

2011 USRowing Club National Championships

July 13-17, 2011

Eagle Creek Park, Indianapolis, IN

USRowing and the Indianapolis Rowing Center are proud to host the 2011 USRowing Club National Championships.

This event is a five-day regatta that allows rowers to compete in and across different age and skill categories.

USRowing would like to thank the Indianapolis Rowing Center for its help in organizing and hosting this year's event.

Venue:

Venue: Eagle Creek Park, Indianapolis, Ind.

Location: Indianapolis Rowing Center Boathouse and Regatta Site

7350 Eagle Beach Drive

Indianapolis, IN 46254

Please note that this address should be used for directions only.

Course: The course is a 2,000 meter, seven-lane, fully-buoyed course with a starting platform. Crews must be able to back into a stakeboat.

Events Offered:

	1x	2x	2-	4-	4+	4x	8+
Senior Men							
Open	X	X	X	X	X	X	X
Lightweight	X	X	X		X	X	X
Intermediate Men							
Open	X	X	X		X	X	X
Lightweight	X	X	X		X	X	X
Junior Men							
Open	X	X	X		X	X	X
B	X	X			X	X	X
Senior Women							
Open	X	X	X	X	X	X	X
Lightweight	X	X	X		X		
Intermediate Women							
Open	X	X	X		X	X	
Lightweight	X	X	X		X	X	

Junior Women							
Open	X	X	X		X	X	X
B	X	X			X	X	X

USRowing Membership:

The USRowing Club National Championships is a USRowing-owned event.

Each participant is required to be a current, full-privileged individual member of USRowing and have a signed waiver on file for 2011.

Each competing organization is required to be a current organizational member of USRowing.

Memberships can be activated or renewed by visiting <http://www.usrowing.org/join.aspx> or by calling the Membership Services Department at (800) 314-4769.

Memberships should be handled prior to arriving for the event. Any memberships completed on-site will include an additional \$5 administrative fee.

If you have questions regarding the status of your organizational or individual memberships, please contact our Membership Services department at (800) 314-4769 or members@usrowing.org. We will be happy to provide a list of members and their member numbers, expiration dates and verified waivers.

Waivers:

USRowing waivers are available online. Please visit the [Join/Renew page of the USRowing website](#) or [RegattaCentral](#) to submit your online waiver.

Entry Information:

No paper entries will be accepted for this event.

All entries for this event must be submitted through [RegattaCentral](#).

Registration will be available beginning March 1, 2011 and ending Sunday, July 3, 2011.

Once the initial registration period closes, entries may be accepted in events where additional entries will not change the progression of the event.

Entry Fees:

Entry fees must be paid through your RegattaCentral account. RegattaCentral accepts Visa, Mastercard, American Express and Discover.

Entry fees will become non-refundable after Sunday, July 3, 2011.

Boat Class	Entry Fee	Late Entry Fee (Effective July 3, 2011)
8+	\$135	\$185
4+/4-/4x	\$95	\$125
2-/2x	\$60	\$75
1x	\$35	\$45

Credentials:

Credentials will be issued to all athletes at this event.

Credentials must be worn in order for athletes to weigh-in and pass through Control Commission.

Crews will not be allowed to launch without proper credentials.

Athletes will receive credentials once their waiver and membership status are verified.

A coach or team representative may pick up the credentials for their team once all athlete information is verified and all outstanding fees are paid.

All credentials for an organization must be collected at the same time. Partial groups of credentials will not be distributed.

Replacement credentials are available at the USRowing registration area at a cost of \$10 per credential.

Classifications:*Senior*

A competitor is a Senior who has won any intermediate or senior event over 2,000 meters at the USRowing National Championships or at the Royal Canadian Henley Regatta, and who has not advanced to the status of Elite. A competitor who is Elite as a sweep rower shall be advanced to Senior for all sculling events, and a competitor who is Elite as a scull rower shall be advanced to Senior for all sweep events.

Intermediate

A competitor is an Intermediate who has not advanced to the status of Senior or Elite.

Junior

A Junior is a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A competitor thus ceases to be a Junior after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full-time student, whichever is later.

Junior "B"

The "Junior B" category shall consist of those Juniors who in the current calendar year do not attain the age of 17.

Elite

A competitor is Elite who has been a member of the Senior or U23 USRowing National Team or any country's National Team as a competitor (including as a spare) in the category at issue, other than in a Junior or Masters event.

