



Hosted by USRowing and the Indianapolis Rowing Center

USRowing and the Indianapolis Rowing Center are excited that you have chosen to compete at the 2011 USRowing Club National Championships. The regatta promises to be five days of exciting races.

This packet contains venue-related information such as parking, practice times, venue layout, and other details to help you as you finalize your plans for the regatta.

Venue Information:

The USRowing Club National Championships is located on Eagle Creek Reservoir in Eagle Creek Park, the 4th largest city park in the nation.

Location: Indianapolis Rowing Center Boathouse and Regatta Site

For directions, use the following address:

7350 Eagle Beach Drive
Indianapolis, IN 46254

Please note that this address should be used for directions only.

Parking Information

There is a \$5/vehicle parking fee for entering the park at both gates. All cars must pay this park admission fee daily.

****Violations of the following parking rules will not be tolerated. Vehicles in offense will be ticketed and towed by the city of Indianapolis. Please ensure that you adhere to these rules.**

Trailer Parking

Trailers will be allowed into the park starting on Tuesday, July 12th. Please note, Eagle Creek Park gates will be open from dawn to dusk: Any trailer wishing to arrive outside of this timeline must contact Jackie Kleinhans directly at (917) 969-4791 at least 24 hours in advance of your arrival.

Upon arrival, trailers should pull down Eagle Beach Drive towards the reservoir. Trailers will be permitted to unload boats onto the competition racks or on the lawn in front of the IRC boathouse immediately if representatives from your team are present. If team members are not

present, trailers will be asked to pull into the IRC parking lot to await team arrival. Later arriving trailers will be directed to park in the Eagle Beach Drive parking lot for the duration of the regatta, from where you will row off of your trailer.

Empty trailers will be moved to the IRC boathouse parking lot to be stored for the duration of the regatta. Trucks will not be allowed to remain in the boat storage areas (even if you are parked in the Eagle Beach Drive parking lot), but must unload and relocate to spectator parking.

Cars that car-top a boat should follow the same arrival guidelines as a trailer. However, these cars will not be allowed to remain in the IRC boathouse parking lot. They must be moved to the spectator parking areas once they are unloaded. There will be a designated small boat storage area next to the launching docks; Car-topped boats will be directed to this area.

Trailers will not be permitted to leave the regatta area until racing has concluded for the day. No loading of boats will be permitted within the boat storage area during racing. You will be allowed to de-rig and walk your boats to your trailer, but you may not leave during racing. No exceptions.

Spectator Parking

Spectators will be expected to find their own parking in Eagle Creek Park. Spectator parking will not be permitted on Eagle Beach Drive or in the IRC parking lot. **Spectators are not allowed to park on the grass in Eagle Creek Park. No spectator parking along the shoulders of the road (bike lane) will be permitted.**

The best places to find parking in Eagle Creek Park are: the parking lot right by the 56th street entrance, at the marina, at the Earth Discovery Center, or at the Peace Learning Center. Other, smaller lots, are scattered around the park also.

Since many of the paved lots in Eagle Creek Park are at least one mile from the venue, a 15 passenger van will circle the **main road** of the park to pick up spectators on their way to watch the racing. The main road in the park is indicated by a bike lane shoulder. Please raise your hand in the air to flag down the van.

*There will be a designated drop-off area on Eagle Beach Drive for the unloading of equipment and for the drop-off of the handicapped or elderly. Please note, there will be **a five-minute** drop off/pick up rule strictly enforced in times of heavy traffic. Athletes **not in buses or vans** may also be dropped off in this area.*

Athlete Vehicles (Buses or Vans) Parking

Athlete vehicles are designated as buses or vans. Cars are not considered to be athlete vehicles, and must follow the rules of spectator parking. Athlete vehicles should head directly to the IRC boathouse parking lot for drop-off and parking. Some athlete vehicles may be displaced to spectator parking depending on volume.

Registration:

USRowing will have a registration area set up in the pavilion near the beach area in Eagle Creek Park.

The registration area will be available to answer membership questions and regatta administration throughout the event.

