



REGATTA PACKET

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HISTORY & VENUE

The Iowa Chase is a USRowing Registered event hosted by the University of Iowa. This regatta was created to bring a head race back to the Iowa City area, in the spirit of the retired Head of the Iowa. That event took place at the end of October on the Iowa River, through the middle of campus.

Due to ever changing river conditions, we have moved the race to the Coralville Lake Reservoir. We thank the Army Corps of Engineers for allowing us to hold this race, located just 5 miles north of campus. This site allows for ample trailer parking, dock and beach access, as well as plenty of room to grow the event for the future. The racecourse is 4600m.

Please visit Regatta Central and use the Venue Tab, and Directions Tab for more information.

COVID-19

We will follow university, state, and local guidelines related to COVID-19. Currently:

The Board of Regents, State of Iowa currently prohibits the public universities from mandating face masks. Face masks are encouraged, but not mandatory.

Even if you are fully vaccinated, you should feel comfortable continuing to wear a mask if you choose.

The University of Iowa strongly encourages the university community to get vaccinated. State law (HF 889) prohibits Iowa's public university from requiring proof of vaccination. The university is obligated to follow the law.

We encourage each team to follow your local, state, and club procedures for travel and competition. We are fortunate to be an outdoor sport, and we have plenty of space for each program, including trailer and boat storage space, as well as team tent areas.

REGATTA CENTRAL

Regatta Central will serve as the main site for information regarding the regatta. If planning to attend the regatta, add the regatta to your Regatta Central Dashboard to receive updates and additional information as we near the event.

Registration and event schedules can be found [The Iowa Chase - Overview \(regattacentral.com\)](https://regattacentral.com).

All boats must be registered online by the standard deadline. Late entries may be accepted by email at the discretion of the Regatta Director. An additional fee will be applied.

Registration is currently open and will close on Friday, October 15th at midnight.

Payments & Final Lineups are due by Friday, October 15th at midnight.

RACE INFORMATION, RULES, PROCEDURES

REGISTRATION PACKET, SEEDING, BOW NUMBERS & WAIVERS

Each team will be responsible for picking up your Regatta Packet, including bow numbers, 2 hours prior to your first event. The registration pavilion will be open at 6am on race day.

As this is an inaugural year, all seedings will be random. We will attempt to align boats by ranking and program. So, A boats with A boats, D boats follow D boats. A program that does not rank their crews will be randomly assigned anywhere among the field in the event.

Due to COVID-19, and to reduce waste, we will not be issuing bibs for racers.

Bow numbers should be returned immediately after racing and while leaving the dock area. \$10 will be charged/invoiced to any crew not returning a bow number.

Waivers: The University of Iowa requires **two** waivers to be signed in order to compete. 1) USRowing Waiver and 2) Iowa Chase Release Waiver. Both must be submitted prior to racing. Anyone racing without signed waivers will result in a team/boat disqualification. To insure successful USRowing clearance, please make sure your athlete roster is updated through the USRowing portal, including merging or deleting duplicate memberships for athletes.

View the Compliance Tab on Regatta Central for more information.

PRE-RACE MEETING

Due to COVID-19, only coaches or their designated representative will meet for a brief race meeting at 7am on race day. The individuals present will be responsible for relaying information to their programs. We encourage each program to share information regarding the racecourse, as well as dock procedures prior to getting hands on.

EVENT DEFINITIONS

Collegiate: Rowers who are currently enrolled at a college/university.

Masters: Limited to competitors who have attained or will attain the age of 21 during the current calendar year. Handicaps are assigned based on age rounded down, using the USRowing handicap formula. Coxswains do not need to be a Master.

Youth: Athletes who are 19 or younger and are currently enrolled in Middle or High School are allowed to race in this event. Coxswains do not need to be Youth. No youth athlete may race in any other event classification, unless as a coxswain in a master's event.

Mixed Events: Must have 50/50 ratio of men and women, or a ratio of more women rowers than men.

DOCKING/WET LAUNCHING

The Beach area will be used for Launch/Return for all crews. Plan for sand to get to the docks (or water for wet launching). The water is very low this year at the reservoir.

We will have three docks. Dock 1 will be for Launching Crews for racing. Dock 2 will be used to Launch/Return or Hot Seat as needed and instructed by the Dock Master. Dock 3 will be used for Return only. Wet docking is an option for all crews. Notify the Dock Master if your crew is doing so.

