

# **6<sup>th</sup> Annual Mid-Atlantic Rowing Conference Championship**

Saturday, April 26, 2014 – Gifford Pinchot State Park, Lewisberry, PA

**TO:** Mid-Atlantic Regional Coaches  
**FROM:** Philip Schmehl, Head Men's Rowing Coach, Marietta College  
**DATE:** Monday, April 21, 2014  
**RE:** 2014 Mid-Atlantic Rowing Conference Championships

Enclosed you will find information on the 2014 Mid-Atlantic Rowing Conference Championship to be hosted by Susquehanna Rowing Association on Saturday, April 26, 2014. Regatta information is enclosed to help you plan for the event.

**DATE:** Saturday, April 26, 2014

**SITE:** Gifford Pinchot State Park      Pinchot Lake      Lewisberry, PA

**EVENT:** 2000 meter or equivalent straight course marked clearly at the start and finish. Members include: Bryn Mawr College, Franklin & Marshall College, Marietta College, North Park University, Richard Stockton College, Rutgers-Camden University, University of Mary Washington, Washington College. Participants include: Haverford College, St. Mary's College of MD, University of Maryland, University of Scranton, The College of New Jersey, Susquehanna, Sarah Lawrence, Carnegie Mellon, Stony Brook, and New York Maritime.

**ENTRY RULES & REGULATIONS:** Entry into this regatta is for Mid-Atlantic NCAA Div. III institutions with varsity men's and women's programs. Club or club-varsity men's teams who have D-III varsity women's counterparts (within the conference) will also be guaranteed entries. "Doubling up" will be permitted as long as the schedule permits it. Also, boats with rowers doubling up in them cannot earn points towards the team trophy\*. Rowers in a Varsity 8 will not be permitted to combine (and therefore double up) with other rowers to compete in the JV8. Rowers in the Varsity 8 can, though, participate in the Novice 8, Varsity 4, or Novice 4. Also, rowers in lower boats (Varsity 4, Novice 4, Novice 8) can row "up" into the Varsity 8 or 2nd Varsity 8 boats. Points would only be counted in the event which provides the opportunity to earn the most. Rowers who double up can earn medals in the event in which they double up.

\* For 2014, the men's team championship will permit boats with doubled rowers (V4 to 2V8/V8, for example) to earn points towards the overall trophy. See point system below.

## **LAKE TRAFFIC:**

Traffic pattern will be reviewed at the coxswains meeting. All crews going to the start (northbound) must keep to the launch-side shore of the lake (northwest shore). Caution should be used when rowing to the start to stay out of Lane 1. Crews traveling to the start should proceed in a single file staying close to the shore. **UNDER NO CIRCUMSTANCES** should crews approach the area surrounding the starting line if a race is lining up.

## **ENTRY FEES:**

- \$190 application fee (includes referee payment)
- Make checks payable to SRA, entry deadline is Saturday, April 12, 2014.
- Entry fees: **\$83 for 8s; \$57 for 4s; \$40 for 2s**
- Entries may only be submitted via Regatta Central ([www.regattacentral.com](http://www.regattacentral.com))
- A late fee of \$50 will be added to the application fee after the entry deadline.

## **PRELIMINARY SCHEDULE OF RACE TIMES:**

*These times are based upon entries for this year's regatta.*

7:00 am	Coach's & Coxswain's Meeting/ Coxswain Weigh-ins begin
8:00 am	Women's Novice 8, Grand Final
8:15 am	Men's Novice 8, Grand Final
8:30 am	Women's Pair, Grand Final
8:45 am	Men's Pair, Grand Final

