

2021 USRowing Northeast Youth Championships Coaches & Coxswains Meeting



May 11, 2021
7:00 p.m. ET

[For more information: 2021 USRowing Northeast Youth Championship Website](#)



Agenda

1. USRowing

- a. Welcome to the 2021 USRowing Northeast Youth Championships - Introductions
- b. Review of Registration & Venue Schedule

2. Chief Referee

- a. Referee Welcome
- b. Regatta Time
- c. Traffic Pattern(s)
- d. USRowing Rules of Rowing
- e. On the water
- f. Racing
- g. Finish
- h. Unsportsmanlike Conduct

3. USRowing, LOC, Chief Referee

- a. Safety on Venue (Water & Land)
 - i. Evacuation Plans
 - ii. Medical Aid

NOTE: Please put all questions in the Q&A so we can best answer every question.



Welcome - Introductions

USRowing is excited to welcome everyone to the 2021 USRowing Northeast Youth Championships on May 8-9 in Saratoga Springs, NY.

Safety both on and off the water continues to be the top priority at all USRowing events. With COVID-19 still affecting all parts of our country, we are continuously working to ensure that our rowers, coaches and support staff stay healthy.

Tonight we have the following people on the call:

USRowing : Sarah McAuliffe & Chris Chase
Saratoga (LOC) : Chris Chase & Eric Catalano
Chief Referee: Jim Dwyer



Review of Registration and Venue Schedule

- **Teams should contact the LOC to best plan their trailer arrivals.**
- **USRowing Registration Tent is open:**
 - Friday, May 14, 12:00 p.m. - 6:00 p.m.
 - Saturday, May 15, 6:00 a.m. - end of racing
 - Sunday, May 16, 6:00 a.m. - end of racing
- **Practice**
 - There will be no practice allowed for this event.
- **Heat Sheets**
 - Wednesday, May 12



