



Welcome to the Inaugural Sarasota-Bradenton Head Race. We ask that you race with the sportsmanship and competitiveness that this format presents. The opportunity to race through the restricted confines of the return canal and finish near where you start is unique to our venue. With this dynamic race course comes the responsibility to race intelligently, pass when the situation offers itself, yield as necessary and follow the layout of the race course designed to be fun.

GENERAL INFORMATION

ANNOUNCING

The event will be announced at the venue by our NBP announcers. Please help us make this event a little more interesting by turning in your boat line-ups and the team information sheet you received via email from Sarah Kupiec. The course will have three intermediate timing stations. Look for Wi-Fi and 4g coverage of the race. Timing is brought to you by Regatta Master.

AWARDS

An enameled medallion will be presented to the first place crew in each event. An award ceremony will be held three times during the day, 11:00, 3:45 and 5:00. We hope all winning crews will come to the awards platform and share the awards ceremony.

PARKING

Packets will include two parking passes...one for the tow vehicle and one for the team support vehicles.

A \$5 fee will be charged for all other cars, including athletes and coaches to park on the island. Please understand.



TEAM TENTS

Each team will be allotted a 20'x40' space on the island along the beach frontage. Space is on a first come, first serve basis. Each team will receive only one parking pass for their team support vehicle.

TRAILER PARKING/BOAT STORAGE

Trailer parking will be designated upon your arrival to the venue. Each team will receive only one parking pass for their tow vehicle.

MERCHANDISE SALES

Fine Designs is the official event shirt vendor. T-shirts will be available during the regatta. Please let your athletes & parents know that prices start at \$16.00.

PHOTOGRAPHY

There will be a professional event photographer for this event. A website for purchasing photographs will be available on race day. All proceeds to benefit Nathan Benderson Park.

BIKE RENTAL

There will be a bike rental vendor at this event where spectators can rent bikes for a couple hours or the entire day. With our unique race course and accessibility around the entire lake we encourage coaches and spectators to experience the races from all areas of the venue. Please make your parents aware of this. Bringing your own bikes is encouraged as well!

BEER GARDEN

Alcoholic beverages will be sold, you must be 21 years of age or older to purchase and consume alcohol. Please drink responsibly and respect others and our facility.

GENERAL PARK RULES

Park closes at 9:00pm

No glass containers allowed

No jumping from bridges

Dogs are allowed but must be on a maximum 6' leash



SARASOTA-BRADENTON HEAD RACE RULES

USROWING RULES FOR HEAD RACES WILL BE ENFORCED including 3-105; 3-109; 3-110

ENTRIES

All entries must be paid in full before you will be given your registration packet. Please either pay through regattacentral.com or make checks payable to SANCA.

PRATICE TIME

Practice will be available starting at noon on Friday and all boats must be off the water at 5:30pm (1730). The rigging area will be lighted with area construction lights. The park will close at 9:00pm (2100). Special requests for late arriving trailers may be arranged. Security will be at the site Friday night.

REGISTRATION PACKETS

Registration packets will be available for pick-up in the control commission tent at launch/recovery on Friday afternoon. Packets will include general rules and announcements, bow numbers and bids, schedule of races and course maps. THE SURVEY EMAILED TO YOU FROM SARAH KUPIEC ON 11/11/13 (FROM THE SARASOTA COUNTY SPORTS COMMISSION) MUST BE FILLED OUT AND RETURNED TO SARAH VIA EMAIL OR THE REGISTRATION TABLE BEFORE YOU WILL BE GIVEN YOUR REGISTRATION PACKET.

WAIVERS

All athletes must sign (or have their guardians sign if under 18) the waiver which can be downloaded from the waiver page on the regatta central race website.

SEEDING

Seeding of races will be at the discretion of the LOC. All "A" entries will proceed "B" entries and so on.



WEIGH-IN RULES

There will be no weigh-in for coxswain.

Lightweights must weigh-in up to one hour before their scheduled race time. Weigh-in opens at 7:00am, and will be located at the Control Commission tent between Launch and Recovery. USRowing weighing procedures will be followed. Athletes need weigh only once.

Junior Men	155
All Women	135
All other Men	165

COXSWAIN/COACHES MEETING

The coxswain and coaches meeting will take place on the morning of the event (Saturday November 16th) at 6:30am at the Control Commission tent located at Launch & Recovery.

BOW NUMBERS

Each entry must have its bow number in place to receive a time. The LOC will provide bow numbers and only official bow numbers may be used. All bow numbers must be returned to control commission after the race as boats exit the recovery dock.

LAUNCH/RECOVERY

In order to make this event a success launching and recovery must be organized and efficient. All launching will be coordinated by the dock master. All launching and recovery must be done at the docks provided. Boats will be allowed to launch between 45 and 30 minutes before the scheduled race time. Oars must be at the ready near the launch dock to expedite launching. Once you launch you must tie in quickly. You will be directly in the warm-up area. Launching crews must yield to crews already on the water.

