

2010 USRowing Northeast Junior District Championships

General Information Packet

USRowing and Lowell High School Rowing are excited that you have chosen to attend the inaugural running of the USRowing Northeast Junior District Championships. We hope you enjoy your time here in Lowell and look forward to a great weekend of racing.

Registration

- A representative from each team should report to the USRowing tent to pick up the team's athlete credentials.
- Registration will be available Saturday May 15 at 9:00am.
- All organizations must be USRowing organizational members.
- All individual competitors are required to be full-privileged individual members of USRowing.
- Memberships can be completed [online](#) or by calling 1-800-314-4ROW.
- Memberships purchased on-site are subject to an **additional \$5 administrative fee**.
- Teams will only receive athlete credentials once all USRowing memberships, individual and organizational, are current.

Credentials

- Credentials must be worn by athletes at all times. Athletes without proper credentials will not be allowed to launch through Control Commission.

Coaches/Coxswains Meeting

- A meeting will be held on Saturday, May 15, at 11:00 a.m. at the racecourse to review the regatta procedures and final schedule. All teams need to send representatives to this meeting.

Practice

- Friday May 14, 2010: 2:00pm-6:00pm
- Saturday May 15, 2010: 9:00 am-10:30am

Bow Numbers

- If you do not have the appropriate bow number at the start, you may be prohibited from racing.
- Bow numbers must be supplied by the participants.

Progression

- USRowing Progression System "A"
- 1-6 Entries: Final only
- 7 Entries: 2 heats, 5 boat final.
- 8-12 Entries: 2 heats, final
- 13-15 Entries: 3 heats, final

- 16-18 Entries: 3 heats, 2 semifinals, final
- 19-24 Entries: 4 heats, 2 semifinals, final

Youth National Championship Bids

- The top three crews in each qualifying event that are using the USRowing Northeast Junior District Championships to qualify for the USRowing Youth National Championships will receive bids.
- Crews that have already qualified at the New York State Scholastic Championships or have declared the NEIRA Championship as their qualifying regatta will be allowed to progress and place as they finish.

Late Entries

- Late entries will be allowed in instances where the new entry will not change the progression for an event.
- Entries are allowed up to 24 hours before the first race of an event.
- All late entries must be completed on-site at the USRowing tent.

Scratches

- Crews being scratched must complete a scratch form at the USRowing tent.
- Teams wishing to scratch from an event must submit the form no later than 24 hours before the event starts.
- Scratches may be subject to a \$25 scratch fee.

Line-up Changes

- Teams making changes to their lineups are required to submit a Change Form at the USRowing tent.
- Crews are allowed to substitute no more than one-half of a boat's line up at least one hour before the start of the first race in an event.

Weigh-In Information

- Lightweights and coxswains need to weigh, once each day and no less than one hour and no more than two hours before the scheduled time of the first race in which the weight is relevant.
- All lightweights will receive a wristband after weigh-ins. Wristbands must be worn during racing of light weight events.
- Scales will be available for test weighing starting at 2:00pm on Friday, May 14th.

Schedule Changes

- Schedule changes will take effect in this order:
 1. Reduce race centers
 2. Timed Finals

3. Scratching Races

- Youth National Championship qualifying events will take precedent over non-qualification events.

RACE COURSE:

- Course map is available on the [USRowing website](#).
- Lane markers are located on the bridge in neon yellow & black. Red and green flags hang over the travel lanes to help kids go through the correct arches.
- Travel Lane: Launch upstream and head toward the bridge keeping to the starboard/boathouse side of the river.
- Do NOT attempt to steer between the shore and the first bridge piling; proceed upstream through the arch defined by the first and second bridge abutments on the boathouse side of the river.
- Proceeding upstream note the 1000 Meter Mark painted on the on the seawall on the starboard shore located between the docks and the bridge; there is a white pole on the opposite shore.
- 1000/1500/ARR (2000/finish) Marks are painted on the seawall on the port shore (port side/boathouse when racing)
- Finish line; Marked on seawall with the letters ARR (Arrival) on the seawall. Also, watch for the finish line raised flag.

