

# **NORTH DISTRICT CHAMPIONSHIPS 2019**

**Location:** Ortega Race Course (5042 Timuquana Road, Jacksonville, FL, 32244) **Middle School Events:** Friday, April 5th, 2019 from 2:00-4:00pm

**High School Events:** Saturday, April 6th, 2019 from 8:00am-3:00pm

## **Important Dates:**

**Registration Opens:** March 19, 2019

**Entries Due:** April 2, 2019

**Lineups, Waivers, & Scratches Due:** April 4, 2019

**Racing:** April 5 - April 6, 2019

If you have any questions, please  
contact: JonMichael Francis at  
jonmichael.francis1@gmail.com

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## **Registration**

All teams must complete the registration process online at Regatta Central by 11:59pm Tuesday, April 2, 2019

All payments and medical forms need to be turned in by race day.

- Registration table opens Friday at 1:00pm
- Registration table opens Saturday at 6:15am

Please make entry fee checks payable to: The Bolles School

The Florida NOARA online waiver must be completed by April 4th for all competing athletes

## **Eligibility**

**Middle School:** Any rower in 6th-8th grade

**Junior/High School:** See FSRA Eligibility

## Fees

**Eights:** \$80

**Fours/Quads:** \$60

**Pairs/Doubles:** \$50

**Singles:** \$35

**Entry Cap:** \$900

## Categories

**Varsity:** Fastest boat

**2nd Varsity:** Next fastest boat

**3rd Varsity:** Next fastest boat

**Junior:** Restricted to grade 11 or below and must not have turned 18 prior to Sept 1st

**Freshman:** All rowers are in 9th grade or below

**Lightweight:** No boat averaging

- All male rowers weighing a maximum of 150 lbs
- All female rowers weighing a maximum of 130 lbs

## Boatings

A team must enter a Varsity level crew to enter a 2nd Varsity level crew in the same category (ie. a varsity 4+ must be entered to enter a 2nd varsity 4+). A 2nd Varsity level crew must be entered to enter a 3rd Varsity level crew in the same category.

Freshman and Lightweight events do not require entering any other events or levels.

## Doubling

Each rower may enter a maximum of two events. Coxswains have no limit, as long as the schedule allows.

These events may be any two events that allow for the individual to make the start time without delaying the regatta.

Middle school athletes can only race once on Friday. A middle school athlete may double on Friday if their second race is in the mixed middle school 8+ or 4x AND their second race is allowing for another middle schooler to have their first race.

## **Race Distance**

**Middle School:** 1000m

**Junior/High School:** 1500m

*Distances are subject to what the water conditions allow*

## **Cancellation of the Regatta**

If, in the opinion of the race management, weather or other unforeseen events cause the race course or venue to be unfit or unsafe, the regatta will be canceled. No refunds will be given.

## **Waivers**

All competitors must sign the FSRA liability waiver. Competitors under the age of 18 must sign and have a parent or guardian sign a minor waiver. Please have all waivers completed by Thursday April 4, 2019. Waivers will be verified on Friday April 5, 2019.

If you are directing athletes and families to SIGN the waiver, please use this link:

[http://www.noara.org/index.php?option=com\\_chronocontact&chronofrmname=waiver\\_fl\\_scholastic](http://www.noara.org/index.php?option=com_chronocontact&chronofrmname=waiver_fl_scholastic)

If you are a coach checking the status of your teams' NOARA waivers; please use the following link: <http://www.noara.org/fl-group/> Username: FLscholastic Password: Rowmyboat12!

## **Coaches & Coxswains Meeting**

The Coaches & Coxswains meeting will be held on Saturday at 6:45am. The meeting will cover course rules, restrictions, traffic pattern, and safety regulations. The Coaches' Meeting will occur immediately following the Coaches and Coxswains meeting. All lane changes and scratches will be made during the meeting. A representative from each team must be present.

## **Regatta Registration**

Registration will open **Friday, April 5 at 1:00pm** for the Middle School Regatta and on **Saturday, April 6 at 6:15am** for the High School Regatta.