Registration will be open during the following times:

Tuesday, July 12- 12:00 PM-6:30 PM

Wednesday, July 13- 6:00 AM- end of racing

Thursday, July 14- 6:00 AM- end of racing

Friday, July 15- 6:00 AM- end of racing

Saturday, July 16- 6:00 AM- end of racing

Sunday, July 17- 6:00 AM- end of racing

Teams are reminded that they must check-in at registration to secure athlete credentials.

Replacement credentials are available at the registration area at a cost of \$10 per credential.

Team Tents and Food/Support Trailers

Tent space and food/support trailer storage in the team tent area may be reserved by completing the Team Tent Reservation form and mailing to IRC.

Reservations can be made online at

<https://www.regattacentral.com/services/listing.jsp?job=6&expand=true&filter=CMP>.

Reservation receipt deadline is Monday July 11.

Practice Times

The course will be open for practice during the following times:

Tuesday, July 12- 12:00 PM-8:00 PM

Wednesday, July 13- 15 minutes after end of last race- 8:00 PM

Thursday, July 14- 15 minutes after end of last race- 8:00 PM

Friday, July 15- 15 minutes after end of last race- 8:00 PM

Saturday, July 16- 15 minutes after end of last race- 8:00 PM

Do not move into the launching area until the practice session begins. Crews returning from racing must be able to easily get out of the recovery dock area before practice opens.

Practice times may change if the race schedule changes.

The course will not be available for practice before morning races or during the lunch break.

Line-ups

All entries must have line-ups by July 8. Placeholder names such as "A. Rower" are not considered having a completed line-up.

It is very important that coaches enter their athletes into RegattaCentral. This will help to save you time at registration, and save your crew time when going through weigh-ins and Control Commission.

Scratches

USRowing must be notified of all scratches.

Scratches can be made on RegattaCentral until July 12.

A scratch fee of \$50 will be assessed to scratches beginning Wednesday, July 13, 2011.

Crews failing to notify USRowing of their intention to scratch prior to one hour before the race in which the crew is entered will be subject to a no-show fee of \$100 due before the organization will be allowed to compete in subsequent races.

Late Entries/Waitlist

Late entries are currently being accepted on RegattaCentral until July 12.

In events with available lanes, teams can simply log-on and submit their entries as normal.

In events that do not have available lanes, crews will be put on the Waitlist. As lanes become available, crews will be placed into the event according to their order on the Waitlist.

Late entries will be accepted until 24 hours before the first race of an event.

Please remember that crews will only be notified via e-mail if their Waitlist request is accepted, and will have a maximum of 48 hours to submit their entry.

Entry Fees

All entry fees must be paid in full on RegattaCentral before crews will be allowed to compete.

Late entries should be paid for when the entry is submitted.

Rules

Refer to the event entry packet and USRowing Rules of Rowing for complete rules governing this regatta. Below are a few notes from the Chief Referee.

Dear Coaches,

On behalf of all the USRowing Referees at Club National Championships thank you for your participation and support. We share a common goal of making sure we have a safe and fair regatta for your athletes and that the National Champions are decided on the water. To that end we would like to call your attention to a couple of key items:

Lightweight & Coxswain Weigh-Ins

Governed by the Rules of Rowing the requirements for weigh-ins are fixed and not subject to modification. Every day they are racing your coxswains and lightweights must weigh-in not more than 2 hours or less than 1 hour before their first race of the day in which weight is relevant. If they do not weigh-in as is prescribed by the Rules of Rowing they are not eligible to compete.

Boat Weights

It is our intention to randomly select boats for weighing from every race. The penalties for rowing an under-weight boat are severe. Test weighing is available in the boathouse at all times the boathouse is open including during racing. We will continue to permit test weighing during racing as long as it does not interfere with required boat weighing. We strongly encourage you to test weigh your boats. From the Rule... the weight of a boat shall not include oars, or detachable loudspeaker or electronic systems..other items that are not permanently affixed to the boat shall not be included in the boat's weight. We will not be making deductions for wiring and the like. If you have any questions ask a Referee.

Line-ups & Schedules

We will be confirming line-ups at weigh-ins and control commission via the printed line-up sheets and athlete credentials. If you make changes to your line-up we encourage you to do so as early as possible and to allow extra time at weigh-ins and control commission. Also, please look at the schedules every day for compression of heats.

