



***2011 USRowing Youth National Championship Regatta***

June 10-12, 2011

**Venue**

Melton Hill Lake, Oak Ridge, TN

**Course Length**

2,000 meters

**Hosted by**

USRowing  
Youth Advisory Committee  
Oak Ridge Rowing Association

**Registration Deadline**

June 4, 2011

<http://www.regattacentral.com>

**Coach and Cox Meeting**

5:00 p.m. Thursday, June 9, 2011

**This packet contains important information regarding Regatta, Competitor Eligibility and Qualification Information.**

**Please read it in its entirety.**

**1. GENERAL INFORMATION:**

- a. USRowing 2011 Rules of Rowing govern this event.
- b. USRowing individual membership is required and must be taken care of prior to arriving on site. Membership may be activated or renewed online: <http://www.usrowing.org/join.aspx> OR, by contacting the USRowing membership office at **1-800-314-4769**. Waivers are signed at the time of membership and paper waivers are not required for this regatta. Organizational membership also is a requirement for all organizations. If your rower has not yet signed a waiver for the year, please have them do so online at the link given above.

**2. EVENTS:**

This Youth National Championship event is a sprint competition in the following youth categories.

	1x	2-	2x	4+	4x-	8+
<b>Youth Men Championship Events</b>	X	X	X	X	X	X
<b>Youth Women Championship Events</b>	X	X	X	X	X	X
<b>Youth Men Championship Lightweight Events</b>			X	X		X
<b>Youth Women Championship Lightweight Events</b>			X	X		X

**3. COMPETITOR ELIGIBILITY AND RULES:**

- a. The USRowing Youth National Championship is an invitational championship regatta.
- b. Crews must qualify for a Youth National Championship bid by attending a recognized qualification regatta, placing in one of the 18 Youth National Championship events, and receiving a bid.
- c. Junior is a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A competitor thus ceases to be a Junior after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full-time student, whichever is later.
- d. Post Graduates: Per Rule 4-104 (a), post graduate students who attain the age of 19 in the current calendar year are ineligible to compete.
- e. Affiliation with only one program, which he/she is registered with as of the first competition (registered/ non-registered, not including indoor events) for the duration of the spring season, defined between January 1 and June 15 of that current calendar year, to participate in the USRowing Youth National Championship Regatta.

Exception: Athletes who are members of a junior rowing club existing as a composite of athletes with no stand-alone high school rowing program may row as a single (1x) in a regatta under the name of their school where they are not permitted to enter as "unaffiliated." For the purposes of qualifying for the USRowing Youth National Championships in an individual event, the athlete must still represent the club (entered under the club's name) with which he/she began the season.

If athletes wish to compete in a team event under the name of their school with an established high school rowing program rather than as a club, a USRowing organizational membership is required for that school for that purpose and the athletes must compete as this organization the entire spring season.

- f. Up to 50 percent substitutions (not including the coxswain) will be allowed in the boat lineup that has qualified at a registered-qualifying regatta. Substitution is required to be from the current calendar year's spring season roster of the same member organization.
- g. Athletes that are part of a boat that was excluded or disqualified while participating in a qualifying event at a registered-qualifying regatta are considered ineligible to advance and compete at the USRowing Youth National Championship. These athletes are considered ineligible substitutions in boats that did qualify. **Exception:** The athlete's ineligibility is due to a failure to make weight in a lightweight event.

**4. QUALIFICATION**

- A. The USRowing Youth Advisory Committee has established seven youth districts, each with its own qualification regatta(s), to qualify for the USRowing Youth National Championships.
- b. **All crews from the organization must qualify at the same qualification regatta.** In districts with multiple qualifying regattas, teams will be required to declare which regatta they will use as their qualifier for the Youth Nationals prior to regatta registration each year. For those crews that participate in more than one qualifying regatta, failure to declare will constitute using the first qualification regatta entered as the crew's qualification regatta. Declarations can be made using the new online form available on the [USRowing Youth National Championships event page](#), or under the Rules and Eligibility tab on [RegattaCentral](#). E-mail declarations can also be sent to [alvin@usrowing.org](mailto:alvin@usrowing.org).
- c. The YAC has a "Roll Down" bid policy that applies at a qualifying regatta with less than three bids. If a qualifying crew(s) chooses to decline a bid(s) for the Youth National Championships, the subsequent place finisher(s) would receive the bid(s). In no case does a roll down bid extend past the third-place finisher.
- d. Teams may petition the YAC to permanently change their appointed district affiliation due to a hardship within their current district. The receiving LOC must endorse any transfer prior to registration. Teams are not permitted to change qualification regions annually to reduce "Bid Shopping."
- e. A crew that receives a Youth National Championship bid from a recognized qualification event and registers in an event shall be required to compete in all its stages: heats, reps, semifinals and petite or grand finals. Failure to participate in an event for which a crew has registered will result in a one-year suspension for that team for that registered event.
- f. No competitor shall enter more than two events at the Youth National Championships.
- g. Crews shall only be allowed to qualify for the Youth Nationals from a qualifying regatta within their individual districts. Note that the qualifying regattas are contingent on their [USRowing registered regatta status](#). (If they choose not to register their regatta, they cannot be considered a qualifying regatta.)
- h. Crews are asked to register for the Youth National Championship within three days of qualifying for the event **OR** to notify USRowing's Events Coordinator ([alvin@usrowing.org](mailto:alvin@usrowing.org)) that the bid will be declined.

