



2016 USRowing Southwest Regional Masters Championship

July 24, 2016

Lake Merritt, Oakland, CA

This is the initial call for entries to compete in the USRowing Southwest Regional Masters Championship Regatta. All racing takes place on Lake Merritt and is hosted by Lake Merritt Rowing Club.

Eligibility: A Master is a competitor who has or will attain the age of 21 during the current calendar year. There is an “AA” category for those over 21 and younger than 27. A competitor becomes a Master on January 1st of the year of his or her 21st birthday. A Masters crew shall be comprised exclusively of Masters rowers, but the coxswain need not be a Master. The age category of a Masters crew shall be determined by the average age of the rowers in the crew, rounded down to the nearest integer. The age of a coxswain shall not be counted. The ages of individual rowers need not fall within the age category, so long as each rower is at least in the AA age category and so long as the average age of the crew falls within the applicable category. Although the Southwest (SW) Regional Masters Championship Regatta is a championship event for rowers from Arizona, California, Colorado, Hawaii, Nevada, New Mexico and Utah, rowers who are from outside the Southwest Region may also enter the regatta. First, second, and third place Regional Championship awards will be presented for each event to the top three finishing crews. If the first-place crew is from outside the region, the highest placing SW crew will also receive a first-place award and the designation of Regional Champion. (In a three boat race, awards will be presented for first and second place only).

All crews entering must be bona-fide members of a USRowing member organization.

USRowing Membership: The Southwest Regional Championship is a USRowing sponsored event. **Each participant is required to be a current individual “full privileged” member of USRowing.** The Regatta is a USRowing Registered Regatta and will abide by the USRowing Rules of Racing, except where amended by the regatta organizers.

Waivers: Waivers can now be signed on-line at www.usrowing.org **To receive USRowing membership information or membership registration materials, please call the USRowing Member Service Department at (800)314-4ROW.**

Regatta Schedule: Races will run on 4 or 5 minute centers with the order of events to remain as listed. **We would like to accommodate as many competitors as possible.** Racing will begin as early as 7:30 am. Events with less than three entries, from different programs, may be eliminated from the regatta schedule. **If there are more than three entries in a particular age category we will run that as a separate event (assuming that action doesn't leave a properly entered crew without a race).** If time permits we will run heats and finals.

The Heat Sheet/schedule will be available for your review on RegattaCentral on July 19. If you have any questions regarding the schedule or your entries, please contact Paul Wilkins at swrowing@cs.com or (562)666-6415.

See the USRowing Rules of Rowing Handicapping Guidelines for details regarding the use of handicaps.

Age Categories are defined below:

"AA" 21-26 "A" 27-35 "B" 36-42 "C" 43-49 "D" 50-54 "E" 55-59 "F" 60-64 "G" 65-69 "H" 70-74 "I" 75-79 "J" 80+

AA category athletes may compete in any event. The average age of the crew will determine their category.

Important Deadline:

ENTRIES AND FEES MUST BE RECEIVED BY THURSDAY, JULY 14, 2016.

	Entry Fee	Late Entry Fees (after July 14)
8+	\$150.00	\$170.00
4+, 4x	\$120.00	\$135.00
2-, 2x	\$95.00	\$110.00
1x	\$55.00	\$75.00

How to submit entries and fees:

This year we are pleased to announce that the regatta again will be utilizing an online entry system <http://www.regattacentral.com>. You will be able to submit entries and view entries, access various information and more. RegattaCentral also enables automated waiver compliance (assuming waivers are on file with USRowing). Entries must be received by **THURSDAY, July 14, 2016**. Entries lacking fees, or waivers will be considered late entries. Late entries, or entries received after the deadline will be subject to the higher entry fee and space availability in the scheduled heats and finals. Fees and waivers are due with entry forms. Entries must be submitted with fees in order to be included in the draw. Late entries may be made through RegattaCentral, but you must contact Paul Wilkins (swrowing@cs.com) in order to make these entries. A scratch fee of \$25.00 will be assessed for any scratches made after noon on July 21, 2016. "No shows" at the starting line will be subject to the scratch fee. RegattaCentral offers many features that will make the entry process easy and will allow coaches that are registered to access and change their entries and view other entries to the regatta. Changes or corrections to boat line-ups should be made as soon as is practicable. You may make lineup changes on RegattaCentral up until midnight July 20, 2016. **Questions should be directed to: Paul Wilkins, E-mail:swrowing@cs.com**
Email is the best way to contact me. I am also available by phone, (562)666-6415.