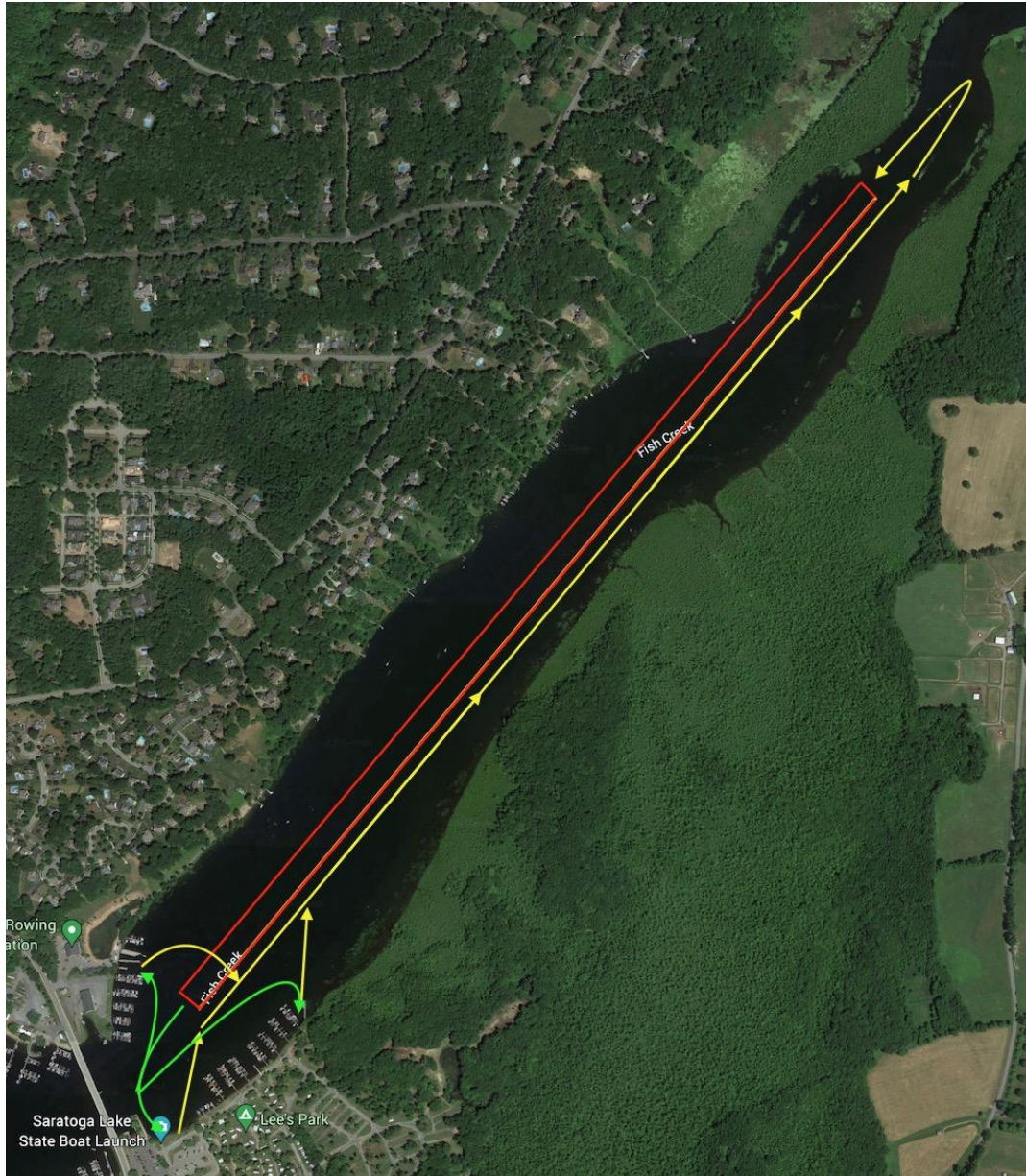
Referee Welcome

- **Referee Jury Introductions**
 - 25 referees from 4 regions, with 198 years of officiating experience
- **The Referee's are here for everyone's safety and fairness**
- **The Referee Jury will not be monitoring COVID protocol**
 - While a referee may correct you if you are not obeying the protocol and are putting the referee at harm, please defer all COVID protocol related questions to USRowing.



- **Time.gov**
- **The regatta is always on time!**
 - Recommended launch time is 30-35 minutes before your event
 - In the unlikely event that we fall behind, the starter will get us back on time - **Never** assume it is safe to launch late!