**4. QUALIFICATION (CONTINUED)**

The USRowing Youth Advisory Committee has established seven youth districts, each with its own qualification regatta(s), to qualify for the USRowing Youth National Championships;

<b>Districts</b>	<b>Youth National Championship Qualification Regattas</b>	<b>BID(s)</b>
<b>Central District</b>	<b>Central District Youth Championships</b> May 7-8, 2011: Oklahoma River, Okla.	<b>2</b>
Arkansas, Colorado, Louisiana, Kansas, Missouri, Nebraska, New Mexico, Oklahoma, and Texas		
<b>Mid-Atlantic District</b>	<b>Philadelphia City Championships</b> May 8, 2011: Schuylkill River, Philadelphia, Pa.	<b>2</b>
	<b>USRowing Mid-Atlantic Junior District Championships</b> May 14-15, 2011: Lake Mercer, West Windsor, N.J.	<b>3</b>
	<b>Virginia Scholastic Rowing Championships</b> May 14, 2011: Occoquan Reservoir, Occoquan, Va.	<b>1</b>
Delaware, District of Columbia, Maryland, New Jersey, Pennsylvania (Eastern), and Virginia		
<b>Midwest District</b>	<b>Midwest Scholastic Championships</b> May 14-15, 2011: Harsha Lake, Bethel, Ohio	<b>1</b>
	<b>Midwest Junior District Championships</b> May 21-22, 2011: Harsha Lake, Bethel, Ohio	<b>3</b>
Illinois, Indiana, Iowa, Kentucky, Michigan, Minnesota, Ohio, Pennsylvania (Western), West Virginia, and Wisconsin		
<b>Northeast District</b>	<b>New York State Scholastic Championships</b> May 14-15, 2011: Fish Creek, Saratoga Springs, N.Y.	<b>2</b>
	<b>USRowing Northeast Junior District Championships</b> May 21-22, 2011: Merrimack River, Lowell, Mass.	<b>3</b>

<b>NEIRA Championships</b>		
May 28, 2011: Lake Quinisigamond, Worcester, Mass.		<b>2</b>
Connecticut, Maine, Massachusetts, New Hampshire, New York, Rhode Island, and Vermont		
<b>Northwest District</b>	<b>USRowing Northwest Junior District Championships</b>	
May 20-22, 2011: Vancouver Lake, Vancouver, Wash.		<b>3</b>
Alaska, Idaho, Montana, North Dakota, South Dakota, Oregon, Washington, and Wyoming		
<b>Southeast District</b>	<b>Southeast Youth Championship Regatta</b>	
May 14-15, 2011, Lake Lanier, Gainesville, Ga.		<b>3</b>
Alabama, Florida, Georgia, Mississippi, North Carolina, South Carolina, and Tennessee		
<b>Southwest District</b>	<b>USRowing Southwest Junior District Championships</b>	
May 7-8, 2011: Lake Natoma, Gold River, Calif.		<b>3</b>
Arizona, California, Hawaii, Nevada, and Utah		

