

# ***2023 USRowing Youth National Championships Coaches & Coxswains Meeting***

***June 5, 2023  
7:00 P.M. ET***



# AGENDA

## 1. USRowing

- a. Key Takeaways / Introductions
- b. Review of Registration & Venue Schedule
- c. Pre-Arrival Checklist

## 2. Chief Referee

- a. Referee Welcome
- b. Traffic Pattern(s)
- c. USRowing Rules of Rowing
- d. Unsportsmanlike Conduct

## 3. USRowing, LOC, Chief Referee

- a. Venue Information



# WELCOME - INTRODUCTIONS

USRowing is excited to welcome everyone to the  
2023 USRowing Youth National Championships  
June 8-11 in Sarasota, FL.

Safety both on- and off-the-water continues to be the top priority at all  
USRowing events.

Tonight we have the following people on the call:

**USRowing** : Jules Zane, Sarah McAuliffe  
**Nathan Benderson Park Conservancy(LOC):** Sarah Kupiec  
**Chief and Deputy Referees:** Duncan Hudson, Doug Jones



# REVIEW OF REGISTRATION & VENUE SCHEDULE

- **Trailer Arrival Window**
  - Sunday, June 4 - 8:00 a.m. – 8:00 p.m.
  - Monday, June 5 – 6:30 a.m. – 8:00 p.m.
  - Tuesday, June 6 – 6:30 a.m. – 8:00 p.m.
  - Wednesday, June 7 – 6:30 a.m. – 8:00 p.m.
- **USRowing Registration Tent**
  - Tuesday, June 6 – 6:00 a.m. – 6:00 p.m.
  - Wednesday, June 7 – 6:00 a.m. – 6:00 p.m.
  - Thursday, June 8 - Sunday, June 10 - 6:00 a.m. to end of racing
- **Practice**
  - Tuesday, June 6 - 8:00 a.m. - 6:30 p.m.
  - Wednesday, June 7 - 8:00 a.m. - 6:30 p.m.
  - Saturday, June 10 - 30 minutes after racing concludes for 1.5 hours.

