

2022 USRowing Southeast Youth Championships Coaches & Coxswains Meeting

***May 9 , 2022
8:00 P.M. ET***



AGENDA

1. **USRowing**
 - a. Welcome to the 2022 USRowing Southeast Youth Championships - Introductions
 - b. Review of Registration & Venue Schedule
 - c. USRowing Code of Conduct
 - d. SafeSport
2. **Chief Referee**
 - a. Referee Welcome
 - b. Traffic Pattern(s)
 - c. USRowing Rules of Rowing
 - d. On the water
 - e. Racing
 - f. Finish
 - g. Unsportsmanlike Conduct
3. **USRowing, LOC, Chief Referee**
 - a. Safety on Venue (Water & Land)
 - i. Evacuation Plans
 - ii. Medical Aid

NOTE: Please put all questions in the Q&A so we can best answer every question.



USRowing



WELCOME - INTRODUCTIONS

USRowing is excited to welcome everyone to the 2022 USRowing Southeast Youth Championships on May 14-15 in Sarasota, FL.

Safety both on- and off-the-water continues to be the top priority at all USRowing events.

Tonight we have the following people on the call:

USRowing : Jules Zane, Paul Wilkins

SANCA / Nathan Benderson Park (LOC): Sarah Kupiec

Chief and Deputy Referees: Peter San Juan, Jon Gibbs



REVIEW OF REGISTRATION & VENUE SCHEDULE

- **Teams should contact the LOC to best plan their trailer/team tent arrivals.**
- **USRowing Registration Tent is open:**
 - Friday, May 13, 10:00 a.m. - 6:00 p.m.
 - Saturday, May 14, 6:30 a.m. - end of racing
 - Sunday, May 15, 6:30 a.m. - end of racing
- **Practice**
 - Friday, May 13, 1:00 p.m. - 6:00 p.m.
 - Launch docks will shut down at 5:15 p.m.
- **Heat Sheets**
 - Monday, May 9



USROWING CODE OF CONDUCT

At USRowing, our mission is to champion participation and the passionate pursuit of excellence in rowing. To support this mission, we need to ensure rowing at all levels is fair, inclusive, competitive, and safe for all participants.

Whether an athlete, coach, parent, vendor, staff, volunteer, or spectator at a USRowing event, you are a member of the USRowing community. We invite you to enjoy this experience and expect you to abide by the following Code of Conduct.

SAFETY & WELLBEING: It's the top priority of USRowing to safeguard the physical and emotional well-being of all of community members. We will:

- Abide by USRowing's safety procedures and guidelines, the Rules of Rowing, and the direction of regatta officials.
- Refrain from discriminatory, disparaging, or threatening language or behavior of any manner.
- Prioritize athlete safety and wellbeing at all times.

PROFESSIONALISM & INTEGRITY: USRowing expects respectful and honest communications and behavior. We will:

- Display good sportsmanship at all times.
- Follow the policies and guidelines of the host venue.
- Ensure competition free of cheating, doping, and other forms of unfair advantage.

THE BOATHOUSE IS OPEN TO EVERYONE: As members of the USRowing community, it is critical that we model positive behavior and advance the inclusive and competitive culture we envision. We will:

- Honor the diversity among us and celebrate our common love of rowing.
- Compete hard and respect our competitors.
- Resolve conflicts in a professional manner.

NON-COMPLIANCE IS NOT AN OPTION. If a community member chooses not to follow the USRowing Code of Conduct, there will be consequences. These include disqualification, dismissal from the event, exclusion from future events, legal action, and revocation of USRowing membership. Please notify a USRowing official in the event of witnessing illegal, discriminatory, or inappropriate activity.



SAFESPORT

What do I need to do?

18+ years old



Athlete Only

Training for Adult Athletes

30 minutes



Authority/Direct Contact

NGB1 Core Training

90 minutes

Annual Refresher Course

30 minutes



No Direct Contact

MAAPP Awareness

Policy review



USRowing



USRowing

SAFESPORT

How do I comply?