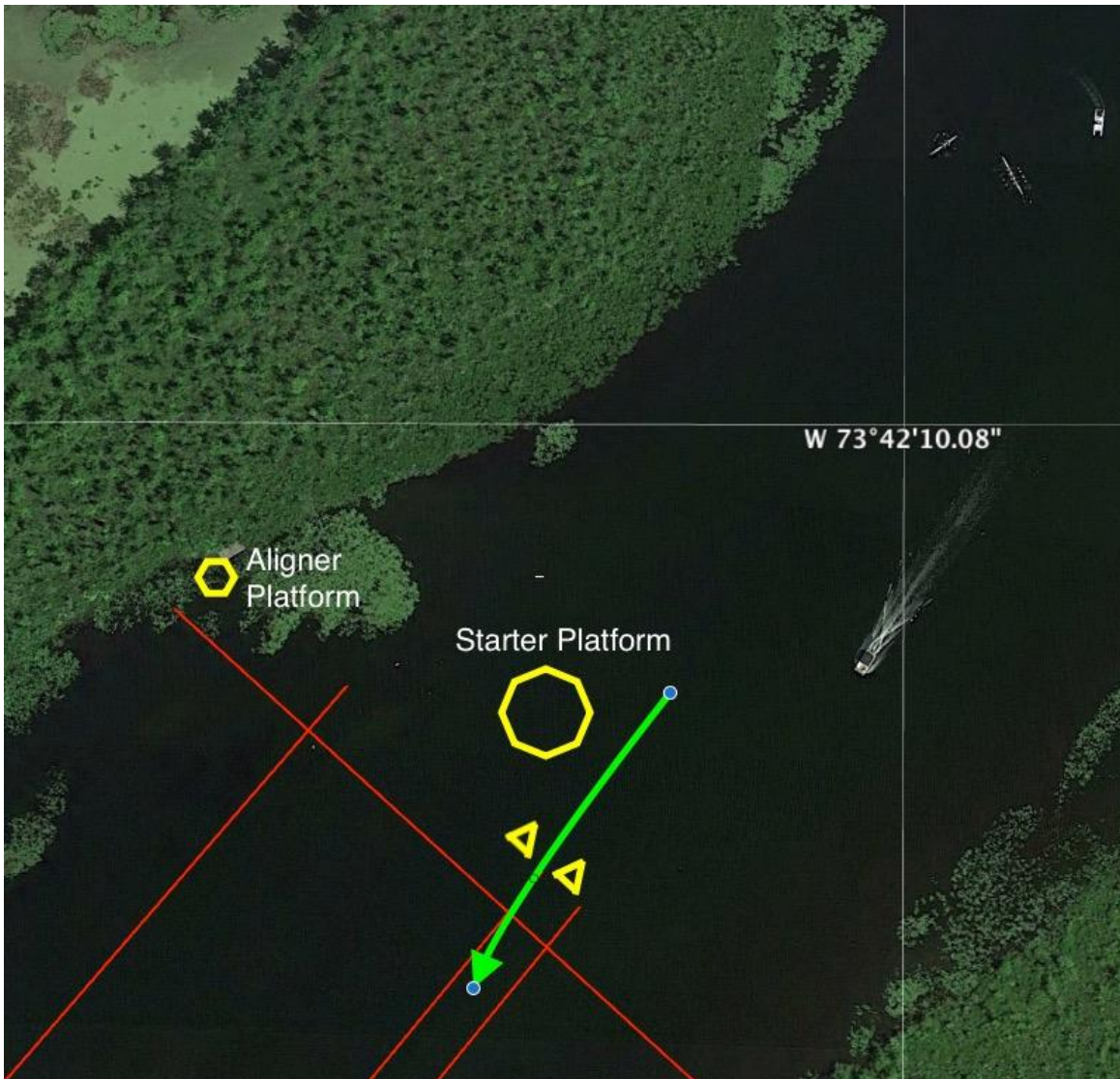
Traffic Patterns - Sprint Racing



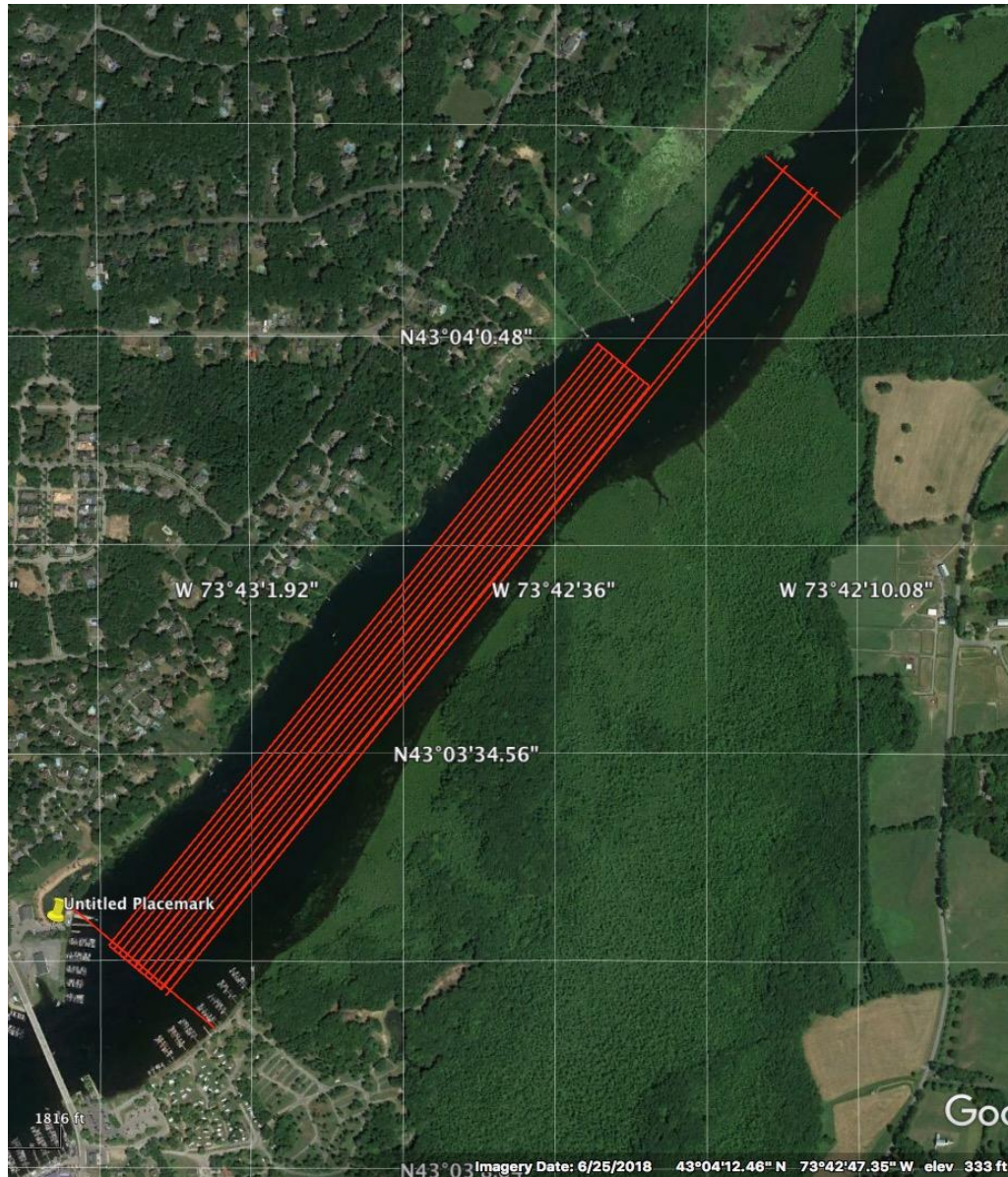
Yellow = Warm Up
Green = Return to Dock
Red = Racing Lanes



