



**USRowing Southeast Regional Championship Regatta June 27-28, 2009
Langley Pond, Aiken, S.C.**

The 2009 USRowing Southeast Regional Championship Regatta will be held June 27-28 at Langley Pond in Aiken, S.C. Racing will be spread over two days, Saturday and Sunday. Racing is scheduled to conclude around 1:00 pm on Sunday.

Participation in this regatta is restricted to members of USRowing. Unaffiliated single scullers and all other participants must be individual members. All organizations must be organizational members. Participants from outside the Southeast Region may participate, competing for medals only. Team Points will be scored only by Southeast organizations.

Events

Juniors Men 1x, 2x; **Mixed** 2x, 4x; **Women** 1x, 2x – 2,000m

Open Men 1x, Lt 1x, 2x, 4x, 2-; **Women** 1x, Lt 1x, 2x, 4x – 2,000m

Novice Men 1x; **Women** 1x – 1,000m

Masters Men 1x, 2x, 4x, 2+, 4+, 8+, Lt 2x; **Women** 1x, 2x, 4x, 4+, 8+, Lt 2x, 4x; 4+, 8+ – 1,000m

Specialty Races: Mixed Family 2x, Parent/Child 2x – 1000m?; Octuple- M/W/ Mixed

***** Other events can be added if there are at least three entries per event. To add events, contact Jim Buckalew before June 3, 2009, at 304-550-0280 or jbuckalew1@suddenlink.net**

Registration is on Regattacentral.com ONLY

Entry Fees: Entry Forms and ALL Fees are due through online registration before the entry deadline of Friday, June 19, 2009. This year, the regatta is using Regattacentral.com. We strongly encourage you to sign up for the regatta online.

Entry Fees: Singles: \$25; Doubles/Pairs: \$40; Fours/Quads: \$60; Eights: \$80

Entry Fees, forms and waivers are DUE on or before Friday, June 19, 2009.

Make checks payable to: **USRowing**

Send all entry materials (Fees, waivers, forms) to:
USRowing
c/o Elizabeth Webb

2 Wall Street
Princeton, NJ 08540

Registration: Teams and individuals are to verify entries at the course at 5:00 p.m. on Friday, June 26, 2009. Registration verification will also be available on Saturday morning, June 27, 2009, and Sunday morning, June 28, 2009.

Waiver: If you are a member of USRowing, you can now sign your waiver online. Visit www.usrowing.org and click on the join/renew button on the upper right-hand side of the home page to be taken to the waiver. If you need to join or renew, you may sign the waiver online at that time. If you have signed the waiver online or have submitted a waiver to USRowing, you do not need to sign another one for this event.

Definitions:

Junior: Rowers must be 18 years of age or younger as of December 31, 2009, OR have just completed attending high school this academic year ('08-'09).

Lightweight: Men = 160 pound max. No average.; **Women** = 130 pound max. No average.

*** Weigh-ins will be conducted at the race course prior to the beginning of racing each day, from 6:30 a.m.-7:30 a.m. Lightweights that make weight on Saturday are certified for the entire weekend. Lightweights that only row on Sunday must make weight on Sunday.

Masters: Rowers who have or will attain the age of at least 21 during the current calendar year. Again this year, the AA category will be available for competitors ages 21-26. A competitor's age is determined as of December 31 of the current calendar year. The age of the crew is determined by the average age of the crew rounded down to the highest contained integer. The coxswain's age shall not be counted. Each member of the crew with the exception of the coxswain must be within the masters/age limitations.

Mixed: One half of the rowers in the boat must be men and one half of the rowers in the boat must be women.

Novice: The novice rower must be within his or her first year (12 months) of beginning rowing.

Boat Storage and Trailer Parking: The boat storage area will officially be available at noon on Friday, June 26. Please be courteous to others and keep cars behind the boat-storage area. There is ample parking on site. Bring your own slings and racks. **NOTE: Bring tarps or tents for shade!!!! You will need it.**

Bow Balls, Bow Numbers, & Safety: Bow Balls are required equipment. Check all boats to ensure that they are equipped with quick release foot-gear as described in the current edition

of the USRowing Rules of Rowing. Bow coxed boats are to be in compliance as well. **Bow numbers will be provided. Please be sure to return them after your race (s).**

Regatta Meeting: The regatta meeting for all scullers, coaches and coxswains will be held at 6:00 p.m. on Friday at the course. This will be a short meeting to cover any special issues regarding the regatta.

2009 Southeast Regional Regatta

If at all possible, please use www.regattacentral.com to enter. E-mail or call if paper forms are preferred

Fees:	Eights: \$80
	Fours: \$60
	Quads: \$60
	Pairs: \$40
	Doubles: \$40
	Singles: \$25

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