9:00 am	Women's Club 8, Grand Final
9:15 am	Women's Varsity 8, Heat 1 – top 2 & next 2 fastest times
9:30 am	Women's Varsity 8, Heat 2 – top 2 & next 2 fastest times
9:45 am	Men's Varsity 8, Heat 1 – top 2 & next 2 fastest times
10:00 am	Men's Varsity 8, Heat 2 - top 2 & next 2 fastest times
10:15 am	Women's Varsity 4, Heat 1 – top 2 & next 2 fastest times
10:30 am	Women's Varsity 4, Heat 2 – top 2 & next 2 fastest times
10:45 am	Men's Varsity 4, Heat 1 – top 2 advance
11:00 am	Men's Varsity 4, Heat 2 – top 2 advance
11:15 am	Men's Varsity 4, Heat 3 – top 2 advance
11:30 am	Women's Novice 4, Heat 1 – top 2 & next 2 fastest times
11:45 am	Women's Novice 4, Heat 2 – top 2 & next 2 fastest times
12:00 pm	Men's Novice 4, Heat 1 - top 2 & next 2 fastest times
12:15 pm	Men's Novice 4, Heat 2 - top 2 & next 2 fastest times
12:30 pm	BREAK
12:45 pm	Men's Varsity 4, Grand Final
1:00 pm	Women's Varsity 4, Grand Final
1:15 pm	Women's Novice 4, Grand Final
1:30 pm	Men's Novice 4, Grand Final
1:45 pm	Men's 2 <sup>nd</sup> Varsity 8, Grand Final
2:00 pm	Women's 2nd Varsity 8, Grand Final
2:15 pm	Men's Varsity 8, Grand Final
2:30 pm	Women's Varsity 8, Grand Final
3:15 pm	Awards Ceremony
3:45 pm	MARC Coaches Meeting/Shirt Trading Opportunity

**Cancellation/Delay** – The Chief Referee, in consultation with the Competition Committee and the LOC, may call for a delay or cancellation of racing due to conditions endangering the safety of rowers, staff or spectators.

**Procedure:** - Following a decision to delay racing, the Regatta Director will announce a revised racing schedule.

- Events that must be canceled will be designated in the following order:

- |         |        |         |                            |
|---------|--------|---------|----------------------------|
| 1. 2-'s | 3. MN4 | 5. MV4  | 7. M2V8                    |
| 2. WN4  | 4. WV4 | 6. W2V8 | 8. Cancellation of Regatta |

**COURSE INSTALLATION:**

Three buoy lines separating lanes 1-2; 3-4; & 5-6 will be installed. There will be stake boats for each lane. Large orange buoys will be placed at the finish line to serve as targets for coxswains.

**LANE ASSIGNMENTS:**

A coach's poll will be held on **MONDAY, April 21, 2014** to determine seeding and lane assignments. Coaches should email [pgs001@marietta.edu](mailto:pgs001@marietta.edu) by 5:00 pm with their rankings of ALL varsity boats.

**RULES:** U.S. Rowing Rules apply.

**TEAM ROSTERS:**

Please complete and return electronically, the attached team roster by **Monday, April 14, 2014** to [pgs001@marietta.edu](mailto:pgs001@marietta.edu). If possible, original formatting should be maintained.

**LINE-UPS:**

Please submit your competition line-ups through Regatta Central.

**BOW NUMBERS:**

Each boat is required to have a bow number for each event. Schools are asked to bring bow numbers with them to the Championship.

**ATHLETIC TRAINING/EMTS:**

A certified licensed athletic trainer/EMT will be provided by SRA and stationed at the launching area.

**COXSWAIN WEIGH-INS**

Coxswain weigh-ins will begin at 7:00 am. Each team is responsible for bringing their own bags for sand, which can be obtained (and returned to) from the playground area. *Richard Stockton will provide a scale and begin weigh-ins at 7 am.*

**COACHES AND COXSWAINS MEETING:**

The coaches and coxswains meeting will be held at Regatta Point on **SATURDAY, April 26, 2014** at 7:30 am.

**OFFICIALS:**

USRowing Officials will be used, and the regatta has been registered with USRowing.

**SAFETY:**

SRA will provide 1 safety launch, with Bucknell (2), BMC (spare), F & M & WC providing 4 other launches. Each launch will have appropriate safety gear (*PFDs, radios, first aid kits*). WC (2), F & M (2), & Bryn Mawr (2) will provide Kippy Little Safety Bags.

**VIDEO RECORDS:**

Marietta will be providing the appropriate finish line video gear (camera & tripod).

**STAKE BOAT HOLDERS:**

We need each team to provide 2 volunteers to serve as stake boat holders for the event.