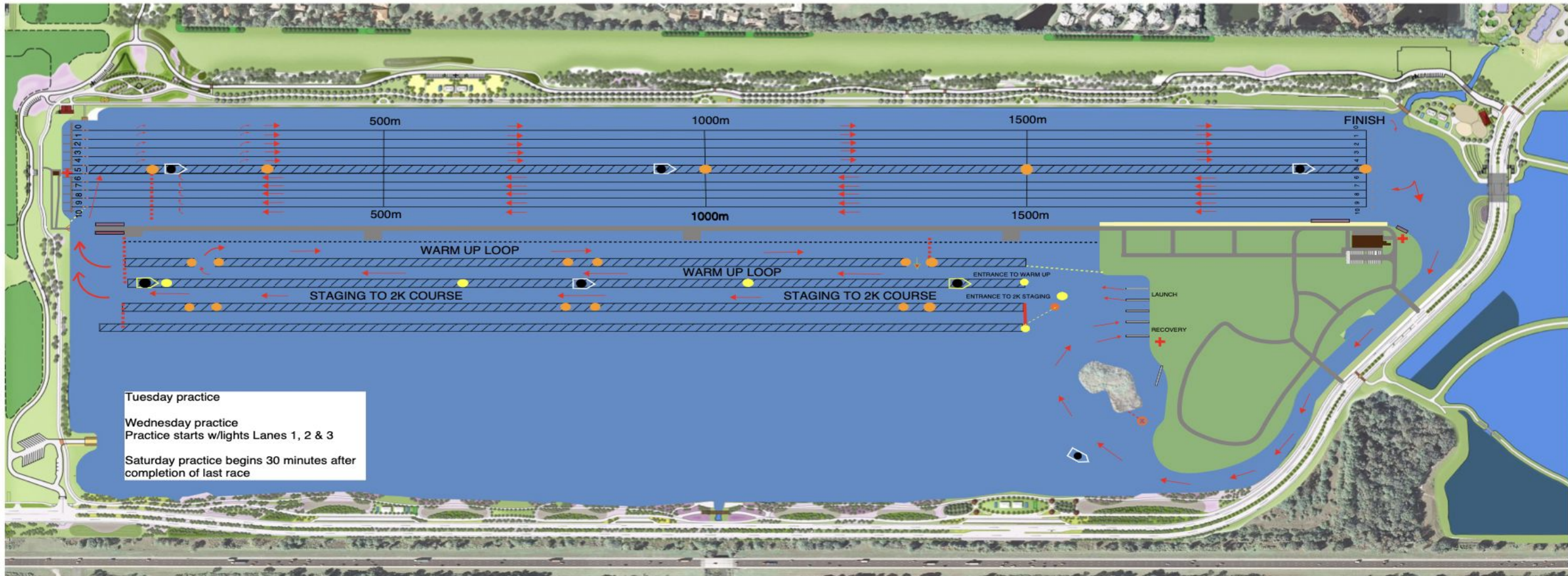




# Nathan Benderson Park

## 2023 USROWING YOUTH NATIONALS

### PRACTICE & PRACTICE STARTS TRAFFIC PATTERNS



# Practice - U19/U23 Trials

## **PLEASE NOTE:**

1. If you are participating in the U19/U23 Trials next week, you are limited to practice **ONLY** during the Youth practices as long as you are still competing at the Youth Nationals.
2. You cannot practice in the NBP sanctioned Trials practice times unless you are no longer competing at Youth Nationals. And, if you are no longer competing at the Youth Nationals, you will need to check in with NBP to get permission to practice at the Trials practice Times.
3. All trials competitors must pick up a wristband at the USRowing Registration tent if they plan to practice.





# Pre Arrival Checklist

- ➔ Have you reviewed the **USRowing Code of Conduct**?
- ➔ Have you reviewed the **event entry packet**?
- ➔ Are your athletes up to date on their **USRowing memberships**?
- ➔ Are your athletes, coaches, and support staff **SafeSport** compliant? Are your coaches/support staff on the the RegattaCentral Roster?
- ➔ Have you paid your team **entry fees**?

# SAFESPORT

## What do I need to do?

18+ years old



### Athlete Only

NGB1 Core Training

90 minutes

Annual Refresher Course

30 minutes



### Authority/Direct Contact

NGB1 Core Training

90 minutes

Annual Refresher Course

30 minutes



### No Direct Contact

MAAPP Awareness

Policy review



**USRowing**





U.S. CENTER FOR  
**SAFESPORT**

# Minor Athlete Abuse Prevention Policy **MAAPP**

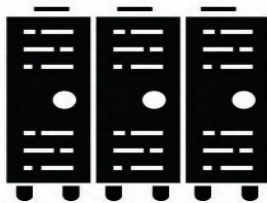
All USRowing Relevant Adult Participants are required to take the SafeSport Trained Course.  
Among other things, MAAPP addresses:



**One-on-one  
Interactions**



**Massages & rubdowns/  
Athletic Training Modalities**



**Locker rooms/  
Changing Areas**



**Electronic  
Communications**



**Transportation**

If you see a violation of misconduct, report it to USRowing at <https://bit.ly/Report-a-Concern>  
Report sexual misconduct to the U.S. Center for SafeSport <https://uscenterforsafesport.org/report-a-concern/>

