to step on the scales in the order in which they row in the boat, bow to stern.
- Coxswains do not need to weigh-in.
- Clerk of the scales will communicate only with the coach or club official.
- Coxswains: Coxswains may cox in any boat, regardless of gender, novice, or varsity status. There is no weight minimum for coxswains.

Any rower exceeding the weight limit will result in the disqualification of the boat when weigh-in is post race.

At the coach's discretion, rowers may pre-weigh. Upon meeting the weight limit, the rower will receive a wristband and their name recorded by the race officials. Please contact a race official prior to start of the regatta if you wish to pre-weigh.



Regatta Rules

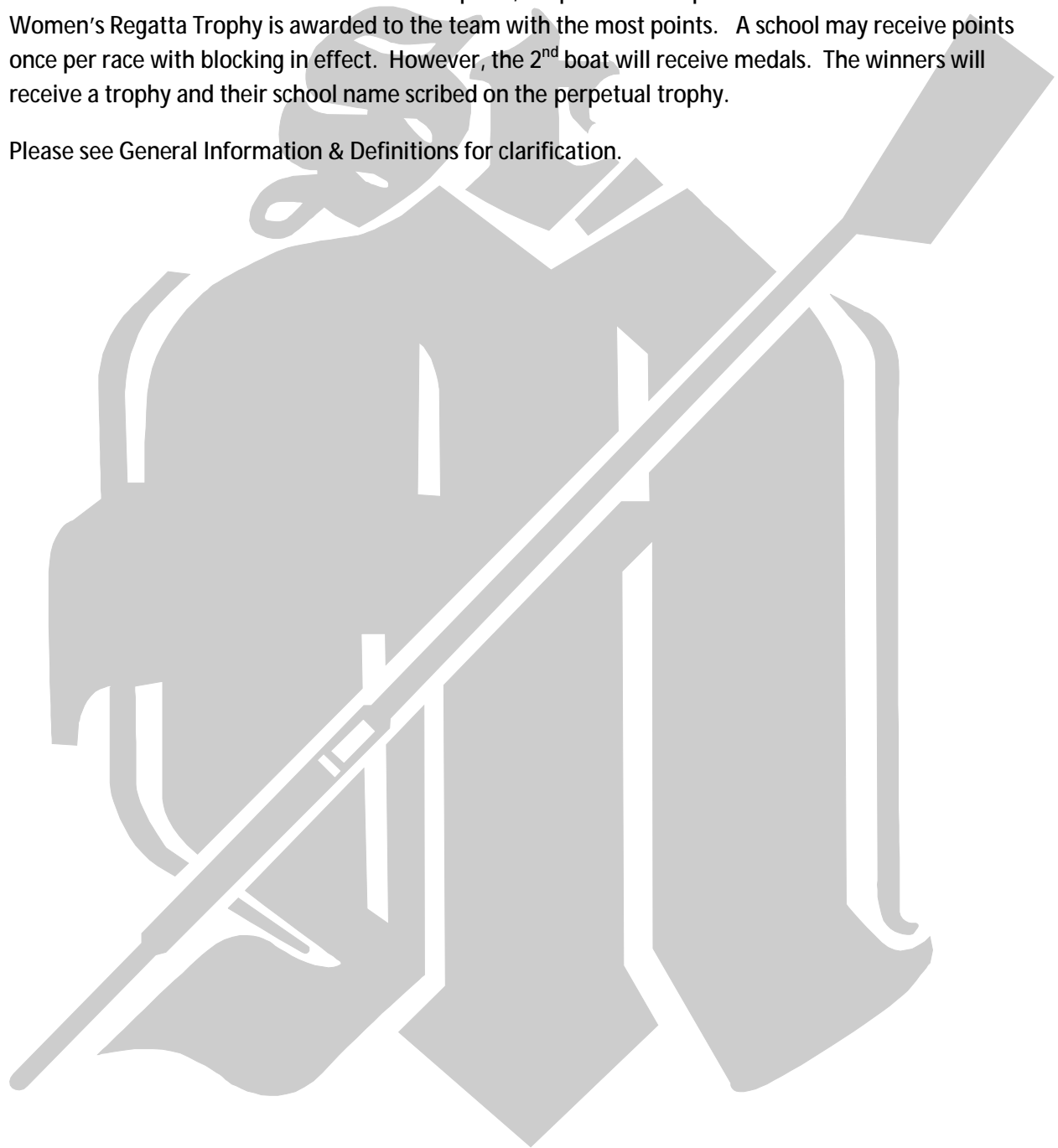
- 1 Quick Release: Check your equipment for race readiness, including the proper tying of heels (3 inches). Releases may be checked at the dock as the boats approach the launch area.
- 2 Weighing Boats: Boats will not be weighed.
- 3 Bow Balls: Bow balls must be secured to shells before launch. Shells without bow balls will not be allowed to race.
- 4 Bow Numbers: Bow numbers will be supplied at the launch area and must be returned to the dock master on return to the beach following a race.
- 5 Lane Numbers: Lanes at the regatta site are not numbered. Rowers shall enter lanes as directed by the Regatta Marshall.
- 6 Boat Storage: Boats are to be stored in marked areas only. Please provide your own boat stands and secure all boats not in use. Trailers shall be parked in the designated area. All equipment must be removed from the regatta site by sunset Saturday evening.
- 7 Starting Platforms: The event may be open water or platform. Event configuration will be announced at the coxswain meeting.
- 8 Late to Start: All crews must be on time to the start area. Crews late to the starting line marshalling area will be assessed one warning.
- 9 Protests: Any crew wishing to protest should raise their hands after completing their race. Coaches should register their protest with the registrar. Protests will be adjudicated by the regatta Marshall.
- 10 Weigh-in: Lightweight category weigh-in will be by challenge only. Each oarsman will be given two opportunities for weight check.
 - Upon successful weigh-in pre-race, the athlete is given a wristband.
 - If weigh-in by challenge, see earlier rules.
- 11 Disputes: This regatta is for the enjoyment of the athletes and spectators. As such, these rules may be modified by the unanimous concurrence of each team's head coach.