Entry fee status, waiver status, and other race day information will be provided at the Registration tent.

## **Weigh-In**

No coxswain weigh-ins, only rowers participating in a lightweight event **must weigh in between 6:30am and 8:00am** on race day.

Rowers must weigh-in wearing their racing attire. No weight allowance is given for clothing. Only one weigh-in opportunity will be allowed.

A coach must be present with his/her crew during weigh-ins and the full crew must weigh-in together.

Please see Lightweight Weigh-In Form (at end of packet)

## **Flights & Seeding**

Flights for an event will be added if more than 5 teams are entered.

Top 2 from each flight plus the next fastest time will qualify for the final.

B Entries will be allowed if it does not create another flight. B Entries can earn medals but will not count towards team points.

Seeding will be based upon season results sent to regatta management. If results are not presented, seedings will be random.

## **Scratches**

Scratches accepted without penalty through the Coaches' meeting on race day.

Entry fees will not be refunded for scratches.

A \$25 scratch fee will apply to a scratch that occurs after the Coaches' meeting.

## **Event Calls**

The events will not be called. Teams will be contacted with any delay over 15 minutes.

Crews must be in the boat holding area 10 minutes before the start time.

All crews must be locked on the stake boat 2 minutes prior to race time.

Crews late to the line will be given a warning.

## **Safety Checks**

Each boat will be checked prior to launching for bow ball security, proper heel ties, and appropriate lane cards (not provided by host).

## **Dock Area**

All crews must plan for a landing/launching support team. Only support personnel will be permitted in landing/launching zones. Oars cannot be left in landing/launching zone.

## **Change of Events**

- Please stay alert to the possibility of schedule changes. Events may be combined, canceled, or altered based upon water conditions, entries, or other circumstances.

## **Viewing Races**

- There is limited viewing from the race site. The best viewing is from the bridge; however, the land between the race site and bridge is private and should not be trespassed.

## **Event Schedule**

Check "Events List" and or "Results Tab" on Regatta Central.  
*Schedule is subject to change.*

## **Parking**

There is parking directly across the street from the regatta site run by the church (usually a \$5.00 fee).

Trailers will have assigned locations that will be given on a first-come, first-serve basis. Trailers may arrive no earlier than Noon on Friday April 6, 2019

No vehicles will be allowed in the shell staging areas, and all non-towing vehicles must park off site.

## **Tents**

There is a limited amount of space available for team tents. Tent staging areas will be marked off and on a first-come, first-serve basis.

## **Security**

Overnight Security will be provided; however, all equipment left Friday night is at your own risk.

## **Cleanup**

Each organization is responsible to keep their trailer and tent areas clean.

## **Results**

Results will become official 60 minutes following the conclusion on the race, unless there is a protest following USRowing protocols.

## **Awards**

Medals will be given the top 3 boats of each final. Events with 2 boats will award Gold only. Events with 3 boats will award Gold and Silver. Events with 4 boats or more will award Gold, Silver, and Bronze.

All **Middle School Events** will award Gold medals only.

## Points

Points will be calculated on the same format as FSRA Sweep/Sculling State Championships. North District Championship will be the team with the most overall points.

### **FSRA Sculling/Sweep Points System**

	Varsity				2V	Junior			Lightweights			3V	Freshmen	
	8+	4+/4x	2x/2-	1x	8+	8+	4+/4x	2x	8+	4+/4x	2x	8+	8+	4+/4x
1st	100	50	25	13	75	60	30	15	75	38	19	60	60	30
2nd	86	43	22	11	65	52	26	13	65	32	16	52	52	26
3rd	74	37	19	9	56	44	22	11	56	28	14	44	44	22
4th	64	32	16	8	48	38	19	10	48	24	12	38	38	19
5th	56	28	14	7	42	34	17	9	42	21	11	34	34	17
6th	50	25	13	6	38	30	15	8	38	19	10	30	30	15
7th	46	23	12	5	35	28	14	7	35	17	9	28	28	14
8th	42	21	11	4	32	25	13	6	32	16	8	25	25	13
9th	38	19	10	3	29	23	11	5	29	14	7	23	23	11
10th	34	17	9	2	26	20	10	4	26	13	6	20	20	10
11th	30	15	8	1	23	18	9	3	23	11	5	18	18	9
12th	26	13	7	0	20	16	8	2	20	10	4	16	16	8