**MAAPP Resources: <https://bit.ly/SafeSport-USRowing>**



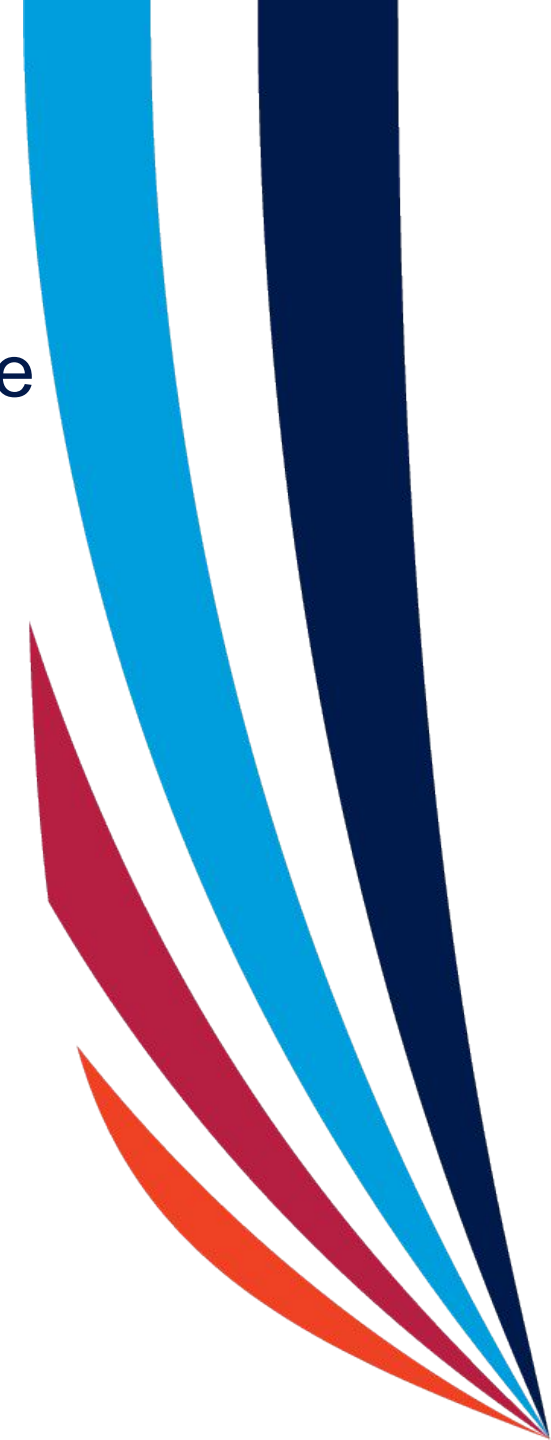
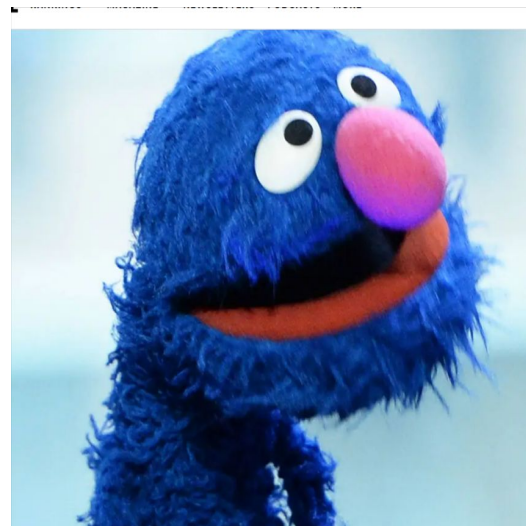
**USRowing**

# USRowing Referees

Chief Referee -  
Duncan Hudson



Deputy Chief Referee  
Doug Jones



# Welcome

- 28 of the the most talented and experienced referees from across the country, representing all six USRowing regions.
- Referees were either nominated by their USRowing regional coordinators, or hand picked by Doug and myself.
- 2 major objectives - Ensure your safety and the fairness of each and every race.
- Questions about safety, or fairness, find a blue shirt!

**THIS IS YOUR CHAMPIONSHIP &  
WE ARE HERE FOR YOU!**





# Reminders

1. This is NOT a rules clinic!
2. Rules of Racing and Regatta Packet.
3. Purpose of this C&C is to highlight specific issues to this venue.

There's a lot of information to share, please pay attention.



# Topics to be covered:

- **Medical**
- **Weather**
- **Control Commission**
- **Time Trials**
- **Sprint Racing**



# MEDICAL AND WEATHER

**MEDICAL - during practices and races**

- **At Control Commission**
- **At the Start**
- **At the Finish Line**

**WEATHER –**

- **Hot & Unpredictable**
- **Monitoring weather radar**
- **Thunderstorms, Interrupt racing**
- **Could knock out a round or rounds of racing**
- **Row each race like it matters - as if it is a final!**
- **Always follow the Referees instructions when clearing the course**





# UNIFORMS AND CONTROL COMMISSION

## UNIFORMS –

- Athletes must have their torso covered while on the water - both during practice & while racing.
- When racing, everyone in matching racing uniform (unless you are a composite crew) (3-201)

## CONTROL COMMISSION –

- Launch time window will be posted at control. Not allowed to launch earlier than the posted time.
- Launch window may be adjusted throughout each day. Initial launch window is 45 minutes prior to your race.
- Unis need to be pulled up covering torsos.
- Know your race and lane number. Bow numbers will be issued when you launch, and retrieved when you return to recovery.
- Every shell must have a securely attached white or fluorescent bow ball (3-105).
- Every seat must have properly secured heel ties.
- Coxswain seats must meet opening safety size limits.
- Boats have been checked all spring - No excuse for having safety issues when you launch.
- Nothing (shoes, shirts, oars, coaches...) is to be left on the launch and recovery docks.
- Be quick on and off the dock
- Crew, coach, shoe and oar handler - nobody else on the docks with you.