We raise these points for no other reason than to avoid any issues related to these topics. We have had the experience of telling an athlete they couldn't compete because they missed weigh-ins or watched crews lose hard won medals for under-weight boats. Please work with us to make sure we have none of these issues at this regatta.

Thank you for your cooperation and support. Let's work together to make sure everything is decided on the water!

Lloyd McDonald

Elaine Roden

Chief Referee

Deputy Chief Referee

Athletic Trainer

An athletic trainer will be volunteering his time during the regatta to assist with minor injuries.

The trainer will be on-site from Wednesday-Friday near the Control Commission area.

Emergency Action Plan

- . EMT will be on stand-by at all IRC events.
- . Emergency rescue launch will be prepped and ready at the IRC docks in case of on-water emergency.
- . The gate to the IRC Competition area may be closed, but must be left unlocked during competition so that an emergency vehicle may access the docks.
- . In the case of inclement weather, the chief referee, regatta director, and US Rowing will make this call.
- . Emergency Contact information for volunteers and staff is on record with volunteer coordinator.

Level One Emergency Procedures (Life Threatening):

1. EMTs are on site near the competition docks. Call 911 if not immediately visible.
2. Give Address: State that the emergency is at the regatta held at Eagle Creek Park BEACH-the closest address is the boathouse at 7350 Eagle Beach Drive.
3. Administer First Aid.
4. Contact the regatta director, who will contact team coach or representative.
5. Athlete coach or team representative should accompany athlete to treatment. If the victim is a volunteer or staff member, contact the Regatta Director.
6. Contact the IRC Boathouse Manager, Jackie Kleinhans at (917) 969-4791, who will then contact the Eagle Creek Park Manager, IRC Safety Advisor, and IRC Director.

7. Ambulance generally transports patients to St. Vincent Hospital, 2001 86th Street West Indianapolis, IN 46260, (317) 338-2345.

Level II Emergency Procedures (not requiring 911):

1. Administer first aid. Do not hesitate to call 911 if unsure of level of injury.
2. Notify Athlete Coach and IRC Regatta Director.

Schedule

The initial schedule is currently available at
<http://www.usrowing.org/Events/ClubNationals.aspx>.

Initial heat sheets with lane assignments will be available online on Monday, July 11.

Daily heat sheets will be available for purchase for \$1 at the volunteer tent by the finish tower.

Results

Results will be made available both on-site and online.

Results boards will be located near the finish-line tower and near the registration area.

A running report will be updated each day on the USRowing web site. Visit
<http://www.usrowing.org/Events/ClubNationals.aspx> for a link to the results page.

Video Coverage

USRowing will be streaming live video coverage of all finals beginning Saturday, July 16.

Visit www.ustream.tv/usrowing to watch the live coverage online. Video will also be shown on television monitors at the regatta site.

Following the event, finals will be available to download at
<http://www.usrowing.org/Multimedia/VideoDownloads.aspx>. Click the "Buy Now" link next to the race of your choice to be directed to payment and download information, powered by Amazon.

Text Messaging

One of the ways USRowing will notify crews of weather-related schedule changes is via text messaging.

To subscribe, text the word "USRowing" to 313131.

Only weather-related schedule changes will be texted, results will not be sent via text messaging.

Awards

Medals will be awarded on a rolling basis beginning with the first final on Saturday afternoon at the platform near the finish-line tower.

Crews will check in with the awards table and will be able to step on the platform to have their medals awarded and pictures taken when the entire crew is present.

Representatives from a crew may come to the table to collect medals, but a crew will only be allowed onto the platform if the complete crew is present.

If an international crew finishes in the top three, they will be awarded a commemorative medal, and the top three domestic crews will be awarded medals accordingly.

College Fair

USRowing will host the 8th Annual College Fair at this year's USRowing Club National Championships.

Athletes wishing to participate must be rising seniors for the 2011-2012 school year, and must register at the USRowing tent no later than the end of racing on Saturday, July 16.

The College Fair will run from 1:00-2:30 PM on Sunday, July 17 in the pavilion near the beach.

Visit <http://www.usrowing.org/Events/ClubNationals.aspx> for an information packet and listing of universities that will be in attendance.

