

# 2014 Portland Row for the Cure Entry Packet

To Benefit the Oregon & Washington Affiliate of  
Susan G. Komen for the Cure®

For All Human Powered Watercraft  
September 28, 2014  
Willamette River in Portland, Oregon

Hosted by Station L Rowing Club and Portland Boathouse



National Sponsors



## September 28, 2014 Row for the Cure Regatta Information

**Distance:** 5000 meters for rowers, with a 2500 meter course for paddlers.

**Location:** Downtown Portland's Eastbank Esplanade, launching from the Portland Boathouse at 1515 SE Water Ave., located at the east end of the Hawthorne Bridge. On site parking only for cartop boats and trailers. Ample free street parking near venue

**Entry Deadline and Fees:** They must be received by midnight September 23th, online at [www.regattacentral.com](http://www.regattacentral.com). Entry fees are based on a per person charge of \$35. No late or day of race entries. All entry fees after regatta expenses are donated to the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure®. All entrants receive a free brunch and special commemorative items.

**Schedule:** Due to congestion on the Willamette River in downtown Portland, boats (except Dragon Boats) cannot be used twice. **Participants may only race once - no hot-seating allowed including coxswains.** Racing will begin with the first flight of dragon boats at 8:30am, rowing events at 8:45am, the second flight of dragon boats and small boat paddlers around 9:45am. Races will begin every few minutes. Order of events is in this packet, and on the registration form at [Regattacentral.com](http://Regattacentral.com). An updated schedule will be emailed to club contacts and non-affiliated participants the week of the race, after the entry window closes. Each entrant will be assigned a launch time. **It is very important that all boats launch at their designated time.**

**Course Map:** Map based on is available in PDF format on the event page at [www.regattacentral.com](http://www.regattacentral.com) and on the Station L Rowing Club website, [www.stationrowingclub.com](http://www.stationrowingclub.com) on the Row for the Cure® page. Course is the same as the past several years. Start line is just north of the Hawthorne Bridge. Paddlers turn just north of the Burnside Bridge. Rowers turn just downstream of the Broadway Bridge.

**Packet Pick up:** 5-7pm Saturday, September 27<sup>th</sup> at the Portland Boathouse, or after 6am on race day, same location. Completed paper waivers (must use combined USRowing/Komen Waiver) are required to pick up packet.

**Mandatory Pre-race meeting:** 7:00am, September 28<sup>th</sup>, Station L bay of the Portland Boathouse, 1515 SE Water Ave. Coaches, coxswains, callers, tillers, scullers and small boat paddlers should attend.

**Parking:** Please send an e-mail to [rowforthecurepdx@yahoo.com](mailto:rowforthecurepdx@yahoo.com) if you intend to bring a boat trailer and when you expect to arrive. There is ample street parking for participant and volunteer cars within five blocks of the Portland Boathouse. Security will be provided for trailers and boats beginning at 6:00pm, Saturday, September 27<sup>th</sup>.

**USRowing Information:** Row for the Cure is a *USRowing* registered and insured regatta. *USRowing Rules of Rowing* will apply and *USRowing* officials will officiate.

**Racing Categories:** See event list for details. Open to all human powered craft. Events with only one entry may be combined with another event. One race per participant. **All high school rowers** are limited to the "junior" category, to avoid violations of NCAA regulations. High school coxswains may cox masters races.

**Definitions:** "Masters" Rowers aged 21 and over, but crew must average 27+  
"Novice" New to rowing since Spring 2014.  
"Open/College" Open to any rowers except those still in high school.

**Waivers:** The *USRowing/Komen* waiver form is included in this packet for reprinting or available for download on our RegattaCentral page or available at [www.stationrowingclub.com](http://www.stationrowingclub.com) on the Row for the Cure® page. The online USRowing waiver is not sufficient for this regatta due to the co-sponsorship with the Komen Foundation. All participants must turn in a paper copy of the combined Komen/USRowing waiver prior to racing.

Mail waivers in or drop off when picking up your packet on race day.

Mailing address: Row for the Cure, PO box 82041 Portland 97282

**Equipment rental:** Contact local clubs or universities if you wish to rent rowing shells. Station L will not be able to rent equipment for the regatta. Those who wish to rent kayaks or canoes should contact Alder Creek at the Portland Boathouse, at <http://www.aldercreek.com>.

**Head of the Dog Regatta. September 27<sup>th</sup>:** Our friends at Portland Boat Club run a great small boats 5k head race. Register at RegattaCentral, and you can race twice in Portland, on one weekend, on two different courses. And they have awards for best costume!

**Fundraising:** Businesses are welcome to sponsor team boats or clubs. All participants are encouraged to set an individual fund raising goal of \$150, the cost of a mammogram. Check out the new donation page directly by going to [www.regattacentral.com](http://www.regattacentral.com) or by going through the link on the Row for the Cure web site Portland page, [www.rowfortheure.com/portland/](http://www.rowfortheure.com/portland/).

- The *Ed Offchiss Memorial Trophy* will be awarded to the team that brings the most donations to the regatta.
- There is a special prize for the person who brings in the largest single contribution over \$500.

A separate fundraising packet is available on the Portland page of the Row for the Cure web site. Donations to the Row for the Cure® are tax deductible to the extent allowed by law. All pledged funds will go to the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure®. 75% will support local programs and 25% will be sent to the grant program for cutting edge research which is managed by the national office of Susan G. Komen for the Cure®. Donations can be made on-line at the Portland page of [www.rowfortheure.com](http://www.rowfortheure.com), checks may be turned in on race day or mailed after the event to Row for the Cure, PO Box 82041 Portland OR 97282.

