

Welcome to the 2023 Texas Rowing Championships!

Waco Rowing Center is excited to welcome the state to our new venue at Tradinghouse Creek Reservoir. Located just outside of Waco, the venue offers a park setting on land, over 700 feet of beach front, and is only a 15 minute drive from downtown Waco.

Our goal is to provide a championship racing experience for crews that both prepares them for regionals, while also giving athletes a season culminating experience they can enjoy. We hope to use this event to help propel the state forward in terms of growing the sport, development and retention of athletes, and raising the bar on what regattas can be at the local and state level.

We've assembled an experienced team of professionals to plan this year's regatta.

Along with Youth races, we will also incorporate collegiate racing and Masters racing as the schedule allows.

We hope you have a quality experience as we open Texas' newest racecourse!

Be well and row fast,

Luke Walton and AJ Dominique III

Race Operations, Waco Rowing Center

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IMPORTANT DATES & SCHEDULE INFORMATION

Important Dates

March 1, 2023	Registration Opens on RegattaCentral
April 7, 2023	Standard Registration Deadline. Last day to scratch entries and receive a full refund of the entry fee.
April 21, 2023	Venue opens at 12pm (noon) for trailer parking & practice. Time trial bow number pickup. Coaches & Coxswains meeting. Online lineup deadline.
April 22, 2023	Racing: Youth Time Trials (AM), B & C Finals (PM, as needed) Open Finals
April 23, 2023	Racing: Youth Finals Collegiate Varsity & Club Finals Masters Finals

Schedule Information

Saturday: "Head Race" style time trials for all Youth events will be held Saturday morning. Saturday afternoon, side-by-side finals will be run for Open category events and B/C finals for Youth events, as needed based on final entry numbers.

Sunday: Grand Finals for all Youth events will run Sunday morning, Collegiate Varsity and Club finals and Masters finals will follow.

Coaches, Coxswains, and Blind Boat Meeting

Coaches and Coxswains Meeting will be scheduled for Friday, April 21, at 5:00 pm.

All competitors and coaches are responsible for all information given at this meeting.

Events Offered

#	Event	#	Event
1	Men's U17 1X	36	Mixed PR2 2x
2	Women's U17 1X	37	Mixed PR3 2x
3	Men's Youth 2X	38	Mixed PR3 4+
4	Women's Youth 2X	39	Men's Youth Novice 4x
5	Men's Youth 8+	40	Women's Youth Novice 4x
6	Women's Youth 8+	41	Men's Youth Novice 8+
7	Men's U15 4x+	42	Women's Youth Novice 8+
8	Women's U15 4x+	43	Men's Youth 2nd 4x
9	Men's U17 8+	44	Women's Youth 2nd 4x
10	Women's U17 8+	45	Men's Youth Novice 4+
11	Men's U17 4x	46	Women's Youth Novice 4+
12	Women's U17 4x	47	Men's Youth Novice 2x
13	Men's U16 4x+	48	Women's Youth Novice 2x
14	Women's U16 4x+	49	Women's Collegiate Varsity 8+
15	Men's Youth 2nd 8+	50	Women's Collegiate Club 8+
16	Women's Youth 2nd 8+	51	Men's Collegiate Club 8+
17	Men's Youth 1x	52	Women's Collegiate Varsity 4+
18	Women's Youth 1x	53	Women's Collegiate Club 4+
19	Men's U16 8+	54	Men's Collegiate Club 4+
20	Women's U16 8+	55	Women's Open 8+
21	Men's Youth 2-	56	Women's Open 4+
22	Women's Youth 2-	57	Women's Open 2x
23	Men's U17 4+	58	Women's Open 1x
24	Women's U17 4+	59	Men's Open 8+
25	Men's U17 2x	60	Men's Open 4+
26	Women's U17 2x	61	Men's Open 2x
27	Men's Youth 4-	62	Men's Open 1x
28	Women's Youth 4-	63	Men's Masters 1x
29	Men's Youth 4x	64	Women's Masters 1x
30	Women's Youth 4x	65	Men's Masters 2x
31	Men's Youth 4+	66	Women's Masters 2x
32	Women's Youth 4+	67	Men's Masters 4x
33	Mixed Inclusive 2x	68	Women's Masters 4x
34	Men's/Women's PR1 1x	69	Mixed Masters 2x
35	Men's/ Women's PR2 1x	70	Mixed Masters 4x

The schedule of races will be determined based on the number of entries at the close of registration.

Inclement Weather Information

The Chief Referee and Local Organizing Committee will work together to monitor the weather continuously during the regatta.