Eligibility:

No rower who is an Elite shall compete in a Senior or Intermediate event, and no rower who is a Senior shall compete in an Intermediate event.

A coxswain may compete in any of those categories regardless of his or her classification by skill with the exception that a coxswain who is not an amateur shall not compete in events classified by skill as Intermediate or Senior or classified by age as Junior.

No competitor, including a coxswain, who does not meet the definition of a Junior shall compete in a Junior event.

Lineups:

All entries should include the lineup of athletes to compete as part of that entry. All entries must have names no later than Friday, July 8, 2011.

After July 8, entries without completed lineups will be considered late entries and subject to the fees and restrictions associated with such designation. Entries with placeholder names, such as "A Rower", will be considered incomplete.

Substitutions:

After July 8, 2011, crews may substitute up to one half of their line-up, as well as the coxswain.

No substitutions are allowed for single sculls after July 8, 2011 in accordance with the 2011 USRowing Rules of Rowing. Substitutions in single sculls must be completed as a scratch, followed by a late entry request for the new competitor.

Lineup changes can be made online through RegattaCentral until July 8.

Lineup changes will be accepted via e-mail until July 11, 2011.

Lineup changes will be accepted on site beginning July 12, 2011. On-site changes must be submitted to USRowing a minimum of one hour before the first race of an event.

Late Entries:

Beginning July 4, 2011, all late entries must be submitted through the "Waitlist" feature on RegattaCentral.

Simply log on to RegattaCentral, and select the "Join Waitlist" option where you would normally submit entries.

When space becomes available, the late entry requests will be accepted according to their order on the waitlist.

Notification of the acceptance of a request will be sent via e-mail to the RegattaCentral account associated with the request.

Note to coaches: Notification of accepted requests will only come in e-mail form. No phone calls will be made. USRowing and RegattaCentral are not responsible for missed e-mail messages.

Once notified, crews must submit their accepted entry within 48 hours of notification or a minimum of 24 hours before the first race of the event, whichever occurs first.

Approved late entries must include visible line-ups.

Failure to submit the line-up in the allotted time will result in the request being cancelled, and the next crew on the waitlist being admitted into the event.

All late entry requests will expire 24 hours before the first race of the event in question.

Scratches:

Entries may be scratched through RegattaCentral until July 3, 2011.

Entry fees will not be refunded for scratches made after July 3, 2011.

A scratch fee of \$50 will be assessed to scratches beginning Wednesday, July 13, 2011.

Crews failing to notify USRowing of their intention to scratch prior to one hour before the race in which the crew is entered will be subject to a no-show fee of \$100 due before the organization will be allowed to compete in subsequent races.

Entry Limits:

Each event will be limited to a maximum of 42 entries.

In events that fill to capacity prior to the close of registration, waitlist requests will be processed using the same procedure outlined in the “Late Entry” section above.

Rules:

USRowing’s Rules of Rowing will govern this event. All member organizations should have received a copy of the 2011 Rules of Rowing.

An online version is available at <http://www.usrowing.org/About/RulesofRowing.aspx>

USRowing licensed referees will officiate the event to ensure safety and fairness.

Weigh-Ins:

Lightweights

The weight of rowers in lightweight events shall be determined once EACH DAY no less than one (1) hour and no more than two (2) hours before the scheduled time of the first race in which the weight is relevant.

Note to Coaches: Crews that do not complete the weigh-in procedures during the weigh-in window described in this rule will not be allowed to compete.

Competitors shall be weighed in racing uniform, without shoes or other footgear.

Lightweight Men

Maximum 160 lbs. (no average)

Lightweight Women

Maximum 130 lbs. (no average)

Coxswains

The weight of coxswains shall be determined once EACH DAY no less than one (1) hour and no more than two (2) hours before the scheduled time of the first race in which the weight is relevant. Coxswains shall be weighed in racing uniform, without shoes or other footgear.

Coxswains must have their credentials in order to be allowed to weigh-in.

Coxswains failing to meet the minimum weight standards listed below must carry deadweight to make up the difference in accordance with the 2011 USRowing Rules of Rowing.

Coxswains should come prepared with materials for making any necessary deadweight. Competitors will not be allowed to use sand from the Eagle Creek beach to make weight.

Note to Coaches: Coxswains that do not complete the weigh-in procedures during the weigh-in window described in this rule will not be allowed to compete.