Point Trophy

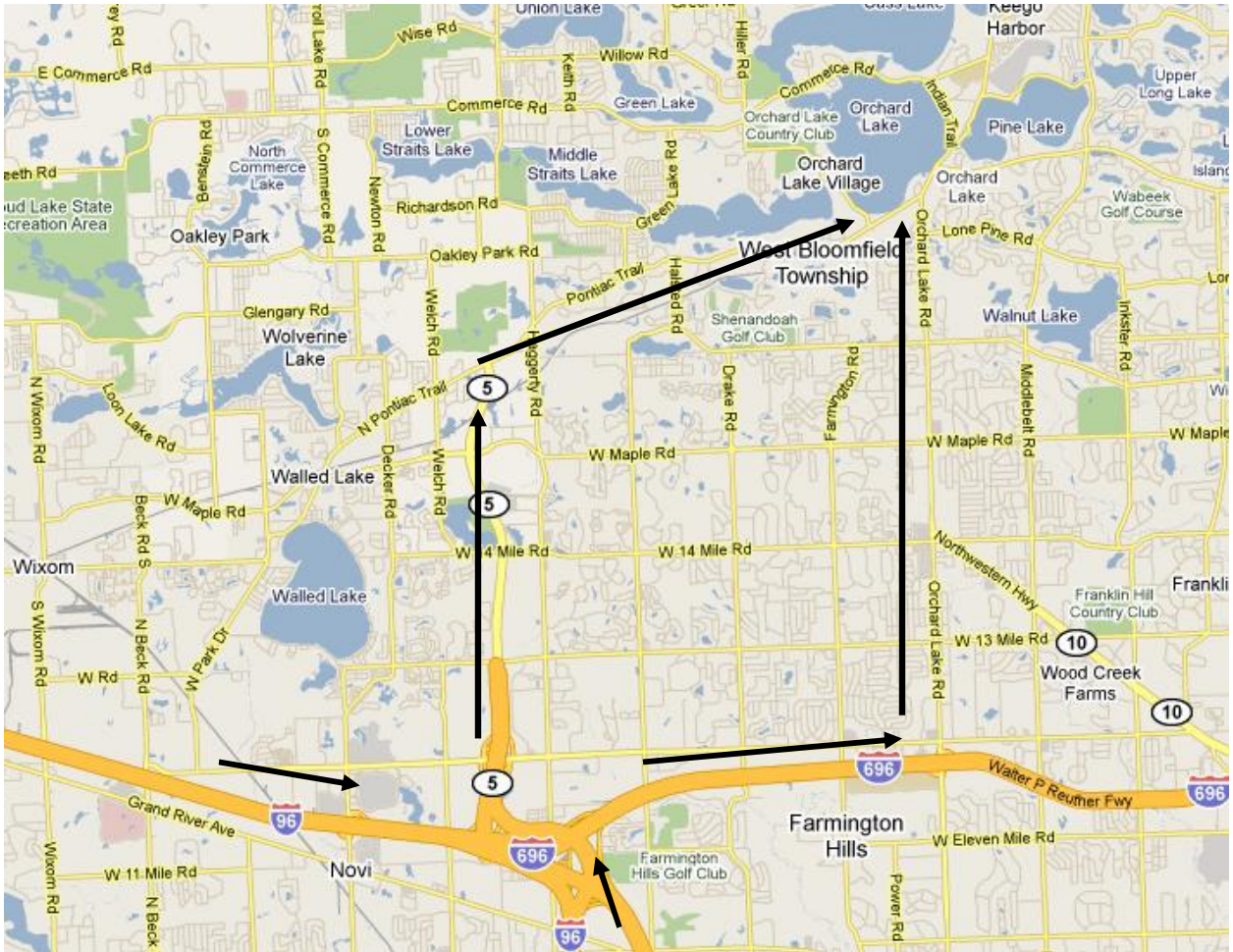
The SMCC will award individual medals to 1st place, 2nd place and 3rd place finishes. The Men's and Women's Regatta Trophy is awarded to the team with the most points. A school may receive points once per race with blocking in effect. However, the 2nd boat will receive medals. The winners will receive a trophy and their school name scribed on the perpetual trophy.

Please see General Information & Definitions for clarification.





Direction – Regatta



Traveling from Grand Rapids/Brighton: Drive East on I-96 to Novi and the I-275/I-696 interchange. From here, you have two ways to reach Orchard Lake, St. Mary's Preparatory:

1. Continue on I-696 to Orchard Lake Rd and head North on Orchard Lake Rd.
2. Take M-5 North to Pontiac Trail Rd. Head North on Pontiac Trail Rd to Orchard Lake.

Traveling from Ann Arbor: Drive North on I-275 to the I-275/I-696/I-96 interchange. From here, you have two ways to reach Orchard Lake, St. Mary's Preparatory:

3. Take I-696 East to Orchard Lake Rd and head North on Orchard Lake Rd.
4. Take M-5 North to Pontiac Trail Rd. Head North on Pontiac Trail Rd to Orchard Lake.



.REGATTA COURSE – ORCHARD LAKE

We will race on Orchard Lake with boat launch from the dock and boat retrieval at the lakeshore. This is an open water start. Course alterations will be at the discretion of the Water Official and announced at the Coxswain Meeting.