**Contacts:**

- For questions about entries, categories, schedule, course layout, e-mail race director Peter Edwards at [pdxpje@comcast.net](mailto:pdxpje@comcast.net)
- The latest entry information, news, and schedules will be posted on our news page on <http://www.regattacentral.com>. Look over the menu items when you are registering.
- For questions about fundraising, breast cancer survivor participation, or media access, email [PORTLAND@RowForTheCure.com](mailto:PORTLAND@RowForTheCure.com).
- If you are interested in helping your team or club raise funds, contact Kathy Frederick at [kathy.frederick@RowForTheCure.com](mailto:kathy.frederick@RowForTheCure.com).
- For general information about Row for the Cure throughout the USA, check the National Row for the Cure site, <http://www.rowfortheure.com/>.

**•Mailing address for all waivers/pledges/donations**

Row for the Cure®, P.O. Box 82041 Portland OR 97282

**•Please contact the race organizers if you or any boat members are breast cancer survivors: [PORTLAND@RowForTheCure.com](mailto:PORTLAND@RowForTheCure.com)**

**2014 Portland Row for the Cure Event List**  
**Enter at RegattaCentral.com**

W Dragon Boat	W Junior 2X
Mixed Dragon Boat	M Open 2-
M Dragon Boat	W Open 2-
M Open/College 8+	M Open 1X
M Masters 8+	M Masters 1X
M Junior 8+	M Junior 1X
Mixed Open/College 8+	W Open 1X
Mixed Masters 8+	W Masters 1X
W Open/College 8+	W Junior 1X
W Masters 8+	M Recreational 1X
W Junior 8+	W Recreational 1X
M Masters 4X	
Mixed Masters 4X	Outrigger Canoe >2X
W Masters 4X	M Outrigger Canoe 1X
M Open Novice 8+	Mix Outrigger Canoe 2X
W Open Novice 8+	W Outrigger Canoe 1X
M Junior Novice 8+	M High Perf. Kayak (HPK*)
W Junior Novice 8+	Mixed HP Kayak (HPK*)
M Open/College 4+	W High Perf. Kayak (HPK*)
M Masters 4+	M Fast Sea Kayak (FSK*)
M Junior 4+	Mixed FS Kayak (FSK*)
Mixed Open/College 4+	W Fast Sea Kayak (FSK*)
Mixed Masters 4+	M Sea Kayak (SK*)
W Open/College 4+	Mixed Sea Kayak (SK*)
W Masters 4+	W Sea Kayak (SK*)
W Junior 4+	M Canoe 2X
M Open Novice 4+	Mixed Canoe 2X
M Junior Novice 4+	W Canoe 2X
W Open Novice 4+	M Canoe 1X
W Junior Novice 4+	W Canoe 1X
M Open 2X	
M Open 2X	
Mixed Masters 2X	We can add events. Ask!
W Open 2X	
W Masters 2X	

**Regatta Central Registration Instructions Summary**

1. Go to <http://www.regattacentral.com>
2. Click on "New User" link to create your FREE user account [or log in as existing user]
3. Click on "add a regatta to my calendar". Add the September 28th Portland Row for the Cure.
4. Start adding entries to your selected events. Birthdates are only necessary for participants in masters rowing races.
5. Regatta Central will total your fees for you. Pay by credit card.
6. Be sure to have all participants fill out a USRowing/Komen waiver form (included in this packet). Mail in or turn in when you pick up your race packet. USRowing members must still sign the joint USRowing/Komen waiver because of the joint sponsorship.

\* The Sound Rowers Kayak Classifications are used for the HPK, FSK and SK.

- Dragon Boaters should arrange their own equipment use and determine which flight [8:30am or 9:45am] they need to enter. Please let Peter Edwards [pdxpje@comcast.net](mailto:pdxpje@comcast.net) know which flight you will be in.
- Novice Masters should enter the M, W and Mixed Open Novice Events.
- For events not listed above, such as outrigger canoes with 6 or 8 people, or canoes with 3 or more participants, please email [pdxpje@comcast.net](mailto:pdxpje@comcast.net) for instructions on how to enter.

# Release of Liability

IN CONSIDERATION of being given the opportunity to participate in any USRowing activity, including scheduled, supervised club activities, and registered regattas, during the policy term 12/31/13 – 12/31/14, I, for myself, my personal representatives, assigns, heirs, and next of kin.

1. I ACKNOWLEDGE, agree and represent that I understand the nature of Rowing/Paddling Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. I FULLY UNDERSTAND that: (a.) ROWING/PADDLING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death (“Risks”); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. I AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of USRowing and/or participant in Row for the Cure®, that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. I HEREBY RELEASE, discharge, and covenant not to sue USRowing, Station L Rowing Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against

any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

5. I, the undersigned participant, for myself and for my heirs, executors, legal representative, successors and assigns, hereby waive all claims and/or course of action, including negligence, against Susan G. Komen for the Cure®, the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure®, and all of their officers, directors, employees and agents, arising out of or in any way connected with my participation in the Row for the Cure®. “Participation” includes, but is not limited to, travel to and from the event as well as all activities encompassing said event.



**Printed Name of Participant** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_

**Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Participant's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**PARENTAL CONSENT**

**(if participant is under the age of 18).**

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

**Printed Name of Parent/Guardian:**

\_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature (only if  
participant is under the age of 18)**

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