Only **two** coaches/athletes allowed on the dock per crew. This is for the safety of all athletes, including COVID-19 mitigation efforts, as well as to speed the process of crews on and off the water. There will be volunteers to help land and assist boats.

Crews will have 2 minutes once their boat is in the water on the dock to get in and shove off. Do not tie in or adjust until you have pulled away from the launch/return area.

Oar staging area – oars will have a staging area near the docks for easy access.

Hot Seating: if hot seating for a race, either personnel or boat, please 1) Notify the Regatta Director prior to the race 2) Notify the Dock Master. You will receive a “hot seating card” that must be put in the air by the coxswain (or rower) upon return to the dock. This card will alert regatta staff that your boat needs to get in and will make sure you get to the designated dock needed. Any rowers/equipment making an exchange needs to be at the dock and ready to switch with returning crew. You are still required to be at the start on time.

Launching Instructions: Once off the dock, proceed immediately and directly across the launch/return area. Watch other crews. Tie in and make any adjustments. Turn toward Port and proceed to the Start. The start line is roughly 5k from the docks. Plan accordingly with your time frame to get to the start on time.

Return Instructions: Upon crossing the finish line, immediately paddle and drop out rowers if needed to slow boat speed. Keep moving. The return dock is the first dock after the finish line. Proceed carefully, communicate with other crews, and obey Dock Master to land. Be prepared to do a partial spin when approaching the dock, with Starboards backing and Ports rowing. Use your bow rowers to steer and get you on point into the docks, and your stern rowers to finish the landing.

Launch Schedule: Announcements will be made for launching. 1st call, 2nd call and Last Call. In order to keep the race on schedule, we want to keep all events launching together.

WARM-UP/RACECOURSE

Coralville Lake is a large, and wide lake, with green banks and rock walls. The fall foliage will be peaking. With that said, due to the width of the lake, we want to keep the warm-up and racing lanes along the southwest shoreline, splitting the lake in half.

Warm-up crews should proceed to the start while following to the Right/Starboard side of the racecourse buoy line. Do not cross the line and be aware of racers who may get off course.

When arriving at the starting area, proceed above the start line and pass the Marshall launch to enter the staging area. During this time, get yourself aligned in numerical order. All crews should know your bow number, as well as the crew immediately ahead and behind you in the starting order. Line up in sequential order, increasing numerically.

Arrive at the staging area 10 minutes prior to your race in order to get turned around and in alignment.

The race officials will call you to the start. When you pass the start pontoon boat, you should be at full pressure. The officials will say "Mark" once you cross the start.

Crews will be called to the start at 10 second intervals. Be ready to move once instructed to do so.

Once you are on the course, look ahead to find your point. Red Buoys will mark each 1,000m. Yellow/White Buoys will mark 500m intervals and help with any bends in the lake.

Communicate clearly as a coxswain or bow seat with other crews if needed in the event of overtaking or course adjustments.

Penalties:

1:00 Crossing the Buoy Line at any time. There is enough room for passing in the warm-up and race lanes. The fastest course is not on the buoy line for racing.

:30 Interference with another crew resulting in a boat collision. (Not all clashing of oars, or accidental interference will result in a penalty. A malicious and irresponsible interference will be penalized.)

:15 Not yielding to overtaking crew.

Any crew displaying unsportsmanlike conduct will be disqualified to include disregard for safety, disrespectful behavior toward regatta staff, race officials or competitors.

The Race Officials reserve the right to penalize any other violation as deemed necessary and appropriate.

MEDALS

Race medals will be awarded once all results have been finalized and released. Coaches and/or their representatives should collect their program's medals.

EVENT T-SHIRTS

Due to COVID-19, shipping and time constraints with manufacturers, we will be selling a limited number of shirts and sizes at the event.

To Pre-Order your Iowa Chase long sleeve, please visit the T-Shirt tab on Regatta Central.

FIRST AID & SAFETY

We are thankful to have the Johnson County Sherriff's Department for our Emergency and Water Rescue resource. Officers will have direct contact with local law enforcement and emergency personnel as needed.

First Aid will be available at the Registration Pavilion area. We encourage all teams to plan for weather, clothing, hydration and first aid/athletic training needs for your teams. If you need assistance, immediately notify a race official, volunteer or the Regatta Directors.