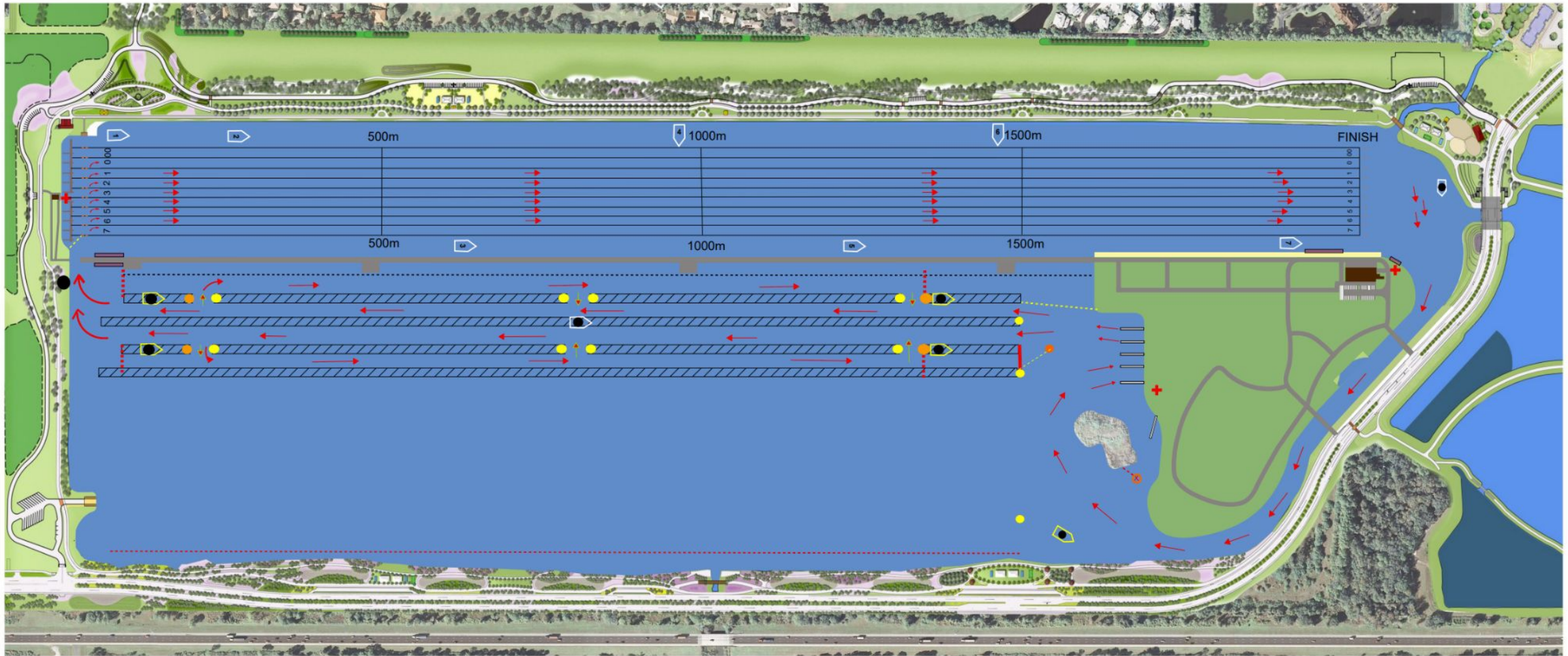




# Nathan Benderson Park 2022 USROWING YOUTH NATIONALS



## TIME TRIAL TRAFFIC PATTERN





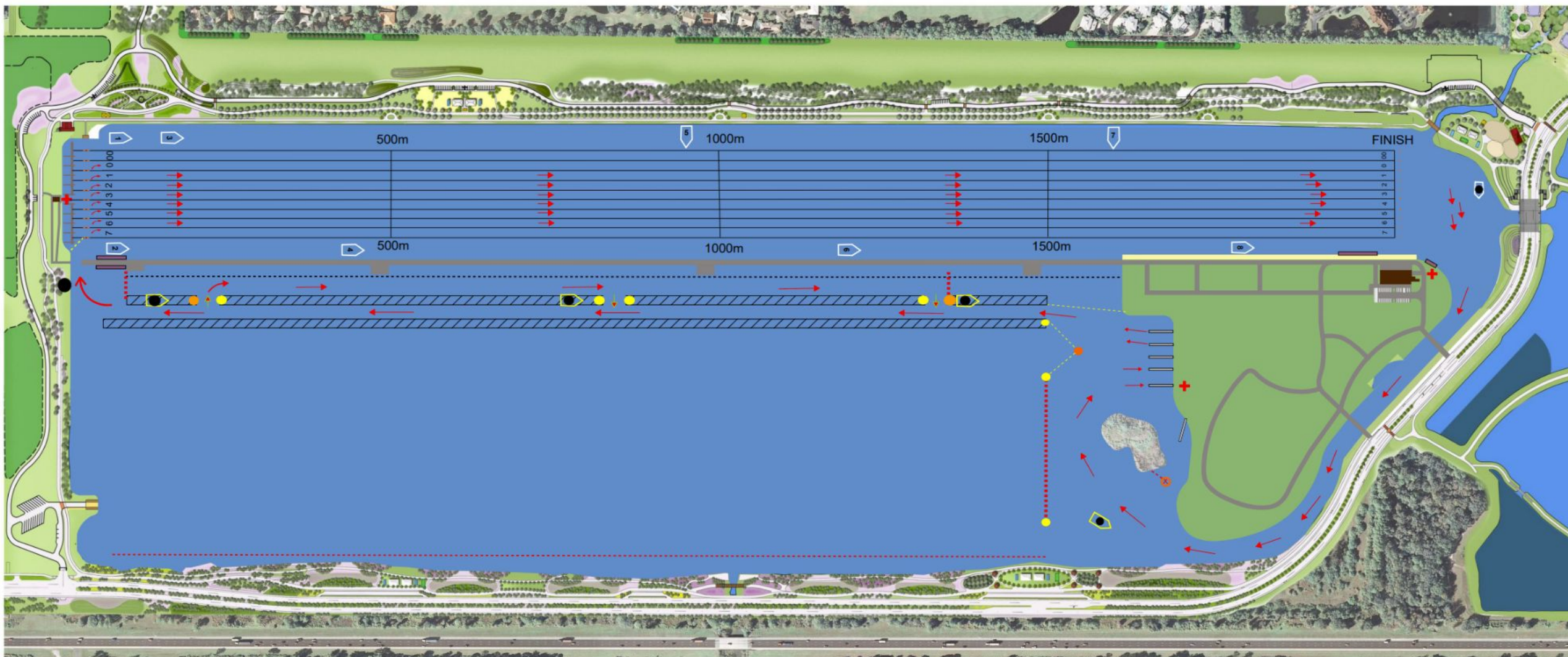


# Nathan Benderson Park

## 2022 USROWING YOUTH NATIONALS



### RACE DAY TRAFFIC PATTERN





# The Start (sprint racing)

- We will be using the light system
- Standard, polled, start.
- At starter's discretion we may switch to a Quick Start.
  
- Objections to the start must be made at the start - starts can never be challenged at the finish (2-311).
- Failure to leave the start, without a legitimate reason, will at the very least incur a warning but may result in exclusion (2-309, 2-602).
  
- In the event that the starting lights fail we will switch to flags, and verbal commands (2-306).