HAZARDS:

- There is a dam/falls located approximately 1000m past/downstream of the finish line. The safety lines are NOT in place yet, so please make sure crews know to go no further than the beach area. We will have a launch patrolling the beach as well.
- Debris may collect and stick out from the bridge pilings, most often on the upstream side. Do not cut too close to the bridge abutments.
- Debris may be floating in the river.
- The race course is NOT closed to general river traffic/boating. It is possible that an errant boater may travel on the course.
- Boats should cross the finish line, stay clear of other racing boats keeping in mind that some boats may row through/past the finish line. Once safely past the finish line and clear of other traffic, boats should make a turn to port-the finish line flagman side, and return to the docks along the north/boathouse side shore.
- All crews in the travel lane must watch for and keep clear of racing boats. It is not unusual for racing crews to head to their port and toward and into the travel lanes. Non-racing/travel lane crews should mind their wakes when racing crews are approaching.
- Also, in lanes 6 & 7 there are some rocks at approximately the 1700m mark. We have them marked with green buoys. If keeping a straight line, this should not be an issue. However, if a coxswain nears these buoys, make sure they go either to the left or right, not in between the two buoys.

Spectator tents

- Can be set up until beginning Saturday. However, feel free to mark off an area the evening before.

Schedule

Schedule is tentative and subject to change.

Bolded events are Youth National Championships qualifying events.

Saturday, May 15

11a	Mens Varsity 2- Heat 01	3:00 PM
11b	Mens Varsity 2- Heat 02	3:07 PM
11c	Mens Varsity 2- Heat 03	3:14 PM
22a	Womens Ltwt Varsity 4+ Heat 01	3:21 PM
22b	Womens Ltwt Varsity 4+ Heat 02	3:28 PM
23a	Mens Ltwt Varsity 4+ Heat 01	3:35 PM
23b	Mens Ltwt Varsity 4+ Heat 02	3:42 PM
23c	Mens Ltwt Varsity 4+ Heat 03	3:49 PM
18a	Womens Varsity 4+ Heat 01	3:56 PM
18b	Womens Varsity 4+ Heat 02	4:03 PM
18c	Womens Varsity 4+ Heat 03	4:10 PM
18d	Womens Varsity 4+ Heat 04	4:17 PM
	Break	4:24 PM
27a	Womens Varsity 4x Heat 01	4:31 PM
27b	Womens Varsity 4x Heat 02	4:38 PM
27c	Womens Varsity 4x Heat 03	4:45 PM
19a	Mens Varsity 4+ Heat 01	4:52 PM
19b	Mens Varsity 4+ Heat 02	4:59 PM
19c	Mens Varsity 4+ Heat 03	5:06 PM
24a	Women's Novice 8+ Heat 01	5:13 PM
24b	Women's Novice 8+ Heat 02	5:20 PM
24c	Women's Novice 8+ Heat 03	5:27 PM
25a	Men's Novice 8+ Heat 01	5:34 PM
25b	Men's Novice 8+ Heat 02	5:41 PM
25c	Men's Novice 8+ Heat 03	5:48 PM
	Break	5:55 PM
28a	Womens Varsity 8+ Heat 01	6:02 PM
28b	Womens Varsity 8+ Heat 02	6:09 PM

28c	Womens Varsity 8+ Heat 03	6:16 PM
12a	Women's 2x Heat 01	6:23 PM
12b	Women's 2x Heat 02	6:30 PM
12c	Women's 2x Heat 03	6:37 PM
14a	Women's Novice 4+ Heat 01	6:44 PM
14b	Women's Novice 4+ Heat 02	6:51 PM