Recovering crews must queue up and land quickly and efficiently. Hot seat boats must use their hot seat sign to move ahead of other waiting boats. Non hot seat boats must yield. Please follow dockmaster instructions.

TRAFFIC PATTERN



YOU MUST BE AWARE OF THE COURSE MAP

Once you have launched, you will be in the warm-up area. Heads up! The traffic pattern is counter-clockwise. Stay to the right of the center line buoys. The warm-up area is only about 750 meters long. Please do your primary warm-up on land. Boats may not cross over the center line of the warm-up area. All turns must be made around the buoys. Traffic pattern violations will result in EXCLUSION.

YOU MUST FOLLOW THE MARSHALLS INSTRUCTIONS!

Once you have completed your warm-up, proceed to the starting chute. Please queue in ascending order with the odd numbers on the left and the even numbers on the right side of the chute. Yield to entries with lower numbers. Listen for the Marshall and starter's commands.

MASTERS HANDICAPS

All Masters will race under the USRowing handicaps for age/boat (times 5). It is each crew's responsibility to inform the race committee of a crew's accurate age.

CONDUCT OF THE RACE

Rule #1 SPORTSMANSHIP!

ON TIME START

On time starting will be strictly enforced. You must be in the starting queue 5 minutes before the schedule start of your race. An even/odd number side by side starting chute will be employed. When you enter the starting chute odd numbered entries will stage on the left and even numbers will stage on the right. The starter will have final authority over the spacing of the crews. In general, smaller boats will start closer together. The eights may start as much as 30 seconds apart.

Crews must start in sequential order. A boat not in the starting queue on time will be relegated to the end of the queue and will be penalized 30 seconds. **NO ENTRY WILL BE ALLOWED ON THE COURSE AFTER THEIR RACE HAS STARTED.**



PASSING/YIELDING

This race course is designed to be raced strategically. A boat wishing to pass may do so only when it is safe to pass. The boat wishing to pass has the right-of-way and must declare within two boat lengths to the boat ahead (that is being passed), which side it will pass. The boat ahead that is being passed must yield to the overtaking boat. Passes must be completed as to not interfere with the overtaken boat otherwise an interference penalty may be imposed.

Boats must maintain their course/line through the turns. A boat on the inside of a turn may not force a crew on the outside into the shore or across any buoys, nor may a boat on the outside of a turn cut off a boat on the inside or force them across the buoy line or to miss a buoy.

Interference penalties will be enforced by the referees and are final word of fact in all cases. THERE WILL BE NO RE-ROWS OR WILL TIME ADJUSTMENTS BE AWARDED TO AGGRIEVED BOATS. See rule #1

COURSE SPLIT AND MERGE

Each crew may make the decision to use either course available during the race. The boat in the inside lane position while approaching the course split has right-of-way and may choose either course at the split. They have the right to turn and proceed along the shore or maintain straight and proceed along the westward shore. The inside boat must maintain the closest water around the buoys and a boat on the outside must yield. The inside boat may not force any boat into the shore.

As crews return together after the split the inside boat will have the right-of-way. All crews shall merge to reform a single lane of racing.

Interference penalties will be enforced by the referees and are final word of fact in all cases. THERE WILL BE NO RE-ROWS OR WILL TIME ADJUSTMENTS BE AWARDED TO AGGRIEVED BOATS. See rule #1

ROUNDING BUOYS

The boat's hull **MUST** go around all **LARGE** buoys. Small buoys (standard course buoys) are guide buoys. A crew's oars may cross over small buoys. If a boat does not go around every large buoy then that boat will be **EXCLUDED**.



FINISH LINE

As a crew is finished a sound device will indicate that the boat has crossed the line. ALL BOATS MUST PROCEED TO THE RECOVERY DOCKS, FORTHWITH, ON THE PADDLE. YOU ARE NOT ALLOWED TO STOP IN THIS AREA. DO NOT PASS IN THIS AREA. YOU ARE NOT ALLOWED TO LEAVE THE AREA TO COOL DOWN. ALL BOATS MUST EXIT THE WATER. THE DOCKMASTER WILL CONTROL THE AREA AND LANDING. HOT SEATS WILL BE DEALT WITH BY THE DOCKMASTER.

PENALTIES

Interference will be assessed by referees. Interference carries either a 30 second, 1 minute or exclusion penalty will be imposed at the sole discretion of the referee. Interference is subjective. Every boat is entitled to their water. Abusive language and urinating in the lake is also an exclusionary offense. See rule #1

CORNER FLAGMAN

A flag person will wave a yellow flag at the approach of a curve if an accident has occurred.

CANCELLATION POLICY

If weather or any other unforeseen event causes the race/venue to become unsafe, at the LOC discretion the event will be cancelled. No refunds will be given for the event.