# Sprint Racing - On the Course

- **Responsible for your steering**
- **Heed instructions referees**
- **Course corrections**



# Finish

- If you feel your opportunity to win, place or advance was negatively impacted, raise your hand and get the following referee's (or finish marshal's) attention.
- Only the coxswain, or bow person, should communicate the issue to the referee that arrives to hear your objection on the water.
- The referee(s) will assess your objection and make a decision on the water.
  - Agree - WHITE flag, race is official
  - Disagree - RED flag, race is marked unofficial / pending review
    - you will have 1 hour (from the time you hit recovery) to bring a written protest, along with \$50 cash, to the Chief Judge in the finish tower (2-606).
    - The Chief Judge will bring your protest to the Chief Referee who will convene a jury to adjudicate your issue.
    - You will be called in front of the jury to present your case. You may bring witnesses and evidence. As may any crews that are acting in their defense.
    - The jury will make a decision which will be final and binding for this event.
- You may not file a protest if you did not raise your objection on the water following your race.
- We will only hear protests concerning races that occur at this event - we will not entertain protests to the affect where you insist that you feel you should have won because you previously beat a crew at the "Snowflake or similar Regatta" 3 months ago.



# UNSPORTSMANLIKE CONDUCT

Among other things, profanities, in general, are not considered 'sportsmanlike' even when used to motivate; they must never be directed at another crew, referee, or LOC volunteer. A violation of this rule may result in exclusion or disqualification (2-410) .

All unsportsmanlike violations will be reviewed

by

the Chief Referee, USRowing &  
a member of the Youth Committee





# Last Items

- **Hawkeye** - For your safety a person on top of finish tower watches every crew as it makes its way back to the recovery docks through the canal. Please keep your hands, feet and bodies in the boats at all times so that our “eye in the sky” doesn’t think that there is a medical emergency occurring. Also, there are alligators at this venue!
- **Swimming** - Again, there are alligators and it’s mating season for them. Think!
- **Doug and I, and our team of referees are here for you.** If, at any time this week, you have any issues please find one of us in Blue and let us know what we can do to help or make things better.
- **We wish each and everyone of you the best of luck and we can’t wait to see you race!**



# SAFETY ON VENUE - EVACUATION PLAN

The Chief Referee Initiates “suspend”, “cancel”, “resume” rowing plans.

- On-Water:
  - The Starter directs evacuation of the start area including crews in line behind the start. The Start Marshal and Referees closest to the start are designated to evacuate Starters, JAS/Aligner and stake boat holders to land.
  - The Referees along the race course direct the evacuation of crews on the course expeditiously and move to beach landing sites to assist crews and document recovered crews.
  - Warm-up and Pre-Start Marshals direct and escort crews in the warm-up area back to the docks.
  - Referees closest to the finish proceed to the launch and recovery docks. Use all dock for evacuation. Coordinate boats going into the docks.
- Control Commission stops launching, directs the dock master in recovering boats expeditiously and safely and documents returning crews.