Should it be determined that schedule changes are necessary due to weather concerns, the following weather plan will be utilized:

Communication Plan

Weather-related schedule changes will be announced utilizing the following mediums:

- Announcements made at the regatta venue.
- Online via RegattaCentral
- · Via text message. More information on this will be provided closer to race day.
- · Crews are responsible for staying updated on all announced schedule changes.

Schedule Change Priority System

- 1. Delay racing either later the same day, to the next day, or move racing from Sunday to Saturday if time is available.
 - a. If racing is to be moved from Sunday to Saturday, the announcement must be made by Friday at 9:00 p.m.
- 2. Begin racing earlier than previously announced. Announcement will be made no later than 9:00
 - p.m. the evening before in the case of morning racing.
- 3. Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed.
 - a. If Grand Finals must be omitted, medals and team points will be awarded based on the results and placement from the time trial.
- 4. Cancel some or all events. Cancellation priority will be:
 - a. Masters events
 - b. Open events
 - c. Youth events that have completed one round of racing.
 - d. Youth Novice events
 - e. Youth U15 events
 - f. Youth U17 events
 - g. Youth & Collegiate events
- 5. Cancel regatta

Under no circumstances will races be rescheduled for a date later than April 23, 2023.

At any point in this process, race centers may be reduced to accommodate as much racing as possible with the time available.

REGISTRATION INFORMATION

USRowing Membership

We are a USRowing sanctioned regatta. As such, all athletes need to be USRowing members and participate in applicable Safe Sport Training.

All U.S. based organizations must hold active organizational membership with USRowing. Organizations can join or renew at https://membership.usrowing.org or by contacting Member Services at (609) 751- 0706.

Athletes representing U.S. based organizations must have at least a Basic membership and waiver on file.

All unaffiliated athletes must have at least a Basic PLUS or Champ membership and waiver on file.

All athletes age 18 or over must complete the SafeSport training called Abuse Prevention for Adult Athletes.

Click here for more information on Safe Sport.

Individual competitors can join USRowing at https://membership.usrowing.org/individual/join or by contacting the Member Services at (609) 751-0700.

Competitors can renew an expired membership and/or check their current membership status by logging in to their member profile at https://membership.usrowing.org/individual/login.

A current listing of your athletes, their member numbers, and expiration dates can be found on the online team roster through the USRowing Membership Portal at https://membership.usrowing.org.

To avoid delays at registration, teams should make sure all competitors have met these membership requirements prior to arriving at the event.

Entry Information

Entries in each event will be accepted on a first-come, first-served basis.

All entries must be made online at <u>Regatta Central</u>. Initial registration will be available beginning March 1, 2023, and ending Friday, April 7, 2023.

All entry fees must be paid in full by April 7, 2023.

Crews representing an organization with an outstanding balance will not be allowed to compete until the balance is paid in full.

Entry Fees

Boat Class	Standard Entry
8+	\$270
4+/4x	\$175
2x/2-	\$125
1x	\$75

Scratches

Entries may be scratched without penalty until April 16, 2023.

Beginning April 17, 2023, no refunds will be given for entries that are scratched.

Scratches should be made on RegattaCentral until Friday, April 21, 2023. After this time, scratches must be made in person at the regatta site.

Lineups and Lineup Changes

All entries must include a full lineup of athletes to compete as part of that entry, at the time of registration on RegattaCentral.

The deadline for submitting the final identity of members of the crew for ALL entry lineups must be finalized by April 21, 2023.

The deadline for lineup changes is one hour prior to the first race in the event. Any lineup changes needed the day of the regatta must be done at the registration desk.

COMPETITION INFORMATION

Eligibility

The Texas Rowing Championships are open to USRowing member organizations. Crews from outside the state of Texas, including international crews, are welcome to compete, but are not eligible for Team Point Trophies.

Definitions

- Youth: A Youth is a Competitor who in the current calendar year does not attain the age of 19, or who in the current calendar year does not attain the age of 20 and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A Competitor thus ceases to be a Youth after December 31 of the year of their 18th birthday (U19), or upon completion of the 12th grade of secondary school, having been a full-time student within the year of their 19th birthday (U20). Athletes older than U20 are never eligible to compete as Youth.
- U17: A competitor may compete in the U17 category until December 31 of the year of his
 or her 16th birthday.
- U16: A Competitor may compete in the U16 category until December 31 of the year of their 15th birthday.
- U15: A Competitor may compete in the U15 category until December 31 of the year of their 14th birthday.
- "2nd": (2V) The second boat for organizations competing in the varsity race of the same event.
- Novice Sweep/Scull: All crew members must be new to competition, as of May, 17,2021.
- Unaffiliated: Crews entered as "Unaffiliated" are not considered to be representing a club
 or organization for this regatta. Competitors may compete as "unaffiliated" in single sculls
 only, as composite entries are not accepted for this event. "Unaffiliated" competitors must
 meet the individual membership requirements listed in this packet.
- Collegiate: Open to crews representing a college or university.
- Collegiate Varsity: Open to NCAA varsity women's rowing programs only.
- Collegiate Club: Open to crews representing a college or university that are club sports, not NCAA varsity recognized.
- Open: The "Open" category is open to crews of any age or skill classification.
- Master: A Master is a Competitor who has attained or will attain the age of 21 during the
 current calendar year. A Competitor's age is determined as of December 31 of the
 current calendar year, rounded down to the nearest whole number. A Competitor thus
 becomes a Master on January 1 of the year of his or her 21st birthday. A Masters Crew
 shall be comprised exclusively of Masters Rowers, but the Coxswain need not be a