Registering & Auditing Attendees

Register athletes as you normally do for USRowing-hosted regattas

On Friday, 4/29 RegattaCentral will add a "Coaches & Support Staff" roster for populating your club's non-athlete Adult Participants for SafeSport compliance

Compliance emails will begin nine days ahead of the start of each regatta

Registration Form

Club/Team Affiliation
Club: Anytown Boathouse Club-test [New Club...](#)

Contact Details

Name:

Address:

City:

State/Province: Pennsylvania

Zip/Postal Code:

Country: United States

Mobile Phone:

Home Phone:

Coaches & Support Staff

Please list all coaches and support staff 18+ (including team volunteers) who will require access to any restricted areas of the venue. Before the regatta, each person listed here must be a current USRowing member, have a signed waiver on file, and have completed the relevant SafeSport course/refresh course for their role. Free USRowing membership is available to non-coach support staff. Individuals who are not on this list or not compliant will not be able to access the restricted areas of the venue.

For more information, see our [FAQ here](#). If you are encountering technical issues with SafeSport training, email members@usrowing.org with your issue and include your name, email on file with USRowing, and your USRowing member number.

Search: Primary Role: [Add](#)

Person	Role	
Jane Parent	Support Staff	remove
Mary Smith	Coach	remove

Preview of Coaches & Support Staff roster for regattas



REFEREE WELCOME

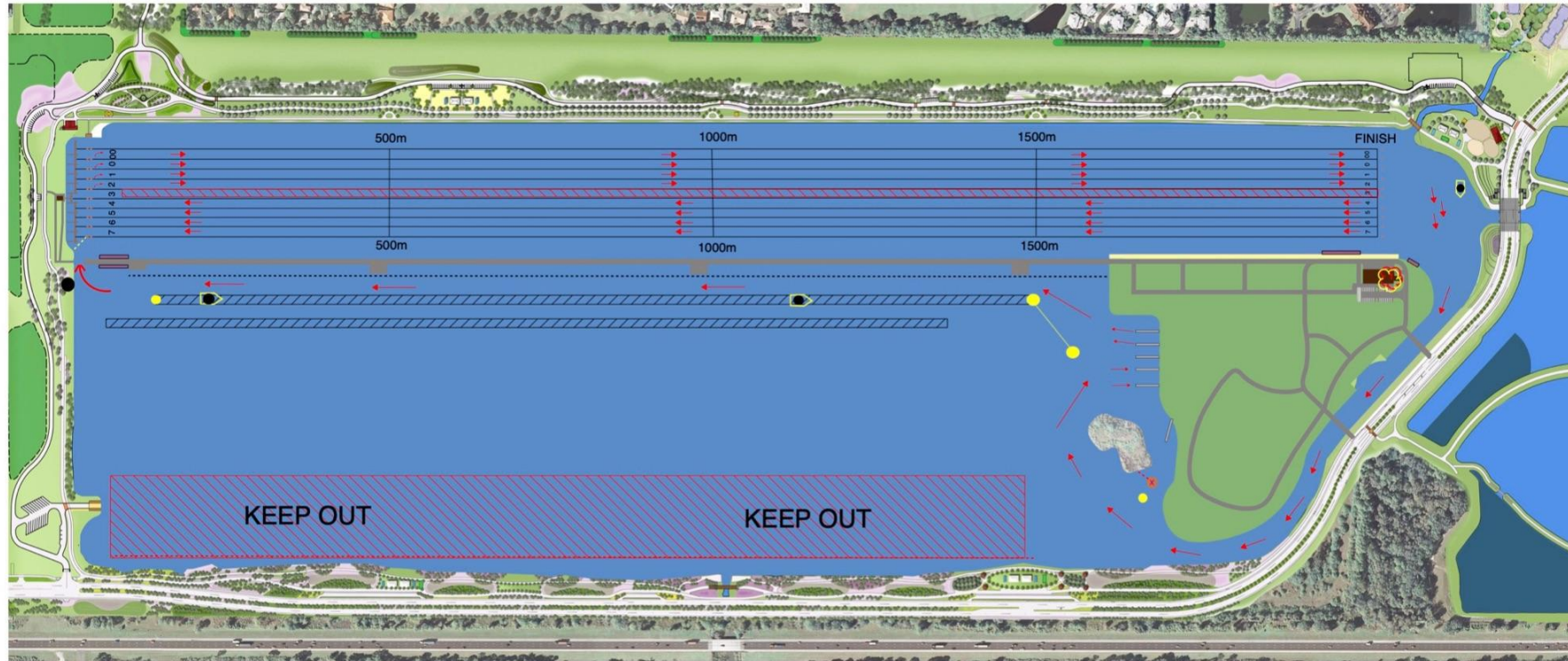
- **Referee Jury Introductions**
 - **26 Referees**
 - **Southeast, Midwest and Southwest regions**
- **The Referees are here for everyone's safety and fairness**