Weighted vests cannot be worn as deadweight.

Coxswain for Men's Event

Minimum 120 lbs.

Coxswain for Women's Event

Minimum 110 lbs.

Boat Weigh-Ins:

All boats shall comply with the following minimum weights:

<i>Category</i>	<i>Weight (kgs)</i>
1x	14
2x/2-	27
4-	50
4+	51
4x	52
8+	96

Test Weighing: Scales will be available at least 24 hours before the first race of the regatta where boats will be weighed for test weighing of boats. Test weighing will not be allowed during racing sessions.

If a boat is underweight during test weighing, the added weight is required to be affixed to the boat but may be placed in the shell at the discretion of the crew. Any additional weight added is considered dead weight and may not serve any other purpose in the boat.

Containers used to hold deadweight must be such that the weight inside the container cannot be removed.

Responsibility for the weight of a boat: It is the sole responsibility of the crew that their boat has the required minimum weight.

Note to Coaches: The schedule of official boat weighing sessions, and the selection of boats to be weighed, is determined at the discretion of the Chief Referee.

Equipment:

All equipment used in competition must meet the USRowing Rules of Rowing requirements for equipment.

Each organization is responsible for ensuring that their equipment meets these standards.

Crews must provide their own bow balls.

Bow numbers will be provided to crews when launching to race by Control Commission.

Crews will not be allowed to launch without bow balls firmly attached and mounted on the bow, or the proper bow number securely affixed to the hull.

Progression:

Modified USRowing Progression "C"					
Entries	Heats	Advance	Semifinals	Advance	Final
1-7	0	-	-	-	Final Only
8-14	2	3	0	-	Grand Final
15-21	3	4	2	3	Grand Final
22-28	4	3	2	3	Grand Final
29-42	6	3	3	2	Grand Final

Order of Events:

Grand Finals are scheduled to be run in the following order:

- | | |
|---------------------------------|---------------------------------|
| 1 Men's Intermediate 8+ | 25 Men's Junior B 8+ |
| 2 Women's Intermediate 4x | 26 Women's Junior B 4x |
| 3 Women's Junior B 1x | 27 Men's Intermediate Ltwt 1x |
| 4 Men's Intermediate Ltwt 4x | 28 Women's Intermediate Ltwt 2- |
| 5 Men's Junior A 4x | 29 Men's Junior A 1x |
| 6 Women's Junior A 8+ | 30 Women's Junior A 2- |
| 7 Men's Senior 1x | 31 Men's Senior 4x |
| 8 Women's Senior 2- | 32 Women's Senior 8+ |
| 9 Men's Intermediate Ltwt 4+ | 33 Men's Senior 4- |
| 10 Women's Intermediate Ltwt 2x | 34 Men's Junior A 2- |
| 11 Men's Junior A 4+ | 35 Women's Junior A 1x |
| 12 Women's Junior A 2x | 36 Women's Senior 4- |
| 13 Men's Senior 4+ | 37 Men's Intermediate Ltwt 8+ |
| 14 Women's Senior 2x | 38 Women's Intermediate Ltwt 4x |
| 15 Men's Intermediate 2x | 39 Men's Junior A 8+ |
| 16 Women's Intermediate 4+ | 40 Women's Junior A 4x |
| 17 Men's Senior Ltwt 2x | 41 Men's Senior 2- |
| 18 Women's Senior Ltwt 4+ | 42 Women's Senior 1x |
| 19 Men's Junior B 2x | 43 Men's Intermediate 4x |
| 20 Women's Junior B 4+ | 44 Women's Intermediate 8+ |
| 21 Men's Intermediate 2- | 45 Men's Junior B 1x |
| 22 Women's Intermediate 1x | 46 Men's Intermediate 4+ |
| 23 Men's Senior Ltwt 2- | 47 Women's Intermediate 2x |
| 24 Women's Senior Ltwt 1x | 48 Men's Senior Ltwt 4+ |

49	Women's Senior Ltwt 2x	61	Women's Senior 4x
50	Men's Junior B 4+	62	Men's Intermediate 1x
51	Women's Junior B 2x	63	Women's Intermediate 2-
52	Men's Intermediate Ltwt 2x	64	Men's Senior Ltwt 1x
53	Women's Intermediate Ltwt 4+	65	Women's Senior Ltwt 2-
54	Men's Junior A 2x	66	Men's Junior B 4x
55	Women's Junior A 4+	67	Women's Junior B 8+
56	Men's Senior 2x	68	Men's Senior Ltwt 8+
57	Women's Senior 4+	69	Men's Senior Ltwt 4x
58	Men's Intermediate Ltwt 2-	70	Women's Open 1x - Dash
59	Women's Intermediate Ltwt 1x	71	Men's Open 1x - Dash
60	Men's Senior 8+		

General Schedule Information:

Events with 2 or fewer entries will be removed from the schedule.

