



Thunder Bay Sprints Regatta

Saturday, June 24, 2023

The Thunder Bay Rowing Club is pleased to host the **Thunder Bay Sprints** on Saturday, June 24, 2023.

Regatta Site:

The Thunder Bay Rowing Club is located at 755 Dock Street just upstream of the Kaministiquia River Heritage Park. *Thunder Bay Sprints* features a 1000 metre and 500 metre straight course on the Kaministiquia River, both with floating starts. Buoys will mark the outer and inner limits of the course but individual lanes are not marked.

Contact information:

- Regatta Co-Chairs: Francie Sweitzer and Alison Parsons tbayrowing@hotmail.com
- Regatta entries : RegattaCentral www.regattacentral.com

Fees:

- Regatta entry fee is \$45 + 13 % HST (= \$50.85) per athlete plus seat fees of \$6.39 for each event in which an athlete registers (i.e. \$2.25 + HST Row Ontario seat fee and \$3.85 Rowing Canada seat fee).
- Fee includes banquet after regatta for athletes and coaches.
- Support persons other than coaches (family members, friends, etc.) will be asked to pay an additional \$15/person for the banquet.
- All fees are in Canadian dollars.
- Sprints Regatta clothing will be available for pre-order. A small amount of merchandise will also be available on the day of the regatta. Details on how to order will be forwarded to clubs in May.
- Please pay by one club cheque at TBRC clubhouse prior to coaches' meeting the morning of the regatta. PLEASE DO **NOT** USE THE *Pay Now* OPTION ON REGATTA CENTRAL. Select instead the *Pay Later* option.

Dates:

- Entry deadline: 11:59 pm Eastern Daylight Time, Saturday, June 17, 2023
- Schedule/draw: 11:59 pm Eastern Daylight Time, Tuesday, June 20, 2023 - posted on RegattaCentral
- *Late entries: Late entries will be accepted up to 7 am the morning of the regatta as long as they do not create a heat in the event.*
- Results will be posted on RegattaCentral by Monday, June 26, 2023.

Regatta Rules:

- The 2022 **RCA Rules of Racing** will apply, with the following exception, as permitted in *Rule 1.6*:
 - *Rule 2.6 - Weighing Coxswains*: There will be no weigh-ins.
- **Masters races** will use the Henley age-adjusted time system using age categories outlined in *Rule 2.7*. Any rower born in 2002 or earlier may compete as a Masters.

- **U17** means a rower or coxswain under the age of 17 at the end of 2023 (i.e. born 2007 or later).
- **U19** means a rower or coxswain under the age of 19 at the end of 2023 (i.e. born 2005 or later).
- **Bow balls and quick release foot stretchers:** all boats shall have bow balls and quick release shoe stretchers as in *Rules 3.3* and *3.5*.
- **Bow markers:** all boats shall have bow marker holders for affixing a boat number. Clubs are expected to bring their own bow numbers.
- **Club Colors:** all competitors shall wear their club colors on the water as in *Rule 6.2*.
- **Each competitor may be entered in a maximum of four (4) events.**
- Entry in **back-to-back races will not be permitted.**
- **Heats:** where there are more than 6 entries in an event, the fastest 3 in each of 2 heats or the fastest 2 in each of 3 heats will progress to the final.
- **Schedule/ draw** will be posted on RegattaCentral on Tuesday, June 20 and at the TBRC boathouse.
- **Practice time:** designated practice period is from 4:00 - 6:00 pm Friday, June 23, 2023, using racecourse and traffic patterns. Coach of practicing athletes must be on water in coach boat.
- **Coaches and coxswains meeting** will be 7:00 am on Saturday, June 24, 2023 at the boathouse. Additional copies of the schedule will be made available at this meeting.
- **Traffic Patterns:** all boats shall follow the traffic patterns indicated on the maps below.
- **Boat Trailers:** boat trailers shall park in the areas assigned for their club.
- **COVID-19:** We will follow any local health authority rules with respect to COVID-19, if applicable.
- **Scratches/Refunds due to COVID-19:** Any athlete who has registered and paid their regatta and seat fees and who is subsequently unable to attend due to contracting COVID-19 is eligible for a full refund of fees paid, and no scratch fees will be imposed.