Nathan Benderson Park

PRACTICE DAY TRAFFIC PATTERN

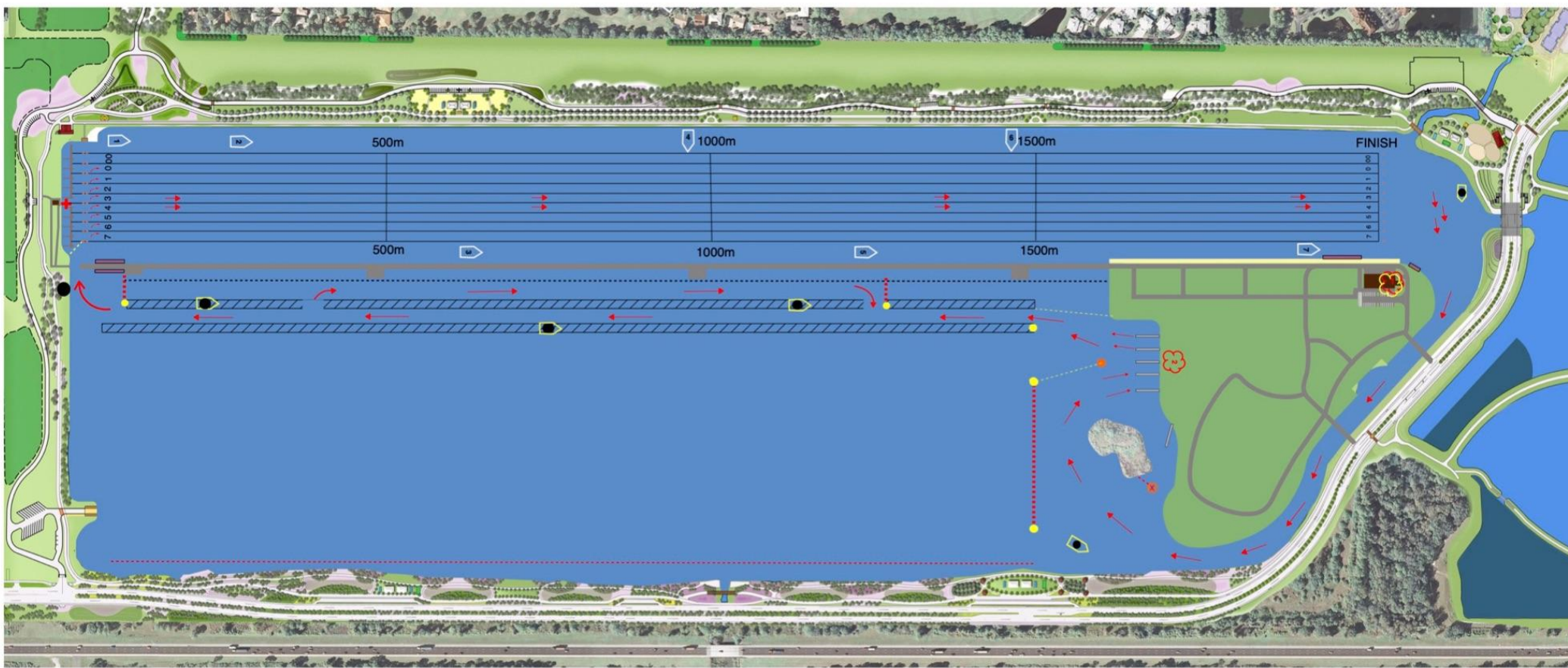




Nathan Benderson Park

2022 SOUTHEAST REGIONALS

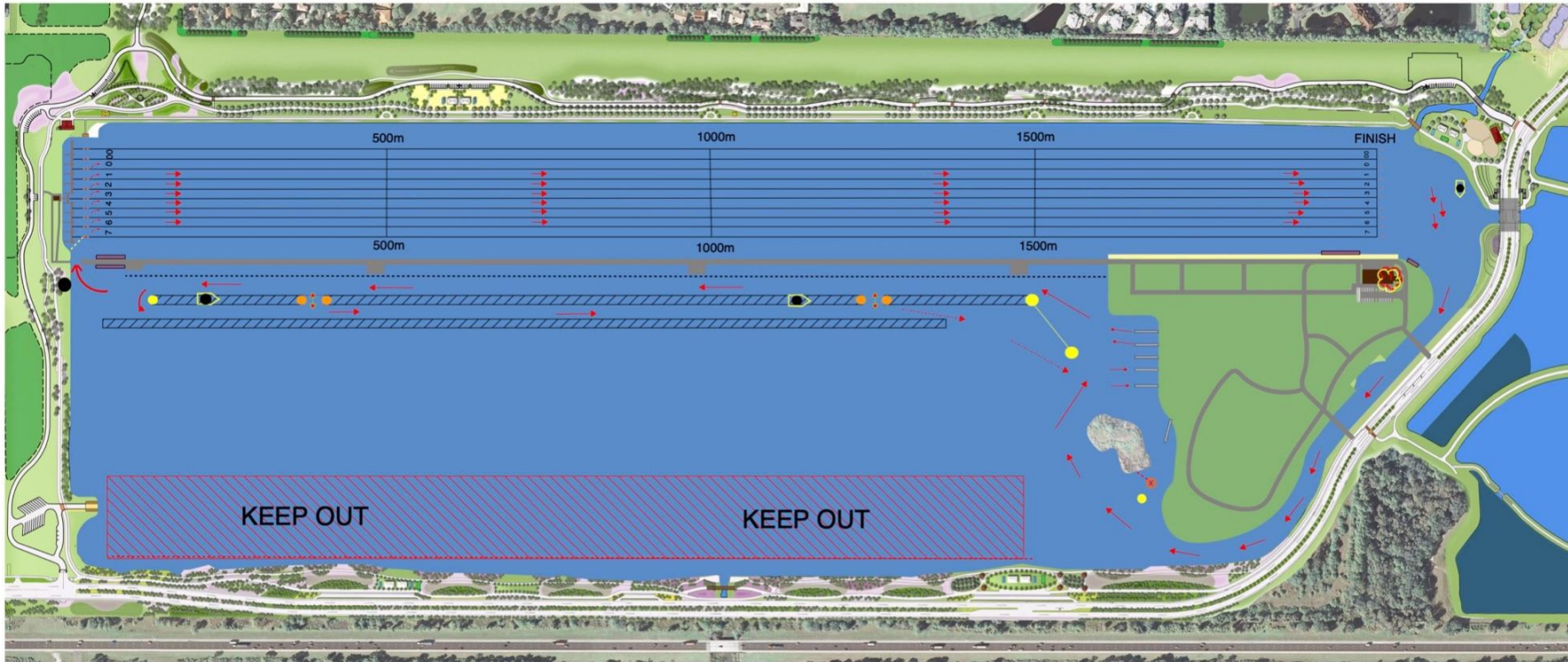
TIME TRIAL TRAFFIC PATTERN





Nathan Benderson Park

RACE DAY TRAFFIC PATTERN



USROWING RULES OF ROWING

- **It is your responsibility to know and understand the Rules of Rowing**
- **Equipment**
 - You have certified that your equipment meets the rules - heel ties 3” and bowball is firmly affixed.
 - Visual check at docks
 - Please let the referee know your race when launching to ensure an accurate time
 - Bow numbers are very important, most especially on Saturday!
- **Broken Equipment - alert the nearest referee and if possible, we will work with you**



ON WATER - 1

- In general, if a referee gives you an instruction, coxswains please acknowledge with a hand so we know you heard us.
- Warm Up
 - Follow the Traffic Pattern - know what it is each day.
- Time Trial Starts
 - *Please be on the warm up side of the starting area listening 5 min before your event time.*
 - *There will be a series of referees helping you get into bow number order behind the start dock. Pay attention to each ref along the way. Be ready to race before you enter the racecourse.*
 - *You will have 100 meters to get up to speed and the start line.*
 - *Breakage zone is 100M or 20 sec.*
 - *Referees will be along the course on the side to assist.*
 - *If you have an objection at the end of the race, speak with the finish marshal.*



