



2009

USRowing Youth National Championship Regatta

(Please read all of this packet prior to arrival to venue)

June 12-14, 2009

Venue

Harsha Lake, Cincinnati, Ohio

Course Length

2,000 meters

Hosted by

USRowing

Youth Advisory Committee

Cincinnati Junior Rowing Club

Registration Deadline

May 29, 2009

<http://www.regattacentral.com>

Coach and Cox Meeting

5:00 p.m. Thursday, June 11

This Youth National Championship event is a sprint competition in the following youth categories.

	1x	2-	2x	4+	4x-	8+
Youth Men Championship Event	X	X	X	X	X	X
Youth Women Championship Events	X	X	X	X	X	X
Youth Men Lightweight Events			X	X		X
Youth Women Lightweight Events			X	X		X

- **Stotesbury Regatta will be given one bid in 2009 for the YNC. If a crew wants to use Stotesbury as their qualifier to YNC instead of their Regional Regatta they must file written intent with USRowing by April 15, 2009. If written notice isn't received their Regional Regatta will be their qualifier by default. NO EXCEPTIONS. Please see the USRowing website for additional information.**
- **Men's and Women's pairs have been added for 2009**
- **Credentials will be issued for each athlete.**
- **Membership must be renewed before arriving on-site. If membership is done on-site, a \$5 administration fee will be applied.**

1. **General Information**

- a. USRowing 2009 Rules of Rowing govern this event.
- b. USRowing individual membership is required and must be taken care of prior to arriving on site. Membership can be done online at http://www.usrowing.org/join_renew/membershipoptions/index.aspx or contact the USRowing membership office at 1-800-314-4769. Waivers are signed at the time of membership and are not required for this regatta. Organizational membership also is a requirement for all boats larger than a double. If your rower has not yet signed a waiver for the year, please have them do so online at the link given above.

2. **Athlete Registration**

Credentials will be issued to athletes in 2009.

All athletes must check in to verify membership and ensure paperwork is completed. Athlete registration will be held at the USRowing tent. Schedules, traffic patterns maps and all relevant venue information will be available at the USRowing tent at time of registration.

Registration Times:

Thursday – June 11 11:00 a.m. – 5:00 p.m.

The USRowing tent will be open during the entire event for information, membership questions, etc.

All athletes will receive identification badges. Athletes must present these badges before launching for all races. Identification badges will be issued only with proof of USRowing membership. **A replacement fee of \$10.00 will be charged for each lost badge.**

ATHLETES WILL BE REQUIRED TO SHOW CREDENTIAL TO REFEREE AT CONTROL COMMISSION UPON LAUNCHING FOR THEIR RACE.

Coaches may check in their crews. All crew members must have current membership and waivers on file for coaches to pick up credentials. A crew list can be forwarded to USRowing to check membership status before the event.

3. **WEIGH-INS**

- a. The weight of rowers in lightweight events shall be determined once each day **no less than one hour and no more than two hours** before the scheduled time of the first race in which the weight is relevant. Competitors shall be weighed in racing uniform, without shoes or other footgear.
 - i. Lightweight Youth Men 155.0 lbs. (max - no avg.)
 - ii. Lightweight Youth Women 130.0 lbs. (max - no avg.)
- b. The weight of coxswains shall be determined once each day **no less than one hour and no more than two hours** before the scheduled time of the first race in which the weight is relevant. Coxswains who are more than five pounds beneath the minimum weight are encouraged to bring weight to weigh-ins. The LOC will supply sand weights of small weight increments to correct any difference in weight.

- i. Men's Youth Events 120.0 lbs. minimum
- ii. Women's Youth Events 110.0 lbs. minimum

Lightweights:

- Weights will be strictly enforced.
- A rower who loses two or more pounds from his/her initial weighing of any weighing period **may** be required to be checked by onsite medical personnel before being cleared to race.
- A rower who appears severely dehydrated or to have used extreme means to lose weight **shall** be required to be checked by onsite medical personnel before being cleared to race.
- A rower who requires intravenous rehydration will not be allowed to race.

Coxswains:

- Coxswains who are more than a couple of pounds under weight are encouraged to bring weights with them (e.g. scuba weights, lead plates).
- "Coxswain-Keeper" strap system will not be permitted.