Master.

 Mixed: A Crew competing in a mixed Event must be 50% male and 50% female, not including the Coxswain.

2nd Boats

Rowers in the 2nd boat in each of these categories are eligible to compete in other Youth National Championship events, so long as they do not compete in the Varsity category for the event that they are listed as 2V. Based on speed, a Varsity boat is intended to be your fastest crew at the time of entry submission, and the 2V your second fastest.

Para and Adaptive Definitions

- **Inclusion:** A crew entered in the "Inclusion" event must be comprised of an equal mixture of
 - Para/Adaptive and non-Para/Adaptive Rowers.
- PR1: A Competitor who has a US or International PR1 sport classification.
 (International and US Classification information and deadlines can be found here)
- PR2: A Competitor who has a US or International PR2 sport classification.
 (International and US Classification information and deadlines can be found here)
- PR3 VI or PR3 PI (Visual Impairment or Physical Impairment): A Competitor who
 has a US or International PR3 sport classification. (<u>International and US</u>
 <u>Classification information and deadlines can be found here</u>)

Classification for Para Athletes

This regatta accepts self-classification for athletes competing in Para events.

There will be no protests over any classified rower's sport class designation during a U.S. regatta.

Rowers may compete in a more functional sport class than their assigned sport class but not in a less functional sport class. For example, a Rower classified as PR2 may compete in PR3 Events, but may not compete in PR1 Events.

Para Inclusion Events

The Inclusion category is open to crews composed of an equal mixture of classified Para Rowers and Non-Para Rowers.

In Inclusive events, the sport class requirement pertains only to the Para/Adaptive Rower.

At all times when on the water during practice, warm up, cool down, and competition from the opening day of the course until completion of the final Race of their competition, all Rowers who row in Para Rowing Races must row with the prescribed equipment, which must be used according to the boat and sport class. Equipment in this context refers to hull type, strapping and pontoons. Only PR1 and PR2 have such requirements. There are no equipment restrictions or requirements for PR3.

The Inclusive events are listed as a combined event. Crews consisting of men, women, or mixed lineups may enter. Races may be separated by category if the number of entries necessitates separation.

The P1/PR2 Men's/Women's 1x events are listed as a combined event. Men's and women's crews classified as PR1 or PR2 are eligible to enter. Races may be separated by category if the number of entries necessitates separation.

Regional Championship Rules - Men's/Women's 2V 8+

Men's/Women's Youth 2nd 8+ Event Definition: A team entered in the Youth 2nd 8+ event must also enter and race a Youth Varsity 8+.

Composite Entries

Composite entries are only accepted in "Open" or "Masters" events at this regatta.

Crews, with the exception of single sculls (1x), wishing to compete with one or more "Unaffiliated" rowers would have to enter as a composite crew, and are therefore not eligible to compete outside of the "Open" or "Masters" categories.

RULES

USRowing's 2023 Rules of Rowing will govern this event. An online version is available at http://www.usrowing.org/rules-of-rowing/

USRowing licensed referees will officiate the event to ensure fairness and safety. The following rules will be waived for this event:

- Rule 3-104 Minimum Weight of Boats
- Rule 3-202 Oars, uniform throughout the crew

3-Lane Time Trial Procedures

Time trials will be conducted over a 1,900-meter course for Youth events only.

Bow numbers for the time trials will be assigned randomly, with the "A" crews assigned randomly first, followed by a random assignment of the "B" crews from each organization, and so forth based on entries.

A marshal will be positioned near the start to direct crews to enter the course. Crews are responsible for staying in numerical order, staying behind crews with lower numbers and in front of crews with higher numbers.

Crews are responsible for maintaining their proper order and distance. Crews failing to

maintain their proper position may be delayed, moved to the end of the starting order, penalized, or excluded. A crew will be allowed to race as long as they are in the starting area and ready to race before the crew with the last bow number of the event has started.