ON WATER - 2

- **Sprint Starts**

- Only with the permission of the starter, you may enter the racecourse and warm up in your lane.
- If you have to turn in your lane to attach to starting dock, do it close to the dock.
- Starter will count down to 2 minutes
- Locked on 2 minutes prior to your race; failure to be locked on will result in a warning
- The race may Start at any time after the 2 minute notice
- Hands will not be recognized during the Start
 - Crews will be polled in a steady cadence, then “Attention”, the starting light will turn green with an audible signal. If the starting system is inoperable, after the crews are polled, the starter will announce “Attention”.
 - If the Starter is interrupted, crews will hear “As you were” and the start sequence may begin again.
- If you leave the start, you accept the start
- Breakage zone is 100M or 20 sec.
- Quick start – will be announced by the Starter, No polling of the crews.



ON WATER - 3

- **Sprint - Racing**

- Chase Official will move behind the boat. You are protected in your lane. If you leave your lane you do so at your own risk. If there is a risk or collision the official will direct your shell away from danger using the stroke to communicate to the coxswain.

- **Finish**

- Hear a horn
- See the flag drop (at the base of the tower)
- Objection must be initiated on the water.
- If there is a question of fairness or another issue, please have one person raise their hand at the finish and talk to the referee. Please have in mind:
 - what happened to you,
 - what impact it had on you and
 - what resolution you are seeking.
- After your conversation, let the referee know if you plan to submit the protest. We have a form we can provide at the docks. The objection is due within 1 hour along with the form and \$50. Objections can be submitted to the referee at the docks for the Chief Referee since you cannot enter the Finish Tower.



UNSPORTSMANLIKE CONDUCT

Among other things, profanities, in general, are not considered 'sportsmanlike' even when used to motivate; they should never be directed at another crew. A violation of this rule may result in exclusion or disqualification.



USRowing



SAFETY ON VENUE - EVACUATION PLAN

Weather Plan

USRowing Southeast Youth Regional Championships Nathan Benderson Park, Sarasota

The Chief Referee Initiates "suspend", "cancel", "resume" rowing plans.

1) Actions:

- i) The Starter directs evacuation of the start area including crews in line behind the start. The Start Marshal and Referees closest to the start are designated to evacuate Starters, JAS/Aligner and stake boat holders to land.
- ii) The Referees along the race course direct the evacuation of crews on the course expeditiously and move to beach landing sites to assist crews and document recovered crews.
- iii) Warm-up and Pre-Start Marshals direct and escort crews in the warm-up area back to the docks.
- iv) Referees closest to the finish proceed to the launch and recovery docks. Use all dock for evacuation. Coordinate boats going into the docks.
- v) Control Commission stops launching, directs the dock master in recovering boats expeditiously and safely and documents returning crews.

2) Plans: EVACUATE THE COURSE

i) "AS SOON AS POSSIBLE"

(1) Stop launching.

(2) Crews in the warm up are turned around, return to the docks. Use all docks for recovery.

(3) Finish races on the course or on the start line.

ii) "IMMEDIATELY" Weather Plan

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(2) Crews in the warm up are turned around, return to the docks. Use all docks for recovery. Warm Up and Pre-Start Marshal escort crews. (Use alternate landing site at boat ramp on SE corner of the lake only if absolutely necessary. Access is limited to a few boats at a time.)

(3) Starter coordinates evacuation of the start area including crews in line behind the start. Start Marshal and Referees closest to the start are responsible for stake boat holders, Starters and JAS/Aligner. Account for all stake boat holders and any other volunteers. Move everyone to land.

(4) Referees along the race course are responsible for directing crews on the course to beach landing sites and supervising their recovery. Document recovering crews.

(5) Referees closest to the finish are responsible for directing crews in the Finish area to the nearest land.

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USRowing

SAFETY ON VENUE - MEDICAL AID

- **Medical will be located at the finish line and the launch docks.**
- **If medical is needed on the water, flag down the nearest official for assistance.**



GET READY TO RACE!

For Additional Questions, Please contact :

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Events Associate

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Sarah Kupiec

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Benderson Park

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Photo courtesy of USRowing