Traffic Patterns - Sprint Racing



Traffic Patterns - Sprint Racing



USRowing Rules of Rowing

- **It is your responsibility to know and understand the Rules of Rowing**
- **Equipment**
 - You have signed that your equipment meets the rules - heel ties 3", bowball is firmly affixed, etc.
 - Referees will perform visual checks when you launch
 - Bow numbers are critical - especially for the time trials on Saturday!
 - If you lose your bow number, or your (lane) bow number is incorrect inform a marshal asap
- **Broken Equipment - alert the nearest referee and we will do everything we can to let you race**



On the Water - 1

- **If a referee gives you an instruction acknowledge with a hand so we know that you have heard us.**
- **In proximity of the course**
 - Do not stop on the start line or where you will drift into the aligner's line of sight
 - Do not sit at the finish line as a race is finishing
 - Do not do power strokes / sequences along the race course as a race is approaching or passing you.
- **Warm Up**
 - Follow the Traffic Pattern & know what it is each day



On the Water - 2

Sprint Starts

- The starter will call you onto the course after the race in front of you clears the breakage area. Do not enter the course until you are invited on.
- Minimize how much backing you need to do - don't travel too far down your lane before attempting to lock onto the stakeboat
- Starter will give time to race updates roughly every minute
- You must be locked on 2 minutes prior to your race, or you will receive a warning for being late to start.
- The starter may start the race at any time within the 2 minute window
- If we are running early, and everyone is on the line, the starter may ask if there are any objections to beginning the race early
- Hands will not be recognized during the Start
 - Crews will be polled in a steady cadence, you will hear the "Attention" command.. After a pause you will hear **GO!**
 - If the Starter is interrupted, crews will hear "As you were".. The starter may choose to re-poll the crews or perform a quick start.
- If you leave the start, you accept the start - you can not protest the start at the finish!
- Breakage zone is 100M or 20 sec.



On the Water - 3

- **Sprint - Racing**

- Chase Official(s) will follow behind all races and will use their white flags to correct any course deviations that impact your safety or the fairness of the race.

- **Finish**

- Hear a horn
- See the orange flag drop (from the beach)
- Objections must be initiated on the water.
- if there is a question of fairness or another issue, please raise your hand at the finish and talk to the referee. Please have in mind:
 - what happened to you
 - what impact it had on you
 - what resolution you are seeking.
- After your conversation, if your issue has not been resolved, let the referee know if you plan to submit an objection.
- Objections must be filed, along with a \$50 fee, within one hour of your boat returning to recovery



Unsportsmanlike Conduct

Among other things, profanities are not considered 'sportsmanlike' even when used to motivate; they may never be directed at another crew or regatta personnel. Unsportsmanlike conduct is grounds for exclusion.



Safety on the Venue - Evacuation Plan/Medical



Get Ready to Race!

**FOR ADDITIONAL QUESTIONS,
PLEASE CONTACT:**

Sarah McAuliffe
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Photo courtesy of USRowing