**5. PETITIONING:**

- a. The Youth Advisory Committee has tried to make qualifying as clear and inclusive as possible. USRowing will accept petitions; recognition of a petition does not guarantee a bid to attend the Youth National Championships.
  - i. Petitions must be submitted no later than three (3) days after the conclusion of the crew's qualifying regatta.
    1. NEIRA crews interested in petitioning should do so by **May 30, at noon EDT**. Due to the late date of the qualifier, only two (2) bids will be reserved for NEIRA programs unless the final selection posting does not fill all open bids. **NO LATE PETITIONS WILL BE CONSIDERED.**
  - ii. Petitions can be submitted via the online form on the [USRowing Youth Nationals web page](#).
  - iii. Petitions may also be sent to USRowing's Events Coordinator, AJ Dominique III, at [alvin@usrowing.org](mailto:alvin@usrowing.org).
  - iv. All event categories have a maximum of 36 entries. If an event is fully subscribed and not all petitions can be accepted, the YAC will choose the petitions from the most competitive crews based on the information given in the petition, without appeal.
  - v. Crews will be notified on their petition status on May 25, 2011.
  - vi. NEIRA crews will be notified on their petition status on June 1, 2011.
- b. Petitions will not be accepted from athletes that are part of a boat that was excluded or disqualified while participating in that event at a qualifying regatta, unless the exclusion or disqualification is overturned. **Exception:** The athlete's ineligibility is due to a failure to make weight in a lightweight event.
- c. Petitions will not be accepted from crews competing in non-qualifying events held as part of a qualification regatta.
- d. Petitions will be accepted for the following reasons. Please do not submit petitions that do not meet these requirements, as they will not be considered.
  - i. In the event a registered qualifying regatta does not offer the event.
  - ii. An unfortunate event, especially something beyond the ordinary or the expected, which caused a disadvantage that precluded a crew to compete in a qualifying event.
  - iii. The petitioning crew must provide the petition committee substantiation of sufficient boat speed within the following seconds of the winning boat in the petitioned category at a recognized YNC qualifying regatta. (8+/4+/4x within four (4) seconds, 2x/2-/1x within six (6) seconds)
- e. Petitions are required to include the contact information of the Chief Referee at the regatta in order to confirm the details of the circumstances surrounding the petition.
- f. Petitions will be reviewed and voted on by a subcommittee of the Youth Advisory Committee. The composition of the petition committee will be as follows: the at-large members and the district representative.

**6. SEEDING:**

- a. Lane assignments will be posted on the USRowing and Powerhouse Timing Web sites 48 hours before the event. Random lots within the following seeding priorities will be used to determine the composition of heats, and the assignment of lanes in heats will be assigned from the center lanes outward.
  - a. First seeding priority: 1st place from qualification regattas.
  - b. Second seeding priority: 2nd place from qualification regattas.
  - c. Third seeding priority: 3rd place from qualification regattas.
  - d. Fourth seeding priority: Accepted petitioning crews
- b. The assignment of lanes for repechages, semifinals, and finals shall be assigned from the center lanes outward according to the order of finish in the previous level of competition. If there are an unusually large number of entries, the Regatta Director and the Chief Referee reserve the right to seed any crew that does not fit the above categories.

**7. ATHLETE REGISTRATION:**

Credentials will be issued to athletes in 2011.

All athletes must check in to verify membership and ensure paperwork is completed. Athlete registration will be held at the USRowing tent. Schedules, traffic patterns maps and all relevant venue information will be available at the USRowing tent at time of registration.

**Registration Times:**

**Thursday – June 9 11:00 a.m. – 5:00 p.m.**

**The USRowing tent will be open during the entire event for information, membership questions, etc.**

All athletes will receive identification badges. Athletes must present these badges before launching for all races. Identification badges will be issued only with proof of USRowing membership. **A replacement fee of \$10.00 will be charged for each lost badge.**

**ATHLETES WILL BE REQUIRED TO SHOW THEIR CREDENTIAL TO THE REFEREE AT CONTROL COMMISSION UPON LAUNCHING FOR THEIR RACE.**

A coach or team representative may check in their crews. All crew members must have current membership and waivers on file, and all organizational fees must be paid in full for coaches to pick up credentials. Partial groups of credentials will not be distributed. A crew list can be forwarded to USRowing to check membership status before the event.

**8. WEIGH-INS**

a. The weight of junior rowers in lightweight events shall be determined once each day **no less than one hour and no more than two hours** before the scheduled time of the first race in which the weight is relevant. Competitors shall be weighed in racing uniform, without shoes or other footwear.

- i. Lightweight Youth Men 160.0 lbs. (max - no avg.)
- ii. Lightweight Youth Women 130.0 lbs. (max - no avg.)

b. The weight of coxswains shall be determined once each **day no less than one hour and no more than two hours** before the scheduled time of the first race in which the weight is relevant. Coxswains who are more than five pounds beneath the minimum weight are encouraged to bring weight to weigh-ins. The LOC will supply sand weights of small weight increments to correct any difference in weight.