## Jacksonville City Championships - Points

- Each team's point total will consist of the following nine values:
  - top three male sweep point values
  - top three female sweep point values
  - top male sculling point value
  - top female sculling point value
  - next highest point value (male or female, sculling or sweep)
- Varsity 8, Varsity 4+ and Varsity 1X events will calculate points from the top down, all other events from the bottom up.
- Points will only be awarded for those events in which two or more teams are entered. Single boat "row-overs" will not be allowed.
- In the event of a tie, each tying team's next highest point value (male or female, sculling or sweep) will be added to its respective total, and the team with the greatest new total will be declared the winner. Should the teams remain tied this procedure will be repeated until a winner can be declared. If the tie is for any place but 1<sup>st</sup> and 2<sup>nd</sup>, then scores added will only affect the teams in those two places, and will not take over higher teams finishing places.
- Regarding 'B' entries:
  - Only 'A' entries may earn points.
  - 'B' entries will not block points. That is, for the purposes of awarding points, 'B' entries will be ignored as if they had not raced.
  - 'B' entries will be allowed to row as long as those entries do not result in the need for a second flight.

Event	1st	2nd	3rd	4th	5th	6th
V8+	15	12	10	8	5	4
2V8+	12	10	8	6	5	4
3V8+	9	7	5	4	3	2
F8+	9	7	5	4	3	2
V4+	12	10	8	6	5	4
Lt4+	10	8	6	5	4	3
2V4+	10	8	6	5	4	3
F4+	8	6	4	3	2	1
2-	8	6	4	3	2	1
2x	10	8	6	5	4	3
1x	12	10	8	6	5	4

## Questions

Any additional questions can be directed to JonMichael Francis at [jonmichael.francis1@gmail.com](mailto:jonmichael.francis1@gmail.com)



## Medical Information Form

Organization Name: \_\_\_\_\_

Contact/Coach's Name: \_\_\_\_\_

Race Day Phone \_\_\_\_\_

	Last Name	# and Event	Seat	Condition
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

- This form must be turned in at registration.
- Please list all conditions that the officials / staff need to know about in event order.
- If you change a lineup and change the seat or event of someone on this list, please inform the Regatta Headquarters.
- Team with no medical conditions should turn in a form with "None" written on it.
- Use multiple sheets if needed.
- To be cleared to race, please turn this sheet in to registration.

These are all the rower medical conditions that I know of.

Contact Signature: \_\_\_\_\_

**LIGHTWEIGHT WEIGH-IN FORM**

FILL OUT AND BRING THIS FORM WITH YOU TO WEIGH IN.

**Weigh-in Guidelines**

1. Weigh-in begins at 6:30 am and ends at 8:00 a.m.
2. Team coach or adult representative must be present during weigh-in.
3. The whole boat weighs in at the same time.
4. Athletes will weigh-in wearing racing uniform.
5. No weight allowance given for items athlete is wearing during weigh-in.
6. Alternates will weigh in with the team.
7. The weigh-in official will notify the regatta director of those who do not make weight. 8. Boy's weight, 150 lbs., No Average. Girl's weight 130 lbs., No Average.

**Event Number/Name**

\_\_\_\_\_

**Team**

\_\_\_\_\_

**Please print or type competitor's names. First Name Last Name**

S. \_\_\_\_\_

7. \_\_\_\_\_

6. \_\_\_\_\_

5. \_\_\_\_\_

4. \_\_\_\_\_

3. \_\_\_\_\_

2. \_\_\_\_\_

1. \_\_\_\_\_

Alternate \_\_\_\_\_