Saturday, May 16

1a	Womens Varsity 1x Heat 01	8:00 AM
1b	Womens Varsity 1x Heat 02	8:07 AM
2a	Mens Varsity 1x Heat 01	8:14 AM
2b	Mens Varsity 1x Heat 02	8:21 AM
10a	Womens Varsity 2- Heat 01	8:28 AM
10b	Womens Varsity 2- Heat 02	8:35 AM
16a	Women's Ltwt 2x Heat 01	8:42 AM
16b	Women's Ltwt 2x Heat 02	8:49 AM
17a	Men's Ltwt 2x Heat 01	8:56 AM
17b	Men's Ltwt 2x Heat 02	9:03 AM
29a	Mens Varsity 8+ Heat 01	9:10 AM
29b	Mens Varsity 8+ Heat 02	9:17 AM
	Break	9:24 AM
8a	Men's 2nd 8+ Heat 01	9:31 AM
8b	Men's 2nd 8+ Heat 02	9:38 AM
9a	Men's 3rd 8+ Heat 01	9:45 AM
9b	Men's 3rd 8+ Heat 02	9:52 AM
13a	Men's 2x Heat 01	9:59 AM
13b	Men's 2x Heat 02	10:06 AM
15a	Men's Novice 4+ Heat 01	10:13 AM
15b	Men's Novice 4+ Heat 02	10:20 AM
4a	Men's Ltwt Varsity 8+ Heat 01	10:27 AM
4b	Men's Ltwt Varsity 8+ Heat 02	10:34 AM
20a	Women's 2nd 4+ Heat 01	10:41 AM
20b	Women's 2nd 4+ Heat 02	10:48 AM
	Break	10:55 AM
18sa	Womens Varsity 4+ Semi 01	11:02 AM
18sb	Womens Varsity 4+ Semi 02	11:09 AM
24sa	Women's Novice 8+ Semi 01	11:16 AM
24sb	Women's Novice 8+ Semi 02	11:23 AM
26a	Mens Varsity 4x Heat 01	11:30 AM

26b	Mens Varsity 4x Heat 02	11:37 AM
19sa	Mens Varsity 4+ Semi 01	11:44 AM
19sb	Mens Varsity 4+ Semi 02	11:51 AM
12sa	Women's 2x Semi 01	11:58 AM
12sb	Women's 2x Semi 02	12:05 PM
25sa	Men's Novice 8+ Semi 01	12:12 PM
25sb	Men's Novice 8+ Semi 02	12:19 PM
	Lunch Break	
1	Womens Varsity 1x Final	2:00 PM
2	Mens Varsity 1x Final	2:08 PM
3	Women's Ltwt Varsity 8+ Final	2:16 PM
4	Men's Ltwt Varsity 8+ Final	2:24 PM
5	Women's 2nd Novice 8+ Final	2:32 PM
6	Men's 2nd Novice 8+ Final	2:40 PM
7	Women's 2nd 8+ Final	2:48 PM
8	Men's 2nd 8+ Final	2:56 PM
9	Men's 3rd 8+ Final	3:04 PM
30	Women's 3rd 8+ Final	3:12 PM
	Break	3:20 PM
10	Womens Varsity 2- Final	3:28 PM
11	Mens Varisty 2- Final	3:36 PM
12	Women's 2x Final	3:44 PM
13	Men's 2x Final	3:52 PM
14	Women's Novice 4+ Final	4:00 PM
15	Men's Novice 4+ Final	4:08 PM
16	Women's Ltwt 2x Final	4:16 PM
17	Men's Ltwt 2x Final	4:24 PM
18	Womens Varsity 4+ Final	4:32 PM
19	Mens Varsity 4+ Final	4:40 PM
20	Women's 2nd 4+ Final	4:48 PM
	Break	4:56 PM
21	Men's 2nd 4+ Final	5:04 PM
22	Womens Ltwt Varsity 4+ Final	5:12 PM
23	Mens Ltwt Varsity 4+ Final	5:20 PM
24	Women's Novice 8+ Final	5:28 PM
25	Men's Novice 8+ Final	5:36 PM
26	Mens Varsity 4x Final	5:44 PM
27	Womens Varsity 4x Final	5:52 PM
28	Womens Varsity 8+ Final	6:00 PM

Contact Information

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