Rower's Night at Ricks Café Boatyard

On Wednesday July 13, 2011 plan to join other rowers for a relaxing evening at Ricks Cafe Boatyard overlooking Eagle Creek Reservoir. They have an extensive menu that you can choose a fine meal or a cocktail.

Rick's has limited seating so call for reservations at 317-290-9300 or go online at:

<http://rickscafeboatyard.com/Indianapolis/reservations.html>

Their dining room is open from 11:00 AM - 11:00 PM and their bar is open from 11:00 AM - 1:00 AM.

Ricks Cafe Boatyard

4050 Dandy Trail
Indianapolis, IN 46254

Link to map:

<http://maps.google.com/maps?q=ricks+boatyard&hl=en&ll=39.827259,-86.300311&spn=0.027685,0.050254&fb=1&gl=us&sqi=2&cid=0,0,8804046046008729406&z=15>

Contact Information

USRowing:

AJ Dominique III, Events Manager, 609-751-0705, alvin@usrowing.org

Indianapolis Rowing Center:

Heidi Heldt, Events Director, 317-847-8701, events@indyrowing.org

Mark Sniderman, Regatta Director, 317-815-8600, marksniderman@gmail.com

Club National Venue Layout Map



CLUB NATIONALS: PRACTICE TRAFFIC PATTERN

Course Map

STARTING
PLATFORM
START

7654321

500 M

1000 M

1500 M

2000 M

LANES 0: DEAD
LANES 1 & 2: NORTH
LANES 3 & 4: DEAD
LANE 5: 1X, 2X, 2-
LANES 6 & 7: 4X, 4+, 8+

** BOATS PRACTICING MUST
ENTER LANES 1 OR 2 AND
BEGIN HEADING TO THE
STARTING LINE. ONCE AT THE
START, BOATS MUST ENTER THE
APPROPRIATE SOUTHBOUND
LANE AND ROW THE ENTIRE
2000M COURSE. AFTER
CROSSING THE FINISH, BOATS
MUST ROW BACK TO THE
RETRIEVAL DOCKS ON THE EAST
SIDE OF THE COURSE.