- i. Men's Youth Events 120.0 lbs. minimum
- ii. Women's Youth Events 110.0 lbs. minimum

**Lightweights:**

- Weights will be strictly enforced.
- Each junior rower shall have only one (1) initial opportunity to weigh-in. A competitor within one (1.0) pound or less of the weight standard is allowed one (1) re-weigh within the official weigh-in time window. A competitor whose initial weight is greater than one (1.0) pound above the weight standard will be ineligible to compete in the event.
- A rower who appears severely dehydrated or to have used extreme means to lose weight **shall** be required to be checked by onsite medical personnel before being cleared to race.
- A rower who requires intravenous rehydration will not be allowed to race.

**Coxswains:**

- Coxswains who are more than a couple of pounds under weight are encouraged to bring weights with them (e.g. scuba weights, lead plates).
- "Coxswain-Keeper" strap system will not be permitted.
- Weighted vests cannot be worn as a method of making the minimum weight.

**9. BOAT WEIGH-INS:**

a. All boats shall comply with the following minimum weights. For the purposes of this Rule, the weight of the boat shall not include oars, or detachable loudspeaker or electronic systems. Seats, rudders, skegs, fins and riggers shall be included in the boat's weight.

Category	Weight (kgs.)
1x	14
2x	27
4+	51

4x	52
8+	96

- b. The weighing scale(s) shall be available to the crews at least 24 hours and, if possible, 48 hours before the first race of the regatta where boats will be weighed for the test weighing of boats. If a boat is underweight during test weighing, the added weight is required to be affixed to the boat but may be placed in the shell at the discretion of the crew. Any additional weight added is considered dead weight and may not serve any other purpose in the boat.
- c. It is the sole responsibility of the crew that their boat has the required minimum weight.
- d. Boat Weighing Procedure:
- Prior to each racing session where boats will be weighed, a random draw shall be made to determine which boats will be weighed in each race. In addition, the Control Commission or the Chief Referee may add other boats to that list if there is a suspicion that certain boats are underweight. Members of the Control Commission shall inform the nominated crews as they leave the water after cooling-down and they, or people appointed for that purpose, shall accompany the crews to the weighing scales. Once the crew has been nominated, no extra weight of any description can be added to the boat until the boat has been weighed.
  - At the official weighing of the boat, the normal wetted surface of the boat is accepted. However, any standing water must be removed before the weighing, in particular any water between the shoulders and under the canvas. All other items (tools, clothes, sponges, bottles, etc.) must be taken out of the boat before the weighing.
  - The boat shall be officially weighed and the weight recorded and noted by both Control Commission and the crew representative. Both the crew representative and the member of Control Commission shall sign the result.
  - Failure to make the minimum weight – If a boat is below the minimum weight, the member of the Control Commission shall make note of the initial weight from the first boat weighing. The referee shall then test the scales with the gauged weights, observed by the crew representative, and make note of the test weight. The boat concerned shall then be weighed for the second time. The member of the Control Commission shall record the weight of the second boat weighing. Both the crew representative and the member of Control Commission shall sign the result.
  - The penalty for an underweight boat shall be that the crew is placed last in the particular race. If the crew races again in an underweight boat in a later round of the same event, then the penalty shall be the exclusion of the crew. The penalty for having raced in an underweight boat in a finals event is exclusion.

#### 10. RACE SCHEDULE:

- a. Actual entries and events will be published prior to the Youth National Championship regatta after the entries have been received and processed.

b.

Event	Description	Event	Description
1	Women's Youth 1x	10	Men's Youth 4x
2	Men's Youth 1x	11	Women's Ltwt. Youth 8+
3	Women's Ltwt. Youth 2x	12	Women's Youth 4+
4	Women's Youth 2x	13	Men's Ltwt. Youth 4+
5	Men's Ltwt. Youth 2x	14	Men's Youth 4+
6	Men's Youth 2x	15	Women's Ltwt. Youth 4+
7	Women's Youth 2-	16	Men's Ltwt. Youth 8+
8	Men's Youth 2-	17	Women's Youth 8+
9	Women's Youth 4x	18	Men's Youth 8+

- c. Lane draws will be posted on the USRowing and Powerhouse Timing Web sites 48 hours before the event.