4. BOAT WEIGH-INS

- a. All boats shall comply with the following minimum weights:

Category	Weight (lbs.)	Weight (kgs.)
1x	30.86	14
2x	59.53	27
4+	112.44	51
4x	114.64	52
8+	211.64	96

- b. The minimum weight of the boat shall include only the fittings essential to its use; in particular – riggers, stretchers, shoes, slides and seats. The minimum weight shall not include the oars or bow numbers.
- c. The weighing scales shall be available when the course opens for practice on the day before racing begins.
- d. Boat Weighing Procedure:
- i. Prior to racing each session, a random draw shall be made to determine which boats will be weighed in each race. In addition, other boats may be added to that list by the Control Commission or Chief Referee. As the affected crews exit the water at the end of their race, they will be escorted with their boat to the scales for the boat weighing.
 - ii. At the official weighing, the wetted surface of the hull is accepted; however, any standing water must be removed before weighing and all items (tools, clothes, sponges, etc).
 - iii. The boat shall be officially weighed and the weight recorded and noted by both Control Commission and the crew representative.
 - iv. The penalties for having raced in an underweight boat shall be as follows:
 - For a first offense the crew is placed last in their race.
 - If the crew races again in an underweight boat in a later round of the same event, the crew shall be excluded.
 - No later reweighing shall be considered valid.

5. COMPETITOR ELIGIBILITY:

- a. The USRowing Youth National Championship is an invitational championship regatta.
- b. A junior is a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full-time student seeking a diploma. For the purposes of eligibility for the USRowing Youth National Championships, this definition will include post graduate athletes who meet the criteria stated above.
- c. Affiliation with only one program, which he/she is registered with as of the first competition (registered/non-registered, not including indoor events) for the duration of the spring season, defined between January 1 and June 15 of that current calendar year, to participate in the USRowing Youth National Championship Regatta.

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6. Crews must qualify for a Youth National Championship bid by attending a recognized qualification regatta and placing in one of the 18 Youth National Championship events.

7. **QUALIFICATION**

- A. The USRowing Youth Advisory Committee has established seven youth districts, each with its own qualification regatta(s), to qualify for the USRowing Youth National Championships;

YAC Districts	Youth National Championship Qualification Regattas	BID(s)
	Stotesbury Cup Regatta May 15-16, 2008: Schuylkill River, Philadelphia, Pa.	1
Central District	Central District Youth Championships May 8-9, 2008: Town Lake, Austin, TX.	2
Arkansas, Colorado, Louisiana, Kansas, Missouri, Nebraska, New Mexico, Oklahoma, and Texas		
Mid-Atlantic District	Philadelphia City Championships May 3, 2009: Schuylkill River, Philadelphia, Pa.	2
	Northeast/ Mid-Atlantic District Championships (NEMA) May 16-17, 2009: Lake Quinsigamond, Worcester, MA	3**
Delaware, District of Columbia, Maryland, New Jersey, Pennsylvania (Eastern), and Virginia		
Midwest District	Midwest Junior Rowing Championships May 16-17, 2009: Harsha Lake, Bethel, Ohio	3
	Midwest Scholastic Championships May 9-10, 2009: Harsha Lake, Bethel, Ohio	1
Illinois, Indiana, Iowa, Kentucky, Michigan, Minnesota, Ohio, Pennsylvania (Western), West Virginia, and Wisconsin		
Northeast District	New York State Scholastic Championships May 9-10, 2009: Fish Creek, Saratoga Springs, N.Y.	2
	Northeast/ Mid-Atlantic District Championships (NEMA)* May 16-17, 2009: Lake Quinsigamond, Worcester, MA	3**
	NEIRA Championships May 23, 2009: Lake Quinsigamond, Worcester, Mass.	2
Connecticut, Maine, Massachusetts, New Hampshire, New York, Rhode Island, and Vermont		
Northwest District	USRowing Northwest Junior District Championships May 15-17, 2009: Vancouver Lake, Vancouver, Wash.	3
Alaska, Idaho, Montana, North Dakota, South Dakota, Oregon, Washington, and Wyoming		
Southeast District	Southeast Youth Championship Regatta (SEYC) May 9-10, 2009, Melton Lake, Oak Ridge, TN.	3
Alabama, Florida, Georgia, Mississippi, North Carolina, South Carolina, and Tennessee		
Southwest District	USRowing Southwest Junior District Championships May 9-10, 2009: Lake Natoma, Rancho Cordova, Calif.	3
Arizona, California, Hawaii, Nevada, and Utah		