LAUNCH
DOCKS



BOATHOUSE

RACKS

RETRIEVAL
DOCKS

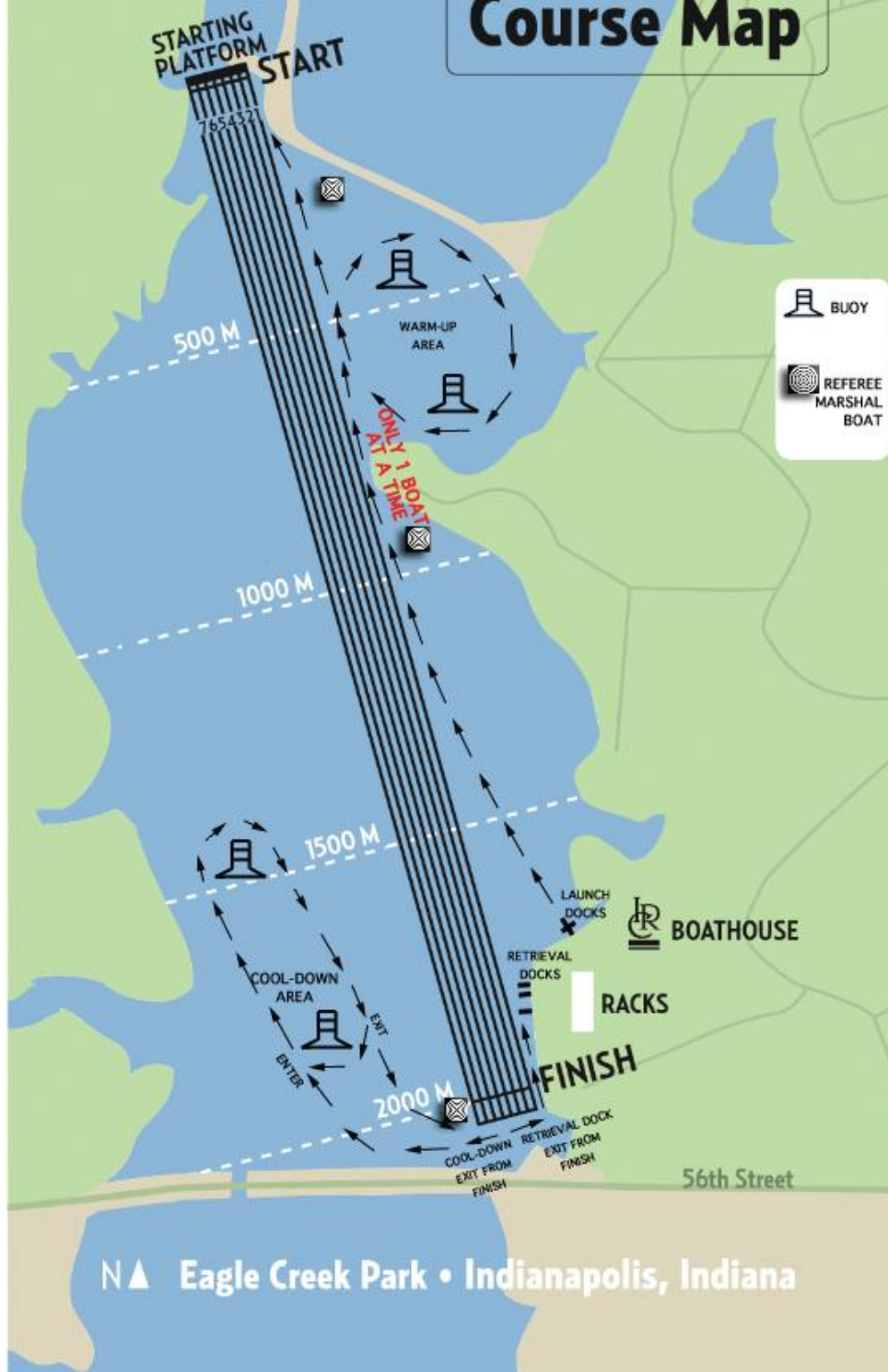
FINISH

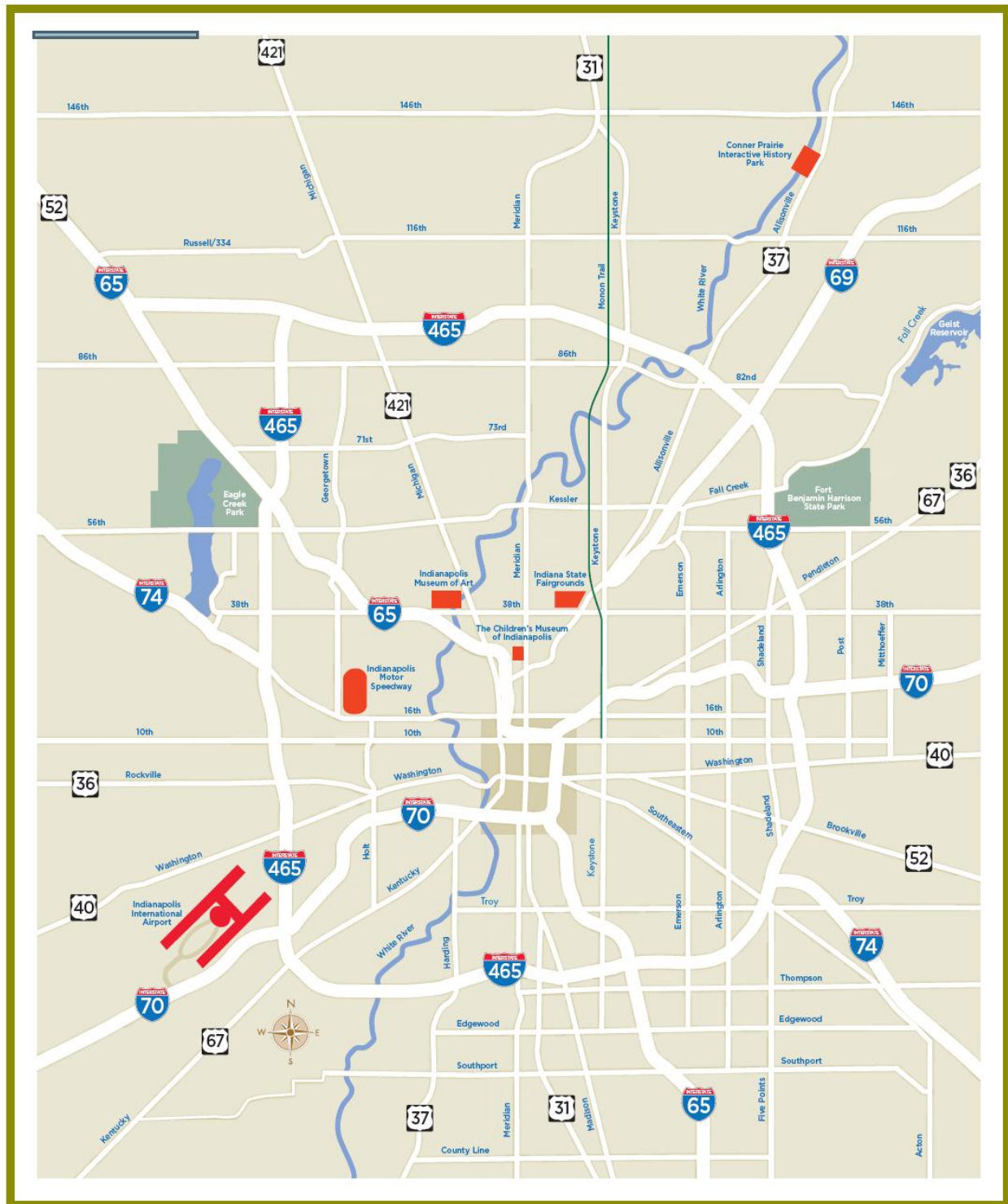
56th Street

N ▲ Eagle Creek Park • Indianapolis, Indiana

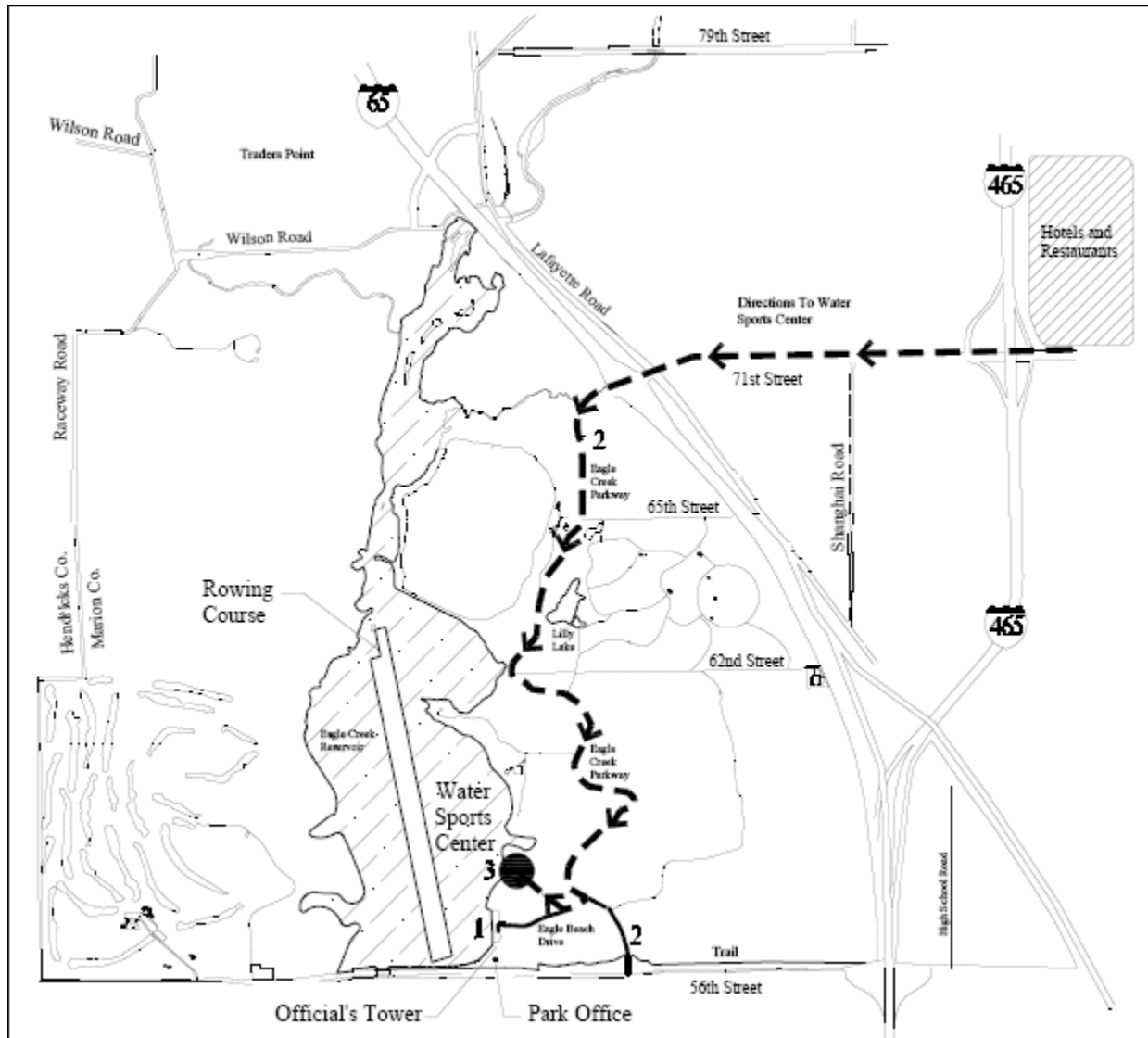
CLUB NATIONALS: RACE DAY TRAFFIC PATTERN

Course Map





EAGLE CREEK PARK MAP



Map Legend

- 1 Eagle Creek Beach – Spectator Viewing Area and Finish Tower
- 2 Park Entrances (71st Street and 56th Street)
- 3 Water Sports Complex and Boat House – Unloaded Trailers, Team Buses, and Team Vans Parking Lot

SHOPPING & RESTAURANTS

SHOPPING

The Fashion Mall at Keystone - 8702 Keystone Crossing (Near I-465 and Keystone Ave.) High-end anchors, including Saks Fifth Avenue and Nordstrom, upscale and luxury specialty retailers, and a full complement of dining options.