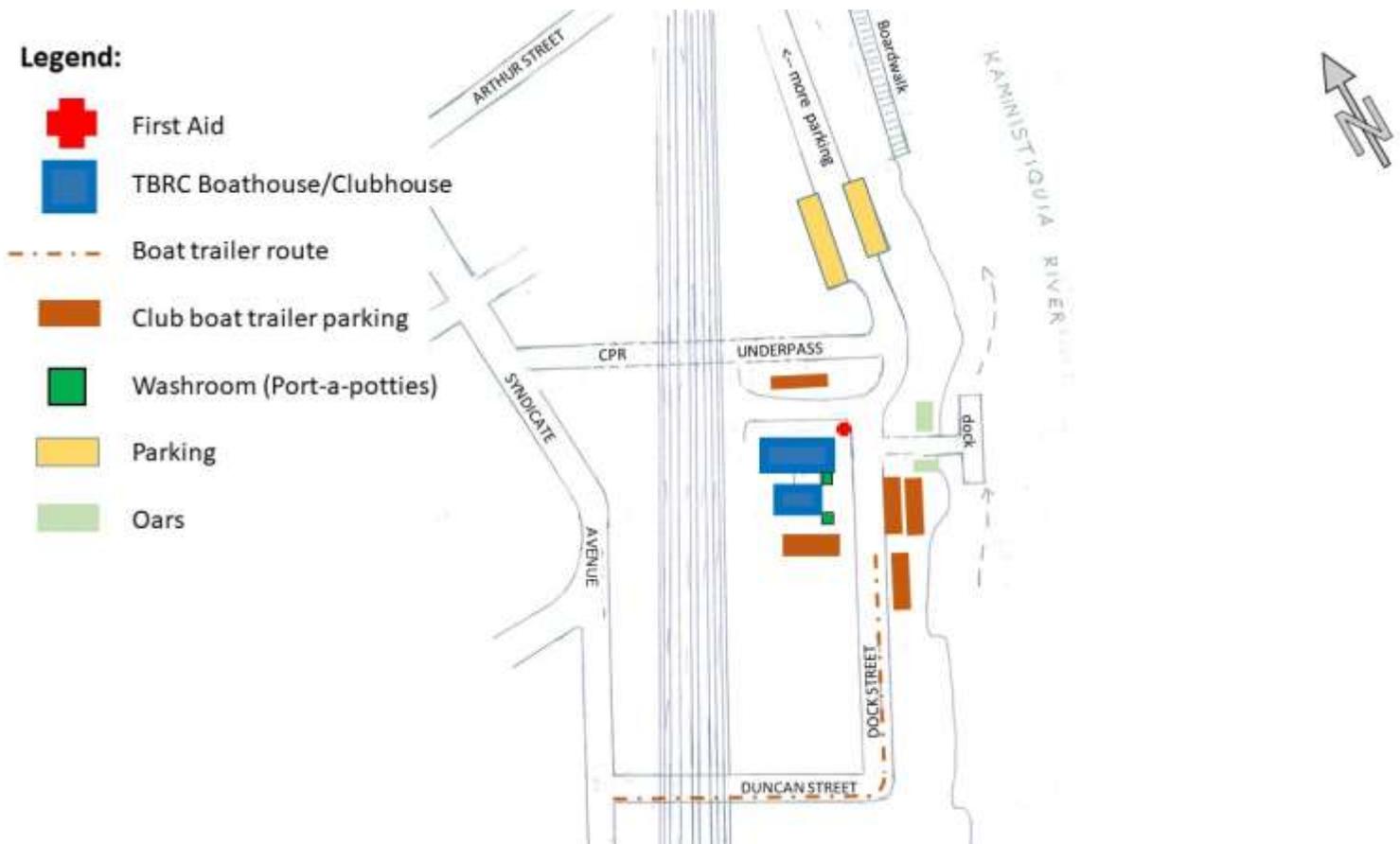
Other:

- **Safety & First Aid:** Francie Sweitzer is the Safety Officer; Alison Parsons is the First Aid Officer; a staffed St. John Ambulance van will be on site.
- **Boat Trailer Route:** the CPR underpass has insufficient clearance for some boat trailers, so boat trailers should instead access the regatta site via Duncan Street, which crosses over the 5 sets of railroad tracks.
- **Parking:** Vehicles other than boat trailers are to park in the Kaministiquia River Heritage Park.
- **Spectating:** There is a fine view of the course from the Kaministiquia River Heritage Park boardwalk.
- **Food, etc.:** A water-bottle refill station is located outside the clubhouse. There will also be a variety of food trucks at the Kaministiquia River Heritage Park adjacent to the regatta site.
- **Awards/Banquet:** There is an awards ceremony and banquet at the Clubhouse for competitors, coaches and support persons. Please indicate on RegattaCentral the number of persons attending the banquet.
- **Lodging:** There are many good hotels within 10 minutes' drive from the Boathouse.
- **Camping:** Camping is not allowed on the lawn area surrounding the Club. Closest campgrounds are:
 Fort William Historical Park (15 minutes away): <https://fwhp.ca/visit-us/rvs-a-camping>
 Chippewa Park (17 minutes) or Trowbridge Falls (20 minutes) campgrounds:
<https://www.thunderbay.ca/en/recreation/book-a-campsite.aspx>
 HappyLand Campground (25 minutes): <http://happylandpark.com/>
 Thunder Bay KOA (25 minutes): <https://koa.com/campgrounds/thunder-bay/>
 Kakabeka Falls campgrounds (30 minutes): <https://www.ontarioparks.com/park/kakabekafalls>

Events List

1	Open Women 2-		<i>Break - 30 minutes</i>
2	Under 17 Women 1x	16	Under 17 Men 4x
3	Open Men 2-	17	Mixed Open 2x
4	Under 17 Men 1x	18	Masters Men 1x
5	Under 19 Women 2x	19	Under 19 Women 4x
6	Under 19 Men 4x	20	Master Women 1x
7	Under 17 Men 2x	21	Under 19 Men 2x
8	Masters Men 2x	22	Under 17 Women 4x
9	Under 17 Women 2x	23	Open Men 1x
10	Under 19 Men 4+/4-	24	Open Women 2x
11	Open Women 1x	25	Under 19 Women 1x
12	Masters Women 2x	26	Mixed Masters 4x
13	Open Men 2x	<i>Break - 15 minutes</i>	
14	Under 19 Women 4+/4-	27	Open Men 1x dash
15	Under 19 Men 1x	28	Open Women 1x Dash

Site Map



Course Map