To expedite the process of submitting entries, be sure to have the USRowing Member Number for all rowers you'll be entering. You may now sign waivers online at USRowing.org or send them to: USRowing, 2 Wall St,

Princeton, NJ 08540

Each regatta has a separate "entry window". Our entry window is June 14– July 14. Late entries may also be made through RegattaCentral. If you have trouble, please email me for guidance.

Multiple Entries: Multiple entries, for one event, from a club will be accepted and scheduled into the event if possible. However, please keep in mind that this is a Regional Championship and our time is limited. List multiple entries with "A", "B", etc. designations in order of priority. Events with less than three entries from different programs, may be removed from the schedule.

Bow Balls and Bow Numbers: Bow balls and bow numbers are required for any boat preparing to race. Boats without bow balls will not be allowed onto the race course. Please have the appropriate bow numbers for your boat to ensure proper identification by the officials. The regatta organizers will not provide Bow numbers. The participants must supply Bow numbers and bow balls. Each shell must be equipped with quick release footgear or heels attached with strings to allow quick release. All bow-coxed shells must meet the Rules of Rowing requirements regarding the size of the opening through which the coxswain enters the shell.

Directions, Boat Storage/Trailer Parking

Map

Saturday practice will be available after 2:00PM.

Weigh-ins: All rowers in races with lightweight classifications and all coxswains are required to weigh in on race day in accordance with USRowing rules. **All athletes shall weigh-in in racing attire.** Team boats must weigh-in together, although there will be no averaging of the crews. Coxswains who are required to carry weight must provide their own additional weight and have it verified by the weigh-in officials. The weigh-in schedule will follow USRowing rules of racing. Crews and coxswains must weigh in at least one hour, but not more than two hours before their first scheduled lightweight event. Crews and coxswains only need to weigh in once. Minimum Weights: Coxswains for Men's events 120 lbs. min, Ltwt. Men 160 lbs. max, Coxswains for Women's events 110 lbs. min, Ltwt. Women 130 lbs. max, Coxswains for Mixed events 120 lbs. min

Regatta Meeting: Please watch the video!!!!

<https://www.youtube.com/watch?v=SbVGG8J9WLo&feature=youtu.be>

A coxswains meeting to detail any changes to the schedule or last minute details will be held at the Launching Area at 6:30 AM on Sunday.

SW MASTERS/OPEN REGIONAL CHAMPIONSHIP EVENTS

CLASSIFICATION	BOATS 8+	4+	4x-	2-	2x	1x
Masters Men	X	X	X	X	X	X
Masters Women	X	X	X	X	X	X
Masters Lightweight Men		X			X	X
Masters Lightweight Women		X			X	X
Masters Novice Men	X	X				X
Masters Novice Women	X	X				X
Masters Mixed	X	X	X		X	

RACE CLASSIFICATIONS:

“MASTERS”: Rowers who have attained or will attain the age of 21 during the current calendar year. **“AA” category are those over 21, but not yet 27.** A competitor's age is determined as of December 31 of the current calendar year. The age of the crew is determined by the average age of the crew, rounded down to the highest contained integer. The coxswain's age shall not be counted.

“MASTERS LIGHTWEIGHT”: See weigh-in information. NOTE: Lightweight events may be combined with "Same Age" events if there are not 3 entries for both the open weight and lightweight age.

“MASTERS NOVICE”

All members of the crew are “novices” for **two years** from the date of their first race. Those new to the discipline of sculling (though not to rowing) would be considered novice scullers for their first year in the single.

“MASTERS MIXED”

One half of the rowers within the boat must be men and the other half must be women

Order of Events Sunday July 24, 2016 SW Masters Regional Championship

AS LISTED ON REGATTACENTRAL:

https://www.regattacentral.com/regatta/events/index.jsp?job_id=4588&org_id=0