**RACE COMMENTARY:**

In an effort to make racing more spectator friendly, we will try to find a knowledgeable, yet impartial, rowing commentator to provide “stroke-by-stroke” analysis of the racing. We hope to use the current sound system and utilize a walkie-talkie.

**AWARDS:**

At the conclusion of the Championship the top 3 finishers of all races will be recognized with medals. If an event has 4 or less entries only the 1<sup>st</sup> place finisher will receive a medal. The men’s & women’s team champions, respectively, will be recognized with trophy presentations. The all-region & academic all-region team members (pre-selected by each coach) will also be recognized.

Team Conference Champion: The Conference Champion Cup will be awarded to the strongest overall team (a team being defined as a college fielding and competing in the V8 & 2V8, respectively). The lowest placing 2V8 will always earn 2 points, with each higher placing boat earning 2 more points than the place below. The lowest finishing V8 would receive 3 points more than the first place 2V8. Each higher placing V8 earns 3 more points than the place below. For example, a full field of teams yields the following point system:

2014 Men’s Point System:

EVENT	V8	2V8	V4
Place	Points		
1st	15	6	4
2nd	12		3
3rd	9		2
4th			1

2014 Women’s Point System:

EVENT	V8	2V8
Place	Points	
1st	32	8
2nd	29	6

3rd	26	4
4th	23	2
5th	20	
6th	17	
7th	14	
8 <sup>th</sup>	11	

In the event of a tie in total points, the top finisher in the Varsity 8 race of the tied teams will break the tie. Should the MARC Championship have to be cancelled for any reason, the AQ will be determined by a vote of the head women's coaches from each member school. The vote will take place at the championship site, and coaches are not permitted to vote for their own team. When voting, coaches should primarily consider which *team* will represent our conference the best at the NCAA Championships. Coaches are only permitted to vote for 1 team. Ties will be broken with another vote between the "tied" teams.

#### All - Conference Team

Coaches may name two rowers (per team, per gender) to the MARC Varsity All-Region team. Please email the form to Mike Davenport on **MONDAY, April 14, 2014.**

#### Academic All – Conference Team

For the academic all-conference award, names should be submitted using the following criteria: (1) rower must have a cumulative 3.5 minimum GPA (through fall semester); (2) rower must be in their 2nd, 3rd, or 4th year of eligibility; (3) rower must have been in the 75% of the varsity competitions OR compete at conference championship.

#### MARC Coach of the Year

At the post-championship meeting, the MARC Coach of the Year will be determined by a vote from head coaches. The Coach of the Year Award is intended to recognize a head coach that fits one or more of the following criteria: *Outstanding success during the current season, outstanding success at the conference championship, demonstrated great team improvement from the prior season, fulfilled team's potential, and demonstrated a high level of professionalism and integrity as a coach.*

**POST CHAMPIONSHIP MEETING: to be held immediately after the awards ceremony.**

#### **IMPORTANT DATES:**

4/14/14	Team Rosters Due	Email <a href="mailto:pgs001@marietta.edu">pgs001@marietta.edu</a> (attached form)
4/21/14	Coaches Poll Due	Email <a href="mailto:pgs001@marietta.edu">pgs001@marietta.edu</a> (attached form)
4/21/14	Boat Line Ups Due	Submit via Regatta Central
4/14/14	All-Conference Forms Due	Email <a href="mailto:justinemp727@yahoo.com">justinemp727@yahoo.com</a> (attached form)
4/26/14	Championship	7:00 am Gifford Pinchot State Park
4/26/14	Post Championship Coaches Meeting (immediately following Awards Ceremony)	

**Directions to Gifford Pinchot State Park:** Please see <http://www.dcnr.state.pa.us/stateparks/parks/giffordpinchot.aspx#directions>.

#### **For additional information please contact the following coaches:**

Carol Bower, Bryn Mawr Head Coach	phone: (610) 526-7307 or <a href="mailto:cbower@brynmawr.edu">cbower@brynmawr.edu</a>
Philip Schmehl, Conference Commissioner	phone: (540) 710-3936 or <a href="mailto:pgs001@marietta.edu">pgs001@marietta.edu</a>