The regatta schedule will generally follow the schedule below. This outline is to assist teams with their planning, but is tentative and subject to change.

Events 1-37:

Wednesday, July 13: Heats for events with semifinals

Thursday, July 14: Heats for events without semifinals

Friday, July 15: Semifinals

Saturday, July 16: Finals

Events 38-71:

Thursday, July 14: Heats for events with semifinals

Friday, July 15: Heats for events without semifinals

Saturday, July 16: Semifinals

Sunday, July 17: Finals

The schedule will be finalized once entries have been received.

Coaches and Coxswains Meeting:

The Coaches and Coxswains Meeting will be held Tuesday, July 12, 2011, at 6:00 p.m. under the pavilion.

All crews are responsible for any information disseminated at this meeting.

Practice Times:

Practice times will be published in the confirmation packet sent to crews that have registered for the event.

Practice times will be available beginning Tuesday, July 12, 2011, and as time allows once racing begins.

No practice sessions will be held during the daily lunch break.

Medals:

Entries	Medals Awarded		
	Gold	Silver	Bronze
0-2	Event Scratched from Schedule		
3	X		
4	X	X	
5+	X	X	X

Team Point Trophies:

Team point trophies will be awarded to the teams that earn the most points in men's and women's events, respectively.

Points shall be awarded as follows:

Boat Class	Points for 1 st Place in Grand Final
1x	10
2x, 2-	15
4+, 4-, 4x	20
8+	30

# Boats in Final	Percentage of 1 st				
	2 nd	3 rd	4 th	5 th	6 th
2	20%				
3	40%	20%			
4	60%	30%	5%		
5	80%	40%	10%	5%	
6+	80%	40%	20%	10%	5%

Composite crews are not eligible to earn points toward team point trophies.

Crews affiliated with USRowing Development Camps, Pre-Elite Camps, or similar entities are ineligible to receive team point trophies.

Foreign Crews:

Foreign crews, including single scullers, must be current members of their nation's recognized governing body for the sport of rowing to be eligible to compete.

Foreign crews will be allowed to progress through an event based on their finish.

If a crew entered by a foreign club or rowing federation, or a foreign unaffiliated single sculler, places first, second, or third in a national championship event, it shall receive special gold, silver, or bronze medals memorializing the accomplishment, but the national championship medals and the designations and entitlements of national champion, shall be given only to domestic crews according to order of placement.

Foreign crews are ineligible to receive team point trophies.

Inclement Weather Information:

The Chief Referee, USRowing, and the LOC will work together to monitor the weather continuously during the event.

Should it be determined that schedule changes are necessary due to weather concerns, the following weather plan will be utilized:

Communication Plan

Weather-related schedule changes will be announced utilizing the following mediums.

1. Posted on the results board at the regatta site.
2. Announced over the on-site sound system.
3. Posted online via Twitter, Facebook, RegattaCentral, and the USRowing Club Nationals event website.
4. Via text message. Coaches, athletes and parents can register to receive weather related text messages by texting "USRowing" to 313131. This service will only be used for weather-related messages.

Teams are responsible for staying updated on announced schedule changes.

Please direct any questions about schedule changes to USRowing at the registration area.

Schedule Changes will be made with the following priorities

1. Delay racing either later the same day or to the next day, if time is available.
2. Begin racing earlier than previously announced. Announcement will be made no later than 3 hours before racing or 9:00 p.m. the evening before in the case of morning racing.

3. Utilize a time-trial system for a round of the event.
4. Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed. If grand finals must be omitted, medals will be awarded based on the results of the last completed round of the event.
5. Cancel regatta.

Under no circumstances will races be run after Sunday, July 17, 2011.

Contact Information:

AJ Dominique III, Events Coordinator, USRowing

(609) 751-0705

alvin@usrowing.org