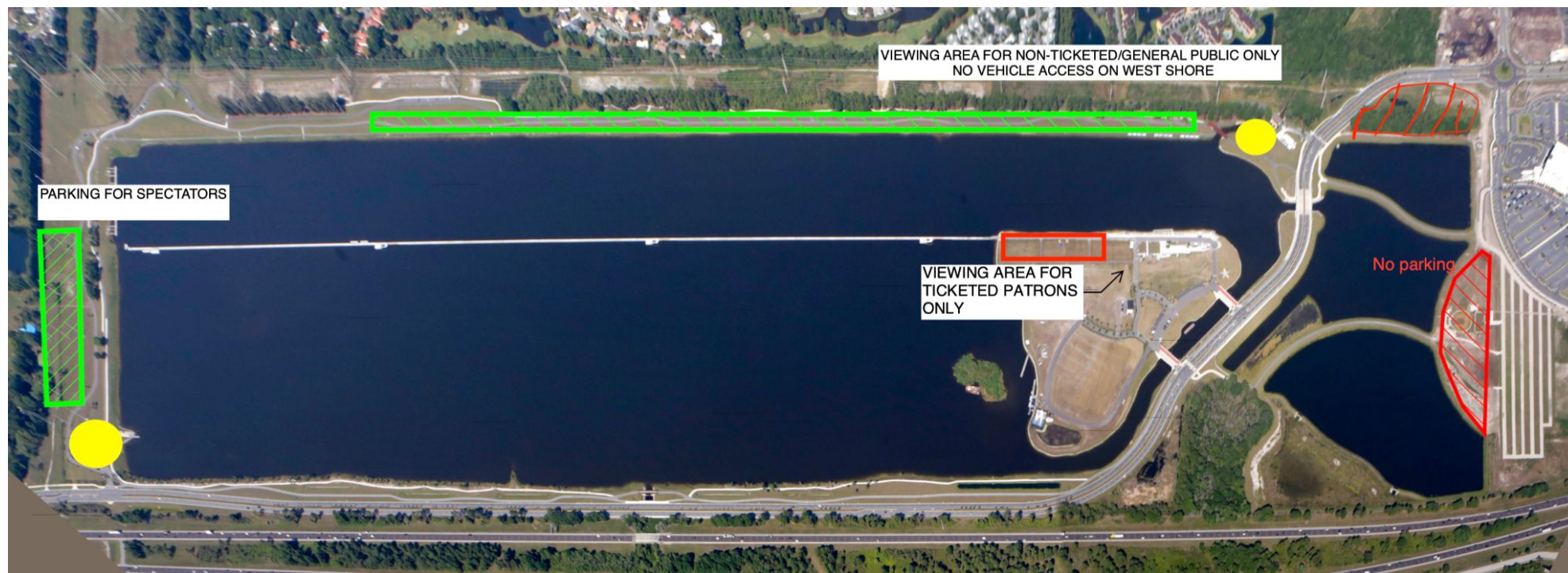
# Parking

- **Each team will receive one parking pass to access regatta island**
- **All other vehicles will park in the “mote” lot or south end of the lake near the start line**
- **Vehicle parking will be \$10 per day**
- **Athlete vans can drop off athletes in bus loop on island before parking in off site lots.**
- **Trolleys will be running from 6:00 a.m. to 30 minutes after last race.**

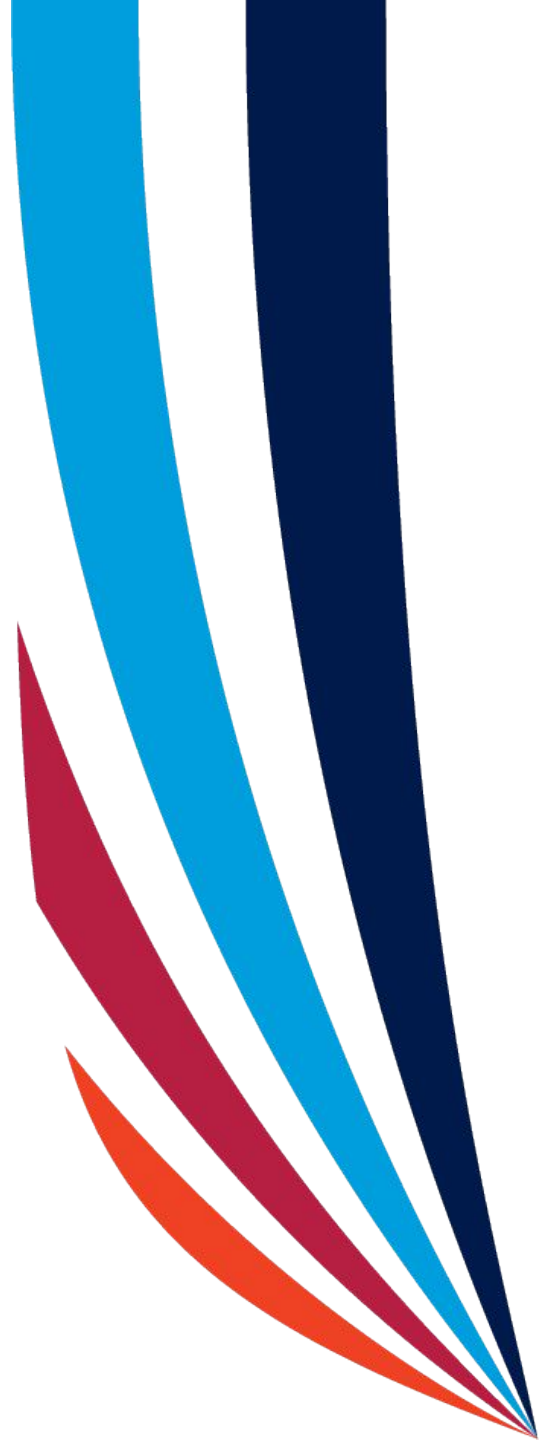




# Parking







# GET READY TO RACE!

**For Additional Questions, Please contact :**

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Director of Competition

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**Sarah Kupiec**

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Photo courtesy of USRowing

