

2010 USRowing Mid-Atlantic Junior District Championships

General Information Packet

USRowing and Princeton National Rowing Association are excited that you have chosen to attend the inaugural running of the USRowing Mid-Atlantic Junior District Championships. We hope you enjoy your time here in West Windsor and look forward to a great day of racing.

Venue Information

- The venue is located at the Marina in Richard Coffee Mercer County Park, 334 S. Post Road, West Windsor, New Jersey.
- Directions to the venue are available online at: <http://www.rowpnra.com/directions.cfm>
- See the [venue map](#) for locations of parking areas in the park.

Parking

- NO vehicles will be allowed beyond the Spectator Parking area on Saturday, May 8, 2010 until all racing has concluded. Please plan accordingly
- Teams are allowed to unload vehicles in the designated unloading area near the team tent area between 12:00 pm and 5:00 pm, Friday, May 7, 2010.

Trailer Parking

- The boat storage area must remain open for boat trailers to park.
- Trailer parking will be available beginning at 12:00pm on Friday, May 7, 2010.
- Trailers arriving between 9:00pm and 6:00am will be required to find an alternative parking area other than the venue area.
- Trailers parked illegally may be towed at the owner's expense.

Registration

- A representative from each team should report to the USRowing tent to pick up the team's athlete credentials.
- Registration will be available Friday May 7, 2010 from 2:00pm-6:00pm and Saturday May 8, 2010 beginning at 6:00am.
- All organizations must be USRowing organizational members.
- All individual competitors are required to be full-privileged individual members of USRowing.
- Memberships can be completed [online](#) or by calling 1-800-314-4ROW.
- Memberships purchased on-site are subject to an **additional \$5 administrative fee**.
- Teams will only receive athlete credentials once all USRowing memberships, individual and organizational, are current.

Credentials

- Credentials will be worn around the athlete's ankle. Athletes without proper credentials will not be allowed to launch through Control Commission.

Coaches/Coxswains Meeting

- A meeting will be held on Friday, May 7, at 6:30 p.m. to review the regatta procedures and final schedule. All teams need to send representatives to this meeting.

Practice

- The course will be open for crews to practice from 1:00pm-6:00pm Friday May 7, 2010.

Bow Numbers

- Teams are reminded that they are required to provide their own bow numbers.
- Crews without the appropriate bow numbers may be prevented from racing.
- Bow numbers will be available to rent for \$10 at the USRowing tent. A \$5 refund will be provided upon return of the bow number.

Food Trailers

- Each team may store one food/support trailer in the Team Food Trailer area. Trailers will be allowed to park in the Team Food Trailer parking area beginning at 12:00 noon on Friday, May 7 through Saturday, May 8.
- Aggressive food tent parents will lead to the team's exclusion from the regatta without refund. This will be strictly enforced!

Team Tents

- Absolutely NO tent staking is allowed anywhere in the park. Violators will be required to remove their tent and will forfeit any fees paid to reserve a place for the tent.
- Each team will be allowed (2) 10 foot by 20 foot space within the Team Tent Area.
- Team spaces will assigned by PNRA in the order in which reservations and payment are received. PNRA will attempt to provide all teams with water front viewing but it is not guaranteed.
- Tent reservations are due May 3, 2010. Forms are available at http://www.usrowing.org/Events_Regattas/RegionalRegattas/madistrict.aspx

Progression

- 7 or fewer entries: Final only
- 8-14 entries: 2 heats. Top 3 from each heat advance to a 6-boat final.

Youth National Championship Bids

- The 1st, 2nd, and 3rd place crews in each Youth National Championship event will receive bids to the 2010 Youth National Championships.

Late Entries

- Late entries will be allowed until 7:00pm April 30, 2010 provided that additional entries do not change the progression of the event.
- Teams will be allowed to add a second entry to an event, provided that the additional entry does not change the progression of the event.
- Late entries must be registered through RegattaCentral.

Scratches

- Crews being scratched must complete a scratch form at the USRowing tent.
- Scratches made after April 30, 2010 is subject to a \$25 scratch fee.
- Scratch forms are available online.

Line-up Changes

- Teams making changes to their lineups are required to submit a Change Form at the USRowing tent.
- Crews are allowed to substitute no more than one-half of a boat's line up at least one hour before the start of the first race in an event.

Weigh-In Information

- Weigh-ins will be held in the lower garage area of the Marina.
- A practice scale will be available beginning when the first weigh-in window begins on Saturday May 8.
- Lightweight rowers and coxswains must weigh-in no less than one hour and no more than two hours before the scheduled time of the first race in which the weight is relevant.
- There will be no weighing of boats at this event.

Schedule Changes

- Schedule changes will take effect in this order:
 1. Reduce race centers
 2. Timed Finals
 3. Scratching Races
- Youth National Championship qualifying events will take precedent over non-qualification events.

Schedule

Bolded events are Youth National Championships qualifying events.

2010 USRowing Mid-Atlantic Junior District Championship		
(Schedule is tentative and subject to change)		
	Saturday, May 8, 2010	
1a	Womens Varsity 4+ Heat 01	9:00 AM
1b	Womens Varsity 4+ Heat 02	9:10 AM
2a	Mens Varsity 4+ Heat 01	9:20 AM
2b	Mens Varsity 4+ Heat 02	9:30 AM
10a	Mens Varsity 2x Heat 01	9:40 AM
10b	Mens Varsity 2x Heat 02	9:50 AM
17a	Men's 2nd 4+ Heat 01	10:00 AM
17b	Men's 2nd 4+ Heat 02	10:10 AM
19a	Men's Novice 4+ Heat 01	10:20 AM
19b	Men's Novice 4+ Heat 02	10:30 AM
	Break	10:40 AM
20a	Women's Novice 4+ Heat 01	10:50 AM
20b	Women's Novice 4+ Heat 02	11:00 AM
3	Womens Ltwt Varsity 4+ Final	11:10 AM
4	Mens Ltwt Varsity 4+ Final	11:20 AM
5	Womens Varsity 4x Final	11:30 AM
6	Mens Varsity 4x Final	11:40 AM
7	Womens Varsity 1x Final	11:50 AM
8	Mens Varsity 1x Final	12:00 PM
	Lunch Break	
22	Men's Second Novice 8+ Final	1:30 PM
23	Women's Second Novice 8+ Final	1:40 PM
24	Men's Novice 8+ Final	1:50 PM
25	Women's Novice 8+ Final	2:00 PM
1	Womens Varsity 4+ Final	2:10 PM
2	Mens Varsity 4+ Final	2:20 PM
9	Womens Varsity 2x Final	2:30 PM
10	Mens Varsity 2x Final	2:40 PM
11	Women's Ltwt 2x Final	2:50 PM
12	Men's Ltwt 2x Final	3:00 PM
	Break	3:10 PM
13	Women's Ltwt Varsity 8+ Final	3:20 PM
14	Men's Ltwt Varsity 8+ Final	3:30 PM

15	Womens Varsity 8+ Final	3:40 PM
16	Mens Varsity 8+ Final	3:50 PM
17	Women's 2nd 4+ Final	4:00 PM
18	Men's 2nd 4+ Final	4:10 PM
19	Men's Novice 4+ Final	4:20 PM
20	Women's Novice 4+ Final	4:30 PM

Contact Information

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