** NEMA awards bids: 2 bids NE, 1 bid MA

- b. **All crews from the organization must qualify at the same qualification regatta.** In districts with multiple qualifying regattas, teams will be required to declare which regatta they will use as their qualifier for the Youth Nationals prior to regatta registration each year. For those crews that participate in more than one qualifying regatta, failure to declare will constitute using the first qualification regatta entered as the crew's qualification regatta.
- c. The YAC has a "Roll Down" bid policy that applies at a qualifying regatta with less than three bids. If a qualifying crew(s) chooses to decline a bid(s) for the Youth National Championships, the subsequent place finisher(s) would receive the bid(s). In no case does a roll down bid extend past the third-place finisher.
- d. Teams may petition the YAC to permanently change their appointed district affiliation due to a hardship within their current district. The receiving LOC must endorse any transfer prior to registration. Teams are not being permitted to change qualification regattas annually to reduce "Bid Shopping."

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- e. A crew that receives a Youth National Championship bid from a recognized qualification event and registers in an event shall be required to compete in all its stages: heats, reps, semis and petite or grand finals. Failure to participate in an event for which a crew has registered will result in a one-year suspension for that team for that registered event.
- f. Up to 50 percent substitutions (not including the coxswain) will be allowed in the boat from the qualifying crew.
- g. No competitor shall enter more than two events at the Youth Nationals.
- h. Crews shall only be allowed to qualify for the Youth Nationals from a qualifying regatta within their individual districts. Note that the qualifying regattas are contingent on their USRowing registered regatta status. (If they choose not to register their regatta, they cannot be considered a qualifying regatta.)
- i. Crews are asked to register for the Youth National Championship within three days of qualifying for the event or to notify USRowing's event manager that the bid will be declined.

8. Petitioning

- a. The Youth Advisory Committee has tried to make qualifying as easy and inclusive as possible. USRowing will accept petitions; recognition of a petition does not guarantee a bid to attend the Youth National Championships. The Youth Committee strongly recommends submitting your petition within three days of your qualifying regatta.
 - i. Petitions must be submitted by **May 20, at noon EDT**.
 - 1. NEIRA crews interested in petitioning should do so by **May 26, at noon EDT**. Due to the late date of the qualifier, only two (2) bids will be reserved for NEIRA programs unless the final selection posting does not fill all open bids. **NO LATE PETITIONS WILL BE CONSIDERED.**
 - ii. Petitions can be found at www.usrowing.org.
 - iii. Petitions may be sent to the USRowing's Events Manager, Elizabeth Webb, at elizabeth@usrowing.org.
 - iv. Petitions will be reviewed and voted on by the Youth Advisory Petition Committee.
 - v. Crews will be notified on their petition status by end of day May 27th, 2009.
- b. Petitions will be accepted for the following reasons. Please do not submit petitions that do not meet these requirements, as they will not be considered.
 - i. In the event a registered qualifying regatta does not offer the event.
 - ii. Misadventure that precluded a crew to compete in a qualifying event.
 - iii. The petitioning crew must provide the petition committee substantiation of sufficient boat speed in the petitioned category.
 - 1. The petitioning crew is within the following seconds of the winning boat. (8+/4+/4x within four (4) seconds, 2x/1x within six (6) seconds)
- c. Petitions will be reviewed and voted on by a subcommittee of the Youth Advisory Committee. The composition of the petition committee will be as follows: the at-large members and the district representative.

9. Race Schedule

- a. Actual entries and events will be published prior to the Youth National Championship regatta after the entries have been received and processed.
- b.

Event	Description	Event	Description
1	Women's Youth 1x	10	Men's Youth 4x
2	Men's Youth 1x	11	Women's Ltwt. Youth 8+
3	Women's Ltwt. Youth 2x	12	Women's Youth 4+
4	Women's Youth 2x	13	Men's Ltwt. Youth 4+
5	Men's Ltwt. Youth 2x	14	Men's Youth 4+
6	Men's Youth 2x	15	Women's Ltwt. Youth 4+
7	Women's Youth 2-	16	Men's Ltwt. Youth 8+
8	Men's Youth 2-	17	Women's Youth 8+
9	Women's Youth 4x	18	Men's Youth 8+

- c. Lane draws will be posted on the USRowing and Racetrak Web sites 48 hours before the event.

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- d. Regatta Format: (subject to change)
- Coach and Cox Meeting Thursday 5:00 p.m.
 - Heats, Reps Friday
 - Semifinals, C Finals Saturday
 - A/B Finals Sunday
 - Progression: Due to scheduling concerns, there will not be C/D semifinals or D finals at the 2008 Youth National Championships.
 - The Youth Advisory Committee will work toward having racing end no later than 2:00 p.m. on Sunday, June 14.