Crews will have approximately 100 meters to build up to race pace. A crew's race time begins once their bow ball crosses the 1,900-meter start line.

With the availability of 10 racing lanes, we will utilize 3 lanes for racing during the time trial. Crews will race in lanes 2, 5, and 8. Each racing lane will have 1 lane on either side available for yielding, if needed. There will be a 10-second gap between starting crews, resulting in a 30-second gap between crews in the same lane.

Lane 10 will be reserved for referee safety marshals along the course.

The LOC, in conjunction with the Chief Referee, reserves the right to change the racing lanes, if needed, based on conditions, to maintain safe and fair racing.

TIME TRIAL LANE DIAGRAM									
1	2	3	4	5	6	7	8	9	10
Χ	RACE	Χ	Χ	RACE	Χ	Χ	RACE	Χ	X

Bow Numbers

Bow numbers for time trial heats will be distributed to each crew during the on-site registration hours. Crews must collect their bow numbers from the registration desk before trying to launch for time trials.

Crews are welcome to keep their time trial number as a commemorative from the event.

Bow numbers for sprint racing will be distributed at the launch area. These numbers should be returned when crews recover to land following their race.

Passing

A crew being overtaken must yield to the outside lane to allow the overtaking crew to pass. Crews racing in lane 2 would move to lane 1 or 3, crews racing in lane 5 would move to lane 4 or 6, crews racing in lane 8 would move to lane 7 or 9.

Any crew failing to yield may be excluded.

A crew is deemed to be overtaking another crew when it has moved to within one length of open water of the crew ahead.

Referees will give instruction in accordance with the USRowing Rules of Rowing.

Broken Equipment

A crew experiencing broken equipment during the race should move out of any racing lane as quickly as possible.

Seeding

Bow assignments for the time trials will be seeded randomly, with the "A" crews seeded randomly first, followed by a random draw of the "B" crews from each organization.

In "Collegiate" and "Open" events, crews will be seeded randomly, with the "A" crews seeded randomly first, followed by a random draw of the "B" crews from each organization, etc.

In "Masters" events, crews will be placed in lanes according to the average age of the crew, from youngest to oldest. The goal is to place similarly aged crews in lanes next to each other.

Weigh-Ins

There will be no athlete or boat weigh-ins at the 2023 Texas Rowing Championships.

Unsportsmanlike Conduct

Unsportsmanlike conduct includes, but is not limited to, failure to heed the instructions of race officials, use of obscene language or gestures, delaying a race without just cause, intentional or flagrant disregard of principles of safety and fairness, or abusive behavior toward any official, team member, or spectator.

A crew that engages in unsportsmanlike conduct may be assessed a penalty by a race official.

Any team member, including a competitor, who engages in unsportsmanlike conduct, on or off of the water, at any time during the regatta, may have his or her further participation at the regatta curtailed or prohibited by a race official.

A crew may be subject to an "unsportsmanlike conduct" penalty if a person affiliated with their organization, including spectators and parents, engages in the use of an unapproved drone at the regatta venue. An "unsportsmanlike conduct" penalty issued for the use of a drone will carry a presumed penalty of "Disqualification".

If you or one of your athletes witnesses unsportsmanlike conduct of any kind, please refer to the USRowing Code of Conduct on how to pursue the matter.

Progression

"Youth" Events				
Entries	Time Trial	Advancing	Finals	
1-10	1 (Seeding)	10	Final A	
11+	1	First 10 to	Final A, B, C	
		Final A,		
		Next 10 to		
		Final B,		
		Next 10 to		
		Final C,		
		etc		

"Collegiate", "Open", and "Masters"			
Events			
Entries	Final Only Flights		
1-10	1		
11-20	2		
21-30	3		

Each crew is responsible for knowing the progression of their event.

In order to ensure every Youth crew gets a side-by-side racing experience, Texas Rowing Championships will provide B, C, and lower level finals for Youth crews coming out of the time trial.

Non "Youth" events (Collegiate, Open, Masters) will run final-only flights based on the final number of entries in each event.

Lane assignments for Youth finals will be determined based on each crew's placement in the time trial heat.

Initial lane priorities are the standard "middle-out" chevron: 5, 6, 4, 7, 3, 8, 2, 9, 1, 10.

Lane priorities may be adjusted based on racing conditions.

Equipment

All equipment used in competition must meet the USRowing Rules of Rowing requirements for equipment, with the exception of the waived rules listed above. Each organization is responsible for ensuring that their equipment meets these standards.

Any equipment not meeting these standards, or judged to be unsafe by a USRowing official, will not be allowed on the water.

Medals

Medals will be awarded to the first, second, and third-place finishers in each Final A for all

events.