d. **Progression:**

i. Modified USRowing Alternate Progression System A

Entries	Heats	Adv. in each heat	Repechages	Adv. in each Repechage	Semifinals	Adv. in each Semi
1-6	0	(Final Only)				
7	2	1 <sup>st</sup> to A Final 2 <sup>nd</sup> + to Rep	1	1 <sup>st</sup> -4 <sup>th</sup> to A Final	0	

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8	2	1 <sup>st</sup> to A Final 2 <sup>nd</sup> + to Reps	1	1 <sup>st</sup> -4 <sup>th</sup> to A Final 5 <sup>th</sup> + to B Final	0	
9-12	2	1 <sup>st</sup> to A Final 2 <sup>nd</sup> + to Reps	2	1 <sup>st</sup> -2 <sup>nd</sup> to A Final 3 <sup>rd</sup> + to B Final	0	
13	3	1 <sup>st</sup> -3 <sup>rd</sup> to Semis 4 <sup>th</sup> + to Reps	1	1 <sup>st</sup> -3 <sup>rd</sup> to Semis	2	1 <sup>st</sup> -3 <sup>rd</sup> to A Final 4 <sup>th</sup> + to B Final
14-15	3	1 <sup>st</sup> -3 <sup>rd</sup> to Semis 4 <sup>th</sup> + to Reps	1	1 <sup>st</sup> -3 <sup>rd</sup> to Semis 4 <sup>th</sup> + to C Final	2	1 <sup>st</sup> -3 <sup>rd</sup> to A Final 4 <sup>th</sup> + to B Final
16-18	3	1 <sup>st</sup> to Semis 2 <sup>nd</sup> + to Reps	3	1 <sup>st</sup> -3 <sup>rd</sup> to Semis 4 <sup>th</sup> + to C Final	2	1 <sup>st</sup> -3 <sup>rd</sup> to A Final 4 <sup>th</sup> + to B Final
19-24	4	1 <sup>st</sup> to Semis 2 <sup>nd</sup> + to Reps	4	1 <sup>st</sup> -2 <sup>nd</sup> to Semis 3 <sup>rd</sup> to C Finals Next 2 best times to C Final	2	1 <sup>st</sup> -3 <sup>rd</sup> to A Final 4 <sup>th</sup> + to B Final
25-36	6	1 <sup>st</sup> to Semis 2 <sup>nd</sup> + to Reps	6	1 <sup>st</sup> to Semis 2 <sup>nd</sup> to C Final	2	1 <sup>st</sup> -3 <sup>rd</sup> to A Final 4 <sup>th</sup> + to B Final

e. **Regatta Format:** (subject to change)

- Coach and Cox Meeting Thursday, June 9, at 5:00 p.m.
- Heats will run on Friday
- Reps and semifinals will be run where time allows.
- A/B Finals Sunday
  - Racing Progression: Due to scheduling concerns, there will not be D finals at the 2011 USRowing Youth National Championships.
  - C Finals may be cancelled due to inclement weather, time constraints, or event subscription.
  - The Youth Advisory Committee will work toward having racing end no later than 6:00 p.m. on Sunday, June 12.

**11. Inclement Weather Procedure**

- a. The Chief Referee, USRowing, and the LOC will work together to monitor the weather continuously during the event.
- b. Should it be determined that schedule changes are necessary due to weather concerns, the following weather plan will be utilized:
- c. *Communication Plan*
  - i. Weather-related schedule changes will be announced utilizing the following mediums.
    1. Posted on the results board at the regatta site.
    2. Announced over the on-site sound system.
    3. Posted online via Twitter, Facebook, RegattaCentral, and the USRowing Youth Nationals event website.
    4. Via text message. Coaches, athletes, and parents can register to receive weather related text messages by texting "USRowing" to 313131. This service will only be used for weather related messages.
  - ii. Teams are responsible for staying updated on announced schedule changes.
  - iii. Please direct any questions about schedule changes to USRowing at the registration area.
- d. *Schedule Changes will be made with the following priorities*
  - i. Delay racing either later the same day or to the next day, if time is available.
  - ii. Begin racing earlier than previously announced. Announcement will be made no later than 3 hours before racing or 9:00 PM the evening before in the case of morning racing.
  - iii. Utilize a time-trial system for a round of the event.
  - iv. Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed. If grand finals must be omitted, medals will be awarded based on the results of the last completed round of the event.
  - v. Cancel regatta.
- e. Under no circumstances will races be run after Sunday, June 12, 2011.

**Contact Information**

AJ Dominique III  
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(609) 751-0705