Open Mon to Sat: 10:00am - 9:00pm; Sun: 12:00pm - 6:00pm

Castleton Square Mall - 6020 East 82nd Street (Near I-465 and Allisonville Rd.) Largest mall in the state of Indiana.

Open Mon to Sat: 10:00am - 9:00pm; Sun: 11:00pm - 6:00pm

Circle Centre Mall - 49 West Maryland Street (Downtown) More than 100 shopping, dining and entertainment options.

Open Mon to Sat: 10:00am - 9:00pm; Sun: 12:00pm - 6:00pm

DINING

Near Eagle Creek Park

Puerto Vallarta Mexican Restaurant	5510 Lafayette Rd	(317) 280-0676
Udupi Café	4225 Lafayette Rd	(317) 299-2127
Cracker Barrel Old Country Store	3840 Eagle View Dr	(317) 298-8908
La Hacienda Mexican Restaurant	3874 Lafayette Rd	(317) 290-0755
Rick's Cafe Boatyard	4050 Dandy Trail	(317) 290-9300
Da Big Formaggio	5510 Lafayette Rd	(317) 328-1122
Mable's Café	6225 W 56th St	(317) 280-8828
Imperial Palace	5510 Lafayette Rd # 230	(317) 299-3388

Near 71st St Hotels

Max & Erma's Restaurant	6260 Intech Commons Dr	(317) 275-2850
Bob Evans Restaurant	6330 W 71st St	(317) 299-2529
Bellacino's Pizza & Grinders	7134 Woodland Dr	(317) 329-1827
Gatsby's Pub and Grill	6335 Intech Commons Dr	(317) 275-2205
Le Peep	6335 Intech Commons Dr	(317) 298-7337
Quiznos	6335 Intech Commons Dr	(317) 275-2260
Chef Mike's Charcoal Grill	7102 Woodland Dr	(317) 295-9490
Steak 'n Shake	7230 Woodland Dr	(317) 299-5043